TABLE OF CONTENTS

Transition to the Clinical Year	
Program Contact Information	4
Introduction	5
Making the Transition to Clinical Practice	5 5
Structure of the Clinical Year	5
Preparation for Clerkships	6
Clerkship Assignment Policy	8
Cultural Issues	8
Student Initiated Clerkships	8
Registration for Clinical Courses	8
Policies Regarding Clinical Rotations	
Health Insurance	9
Health Clearance	9
Identification	9
Leave of Absence	10
Patient Rights and Confidentiality	10
Universal Precautions	10
Exposure Policy and Incident Reporting	11
Blackboard	11
Clinical Clerkship Contact and Information Packet	11
Social Media Policy	11
E-mail	12
Working as a Physician Assistant Student	12
Clerkship Work Schedule	12
Student & Preceptor Review of Clinical Objectives	12
Preceptor Review and Countersignature	12
Elective Surgical Rotation	13
Professional Policies Regarding Clinical Rotation	<u>1S</u>
Professionalism	13
Clinical Year Attendance	14
Absence from Clinical Rotations	14
Tardiness	14
Dress Requirements	14
Sexual Misconduct	15
Academic Integrity	16
Clinical Year Assignments and Academic Perfor	mance
End-of-Rotation Exam	16
Exam Attendance and Policy	16
End-of-Rotation Examination Review Policy	16
End-of-Rotation Examination Failure	17
Submission of Medical Notes	17
Drug Cards	18
Interesting Patient Case Assignment	18
Continuing Medical Education Project	18
Health Promotion Project	19
Patient Education Project	19
PRE and POST Essay	19

Project Requirements	20
Preceptor Evaluation	20
On-Site Evaluation	20
Call Back Day	21
Clerkship Grades	21
Typhon Tracking System	
Patient Logging	22
Rotation Specific Logging Requirements	22
Procedure Logging	23
Required Clinical Year Procedures/Examinations	23
Clinical Clerkship Failure	23
Student Evaluation of Clinical Clerkships	24
Mid-Clerkship Evaluation	24
Submitting Call Back Day Materials	24
Final Evaluation	4
Packrat Examination	25
Summative Evaluation	25
	23
Clinical Year Objectives PHA 250 Family Medicine	26
PHA 255 Internal Medicine	
	35
PHA 260 Obstetrics/Gynecology	45
PHA 265 Surgery	50
PHA 270 Emergency Medicine	55
PHA 275 Long Term Care	63
PHA 280 Pediatric	69
PHA 285 Psychiatry	76
PHA 290 Elective	80
Clinical Year Forms	
Preceptor Evaluation Form	82
On-Site/Interesting Case Evaluation Form	83
Mid-Clerkship Evaluation Form	84
Student Evaluation of Program Rotations Form	85
Student/Preceptor Review of Clinical Objectives	86
Blood Borne Pathogen Exposure Form	87
Clinical Handbook Agreement Form	88
Call Back Day Envelope Check List	89
Clerkship Work Schedule Form	90
Patient Education Project Grading Form	91
Elective Clerkship Pre and Post Essay Grade Form	92
Family Medicine: Health Promotion Project	93
Health Promotion Project Grading Form	95
End-of-Rotation Grade Form	96
Clinical Documentation Grading Form	97
Evaluating A Peer-Reviewed Scientific Article	98
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Introduction

Congratulations on progressing to the clinical year! It is an accomplishment to complete the didactic phase of training and to advance to the clinical portion of the curriculum. The goal of the clinical year is to provide the skills necessary for graduation and ultimately for practice as a physician assistant. This manual is designed to provide the information necessary to complete the requirements for each clerkship. The Clinical Handbook will be useful throughout the clinical year; keep it in an accessible place.

The clinical coordinator will be the key person with whom you will interact this year. Yet, the entire faculty and staff are available to support and guide you through this year. Please feel free to contact any of us with questions or concerns.

