

# breakfast

Now Made with 2 Cage-Free, Freshly Cracked Eggs

- 51 **Pastrami & 2 Eggs** with swiss on light rye bread
- 52 **Smoked Salmon Wasabi** on onion dill bagel
- 53 **2 Egg Sandwich** on bagel, multigrain or ciabatta
  - with sausage
  - with apple-smoked bacon
  - with ham
- 54 **2 Eggs & Cheddar**
  - with sausage
  - with apple-smoked bacon
  - with ham

Bagel & Cream Cheese

Ham & Cheese Croissant

Spinach & Cheese Croissant

Up to 7 Varieties of Bagels and 5 Cream Cheeses

Buy 1, 6 or 12

Hot Oatmeal with Toppings • Müesli • Fruit Cup  
Yogurt • Orange Juice • Fruit Bowls



# bakery

- |                          |                |
|--------------------------|----------------|
| Plain Croissant          | Brownie        |
| Filled Croissant         | Pecan Roll     |
| Classic Almond Croissant | Pound Cake     |
| Regular Muffin           | Cookie         |
| Low Fat Muffin           | Scone          |
| Danish                   | Premium Cookie |
| Iced Cinnamon Roll       | Strudel        |
| Crème De Fleur           |                |



# café sandwiches

- 41 **Classic Chicken Salad** on country white cranberries, almonds, tomatoes, romaine & mayo
- 42 **Hummus & Olives** on sun-dried tomato **V** roasted red peppers, romaine, cucumbers & red pepper
- 43 **Roasted Turkey** on baguette tomatoes, romaine & honey mustard
- 44 **Tuna Salad** on country white tomatoes, romaine & mayo
- 45 **Ham & Swiss** on baguette tomatoes, romaine & honey mustard
- 48 **Grilled Chicken** on ciabatta tomatoes, romaine & dijon mustard

Add Apple Smoked Bacon, Cheddar, Swiss or Pepper Jack Cheese for .69

Prepared to Order on Your Choice of Hand-Crafted Breads, Baked Fresh Throughout the Day:

- |                  |            |
|------------------|------------|
| french baguette  | multigrain |
| country white    | focaccia   |
| sun-dried tomato | ciabatta   |

# wraps

- 11 **Thai Peanut Chicken** on lavash field greens, tomatoes, cucumbers, carrots, crispy wontons & thai peanut dressing
- 12 **Southwest Tuna** on lavash romaine, pepper jack, tomatoes & chili dijon mustard
- 13 **Chicken Caesar** on lavash romaine, asiago cheese & caesar dressing
- 14 **Mediterranean** on lavash **V** field greens, roasted red pepper hummus, feta, tomatoes, kalamata olives, cucumbers & sun-dried tomato pesto

**V** Vegetarian

# signature sandwiches

- 21 **Turkey Club** on toasted country white cheddar, apple-smoked bacon, tomatoes, romaine & herb mayo
- 22 **Turkey Cranberry Brie** on multigrain cranberry chutney, mesclun & honey mustard
- 23 **Chicken Mozzarella** on rosemary focaccia tomatoes, romaine & artichoke aioli
- 24 **Chicken Pesto** on rosemary focaccia feta, basil, roasted red peppers, tomatoes, romaine & basil pesto
- 25 **Roast Beef Montana** on toasted cheese baguette herb cream cheese, caramelized onions, tomatoes, romaine & dijon mustard
- 26 **Caprese** on baguette **V** tomatoes, basil, mozzarella & basil pesto

# toasted sandwiches

- 31 **Pastrami & Swiss** on light rye with dijon mustard
- 32 **Arizona Chicken** on sun-dried tomato roasted red peppers, cheddar, chili dijon mustard
- 33 **Southwestern Black Bean Burger** on country white **V** pepper jack, caramelized onions, chili dijon mustard

# soup

**Soup and Macaroni & Cheese**  
daily soup menu available at aubonpain.com or in cafés

**Breads:**

- |             |                            |
|-------------|----------------------------|
| bread bowls | petite multigrain baguette |
| mini loafs  | petite baguettes           |
| breadsticks | ciabatta rolls             |

# portions

Appetizer-Size Servings with 200 Calories or Less

- |   |                               |
|---|-------------------------------|
| Oven-Roasted Turkey, Asparagus, Cranberry Nut Relish & Gorgonzola | Brie, Fruit & Crackers        |
| Apples, Blue Cheese & Cranberries                                 | Cheddar, Fruit & Crackers     |
| Mozzarella & Tomatoes   | Herb Cheese, Fruit & Crackers |
|   | Hummus & Cucumbers            |

# specialty salads

- 1 **Mandarin Sesame Chicken** field greens, mandarin oranges, fresh cilantro, crispy wontons & sesame ginger dressing
- 2 **Roasted Turkey Cobb** field greens, apple-smoked bacon, gorgonzola, egg, tomatoes, carrots, croutons & blue cheese dressing
- 3 **Chicken Caesar Asiago** romaine, asiago cheese, croutons & caesar dressing (also available without chicken)
- 4 **Thai Peanut Chicken** field greens, tomatoes, cucumbers, carrots, crispy wontons & thai peanut dressing
- 5 **Mediterranean Chicken** field greens, feta, tomatoes, kalamata olives & balsamic vinaigrette
- 6 **Tuna Garden** field greens, cucumbers, tomatoes, croutons & balsamic vinaigrette (also available without tuna)
- 7 **Chef's** field greens, turkey, ham, apple-smoked bacon, asiago cheese, tomatoes & balsamic vinaigrette

**Dressings:**

- |                       |                            |
|-----------------------|----------------------------|
| blue cheese           | balsamic vinegar           |
| lite ranch            | thai peanut                |
| olive oil             | caesar                     |
| raspberry vinaigrette | balsamic vinaigrette       |
| lite honey mustard    | lite olive oil vinaigrette |
| sesame ginger         |                            |



baking  
fresh  
baking  
in-café  
baking  
all day

beyond the ordinary

Founded in 1978, the first Au Bon Pain was nothing more than a small urban café, passionately committed to selling the freshest baguettes and croissants in downtown Boston. Today, that passion for excellence has made us one of the best-loved bakery café chains in the world.

Everything we do at Au Bon Pain is beyond the ordinary. It shows in our food, where internationally renowned Executive Chef Thomas John has created a menu full of delightful flavors and taste combinations. It shows up in our commitment to provide healthy and nutritious options for our guests including low sodium, low calorie, and vegetarian items. Au Bon Pain was one of the first brands to completely eliminate artificial trans fat from all of our products.

To ensure that our guests receive only the freshest ingredients, we chop and prepare our produce, and bake our bagels, muffins, pastries, breads, and famous chocolate croissants each day, right in our cafés.

Au Bon Pain is an experience beyond the ordinary, and one we hope you will enjoy over and over again.

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**Au Bon Pain at the Hofstra Deli**  
116 California Avenue  
Hempstead, NY 11549

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[www.hofstra.edu/dining](http://www.hofstra.edu/dining)

**Open**  
**Monday - Thursday: 7:30am - 9pm**  
**Friday: 7:30am - 5pm**  
**Saturday: 8:30am - 3pm**

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