

JOAN AND ARNOLD SALTZMAN COMMUNITY SERVICES CENTER

*in cooperation with*

THE DIVISION OF STUDENT AFFAIRS

STUDENT COUNSELING SERVICES

*and the*

HOFSTRA CULTURAL CENTER

*presents*

# College Student Mental Health: Psychological, Institutional and Legal Issues

*An Interdisciplinary Conference*

THURSDAY AND FRIDAY, DECEMBER 6 AND 7, 2007

*Registration Program*



**HOFSTRA**  
UNIVERSITY®

HOFSTRA UNIVERSITY  
JOAN AND ARNOLD SALTZMAN COMMUNITY SERVICES CENTER

IN COOPERATION WITH

THE DIVISION OF STUDENT AFFAIRS  
STUDENT COUNSELING SERVICES AND THE  
HOFSTRA CULTURAL CENTER

PRESENTS

## **COLLEGE STUDENT MENTAL HEALTH: PSYCHOLOGICAL, INSTITUTIONAL AND LEGAL ISSUES**

AN INTERDISCIPLINARY CONFERENCE

**Stuart Rabinowitz**

*President and Andrew M. Boas and Mark L. Claster  
Distinguished Professor of Law  
Hofstra University*

**John D. Miller**

*Chair, Board of Trustees  
Hofstra University*

**M. Patricia Adamski**

*Senior Vice President for Planning and Administration  
Adolph J. and Dorothy R. Eckhardt Distinguished Professor of Corporate Law  
Hofstra University*

**Herman A. Berliner**

*Provost and Senior Vice President for Academic Affairs  
Lawrence Herbert Distinguished Professor  
Hofstra University*

*Program Chair:*

**Joseph R. Scardapane**

*Assistant Provost and Executive Director,  
Joan and Arnold Saltzman Community Services Center  
Director, Psychological Evaluation  
Research and Counseling Clinic  
Hofstra University*

*Conference Director:*

**John C. Guthman**

*Director of Student Counseling Services  
Joan and Arnold Saltzman Community Services Center  
Hofstra University*

*Conference Coordinator:*

**Deborah Lom**

*Assistant Director for Conferences and Special Events  
Hofstra Cultural Center  
Hofstra University*

## **Thursday, December 6, 2007**

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**2 p.m.**

### **CONFERENCE REGISTRATION**

Student Center Theater Lobby  
Sondra and David S. Mack Student Center, North Campus

**3:30-4:30 p.m.**

### **OPENING REMARKS**

#### **Stuart Rabinowitz, J.D.**

President and Andrew M. Boas and Mark L. Claster  
Distinguished Professor of Law  
Hofstra University

#### **Joseph R. Scardapane, Ph.D.**

Assistant Provost and Executive Director  
Joan and Arnold Saltzman Community Services Center  
Hofstra University  
Program Chair

#### **John C. Guthman, Ph.D.**

Director of Student Counseling Services  
Joan and Arnold Saltzman Community Services Center  
Hofstra University  
Conference Director

**4:30-4:45 p.m.**

### **COFFEE BREAK**

**Thursday, December 6, 2007**

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**4:45-6:15 p.m.**

**PANEL I: ADMINISTRATIVE RESPONSES TO MENTAL HEALTH AND  
BEHAVIORAL DIFFICULTIES IN STUDENTS**

**Moderator**

**Sandra S. Johnson**  
Vice President of Student Affairs  
Hofstra University

**Andrew L. Berger, Ph.D.**  
Vice President of Student Affairs  
Director of Personal Counseling/Psychological Services  
Farmingdale State College

**6:30-7:30 p.m.**

**DINNER**

**Invited Address**

**Gerald Amada, Ph.D.**  
Psychologist, Author, Consultant  
Director, Mental Health Program  
City College of San Francisco (Retired)

*Virginia Tech: What Have We Learned?*

Discussion to follow.