Making the Transition to Clinical Practice

The clinical year varies from the academic year in many ways. A chief difference is that the security found in the company of fellow students will be absent in many cases. The familiar routine of the classroom will similarly be absent. Self-reliance and self-motivation will play a more important role in succeeding in the clinical year than it had in the didactic phase of the program. A key feature of the experience this year will be the ability to integrate book knowledge with practical experience. This does not occur automatically and will depend on the ability to continue to study physiology, pharmacology and clinical medicine in the evenings and when not on-site.

While each clerkship will provide the opportunity to meet each objective, you will find that with some effort, you will find additional opportunities that will yield added enrichment. Take advantage of these opportunities. Making the most of the clinical year depends on the amount of effort, work and dedication you are willing to expend. Some clerkships will be more enjoyable than others. While some clerkships may not meet all your expectations, remember that learning to navigate the clinical world in all circumstances is important to success in the clinical year. Learning to find the resources and individuals to help meet the objectives will optimize your clinical experiences.

Structure of the Clinical Year

The clinical year is made up of eight required rotations and one elective clerkship. The required clerkships include: family medicine, internal medicine, surgery, psychiatry, obstetrics/gynecology, emergency medicine, pediatrics, and long term care. Each clerkship is five or six weeks in duration, concluding with a day-long ,call back" session on campus. The elective clerkship provides an experience in a sub-discipline of medicine of particular interest or to repeat a rotation in another setting.

The objectives for each rotation are found in the back of this handbook. Students are responsible for the objectives regardless of the types of patient care experiences they encounter. The objectives also contain a list of references which students are expected to access during the rotation.

Preparation for Clerkships

There are several factors to consider before beginning each clerkship. They include:

- Identification of Gaps in Knowledge: The ability to identify areas of weakness and finding ways to address them is a lifelong process that begins in the clinical year. Before presenting to the clinical site for the first time, review the learning objectives for that discipline (found at the end of the Handbook). Some areas of weakness will be apparent before beginning the clerkship; others may present during the course of the rotation. Early identification allows for timely remediation.
- Communication with Preceptor: Meet with the preceptor on the first day of each rotation and discuss the objectives with him/her. Preceptors do not necessarily have knowledge of the program"s expectations or what competencies students are held responsible for by the end of the rotation. Reviewing the objectives with the preceptor will help plan how best to use the weeks allotted for the clerkship. Afterward, the preceptor must sign the "Student-Preceptor Review of Clinical Objectives" form.
- **Personal Preparation:** Students are required to be at the site at all times designated by the preceptor. In some cases that will require staying at the site late into the evening or overnight, arriving very early in the morning or working on weekends. Anticipate long, irregular hours and prepare by engaging baby-sitters, dog-walkers or helpers in the care for others who rely on you. Students may not be excused from any scheduled hours without contacting the program and obtaining permission from the clinical coordinator.
- Transportation: A car in good working order is required to travel to most rotation sites. Many rotations will require a drive of many miles. It is not acceptable to miss time from a rotation because of car trouble. A back-up plan must be developed for reaching a clinical site without a car. While it is possible to complete the clinical year without a car, this will increase travelling time and require familiarity with the public transportation system. For rotations at sites that are far away or inaccessible via public transport, it may be necessary to find short-term living accommodations. Students are responsible for all expenses related to the clinical rotations. These include, but are not limited to, parking, tolls, gasoline and car maintenance.
- Smart phones or IPads: Owners of IPads or smart phones should download pertinent information such as textbooks, PDRs, EKG and radiology references. In addition to its use as a reference, these devices can be used to take notes, keep study lists or to log patients. Should the purchase of a device not be possible, determine how to quickly access information, to keep track of patients, and take notes.
- Oral Presentations: Clinical rotations require students to present patient cases to preceptors, fellow students, and other health care team members. Practice of the presentation beforehand will aid in the appearance of confidence and being well informed. Discomfort with public speaking can be remedied with practice in front of a mirror, to friends, and to classmates.
- Emotions: When beginning the clinical year, many students feel inadequate when considering the responsibility associated with patient care. Acknowledgment of this feeling may prevent becoming crippled by it. Most preceptors and staff are sympathetic to student nervousness, and

do not expect a students to know everything. It is important to ask questions, listen, and learn. Reading and preparing throughout the clerkship may help in feeling confident.

