

► **REGISTRATION INFORMATION**

Registration is limited and pre-registration is necessary.
In case of cancellation, please provide notification at least 48 hours in advance of the conference.

Please return the registration form by Monday, November 2, 2009, to:

Martin Blum, Assistant Dean
School of Education, Health and Human Services
120 Hagedorn Hall
119 Hofstra University
Hempstead, New York 11549-1190
For more information:
Telephone: (516) 463-5750
Fax: (516) 463-4370

► **REGISTRATION FORM**

YES! Please enroll me in: Behavioral Management of Tourette Syndrome and Tics in Children and Adults

Date: _____

Name: _____

Title/Position/Full-Time Student: _____

School/Affiliation: _____

Work Address: _____

E-mail: _____

Telephone (work): _____

Telephone (home): _____

Are you in a degree program at Hofstra University?

Yes ___ No ___

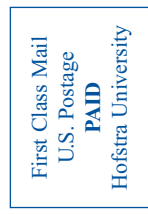
If yes, please specify: _____

For directions to campus and a printable campus map, please visit hofstra.edu/directions.

Hofstra University is an EO/AA/ADA educator and employer.

For information on all our conferences, visit: hofstra.edu/educationworkshops.

The information provided in this program and materials is supported by Grant/Cooperative Agreement Number U38 DD000343 from the Centers for Disease Control and Prevention (CDC). The content is solely the responsibility of the authors and does not necessarily represent the official views of CDC.



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Behavioral Management of Tourette Syndrome and Tics in Children and Adults
Tuesday, November 10, 2009

15PT180/09



HOFSTRA UNIVERSITY®

SCHOOL OF EDUCATION, HEALTH AND HUMAN SERVICES
and
THE TOURETTE SYNDROME ASSOCIATION (TSA)
present

BEHAVIORAL MANAGEMENT OF TOURETTE SYNDROME AND TICS IN CHILDREN AND ADULTS

Tuesday, November 10, 2009

8 a.m. to 3 p.m.

Student Center Theater
Sondra and David S. Mack Student Center
North Campus

A conference for:

Psychologists, physicians, social workers, counselors, educators, nurses and anyone with an interest in innovative treatment of Tourette Syndrome (TS).

The conference provides an overview of the clinical phenomenology of Tourette Syndrome and a standardized approach for assessing tic symptoms and common co-occurring conditions.

This conference is co-sponsored by the Hofstra University School of Medicine in partnership with North Shore-LIJ Health System.

This conference is generously supported by the office of New York State Senator Charles Fuschillo.

Some materials support is provided through the program partnership of the national Tourette Syndrome Association (TSA) and the U.S. Centers for Disease Control and Prevention (CDC).

▶ WHY YOU SHOULD ATTEND THIS CONFERENCE:

Studies have shown that **Comprehensive Behavioral Intervention for Tics (CBIT) has had a positive effect on the expression of many tic symptoms associated with Tourette Syndrome.** This program presents an authoritative medical overview of Tourette Syndrome and extensively details the processes involved in this exciting treatment approach.

Participants will benefit from:

- ▶ Authoritative information on TS and its common co-occurring conditions, the impact of environmental events on tics, and the research data supporting the *Comprehensive Behavioral Intervention for Tics (CBIT)* treatment intervention.
- ▶ Detailed description and the examples of the behavioral treatment protocol used in CBIT.
- ▶ A free copy of the newly published CBIT treatment manual, as well as a comprehensive CD/DVD set containing important and informative papers, articles and videos on Tourette Syndrome.
- ▶ Access to online medical and educational resources on TSA's Web site.
- ▶ The opportunity to be included in TSA's physician and allied professional referral list process.

Comprehensive Behavioral Intervention for Tics (CBIT) comprises a new, evidence-based behavioral approach for managing the symptoms of Tourette Syndrome (TS).

Tested in two parallel, multisite, randomized clinical trials, the CBIT procedures combine elements of habit reversal training with psychoeducation and function-based behavioral interventions.

Presenters include principal investigators and participants in the NIMH-funded studies; members of the Tourette Syndrome Association (TSA) Behavioral Sciences Consortium; Doug Woods, Ph.D., and Michael Himle, Ph.D.; as well as a national leader in Tourette Syndrome clinical treatment and study, Dr. Cathy Budman, a member of the TSA Medical Advisory Board (MAB), who will provide an authoritative overview of the clinical phenomenology of Tourette Syndrome.