## Friday, December 7, 2007

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- 8 a.m.**                    **REGISTRATION AND CONTINENTAL BREAKFAST**  
Student Center Theater Lobby  
Sondra and David S. Mack Student Center, North Campus
- 8:30 a.m.**                **GREETINGS**  
**Herman A. Berliner**  
Provost and Senior Vice President for Academic Affairs  
Hofstra University
- Joan Saltzman**  
Chair, Joan and Arnold Saltzman Community Services Center  
Hofstra University
- 9-10 a.m.**                **INVITED ADDRESS**  
**Peter Earley**  
Journalist and Author  
*Crazy: A Father's Search Through America's Mental Health Madness*
- 10-10:15 a.m.**         **COFFEE BREAK**
- 10:15-11:30 a.m.**     **PANEL II: MENTAL HEALTH ISSUES FACING COLLEGE STUDENTS**
- Moderator**             **John C. Guthman, Ph.D.**  
Director of Student Counseling Services  
Hofstra University  
Conference Director
- Mary Commerford, Ph.D.**  
Director of Furman Counseling Center  
Barnard College
- Paul Grayson**  
Director of Student Counseling Center  
New York University
- Anne Byrnes, Ph.D.**  
Director of Student Counseling Center  
Stony Brook University
- Shane Owens, Ph.D.**  
Associate Director of Personal Counseling/Psychological Services  
Farmingdale State College
- 11:30-11:45 a.m.**     **COFFEE BREAK**

**Friday, December 7, 2007**

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**11:45 a.m.-12:45 p.m.**

**KEYNOTE ADDRESS**

**Richard Kadison, M.D.**

Director of Student Mental Health Services  
Harvard University  
Joseph G. Astman Distinguished Conference Scholar

*Mental Health Service Provisions on College Campuses*

**1-2:30 p.m.**

**LUNCHEON**

**Invited Address**

**Gary Pavela, J.D.**

Fellow  
National Association of College and University Attorneys  
Author, *Questions and Answers on College Student Suicide*

*Teaching Troubled and At-Risk Students*

**2:30-4 p.m.**

**PANEL III: LEGAL ISSUES AND THE MENTAL HEALTH  
TREATMENT OF COLLEGE STUDENTS**

**Moderator**

**Joseph R. Scardapane, Ph.D.**

Assistant Provost and Executive Director,  
Joan and Arnold Saltzman Community Services Center  
Director, Psychological Evaluation Research and Counseling Clinic  
Hofstra University  
Program Chair

**Bruce V. Hillowe, J.D., Ph.D.**

Health Care and Mental Health Attorney  
Private Practice  
Mineola, NY

**Bonny J. Forrest, J.D., Ph.D.**

Private Practice  
Washington, D.C.  
Loyola College  
Baltimore, MD

**Fred Brewington, J.D.**

Civil Rights Attorney  
Hempstead, NY

**4-4:30 p.m.**

**CLOSING REMARKS**



# Official Conference Hotels

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## LODGING INFORMATION

The Long Island Marriott Hotel and Conference Center in Uniondale, La Quinta Inn & Suites in Garden City, Hampton Inn in Garden City, and Red Roof Inn in Westbury, have been designated as the official symposium hotels. The following are the special discounted room rates and cutoff dates for room reservations.

### LONG ISLAND MARRIOTT HOTEL AND CONFERENCE CENTER

101 James Doolittle Boulevard  
Uniondale, NY 11553

Att: Reservations Manager

Tel: (516) 794-3800 or (800) 832-6255

Fax: (516) 794-5936

Room rate: \$169 per night, single/double occupancy

**Cutoff date: Based on availability**

### LA QUINTA INN & SUITES

821 Stewart Avenue

Garden City, NY 11530

Tel: (516) 705-9000 or (800) 531-5900

Fax: (516) 705-9100

Room rate: \$155 per night, single/double occupancy

**Cutoff date: Based on availability**

### HAMPTON INN\*

1 North Avenue

Garden City, NY 11530

Attn: Reservations Manager

Tel: (516) 227-2720 or (800) HAMPTON

Fax: (516) 227-2708

Room rate: \$139 per night, single or double occupancy

**Cutoff date: Based on availability**

The Hampton Inn offers a free hot breakfast, on-the-run breakfast bags, wired and wireless high speed Internet access, 24-hour business center, 24-hour fitness center, indoor pool, guest laundry facility, studio suites, meeting room, board room and the 100-percent Hampton Inn satisfaction guarantee.