- **Getting Help:** Students may experience personal problems during the clinical year or interpersonal conflicts may arise on a clinical site. The clinical coordinator and program director are available for advice and support. Call them as soon as a problem arises. Do not wait until the situation spirals out of control.
- Involvement in Clinical Training: The amount of learning in and enjoyment of, the clerkship is directly proportional to the effort extended. Reading about disease states encountered each day is essential. Students are expected to volunteer for presentations and to spend as much time as possible at the site. Many find that the best teaching is "after hours." Others find that helping with "scut" work may make the preceptor more inclined to teach and mentor.
- **First Impressions Count:** Preceptors often form opinions of students early in the rotation. It is important, therefore, to be punctual, maintain good physical appearance, and demonstrate initiative from the first day of the clerkship. Learning the layout of the facility, important phone numbers, and procedures for ordering labs, diagnostic studies, and consults early will aid in making a good first impression.
- Interpersonal Communication: One key to a successful clerkship experience is the ability to get along with patients, preceptors and other medical staff at the site. Being respectful and courteous includes self-awareness of tone of voice, body language and attitude. Yet, the clerkship experience is not designed for any student to be taken advantage of or excluded from important learning experiences. It may be necessary to be assertive at times. Striking a balance between being courteous and a responsible learner may prove challenging. Program faculty can help negotiate this balance, and should be called upon if needed.
- Seek Out Teachers: In addition to the preceptor, other members of the health care team such as social workers and nurses may be willing to teach. It is especially important to attend all teaching rounds that are offered at the site. If medical students rotate at the site, seek an invitation to participate in their teaching rounds. Being polite and respectful may result in opportunities that might otherwise be missed.
- **Be Assertive:** Some sites will have many students rotating at the same time, either from other PA programs or from other medical disciplines. All of these students will compete for the attention of preceptors, for the opportunity to perform procedures, or for the privilege to present cases on rounds. This will necessitate the ability to assert oneself to gain access to important learning opportunities. While this may be difficult, it is essential in order to maximize the clerkship experience.
- Expect Frustrations: As with other phases of PA education, there are aspects of the clinical year that are frustrating. Remaining flexible will help in minimizing the negative aspects of a clerkship experience. It is also important to keep in mind that patients can be the source of frustration. Patients can be angry, fearful, seductive or duplications. This may be due to any number of factors, some not directly related to the student. A discussion with the preceptor may help determine if there are factors that can be modified in the provider-patient interaction.

Clerkship Assignment Policy

Students are assigned to clerkship sites by the clinical coordinator. <u>Assignment sites are not negotiable</u>. The clinical schedule may change due to situations beyond the program's control. It is necessary that students remain flexible when these situations arise.

While personal considerations are respected when possible, the primary focus of clerkship assignments is to give each student a well-rounded clinical experience. Therefore, students are required to rotate to each clerkship site to which they are assigned. To ensure the best possible clinical year experience, students will be assigned clerkships that will require travel. The cost of possible temporary housing, meals and transportation is the responsibility of the student. All clerkship schedule decisions rest with the clinical coordinator. Once the final clerkship schedule is completed, student requests for changes will not be considered.

Cultural Issues

The range of clinical experiences will include working with patients of varied racial, ethnic, economic, geographic and cultural backgrounds. Students will be assigned to sites in various geographical areas or work with patient populations with which they may be unfamiliar. Providing care to all populations is a central part of the mission of our profession, and of the mission of our program. Students are expected to rotate to all sites to which they are assigned, regardless of their geography or patient population.

