Hofstra Creative Arts Therapy Conference

Hofstra University’s Graduate Creative Arts Therapy Program
School of Health Sciences and Human Services
presents

A Conference on Domestic Violence, DV

Thursday, March 12, 2015 | 8:30 a.m.-3:30 p.m.

Multipurpose Room
Sondra and David S. Mack Student Center, North Campus

For information about the Creative Arts Therapy Program at Hofstra University please contact:
Joan Bloomgarden, PhD, ATR-BC, LCAT, MHC
Creative Arts Therapy Program Director
Department of Counseling and Mental Health Professions
School of Health Sciences and Human Services
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families who have survived through the chaos and entered into new experiential art therapy directive will be introduced to work with a six-hour shift at a shelter that provides services to children. There will be 1. A Day in the Life of an Art Therapist in a Shelter

 Repairing Broken Bonds: Art Therapy With Families Impacted By Domestic Violence

 Laura Greenstone, MS, LPC, ATR-BC; NJ Certified Disaster Response Crisis Counselor

 This presentation will address the basis of successful repairation of attachment difficulties in parents and children who suffer from emotional, developmental and neuro-biological injuries associated with domestic violence and trauma. Art therapy is on the forefront of trauma treatment in this context because of its natural understanding of the non-verbal mind. Trauma-informed and narrative treatment approaches will be addressed using art therapy-based intervention. Family engagement and attachment repairation will be illustrated through a case study.

 Panel Presentation:
 Victims and Perpetrators of Domestic Violence – Various Settings
 Moderator: Laura Greenstone, MS, LPC, ATR-BC

 Panelists: Yi-Hui Chang, LCAT, ATR-BC; Herb Cohen, ATR-BC, LCAT, EMDR Cert.; Dodie Gillett, PhD, MA; Denise N. Kramer, MA, LCAT, ATR-BC; Eileen F. McGann, LCAT, ATR-BC

 Each panelist will describe their specialty area and how domestic violence is part of their professional practices. Time is allotted for a Q&A session.

 Noon-1 p.m. LUNCHEON, for all attendees, and a meet and greet table for supervisors

 DESCRIPTION OF CONFERENCE WORKSHOPS

 1:05-2:10 p.m. SESSION I WORKSHOPS

 1. A Day in the Life of an Art Therapist in a Shelter
 Marcia Avirom, ATR-BC, LCAT
 This workshop provides participants with a description of a typical six-hour shift at a shelter that provides services to children. There will be a case review of two different children’s treatment and court appearances regarding custody and visitation rights by the abuser. The workshop ends with a review of artwork by shelter clients.

 2. Applying Creative Arts in Serving Immigrant Domestic Violence Survivors
 Yi-Hui Chang, LCAT, ATR-BC
 This workshop introduces the unique needs of immigrant adult and children domestic violence survivors with case scenarios. An experiential art therapy directive will be introduced to work with families who have survived through the chaos and entered into new family structures and life circumstances.

 3. A Comprehensive Presentation on Trauma, Assessment and Treatment
 Herb Cohen, ATR-BC, LCAT, EMDR Cert.
 This workshop presents a comprehensive overview of trauma, its etiology, how trauma impacts attachment, resiliency, physical disorders and addiction. Participants will learn how to differentiate trauma from other similar symptom presentations and be able to perform a trauma informed assessment. Treatment paradigms will be presented on what works and what is counter indicated.

 4. Experiential Learning as Follow Up to the Keynote Lecture
 Laura Greenstone, MS, LPC, ATR-BC
 The experiential workshop will elaborate on the model discussed in the keynote lecture addressing working on reparation of attachment difficulties with parents who are victims of domestic violence in a studio art therapy setting. This experiential workshop is based on a combination of short-term solution focused therapy and studio-based art therapy theory that enables the participant to tap into their inner strength and activate their innate problem-solving skills.