### RED ROOF INN\*

699 Dibblee Drive

Westbury, NY 11590

Tel: (516) 794-2555; (800) RED-ROOF

Room rate: single occupancy \$109.99; double occupancy \$114.99 and an additional \$5 per person for triple or quadruple occupancy.

When making your reservation, please refer to **CP518984** to receive Hofstra University's discounted rate.

**Cutoff date: Based on availability**

**NOTE:** ALL RESERVATIONS WILL BE HELD UNTIL 6 P.M. ON DAY OF ARRIVAL UNLESS ACCOMPANIED BY THE FIRST NIGHT'S ROOM DEPOSIT OR SECURED BY A MAJOR CREDIT CARD. RESERVATIONS MADE AFTER THE CUTOFF DATE WILL BE SUBJECT TO AVAILABILITY AT A HIGHER ROOM RATE.

WHEN MAKING YOUR RESERVATIONS, PLEASE IDENTIFY YOURSELF AS A PARTICIPANT IN THE **MENTAL HEALTH CONFERENCE** AT HOFSTRA UNIVERSITY.

Scheduled transportation will be arranged between the Hofstra University campus and contracted hotels. Schedules will be available at the Symposium Registration Desk as well as at the participating hotels.

**\*NOTE:** Please be advised that there will be no shuttle service between the Hampton Inn or the Red Roof Inn and the Hofstra University campus. Please visit the concierge desk for taxi service.

## Location of Hofstra University

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**HOFSTRA UNIVERSITY** is located in Hempstead, Long Island, New York, about 25 miles east of New York City, less than an hour away by train or automobile.

The Long Island Rail Road (LIRR) has frequent trains to the Hempstead Station and the Mineola Station from Pennsylvania Station, located at 34th Street and 7th Avenue, New York City, as well as from the Flatbush Avenue Station in Brooklyn, New York. Use local taxi service to the Hofstra campus.

### **Local Taxi Service:**

All Island Taxi Service	(516) 481-1111
Hempstead Taxi	(516) 489-4460
Pub Taxi Service	(516) 483-4433
Ollie's Airport Service	(516) 437-0505 (516) 352-6633 (718) 229-5454

**BY CAR:** Travel on the Long Island Expressway to exit 38, Northern State Parkway to Meadowbrook Parkway South (exit 31A), or Southern State Parkway to Meadowbrook Parkway North (exit 22N). Take Meadowbrook Parkway to exit M4 (Hempstead Turnpike). Proceed west on Hempstead Turnpike (Route 24W) to the Hofstra campus (approximately one mile).

### **TRANSPORTATION FROM AIRPORTS:**

The Hofstra campus is located approximately 30 minutes by car from either John F. Kennedy International Airport or LaGuardia Airport.

### **CALL IN ADVANCE FOR RESERVATIONS:**

#### **Classic Transportation**

Classic Transportation provides shared van service from JFK and LaGuardia Airports to Hofstra University. Courtesy phones are located in the baggage claim area of both airports, and are connected directly to Classic dispatch/reservation. Dial 20 from the courtesy phone to speak directly with the reservation department. Tell the representative that you are traveling to Hofstra University.

Cost: approximately \$20.

**Discount:** Classic Transportation offers a discount when you reserve your round-trip airport shuttle trip online at [classictrans.com](http://classictrans.com) or call (631) 567-5100.

#### **Long Island Airport Limousine Service (LIALS)**

LIALS can be called upon arrival at either JFK or LaGuardia Airport at a public telephone: 656-7000 (no area code required). The phones are monitored from 4 a.m. through midnight, seven days a week.

#### **U.S. Limousine and Car Service**

Personalized Transportation Service  
(516) 352-2225 or (800) 962-2827

**NOTE:** Please be advised that there are no set fares charged by New York City yellow cabs between the airports and the Hofstra campus. Please confirm fee with the driver before starting your trip.