Student Initiated Clerkships

At no time are students required to obtain their own clinical sites. Yet students occasionally wish to study in a clinical site that is not affiliated with the program. Students may initiate a clerkship if they are in good academic standing and adheres to the following protocol:

Requests for clerkship sites outside of the University"s normal affiliation must meet all requirements as outlined by the clerkship description and affiliation agreement contract. The student will make the initial contact with the site to identify a potential preceptor. A minimum of three students per year is strongly recommended of all student-initiated clerkships. The student may participate in securing all necessary paperwork to execute an affiliation agreement. In hospital settings, this process can take several months. Therefore, the initial affiliation process should be initiated in the didactic year. All non-Hofstra rotations must be approved prior to the start of that rotation. The Program cannot guarantee the approval of student- initiated clerkships. The use of family members or personal acquaintances as preceptors is prohibited.

Registration for Clinical Courses:

Students must register each semester for their clinical rotations. Since the clinical year does not follow the academic calendar, students must take responsibility for registering each semester. Students must register using the following schedule:

Fall Semester Rotations 1-3
Spring Semester: Rotations 4-7
Summer III Rotation 8
Summer III Rotation 9

Clerkships are considered courses. The codes for the clerkships are:

Family Medicine	PHA 250
Internal Medicine	PHA 255
Ob/Gyn	PHA 260
Surgery	PHA 265
Emergency Med	PHA 270
Long Term Care	PHA 275
Pediatrics	PHA 280
Psychiatry	PHA 285
Elective	PHA 290

Register for each clerkships in the order in which it is taken. The designation "R" before the course number refers to the sequence of the clerkship. For example, each student will register for the first rotation under "R-1"; the second "R-2" etc. Grades cannot be entered unless the correct clerkships appear in Banner in the proper semester and in the proper order. It is the responsibility of the student to update their registrations should a change occur in their clinical year schedule.

Policies Regarding Clinical Rotations

Health Insurance

Health insurance is mandatory for the clinical year, as it is for the didactic year. Students must show proof of medical insurance before beginning the clinical year. The insurance policy must cover students in the event of illness or injury that may result from patient care.

Health Clearance

All students must provide the Program with evidence of physical fitness by a health care provider that they can perform the duties of a physician assistant student. This verification must be provided twice, once at the beginning of the didactic and again at the beginning of the clinical year. Physical fitness includes proof of immunization in accordance with the recommendations for health care professionals of the Centers for Disease Control (CDC). In addition, students may need to be medically cleared by an individual clinical clerkship. The clinical coordinator will advise students of individual site requirements before the beginning of the rotation. Students are required to keep their own medical information and present it to the preceptor of the site or his/her designee at the beginning of each clinical clerkship.

Identification

Students must display their Hofstra University photo identification on their person in a clearly visible location while on clinical rotations. All students must identify themselves as "physician assistant student" to patients and medical staff. Under no circumstance should a student encourage or fail to correct the misconception that he/she is a physician or a medical student. Students answering pages or phone calls must use their title when answering.

Leave of Absence

While it may be necessary for a student to take a leave of absence in the clinical year, a comprehensive examination must be passed if a leave extends for more than two clerkships.

Patient Rights and Confidentiality

All information regarding a patient"s health is privileged information. All students must strictly adhere to each institution"s policy governing patient rights and confidentiality and to all federal, state and local regulations. Students must not discuss any information regarding a patient in a manner or location that might reveal the identification of the patient to individuals not directly involved in that patient"s care. For this reason, all students must complete HIPAA training and provide proof of completion before entrance to the PA Program.

Patient charts, inclusive of progress notes or lab reports, must not be removed from the clinical site by the physician assistant student. If photocopies of a patient"s record are needed for site evaluation, all information that might identify the patient must be removed, omitted or deleted to protect patient confidentiality.

