

## Hofstra University BSPE Major Progress Report

Name: \_\_\_\_\_ Entry Date: \_\_\_\_\_ S.S. Number: \_\_\_\_\_

**Professional Skill Courses:** Requirement: 6 semester hours selected as follows: at least one each from the following categories: net and wall sports, target sports, outdoor/leisure pursuits, striking/fielding sports & personal performance sports, team passing sports. Additional elective courses: may be chosen from the preceding categories and/or aquatics, dance, and officiating. PESP 15, 119, 12, 25 also required.

Team Passing Sports: **Select at least 1** from those listed below

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 05A	Basketball			.5	
PESP 08A	Football			.5	
PESP 10A	Field Hockey			.5	
PESP 16	Lacrosse			.5	
PESP 26A	Soccer			.5	

Net and Wall Sports: **Select at least 1** from those listed below

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 03A	Badminton			.5	
PESP 33A	Tennis			.5	
PESP 36A	Volleyball			.5	

Target Sports: **Select at least 1** from those listed below

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 02A	Archery			.5	
PESP 07A	Bowling			.5	
PESP 09A	Fencing			.5	
PESP 14A	Golf			.5	

Outdoor Leisure Pursuits: **Select at least 1** from those listed below

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 45	Orienteering			.5	
PESP 46	Camping Skills			.5	

Dance: **PESP 12 required**

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 12	Folk and Square Dance			1	

Striking/Fielding and Personal Performance Sports: **Select at least 1** from those listed below

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 27A	Softball			.5	
PESP 34A	Track & Field			.5	
PESP 38A	Weight Training			.5	
PESP 39A	Wrestling			.5	

Aquatics Electives:

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 31	Swimming 1			1	
PESP 42	Lifeguard Training			3	
PESP 143	Water Safety Instructor			2	

Fitness: **PESP 25 required**

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 25				2	

Dance Electives: PESP 111B

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 111B	Aerobic Dance			2	

Officiating Electives:

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 139	Field Hockey			.5	
PESP 140	Basketball			.5	
PESP 142	Football			.5	
PESP 144	Volleyball			.5	
PESP 145	Softball			.5	
PESP 146	Lacrosse			.5	
PESP 147	Track and Field			.5	

Cooperative Adventure Activities: **PESP 119 required**

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 119	Cooperative Adventure			1	

Gymnastics: **PESP 15A required**

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 15A	Gymnastics			1	

**Professional Physical Education Core** : required courses listed below

Course Number	Name	Sem.	Grade	Credits	Comments
PESP 13A	Fundamentals of Movement			3	
PESP 50	Intro. To Physical Education			1	
PESP 53	History & Principles			3	
PESP 60	First Aid & Safety			3	
PESP 80	Programming Fitness			1	
PESP 106	Kinesiology			3	
PESP 108	Measurement & Evaluation			3	
PESP 138A	Methods of Coaching			3	
PESP 164	O&A of Physical Education			3	
PESP 170	Adapted Physical Education			3	
PESP 170A	Adapted Field Experience			1	
BIO 106*	Exercise Physiology			3	
SGG 69*	Health in Early and Middle Childhood or PSY 85 or BIO 50 and SGA 1			4	

**Professional Education:** required courses listed below

Course Number	Name	Sem.	Grade	Credits	Comments
LYST 100	Literacy, Health & PE			1	
CT 102	Development and Learning in Childhood & Adolescence			3	
FDED111* or FDED127	The American School Philosophy of Education			3	
PESP 103	Elementary Methods			3	
PESP 103A	Elementary Field Experience			1	
PESP 104	Secondary Methods			3	
PESP 104A	Secondary Field Experience			1	
PESP 154	Preschool & Elementary Content & Methods			3	
PESP 154A	Preschool Field Experience			1	
PESP 167	Motor Learning			3	
PESP 130A	Elementary Student Teaching			4.5	
PESP 130B	Secondary Student Teaching			4.5	

**Information Retrieval:** PESP 50 and satisfactory score on competency test or equivalent coursework.

Completion: Competency Test \_\_\_\_\_ Coursework: \_\_\_\_\_ Date: \_\_\_\_\_

**Liberal Arts Requirements:** 63 hours total

Communication Skills: required courses listed below

Course Number	Name	Sem.	Grade	Credits	Comments
Eng 001	English 1			3	
Eng 002	English 2			3	
SPCM 1	Speech			3	

History Elective: **1 course** (3 credits)

Course Number	Name	Sem.	Grade	Credits	Comments
HIST					

Math Elective: **1 course** (3 credits)