 5. Adolescents, Art Therapy and the Imprints of Family Trauma
 Eileen McGann, ATR-BC, LCAT
 This workshop will explore ways of organizing treatment through a studio-based approach in art therapy and working in the metaphor with youth who have life experiences of early trauma, including familial violence. Case examples, a range of interventions and developing a visual vocabulary for the art therapist will be highlighted.
ABOUT THE PRESENTERS:

Vivien Abrams, LCAT, ATR-BC
Vivien is an art therapist specializing in mental illness, addictions and bereavement work. She worked for over 25 years at South Oaks Hospital with eating disordered, dual diagnosis and bereaved/traumatized patients. Vivien is a graduate of Hofstra University’s Creative Arts Therapy Program as well as NYU’s International Trauma Studies Program. She has been an adjunct faculty member at Hofstra University since 1996. Vivien is also a member of the Mental Health Players through the Nassau County Mental Health Association and maintains a private practice which focuses on bereavement.

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Phone: (516) 673-0985
Email: VivienAbrams@gmail.com

Marcia Aviram, MA, ATR-BC, LCAT
Marcia has been working with children for more than 25 years. In her first life’s work she was a clothing designer. Her experience with children includes developing the program at Jackson Developmental Center in East Elmhurst and Long Island City Queens a therapeutic pre-school. She has also worked for St. Mary’s Hospital for Children and With Sanctuary for Families, the largest organization for domestic violence in NY state since 2004. While there she has serviced the shelters and provided and supervised art therapy services for many of their child clients. Marcia is a watercolorist and stone sculptor living with her family in New York City.

Email: Marcia.Aviram@gmail.com

Yi-Hui Chang ATR-BC, LCAT
Yi-Hui currently works as the associate director of Dean Hope Center for Educational and Psychological Services, an in-house training clinic affiliated with Teachers College, Columbia University. Yi-Hui also maintains a private practice in Manhattan specializing in LGB populations with trauma history. After graduating from Hofstra University in 2006, Yi-Hui obtained advanced training certification to provide LGBT affirmative psychotherapy through Institute of Contemporary Therapy and completed EMDR level I training with Dr. William Zangwill. Yi-Hui spent 10 prior years in gender-based community organizations serving impoverished populations and immigrants who suffered economic disadvantages, sexual assault and domestic violence in the Boston and New York areas.

Email: Yhchanglcatc@gmail.com

Herb Cohen, ATR-BC, LCAT, EMDR Cert.
Herb is currently director of Stepping Stones PROS Program in Huntington for Family Service League. He is a certified EMDR clinician, also trained in sensorimotor therapy and brain spotting. Herb is a Hofstra alumnus with a post-master’s certification as an addiction specialist from SUNY at Stony Brook and Nassau County Department of Drugs and Alcohol. Herb has been a clinician and administrator in both inpatient and outpatient settings. He has also taught research as an adjunct at Hofstra. Herb has a BFA in painting and exhibits and sells his work privately. In 2011 he completed training in EMDR and will soon be an EMDR consultant. He is the EMDR regional co-coordinator for Long Island and co-chair of the Long Island Committee on Sexual Abuse and Family Violence. Herb specializes in trauma and addiction with offices in both Huntington and Woodbury. He studied Tai Chi 16 years ago followed by bioenergy, Chi Kung and meditation. In 1993 Herb began integrating Tai Chi, Chi Kung and meditation with clinical treatment. He has apprenticed to a Lama studying Tibetan Dzogchen and Tantric practices as well as a Reiki Master. Eastern methods and therapeutic techniques are currently utilized in his private practice which has resulted in both inpatient and outpatient settings.

Email: herbcohen@gmail.com

Deborah Green, ATR-BC, LCAT, CASAC-T
Deborah graduated Hofstra University in 2002, and has been employed as an art therapist at South Oaks Hospital for 12 years. She works with inpatient adults who have been diagnosed with co-occurring disorders. In the course of her work she became interested in vicarious trauma, and the co-morbidity of PTSD and substance abuse. She has used art therapy to help patients effectively reframe and contain traumatic experiences, and provide a language for feelings which cannot be verbalized. She is developing a protocol to help patients experience the 12 steps of recovery through various creative arts interventions.

