

# InCrease Lacrosse Clinics

Hosted at Hofstra University

Come join InCrease Lacrosse for the High School and Youth clinic days. Participants will get an in-depth look at the fundamentals of the game from top Division I athletes and learn new skills to take their game to the next level!

## High School Dates/Times

Grades 9-12

**Saturday, Sept. 15<sup>th</sup>, 12-3pm**

**Saturday, Nov. 3<sup>rd</sup>, 8-11am**

## Youth Dates/Times

Grade 8 and below

**Sunday, Sept. 16<sup>th</sup>, 12-3pm**

**Sunday, Nov. 4<sup>th</sup>, 12-3pm**

## CLINIC REGISTRATION:

Visit: [www.InCreaseLacrosse.com](http://www.InCreaseLacrosse.com) or fill out the attached registration form.

**COST: \$60 per clinic**

*\*All clinics are to be held on the grass fields on the South side of campus.  
(Directions on back)*

# Hofstra University's 10<sup>th</sup> Annual:

## Fall Festival

Youth- Saturday, September 15<sup>th</sup>

High School- Sunday, September 16<sup>th</sup>

## November Extravaganza

Youth- Saturday, November 3<sup>rd</sup>

High School- November 4<sup>th</sup>

- 7v7 games
- Guaranteed five 25 minute games.
- Minimum of 10 players on team.
- Games played on North campus grass fields.
- All day play (9am-5pm).

**COST: \$60 per player for each tournament**

## HOW TO REGISTER:

Speak to your coach about getting your team signed up for tournaments. Coaches **ONLY**, may register the team. They may register online at [www.InCreaseLacrosse.com](http://www.InCreaseLacrosse.com) or contact us for more information (Contact information available on back).

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## Weekend Itineraries

### **Saturday, September 15<sup>th</sup>**

- High School InCrease Lacrosse clinic.
- Youth Fall Festival.

### **Sunday, September 16<sup>th</sup>**

- High School Fall Festival.
- Youth InCrease Lacrosse clinic.

### **Saturday, November 3<sup>rd</sup>**

- High School InCrease Lacrosse clinic.
- Youth November Extravaganza.

### **Sunday, November 4<sup>th</sup>**

- High School November Extravaganza.
- Youth InCrease Lacrosse clinic.

# InCrease Lacrosse Clinic Staff

## **Clinic Director**

Abby Morgan

Abby Morgan, a three-year assistant coach for the Pride, became the eighth women's lacrosse coach in school history on August 7, 2006. Morgan joined the Hofstra staff at the start of the 2003-04 academic year after a two-year stint as the top assistant at Monmouth University in West Long Branch, New Jersey. In her first season as Head Coach, she guided the Pride to their first-ever CAA Championship, a 12-7 overall record, as well as a berth into the NCAA tournament. Under Morgan's tutelage, seven Pride student-athletes have earned CAA season honors, and three members of the program have garnered All-American accolades.



## **Clinic Staff**

In addition to Head Coach Abby Morgan, clinic staff will include Assistant Coaches Danielle Piercy and Jessica O'Connell. Hofstra University athletes will also provide their knowledge of the game to participants.

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**Remember team sign-up** for fall tournaments are done by coaches **ONLY**, and information can be found on the website ([www.increaselacrosse.com](http://www.increaselacrosse.com)).

*Players who would like to play, but have no team, please contact us for more information!*

# Registration Form

Make checks payable to InCrease Lacrosse:

Mail to: Hofstra University  
Attn.: Women's Lacrosse  
211 Margiotta Hall  
Hempstead, NY 11549

<u>Check Your Clinic(s)</u>	<u>Fee</u>
<input type="radio"/> HS: Saturday, September 15 <sup>th</sup>	\$60
<input type="radio"/> HS: Saturday, November 3 <sup>rd</sup>	\$60
<input type="radio"/> Youth: Sunday, September 16 <sup>th</sup>	\$60
<input type="radio"/> Youth: Sunday, November 4 <sup>th</sup>	\$60
<input type="radio"/> <i>Apply Discount (if applicable)</i>	\$40

\*For each tournament you play in, you receive a \$20 discount for one clinic. Final rosters will be checked at clinic registration.

## Personal Information:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_

Age: \_\_\_\_\_ H.S. Grad Yr: \_\_\_\_\_

School: \_\_\_\_\_

Club Team: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Contact Phone: (\_\_\_\_) \_\_\_\_\_

Position: *Field Goalie*

Number of Years Played: \_\_\_\_\_

Circle Highest Level Played: *Beginner*

*Junior H.S. H.S. JV H.S. Varsity*

## Parent or Guardian Release

I hereby certify that my daughter is in good physical health and may participate in all clinic activities. I will not hold Hofstra University or InCrease Lacrosse responsible in the event of an accident or injury as a result of her participation. I also give permission for my child to be given emergency treatment at a local hospital.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

# Directions

## South campus grass fields:

Take Exit M4 off the Meadowbrook Parkway-you will be on Route 24 West (Hempstead Turnpike). Make a left at the second light, Uniondale Avenue (McDonald's is on the corner). Continue on Uniondale Avenue and make a right into Stadium Drive (if you pass the grass practices fields you've gone too far). The grass fields will be on your left hand side, directly across from the football stadium.

## North campus grass fields:

Take Exit M4 off the Meadowbrook Parkway-you will be on Route 24 West (Hempstead Turnpike). Make Right at the third light, California Ave. Gate (Hofstra Boulevard). Take Hofstra Boulevard to the third stop sign. Field will be on your Right hand side.

# Contact Us

**Danielle Piercy**

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**Jessica O'Connell**

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InCrease Lacrosse  
2007

Fall Events at  
Hofstra University

September 15<sup>th</sup>-16<sup>th</sup>  
November 3<sup>rd</sup>-4<sup>th</sup>