### **DINING FACILITIES ON CAMPUS:**

There are several dining facilities on the Hofstra University campus.

### **FOR MORE INFORMATION:**

#### **HOFSTRA CULTURAL CENTER**

113 Hofstra University  
Hempstead, NY 11549-1130  
Tel: (516) 463-5669; Fax: (516) 463-4793  
E-mail: [hofculctr@hofstra.edu](mailto:hofculctr@hofstra.edu)  
Web site: [hofstra.edu/culture](http://hofstra.edu/culture)



# College Student Mental Health: Psychological, Institutional and Legal Issues

## CONFERENCE REGISTRATION FORM

Mail or fax to:  
**MENTAL HEALTH CONFERENCE**  
**Hofstra Cultural Center**  
**113 Hofstra University**  
**Hempstead, NY 11549-1130**  
**Tel: (516) 463-5669**  
**Fax: (516) 463-4793**

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/ZIP \_\_\_\_\_

Affiliation \_\_\_\_\_

Telephone \_\_\_\_\_

Fax \_\_\_\_\_

E-mail \_\_\_\_\_

I have made lodging reservations at:

- Long Island Marriott
- La Quinta Inn & Suites
- Hampton Inn
- Red Roof Inn

## Method of Payment

Check in the amount of \$ \_\_\_\_\_  
 (payable to **Hofstra University Mental Health Conference**)

MasterCard\*  Visa\*  American Express\* Amount:  
 \$ \_\_\_\_\_

Cardholder's Name \_\_\_\_\_

Card Number \_\_\_\_\_

Expiration Date \_\_\_\_\_

Cardholder's Signature \_\_\_\_\_

\*Please add \$3 handling fee for credit card orders.

**Hofstra University is 100 percent program accessible to persons with disabilities.** All events (with the exception of meals) are FREE to Hofstra students, faculty and staff upon presentation of a current HofstraCard.

**Cancellations:** A \$15 administrative fee will be deducted from registration refunds; however, notice *in writing* must be received by November 28, 2007.