Universal Precautions

The principle of universal precautions has been adopted to protect clinicians from exposure to infectious disease because any patient may harbor microorganisms that could cause infection if transmitted. Although blood-borne pathogens are of particular concern, all body fluids secretions, and excretions are included in universal precautions. Since infected patients may be asymptomatic, it becomes necessary to use basic precautions with every patient. Observance of universal precautions will help to provide better protection for every staff member. Students should also familiarize themselves with the hospital/clinical sites specific policies regarding universal precautions. The material below reviews guidelines and preventative techniques.

Universal Precautions Guidelines and Prevention Methods:

- 1. Avoid direct contact with: blood, body fluids, secretions, excretions, mucous membranes, non-intact skin, and lesions.
- 2. Avoid injuries from all sharp objects such as needles or scalpels.
- 3. Avoid direct contact with items, objects, and surfaces contaminated with blood, body fluids, secretions, and excretions.
- 4. Dispose of <u>all</u> sharp objects promptly in special puncture resistant containers.
- 5. Dispose of all contaminated articles and materials in a safe manner prescribed by law.

In Practice, Using Universal Precautions Also Requires:

- 1. Wash hands frequently and thoroughly, especially if they become contaminated with blood, body fluids, secretions, and excretions.
- 2. Depending on job duties and risk of exposure, use appropriate barriers, which can include: gloves, gowns, aprons, caps, shoe covers, leggings, masks, goggles, face shields, and resuscitation devices.

These barriers are to be used to protect:

- a. Skin, especially non-intact skin (where there are cuts, chapping, abrasions, or any other break in the skin).
- b. Mucous membranes, especially eyes, nose and mouth.

NOTE: The items of protective apparel, including gloves, are to be removed after each use and are to be PROPERLY disposed of. Gloves, etc. are NOT to be worn from one patient or activity to another.

Exposure Policy and Incident Reporting

Should a student be exposed to the body fluid of a patient, he/she will immediately report the incident to the clinical preceptor. The student will follow the institutional infectious and environmental hazard policy, including completing all necessary documentation as required. Students should be aware that an infectious or environmental hazard exposure can adversely affect their overall health as well as performance in the Program.

Additionally, the student must contact the clinical coordinator or program director within 24 hours of the incident. The student is required to complete an incident form (see appendix) and submit it to the clinical coordinator, program director and university within 48 hours of the incident. Health information of any kind concerning students, patients, or staff **should not** be included when filling out the exposure form. Following an exposure, the student must follow-up with his/her medical provider or the Hofstra Wellness Center for further evaluation and/or treatment.

Should any expense be incurred as a result of an exposure, the student is responsible for all costs related to the incident.

Blackboard

All students will have access to a clinical year blackboard shell. The clinical year blackboard shell contains all the information, forms and documents you will need during the clinical year. Each student is responsible for checking this shell daily for important announcements and site updates.

Clinical Clerkship Contact & Information Packet

Prior to the clinical year, each student will have access to a clinical clerkship contact and information packet on the clinical year blackboard shell. This packet includes the preceptor contact information, site requirements, orientation information, and any other materials needed to begin each clerkship. All students are required to be familiar with the information in this packet. As this information is continuously in flux, the student is responsible for the most current information.

Social Media Policy

It is strictly prohibited to take photographs of patients, including in the operating room, even if the patient is not identified. Similarly the accessing of diagnostic imagines or any form of patient data for the purpose of transmission on a social media platform such You Tube, Face Book, iTunes, LinkedIn, Twitter and Blogs is strictly prohibited. Violation of this policy will result in being called before the Academic Standing Committee and possible dismissal from the program. Witnessing any violation of this policy should be immediately reported to the clinical coordinator or program director.

E-mail

E-mail is the preferred mode of communication between the Program faculty/staff and students. All clinical year students are required to use their Hofstra University account, which must be reviewed on a daily basis. Students who prefer to use a personal e-mail account should make sure that their Hofstra e-mail is forwarded to that account. Additionally, students should empty their in-box to receive Program information. Failure to check an e-mail account is not an allowable excuse for missing a Program event or notification.

