

STRATEGIES FOR VISUAL LEARNERS:

- Watch non-verbal clues (instructor body language, gestures, physical deportment) signifying important information during a lecture.
- Pay special attention to repeated information and underlined or starred material on the board.
- Be aware when the instructor changes the volume of his or her voice.
- Make lists, charts, matrixes, maps, outlines, and webs of information as study aids.
- Draw or sketch to add visual images to main ideas.
- Use color-markers to highlight information.
- Write everything down: write, copy, rewrite.
- Color coordinate study materials: Green for Geography, Blue for Business, Purple for Psychology.
- Integrate tactile and visual learning techniques by taking notes and writing down as much information as possible.

STRATEGIES FOR AUDITORY LEARNERS:

- Study out loud in a place where privacy will be ensured.
- Read text out loud, especially complex material.
- Repeat directions for assignments and tests out loud or by silently mouthing the words.
- Don't be afraid to ask questions. Rephrase instructions and ask if your understanding is correct.
- Rephrase information in your own words.
- Use a tape recorder to tape a lecture, or read your notes out loud for later review.
- Integrate auditory and visual learning styles by making mind pictures as you recite.
- Join a study group or find a study buddy and work out loud with them.
- Teach a concept to someone else.

STRATEGIES FOR TACTILE OR KINESTHETIC LEARNERS:

- Use your hands: Gesture often to emphasize points to remember when studying.
- Watch instructor for emphasis: Take note when the instructor points, underlines, sweeps arm, makes a punching movement with hand, nods head vigorously, or stars important information.
- Make flashcards: Play a game with vocabulary cards. Put the word on one card and the definition on another. Turn all the cards face down, picking a single card and one-by-one turning the other cards over to find a match.
- Type notes and lectures into word processor or rewrite notes.
- Walk while studying: Combine exercise and review.