**Returned Checks:** A \$25 handling fee will be charged for returned checks.

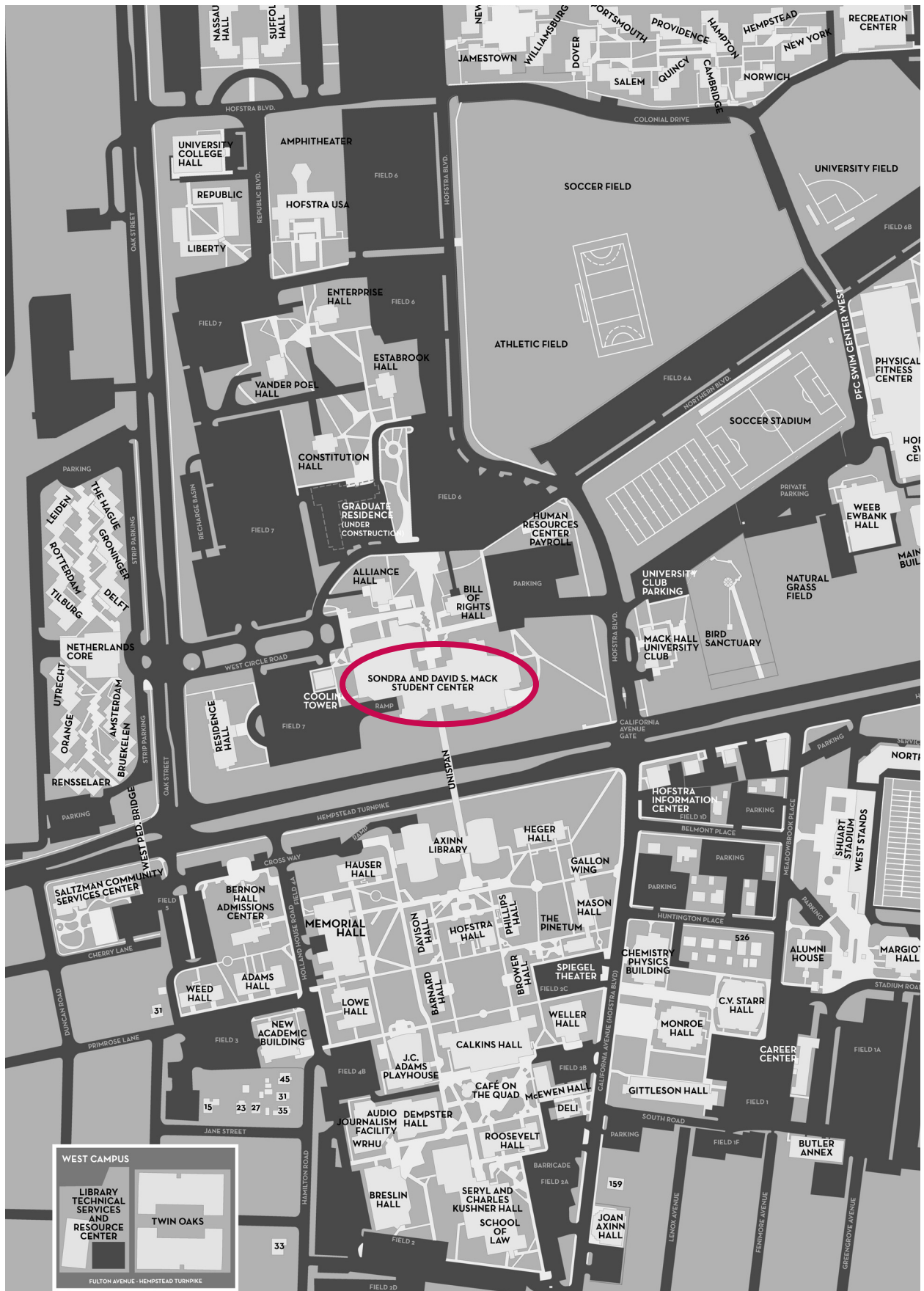
## CONFERENCE FEES

Conference fees include dinner on Thursday, continental breakfast and luncheon on Friday and coffee breaks.

### REGISTRATION FEES

		NO. OF PERSONS	AMOUNT
<b>Regular rate</b>	\$200	_____	\$ _____
<b>Senior citizen (65 and over)</b> (must include copy of Medicare card)	\$125	_____	\$ _____
<b>Matriculated non-Hofstra student</b> (must include copy of current student ID)	\$100	_____	\$ _____
<b>Secondary Educators</b>	\$100	_____	\$ _____
	<b>TOTAL</b>	_____	\$ _____

# Campus Map



As of October 2007

## OFFICERS

John D. Miller,\* Chair  
Joseph M. Gregory,\* Vice Chair  
Edwin C. Reed, Vice Chair  
Marilyn B. Monter,\* Secretary  
Stuart Rabinowitz, President

## MEMBERS

Alan J. Bernon\*  
Tejinder Bindra  
Gary M. Cypres\*  
Robert F. Dall\*  
Helene Fortunoff  
Martin B. Greenberg\*  
Leo A. Guthart  
Amy Hagedorn  
Peter S. Kalikow\*  
Abby Kenigsberg  
Arthur J. Kremer  
Karen L. Lutz  
David S. Mack\*  
Bernard Madoff\*  
Janis M. Meyer\*  
Martha S. Pope  
James E. Quinn\*  
Lewis S. Ranieri  
Robert D. Rosenthal\*  
Frank G. Zarb\*

## DELEGATES

Carole T. Ferrand, *Speaker of the Faculty*  
William F. Nirode, *Chair, University Senate Executive Committee*  
Georgina D. Martorella, *Chair, University Senate Planning and Budget Committee*  
Brent G. Weitzberg, *President, Student Government Association*  
Kate Legnetti, *Vice President, Student Government Association*  
Joseph Sparacio,\* *President, Alumni Organization*  
Joseph D. Monticciolo, *Chair, Hofstra Advisory Board*

James H. Marshall,\* *President Emeritus*  
James M. Shuart,\* *President Emeritus*