Working as a Physician Assistant Student

The program strongly discourages any type of outside employment during the course of studies in the program. Program responsibilities are not negotiable, and will not be altered due to student work obligations. Furthermore, working has been the chief cause for academic difficulty in past years.

Students who choose to volunteer or be paid employees during the course of their physician assistant training cannot use their affiliation with the program in any aspect of that employment. Any activity undertaken by the student, independent of the program, is not covered by the liability insurance offered for clinical work associated with physician assistant training. Furthermore, students may not be required to perform clerical or administrative work for the Program.

Students may not substitute for regular clinical or administrative staff during the clinical year. Should such a request be made of a student, it should be reported to the program director immediately.

Clerkship Work Schedule

All students are required to fax a "Clerkship Work Schedule" form (See appendix) to the program clinical secretary by Friday of the first week of **each** clinical rotation (Fax: 516-463-5177). A new clerkship schedule must be faxed if the schedule changes for any reason. Absences must be documented on the bottom of the clerkship work schedule, as well as when the time is made up the absence. The form must be signed by the designated preceptor. All students must contact the clinical secretary via email within 24 hours to confirm receipt of their work schedule. **Failure to fax in a clerkship work schedule will result in a grade of "incomplete" until all forms are received.**

Student & Preceptor Review of Clinical Objectives

At the beginning of each clerkship, students are required to review the clinical objectives with their preceptors. Once reviewed, the Review of Clinical Objectives form must be faxed to the program office (516-463-5177) by the Friday of the first week of each clinical rotation. <u>Failure to submit this form will result in a three (3) point reduction in the rotation grade (See appendix).</u>

Preceptor Review and Countersignature

Student must insure that each patient seen is examined by the supervising preceptor. The supervising preceptor must review and countersign all notes written by the student. The student must sign each note with "PA-student" and <u>not</u> "PA-S" to prevent confusion. The supervising preceptor must countersign the note immediately.

The student is <u>not authorized</u> to initiate any orders for a patient without the consultation and the signature of the supervising preceptor. Students are <u>not permitted</u> to sign any prescriptions. Failure to adhere to these policies will result in a disciplinary hearing before the Academic Standing Committee.

Elective Surgical Rotations

Students who chose surgical electives may work with preceptors who practice in specialty areas. These preceptors may have operating room privileges in hospitals which are not affiliated with the Program. These students will not be able to accompany the preceptor into the operating room in these circumstances. In some cases, the preceptor does operate in an affiliated hospital, yet additional paperwork may need to be submitted before accompanying the preceptor in surgery. The clinical coordinator will assist you through this process. Students should consider the limits to operating room access before beginning a surgical elective rotation.

Professional Policies Regarding Clinical Rotations

Professionalism

Students must adhere to standards of professional behavior at all times. These standards are the ethical foundation of medical practice and of our integrity as physician assistants. Lapses in professional behavior are brought before the Academic Standing Committee (ASC). Should the ASC find that a student has behaved unprofessionally, he/she will first be issued a warning. A second violation will result in professional probation. Professional probation is a status designated by the ASC indicating that a student has violated one or more of the tenets of professional conduct of either the Program or of the Hofstra University Bulletin. The possibility of dismissal will be considered by the ASC for a third violation, even if all other elements of training are completed satisfactorily. The student will remain on professional probation for the duration of the program. Examples of unprofessional behavior include:

- Failure to comply with program rules and regulations, including but not limited to:
 - o attendance,
 - o punctuality,
 - o preparedness,
 - o conduct,
 - o performance in the classroom and clinical setting
- More than one unexcused absences during the clinical year
- Excessive excused absences during the clinical year
- Excessive lateness during the clinical year
- Unauthorized departure from the clinical setting
- Failure to perform all or part of assigned tasks and responsibilities
- Failure to follow protocol, or directions of supervising physician, physician assistant or program faculty
- Immature demeanor
- Unacceptable dress in the clinical arena
- Academic or personal dishonesty
- Failure to accept constructive criticism
- Performing unauthorized procedures or administering services not permitted by the supervisor, the facility, or the physician assistant program
- Violation of the Health Insurance Portability and Accountability Act (HIPAA)