Course Number	Name	Sem.	Grade	Credits	Comments
MATH				3	

Philosophy Elective: **select 1 course** from PHI 9 or 10 (3 credits)

Course Number	Name	Sem.	Grade	Credits	Comments
PHIL				3	

Literature Elective: **1 course** (3 credits)

Course Number	Name	Sem.	Grade	Credits	Comments
				3	

Arts: **DNCE 121** required

Course Number	Name	Sem.	Grade	Credits	Comments
DNCE 121	Choreography			3	

Multicultural Perspectives: select **1** from the following: ANTH 4, 131, or 137, CLIT 190 (also fulfills literature requirement) (3 credits)

Course Number	Name	Sem.	Grade	Credits	Comments

Natural Sciences: **BIO 103 & 105** required

Course Number	Name	Sem.	Grade	Credits	Comments
BIO 103	Anatomy & Physiology 1			3	
BIO 105	Anatomy & Physiology 2			3	

Language: completion of level 2 in a language other than English or placement above level 2 (American sign language accepted). Student will need to replace liberal arts credits if student places out or American Sign language is taken.

Course Number	Name	Sem.	Grade	Credits	Comments
				3	
				3	

Social Sciences: required courses listed below

Course Number	Name	Sem.	Grade	Credits	Comments
PSY 1	Intro. To Psychology			3	
PSY 53 or SPG 029	Child Psychology			3	

Liberal Arts Electives: 8 credits

Course Number	Name	Sem.	Grade	Credits	Comments

**Liberal Arts Total:** all courses listed under liberal arts requirements (45 credits) and BIO 106 and FDED 111 or 127 ( 6 credits), SGG 69 (4 credits) and 8 elective hours. Students need a total of 63 liberal arts credits to graduate.

**Total Credits:** Students need a total of 129 credits to graduate from the BSPE program.

**Internship Requirements:**

Coaching: date completed:\_\_\_\_\_

Sport:\_\_\_\_\_ Supervisor:\_\_\_\_\_

**Continuation Requirements:** According to the Hofstra Bulletin, after achieving 64 credits hours students may only continue in the major program if they have achieved a 2.5 GPA in all coursework completed at Hofstra, including required professional education course work, required physical education theory, and physical education skills techniques coursework. In addition, both the major advisor and the program faculty must recommend students. Students must maintain a 2.5 GPA in order to continue in the program.. If the student's GPA falls below 2.5 he/she will be placed on probation for the following semester. If the GPA does not come back up to the 2.5 level or if there is not significant progress made toward that goal the by the end of the probation semester, the student will be dropped from the program. Students dropped from the program may not be permitted to take major classes.

**Admission to Student Teaching:** To be admitted to student teaching, students must meet the following requirements: all the requirements listed above, receive a grade of C- or better in SPCM 1, successfully complete FDED 111 or 127, CT 102, PESP 103, 103A, 104, 104A, 154, 154A have no D's or F's or INC's in major classes.

Application forms for student teaching may be obtained in 243 Gallon Wing. Applications must be submitted by **October 1** for admission to student teaching in the Spring semester and by **March 1** for admission to student teaching in the Fall semester. Students who do not submit application materials by the appropriate date may not be admitted to student teaching in the following semester.

**Additional Graduation Requirements:** coaching internship, 2.5 GPA overall and in major courses, C- or better in all major courses, University writing proficiency requirement, Information Retrieval competency requirement.

**Teacher Certification Requirements:** Upon the successful completion of a teacher education program, students will be eligible to apply for the University’s recommendation for New York State certification. For **Initial certification**, students are required to have passing scores on each of the New York State Teacher Certification Examinations (NYSTCE): The Liberal Arts and Sciences Test (LAST), The Assessment of Teaching Skills – Written (ATS-W), and the Content Specialty Test (CST). Students not receiving passing scores on **all three** examinations will not be eligible for certification.

After receiving initial certification, teachers have 3 years to complete a master’s degree in a related field in order to receive professional certification. Once the professional level of certification is received, teachers must complete 175 hours of professional development every 5 years in order to maintain certification. (see NYSED Certification Guidelines)

I have read and understand the requirements for continuation in the program, admission to student teaching, teacher certification, and graduation. I also understand that it is my responsibility to keep track of my progress and meet all requirements for program continuation, admission to student teaching, teacher certification, and graduation.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Advising Meeting Record:**

Semester	Date	GPA	Major GPA	Ed. GPA	Hours	Advisor	Student