Donald E. Axinn,\* *Trustee Emeritus*  
Wilbur Breslin, *Trustee Emeritus*  
Robert E. Brockway,\* *Trustee Emeritus*  
Emil V. Cianciulli,\* *Chair Emeritus*  
John J. Conefry, Jr., *Chair Emeritus*  
Maurice A. Deane,\* *Chair Emeritus*  
George G. Dempster,\* *Chair Emeritus*  
Joseph L. Dionne,\* *Trustee Emeritus*  
Bernard Fixler,\* *Trustee Emeritus*  
Florence Kaufman, *Trustee Emerita*  
Walter B. Kissinger, *Trustee Emeritus*  
Ann M. Mallouk,\* *Chair Emerita*  
Thomas H. O'Brien, *Trustee Emeritus*  
Donald A. Petrie,\* *Trustee Emeritus*  
Arnold A. Saltzman, *Trustee Emeritus*  
Norman R. Tengstrom,\* *Trustee Emeritus*

\* Hofstra Alumni

**LOCATION:** Hempstead, Long Island, 25 miles east of New York City.  
Telephone: (516) 463-6600

**CHARACTER:** A private, nonsectarian, coeducational university.

**FOUNDING DATE:** 1935

**PRESIDENT:** Stuart Rabinowitz, J.D.

**COLLEGES AND SCHOOLS:** Hofstra College of Liberal Arts and Sciences, Frank G. Zarb School of Business, School of Communication, School of Education and Allied Human Services, New College of Hofstra (innovative college), School of Law, School for University Studies, Honors College, and Center for Continuing Education and Professional Advancement.

**FACULTY (INCLUDING LIBRARIANS):** There are 1,206 faculty members, of whom 532 are full-time. Ninety percent of full-time faculty hold the highest degree in their fields.

**STUDENT BODY:** Full-time undergraduate enrollment of 7,762. Total University enrollment, including part-time undergraduate, graduate and School of Law, is approximately 13,000. Male-female ratio is 44 to 56.

**UNDERGRADUATE DEGREE PROGRAMS:** Approximately 140 undergraduate programs of study.

**GRADUATE DEGREE PROGRAMS:** Graduate degrees, including the Ph.D., Ed.D., Psy.D., Au.D., and J.D., advanced certificates and professional diplomas, are offered in more than 155 programs of study.

**THE HOFSTRA CAMPUS:** With 112 buildings and 240 acres, Hofstra is a registered member of the American Public Gardens Association.

**LIBRARIES:** The Hofstra Libraries contain 1.4 million print volumes and provide 24/7 electronic access to more than 50,000 journals and electronic books.

**ACCESSIBILITY:** Hofstra is 100 percent program accessible to persons with disabilities.

**JANUARY AND SUMMER SESSIONS:** Hofstra offers a January session and three summer sessions between May and August.

Hofstra University continues its commitment to extending equal opportunity to all qualified individuals without regard to race, color, religion, sex, sexual orientation, age, national or ethnic origin, physical or mental disability, marital or veteran status in the conduct and operation of its educational programs and activities, including admission and employment. This statement of nondiscrimination is in compliance with Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973 and other federal, state and local laws. The Americans with Disabilities Act compliance officer in the Plant Department (516) 463-6641 is designated by the University to coordinate its efforts to comply with Section 504. The Equal Rights and Opportunity Officer is the University's official responsible for coordinating its adherence to Title IX and other equal opportunity regulations and laws. Questions or concerns regarding Title IX or other aspects of this policy (other than Section 504) should be directed to the Equal Rights and Opportunity Officer at (516) 463-6775, C/O Office of Legal Affairs and General Counsel, 101 Hofstra University, Hempstead, NY 11549. 7917:11/07



**HOFSTRA UNIVERSITY**

HOFSTRA CULTURAL CENTER

113 HOFSTRA UNIVERSITY

HEMPSTEAD, NEW YORK 11549-1130

**COLLEGE STUDENT MENTAL HEALTH:  
PSYCHOLOGICAL, INSTITUTIONAL  
AND LEGAL ISSUES**

***Thursday and Friday  
December 6 and 7, 2007***

Non-Profit Org.  
U.S. Postage  
PAID  
Hofstra University