- Failure to identify oneself as a physician assistant student, especially after being addressed as "Doctor"
- Failure to report all observed unethical conduct by other members of the health profession, including other students
- Insensitivity to patients; lack of respect for the rights of patients to competent, confidential service
- Endangering the health and welfare of any patient
- Failure to submit an incident report both to the program and the clinical site

Clinical Year Attendance

Attendance is mandatory for all clinical year call back days. Clinical year students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift and remain on the site until excused. Students are expected to take call as designated by the preceptor. Students are expected to work weekends, holidays and overnight. University holidays do not pertain to the clinical year. Students may not take vacations apart from those designated by the clinical year schedule.

Absence from Clinical Rotations

If a student is unable to report to the clinical site for any reason, he/she is required to

- 1. Call and e-mail the clinical preceptor.
- 2. Call and e-mail the clinical coordinator at (516) 463-4233 by 9 AM that day.

It is unacceptable to leave a message with the program administrative assistant. It is unacceptable for a student to call on behalf of another student.

Any absence, for any reason, must be made up at the site. There are no personal days. Failure to report an absence and obtain approval from the clinical coordinator will result in an unexcused absence. More than one unexcused absence will result in a hearing before the Academic Standing Committee.

Tardiness

Students are expected to arrive at the clinical site on time. If delayed, the clinical coordinator and site preceptor must be informed by phone. For in-patient rotations, it is especially important to arrive early each day to visit patients and to prepare for rounds. Physician assistant students can be questioned about features of the disease state and the course of care during rounds. Anticipate being put on the spot and to be prepared for any questions that may arise.

Should a student be physically present on a site but away from the team, he/she will be considered absent. It is not acceptable to go to the library to study or to be away from the team without the preceptor's knowledge and permission.

Dress Requirements

Dress requirements must be strictly adhered to in the clinical year. One reason is safety – dress can increase or decrease the potential for injury. The second is that clinical year students represent both the

physician assistant profession and Hofstra University. Therefore, students must look professional while interacting with patients and health professionals on clinical sites.

Both men and women should wear business attire while on clinical rotations. Men should wear a dress shirt with tie. Closed toed shoes with socks or stockings as well as a short white uniform jacket must be worn by men and women, at all times. Each student should wear a watch with a second hand. Bracelets are not permitted on clinical rotations. Students should avoid wearing insignia, buttons or decals of a political nature while on clinical rotation. Unacceptable clothing includes:

- Low cut, revealing blouses for women
- Sandals
- Short skirts
- Stirrup pants or leggings
- T-shirts, sweatshirts or sweatpants
- Any clothing made of denim
- Clothing that exposes the mid-abdomen
- Clothing that is soiled, in poor repair, or not well maintained

Students may wear scrubs **only** while in the operating room, emergency room or in the delivery room. Students may wear sneakers **only** while wearing scrubs as listed above. Students may not wear scrubs while outside the hospital, or while traveling to or from the hospital. All students are required to follow each facilities designated scrub policy.

Hair must be pulled back away from the face if it is longer than shoulder length. Fingernails must be less than ¼"long. Nail polish should not be worn while on rotations that requires the student to scrub. No artificial nails, wraps, multi-colored or designer nail polish or nail paintings are permitted.

Some patients may be particularly sensitive to fragrances when ill. Students should be sensitive to the needs of patients and avoid wearing fragrances while in the health care setting. Only post earrings are permitted. All tattoos should be concealed. Other body piercings should not be worn during rotations.

Sexual Misconduct

Sexual relations between a PA student and a patient are unethical, regardless of who initiated the relationship. Reasonable proof of a sexual relationship between a student and patient will result in dismissal from the program. Sexual relations between a PA student and clinical staff at a site are similarly unacceptable.

