Add A Name

Session II Workshops: 2:15-3:30 p.m.

Please mark first (put a “1” in space) and second (put a “2” in space) choices.

1. [ ] Introduction to Healing Arts Therapy (put a “1” in space)
2. [ ] Mindful Expressions for Children and Adults (put a “1” in space)
3. [ ] Transpersonal Expression: Using Art for Healing (put a “1” in space)
4. [ ] Expressive Arts Therapy in the Therapeutic Community (put a “1” in space)
5. [ ] Art Therapy for Eating Disorders (put a “1” in space)
6. [ ] Music, Dance and Art Therapies: An Introduction to Multidisciplinary Therapies (put a “1” in space)
7. [ ] Art Therapy for Adolescents with Depression (put a “1” in space)
8. [ ] Art Therapy for Adults with Chronic Pain (put a “1” in space)
9. [ ] Art Therapy for Children with Autism (put a “1” in space)
10. [ ] Art Therapy for Adults with Trauma (put a “1” in space)

Note: You must choose two workshops for each day. Please mark your choices accordingly.
As daunting as it is, the AGENDA for this conference is deeply important for Caitlin Abuho, RN, LCAT-BC, to properly respond to the needs of her patients. This connection involves developing the tools and approaches in therapy that will move her patients' bodies within a real-time virtual video environment within the iPad screen. A closing dialogue and video replay of the activities allows participants to reflect upon their own experience.

Video resources will be provided but are not required.


Paivial and hospice patients are in need of creative arts therapies to relieve distress and enhance quality of life. Getting services to them entails understanding their needs and implementing the right care. A case-within-a-case workshop explores the needs of patients, the challenges and rewards of working with them, and what is involved in developing a private practice.

10. Feeding the Hungry Brain: A Conceptual Multi-Modality Model for Weight Management, Including Neurofeedback, Art Therapy and Other Modalities

Susan E. Arents, M.S., LCAT-ATBC, ATCS, LCAT, BCN, BVN, LMHC

Recent research and developments in the field of neuroscience and brain plasticity may be integrated into a new conceptual model of weight and eating disorders where art therapy can play an important role. This workshop includes a comprehensive PowerPoint presentation followed by a meditation and an art experimental involving the use of collage and painting. Participants are invited to create a card reflecting their own personal journey related to self-nurturing and body image. This technique can be used with various clients or patient populations both individually or in group format.