

SUSTAINABILITY

WHAT IS *SUSTAINABILITY*?

Meeting the needs of the present without compromising the ability of future generations to meet their own needs.

(World Commission on Environment and Development. (1987). *Our common future*. England: Oxford University Press.)

Sustainability is usually characterized by the “**triple bottom line**” of promoting:

1. *Healthy Environments*
2. *Social Justice*
3. *Economic Growth*

In other words, we need to respect both current and future generations by striving for not only **environmental**, but also **social** and **economic** sustainability.

EDUCATE YOURSELVES

- Take opportunities to learn about sustainability.
- Be informed, vote, and get involved in the political process.

ADAPT YOUR TRANSPORTATION ROUTINE

- Reduce pollution and save fuel by carpooling and using public transportation. Post a carpool topic on the Commuting Student Services portal group!
- Do not idle your car.
- Walk or bike across campus and in your neighborhoods.
- Buying a new car? Purchase a hybrid, or a fuel-efficient car.

TIPS AT HOME

- Save energy by turning off lights and computers, and setting heating and cooling temperatures correctly.
- Consume less by using durable goods such as coffee mugs or water bottles instead of disposables or throwaways.
- Change to energy-efficient lightbulbs.
- Use energy conservation and renewable energies instead of fossil fuels whenever possible
- Whenever possible, use silverware rather than disposable plastic forks, knives and spoons.
- Use the stairs (not the elevator) when going up less than three flights or down less than five.
- When you shop for a new appliance, look for the Energy Star label – your assurance that the product saves energy.

RECYCLE! RECYCLE! RECYCLE!

You must be a resident of the town or village to obtain a recycle bin from the Town or Village of Hempstead. Insist that your landlord obtain a bin for your house!

Become a part of a worldwide effort to protect and save our environment. Simply follow these simple guidelines to help "Pitch In" for a better tomorrow! If you have any questions about recycling, please call the Recycling Coordinator at (516) 378-2200.

AN EASY GUIDE TO RECYCLING

Item	How to Prepare the Item for Collection	Items NOT to Include
Glass	All juice, pop and soda bottles, water bottles, beer and wine bottles and food jars can be recycled. Please rinse all residue from the item being discarded and place it in your recycling bin. Remove all caps or lids and discard them in your regular garbage. Labels need not be removed.	Light bulbs, window and auto glass, mirrors, dishes and drinking glasses, broken glass, pottery and clay pots.
Metals	All food and beverage cans, aluminum foil and baking tins. License plates. Please rinse all residue from the item being discarded and place it in your recycling bin. Deface license plates with indelible marker. Place one license plate in bin per week.	Cans used for chemicals or paint, aerosol spray cans, appliances, tools or batteries, etc.
Plastics	All plastic items with a recycling logo of "1" or "2" located on the bottom of the item can be recycled. (For example: soda bottles, milk containers, laundry products, water/juice bottles, liquor bottles and personal care items.) Please rinse all residue from and flatten the item being discarded. Remove all caps or lids and dispose of them in your regular garbage.	All plastics without "1" or "2" recycling logo, plastic grocery bags, frozen food or meat trays, motor oil containers, Styrofoam, plastic flower pots, six pack holders and rings, containers used for paint and solvents, lawn care products and chemicals.
Paper	Newspapers and inserts, magazines and catalogs, office and school paper, computer paper, discarded mail, paper grocery and lunch bags, corrugated cardboard (Corrugated cardboard must be flattened and tied in bundles of approximately 2 ft. x 2 ft. x 6 in. Place next to recycling bin.) Newspapers must be tied with string or placed in a paper bag.	Box board (cereal, pasta and other food boxes), index cards, telephone books*, metallic paper, hardcover and paperback books, paper plates and cups, paper towels, egg cartons, non-paper envelopes, cardboard with wax or Styrofoam, and pizza boxes.

Please note: If we return your recycling bin to you with any remaining materials, these items cannot be recycled. These items should be discarded in your regular refuse. Please do not use garbage cans or black plastic bags for recyclables. (Clear plastic bags are acceptable.) *Telephone books will be accepted for recycling at S.T.O.P. events only.