Developed by members of TSA's Behavioral Sciences Consortium, the comprehensive CBIT protocol for tic management as well as the evidence supporting it will be presented. Various approaches will be reviewed, including didactic instructions, videotaped examples of actual treatment sessions and other demonstrations. Both lunch and a newly published educational manual on CBIT will be provided free of charge.



▶ AGENDA AND PROGRAM

8-9 a.m.	Registration and continental breakfast <i>Multipurpose Room, Mack Student Center</i>
9:9:15 a.m.	Welcome and remarks
9:15 a.m.-Noon	Keynote presentation
Noon-1 p.m.	Lunch
1-3 p.m.	Keynote presentation

▶ CONFERENCE PRESENTERS:

Cathy L. Budman, M.D.

North Shore University Hospital
Manhasset, New York

Dr. Cathy L. Budman is associate professor of psychiatry at NYU School of Medicine and director of the Movement Disorders Program in Psychiatry at North Shore-LIJ Health System. She is a member of the national TSA Medical Advisory Board, Long Island chapter Medical Advisory Board, Long Island CHADD, the National TSA Clinical Trials Consortium, the International Consortium for Genetics in Tourette Syndrome (ICGTS), the Tourette Syndrome Study Group (TSSG), and the International Tic Consortium (ITC).

Dr. Budman has treated families with TS and associated disorders since 1998, published extensively in both professional and lay journals, and presented to professional and lay audiences worldwide on TS and related disorders. She is actively involved in clinical research investigating explosive outbursts in Tourette Syndrome, clinical trials for treatment of tics and associated psychiatric disorders in TS, neuroimaging studies in TS, and the genetics of TS.

Michael B. Himle, Ph.D.

Assistant Professor, Department of Psychology
University of Utah

Dr. Michael Himle received a Ph.D. from the University of Wisconsin-Milwaukee in 2007 and completed his clinical internship at Brown University Medical School. He is currently an assistant professor of psychology at the University of Utah. He is active in research examining telecommunication methods and dissemination strategies for Habit Reversal Training using a tele-health approach. Dr. Himle is also an expert in behavioral and cognitive-behavioral approaches for understanding and treating childhood psychological/behavioral disorders with emphasis on anxiety disorders, obsessive-compulsive disorder and obsessive-compulsive spectrum disorders, especially Tourette Syndrome and Trichotillomania.

Dr. Himle has published more than 35 peer-reviewed publications and book chapters and has given more than 60 conference presentations and invited talks on Tourette Syndrome and related conditions. He has received research funding from the Tourette Syndrome Association and the Trichotillomania Learning Center. He has extensive experience researching child development and safety skills training in children, and providing clinical services to children with developmental disabilities.

Douglas Woods, Ph.D.

Department of Psychology
University of Wisconsin-Milwaukee

Dr. Douglas Woods received a Ph.D. in clinical psychology from Western Michigan University in 1999. He is a recognized expert in the assessment and treatment of tic disorders and Trichotillomania and is currently professor of psychology and director of clinical training at the University of Wisconsin-Milwaukee. Dr. Woods has authored or co-authored more than 130 papers and book chapters. He has edited seven books describing behavioral interventions for tic disorders and Trichotillomania. Further, he has edited another book on contemporary behavior analytic models of psychiatric disorders. He has presented his work nationally and internationally at more than 210 conferences and seminars; is on the editorial boards of six journals; and has served as an ad hoc reviewer for more than 33 different journals across the disciplines of psychiatry, psychology, pharmacology and neurology.

Dr. Woods is the first psychologist to serve as a member of TSA's Medical Advisory Board, and serves on the Scientific Advisory Board of the Trichotillomania Learning Center (TLC). He has been funded by the TSA and TLC Grants programs, and is currently funded by the NIMH as part of two separate multisite research projects investigating the efficacy of behavior therapy for children and adults with Tourette Syndrome, and a single site study comparing two interventions for adults with Trichotillomania.

All registrants receive a newly published educational manual on CBIT free of charge, as well as a comprehensive CD/DVD set containing important and informative papers, articles and videos on Tourette Syndrome.

▶ PROFESSIONAL DEVELOPMENT

A certificate of attendance is given to all registrants. Professional development hours and/or in-service credit may be available through your school district.

▶ FEES

There is no fee for this conference.
Breakfast and lunch are provided.