Email: dgreen@nslhs.edu

Laura Greenstone, MS, LPC, ATR-BC
Laura is a board-certified art therapist, NJ licensed professional counselor and NJ Disaster Response crisis counselor with extensive experience working with children and families coping with trauma, domestic violence and disasters. She is the assistant coordinator of The Amanda’s Easel Art Therapy Program of 180 Turning Lives Around, Inc., a non-profit in NJ serving victims of domestic violence and sexual assault. Her work with 9/11 survivors has been cited in Gail Sheehy’s Middletown America: One Town’s Passage from Trauma to Hope and David Friend’s Watching the World Change: The Stories behind the Images of 9/11.

She has served in leadership positions in The American Art Therapy Association in the areas of policy, development, and public relations and is a recipient of AATA’s Nancy Schooled Government Affairs Award and is an honorary life member of The New Jersey Art Therapy Association. She has served as past chair of the National Coalition of Creative Arts Therapies Associations and on the national policy
Contact: Lauragreenstone@gmail.com

Denise N. Kramer, MA, ATR-BC, LCAT
Denise N. Kramer is a board-certified, licensed creative arts therapist. She holds an MA in creative arts therapy from Hofstra University in addition to an MA in psychology from The New School for Social Research. With over 30 years of broad clinical experience, she currently works at Huntington Hospital on the psychiatric unit and provides supervision to art therapy graduate interns. Ms. Kramer has a private practice in psychotherapy in Huntington, New York.

Contact: Lauragreenstone@gmail.com

Eileen P. McGann, ATR-BC, LCAT
Eileen is a private consultant and practicing artist with over 30 years of experience with children, adolescents and their families. She concentrates on a studio approach with young people who have experienced complex and chronic trauma as well as adult survivors of trauma, including women veterans. Eileen has developed and is currently the director of the arts and creative therapies program at Mercy First in Syosset, New York. Eileen has lectured nationally and internationally, most recently as the keynote speaker at the first SLOVAK Art Therapy Conference in Bratislava, Slovakia, where her role was supported by the United States Embassy. Her publications have been translated into other languages. Eileen exhibits her art, which is also in private and public collections, on a book cover and on journal covers. A member of the Editorial Board of Art Therapy, Journal of the American Art Therapy Association, Eileen is also a faculty member of the MPS graduate art therapy program at the School of Visual Arts and an invited lecturer for the graduate art therapy program at New York University and Molloy College.

Contact: Emcgann@mercyfirst.org

Dorit Netzer PhD, ATR-BC, LCAT
Dorit Netzer is an art therapist in private practice. She works with children, adults, couples and families, with a focus on healing as a spiritually oriented, creative growth. In addition to her clinical practice, Dorit is an adjunct research faculty member at Sofia University, CA (formerly the Institute of Transpersonal Psychology), and an assistant adjunct professor of creative arts therapy at Hofstra University. In her approach to both therapy and education, Dorit incorporates creative expression and other imagery modalities, such as mental imagery and dream work.

Contact: donit.netzer@hofstra.edu

Dina Palma, ATR-BC, LCAT
Dina is a graduate of Hofstra University and has worked with various populations, ranging from traumatic brain injury, physically disabled and those suffering from mental illness. Her main focus over the last decade has been providing group primary therapy and art therapy services to adults and seniors at South Oaka Hospital. She blends her love of art, writing and training in the Sanctuary Model (Trauma-Informed / Evidence Based) to help patients resolve loss, work through traumatic experiences and regain hope. She shares her enthusiasm and support by providing education and supervision to undergraduate graduate level students on site and as an adjunct professor at LIU-C.W. Post. It is her hope to share knowledge and experience to foster a seamless transition from student to seasoned professional.

Contact: dmarabello@NSHS.edu

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Contact: dmarabello@NSHS.edu

Lisa Wisel, BC-DMT, LCAT
Lisa is a board-certified dance/movement therapist, adjunct professor at Hofstra University and meditation instructor. Lisa completed post-graduate studies at the Gestalt Center of Long Island and graduated from A “Society of Souls” School for Non-Dual Healing and Awakening created by Jason Shulman, internationally known spiritual healer. Formally a coordinator for Acute Care Psychiatric and Physical Rehabilitation Units, Lisa currently works in private practice in Nassau, Suffolk, Queens and Brooklyn with a specialty in gerontology since 2001.

Contact: lisamarieswisel@gmail.com

Joan Bloomgarden, PhD, LCAT, ATR-BC, MHC – Conference Organizer
Dr. Joan Bloomgarden enjoys a long career as a full-time faculty member of the Creative Arts Therapy program. Prior to her Hofstra faculty positions she taught elementary school as a classroom teacher and as an art teacher holding NYS licenses in both professions. During her dedicated career at Hofstra and as director of the program, Dr. Bloomgarden has held prominent roles in facilitating Hofstra’s approval by New York state as a licensed-qualifying creative arts therapy program. Dr. Bloomgarden has written many of the CAT syllabi and has concentrated her efforts to expand the creative arts to include elective course work in dance, poetry, music and drama and more. Dr. Bloomgarden has presented nationally and internationally and has been published in various venues. Additionally, she has contributed by serving on the Art Therapy Credentials Board, the Ethics Committee of the American Art Therapy Association and the Editorial Review Board of the Journal of the American Art Therapy Association. Dr. Bloomgarden’s research and writings support qualitative inquiry that highlights social and personal interactions, relationships and human experience. This research style developed while earning a PhD in professional psychology.

Contact: Joan.S.Bloomgarden@hofstra.edu

Full-time Faculty: Joan Bloomgarden, Program Director, Associate Professor; Deborah Elkis-Abuhoff, Associate Professor
Adjunct Faculty of Licensed Creative Arts Therapists, LCATs: Vivien Abrams, Joan Alpers, Susan Antelis, Margaret Carlock-Russo, Michelle Hololob, Elyse Miller, Dorit Netzer, Sheryl Stern, Lisa Wisel

HOFSTRA CREATIVE ARTS THERAPY CONFERENCE REGISTRATION FORM

Please respond by: Thursday, March 5, 2015
Make checks payable to Hofstra University. Mail registration form and fee to:
Betsy A. Salemsm, Director
Office of Professional Development Services
School of Education
114 Hagedorn Hall I 119 Hofstra University I Hempstead, NY 11549-1190 I Phone: 516-463-5750

Visa/MasterCard are accepted. To pay by credit card, please visit hofstra.edu/edworkshopreg.

CONFERENCE FEES: (includes conference, continental breakfast, luncheon and refreshments)

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<thead>
<tr>
<th>Fee</th>
<th>Description</th>
</tr>
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<tbody>
<tr>
<td>$110</td>
<td>General admission</td>
</tr>
<tr>
<td>$50</td>
<td>Student (attach a copy of valid student ID)</td>
</tr>
<tr>
<td>$25</td>
<td>Hofstra creative arts therapy student (attach a copy of current HofstraCard)</td>
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</tbody>
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Name ____________________________ (eve) ____________________________
Affiliation ____________________________ (eve) ____________________________
Address ____________________________ (eve) ____________________________

Phone (day)__________________________ (eve)__________________________
Email ____________________________ (eve) ____________________________

Dietary Needs: I require a vegetarian lunch. __________ I require a kosher lunch. __________

Some workshops have limited space; early registration is highly recommended.

Session I Workshops: 1:05-2:10 p.m.
1 _______ 2 _______ 3 _______ 4 _______ 5 _______

Please mark first (put a “1” in space) and second (put a “2” in space) choices.

Session II Workshops: 2:20-3:30 p.m.
6 _______ 7 _______ 8 _______ 9 _______ 10 _______

Please mark first (put a “1” in space) and second (put a “2” in space) choices.