Sexual harassment of a physician assistant student by a preceptor or other rotation site employee is a serious matter and must be reported to the clinical coordinator immediately. All good faith reports of inappropriate behavior will be supported. Students should not attempt to handle this problem alone, as sexual harassment involves issues of unequal power. Should a student feel he/she has been sexually harassed, assistance from the program faculty should be sought immediately.

Academic Integrity

Cheating and plagiarism are grave infractions of academic and professional ethical behavior and are contrary to the purpose of any educational institution. They must be addressed seriously for student scholarship to have validity. Faculty is required to report all suspicions of academic dishonesty. Faculty may require students suspected of cheating or plagiarizing to confirm the originality of their work. Student breaches of academic standards may be subject to disciplinary or academic action. Please refer to URL: http://www.hofstra.edu/pdf/Senate/Senate_FPS_11G.pdf.

Clinical Year Assignments and Academic Performance

End-of-Rotation Exam

To assess comprehensive knowledge of each required clerkship discipline, a 50-question multiple choice examination is given at the end of each rotation. The exam questions are derived from the clerkship learning objectives and from the assigned readings. Students are expected to read throughout the course of their clerkships. Students should concentrate on the signs, symptoms, pathophysiology, physical findings, diagnostic tests and management of the disease states found in the learning objectives. Many students find that using the learning objectives to study for the end-of-rotation exams is good preparation for successfully passing the Physician Assistant National Certification Examination (PANCE). End-of-rotation examinations have the same format as the PANCE exam, in that case-based, broad issues are emphasized over esoteric clinical facts.

In order to pass the examinations, a student must receive a grade of no less than 70%. Scores will appear immediately upon completion of the exam. Exam review will occur on call back day.

No student is permitted to take the day off before call back day in order to study or complete assignments. If the clinical coordinator is informed that such an unexcused absence occurred, the student will receive ten (10) points off final grade for the rotation.

Exam Attendance & Policy

Students should arrive at least fifteen minutes before each exam, logon to the computer, and be prepared to start the exam at the posted time. Bathroom and eating needs should have been attended to, all electrical equipment turned off, and notes put away once arriving to the exam room. If a student arrives late, no additional time will be granted to take the exam. Arriving more than fifteen minutes late for an exam will result in a five (5) point deduction in the exam grade. Should an unexcused absence occur for an exam, the opportunity to take the exam at a later time will be granted, but 70% will be the highest possible grade, regardless of the score.

End-of-Rotation Examination Review Policy

After each exam, students will be allotted 5 minutes for review. Only questions answered incorrectly will be visible. If, during the review, a student has a question regarding a specific question, s/he may click the "feedback" button to generate an email via Exam Master to the program. This will be the only mechanism in which a question will be reviewed.

To challenge the validity of an exam question, all students are required to research the most current literature regarding the subject area and e-mail a brief, referenced appeal to the clinical coordinator. This documentation is required for any challenge to a test question and is due no later than 11:59 p.m. of the day of the examination review. Students will be contacted via email within seven days with the outcome of their challenge. If a student wishes to appeal the response to their challenge, s/he must contact the program director in writing within 48 hrs. All supporting documentation must be included in this appeal.

End-of-Rotation Examination Failure

Should a student fail the end-of-rotation exam, he/she will be given the opportunity to take a make-up exam. A grade of 70% or better must be achieved on the make-up exam in order to pass the clerkship. A **grade of 70** % will be entered for this portion of the final grade, regardless of the passing grade earned for the make-up exam. Only one make up examination will be offered in any clerkship. A failure of the make-up examination will result in failure of the clerkship.

Failure to take the make-up end-of-rotation exam on the scheduled date will result in a grade of zero for the exam portion of the grade. A second opportunity to take the examination will not be given unless the absence is approved by both the clinical coordinator and program director.

Students are permitted to take no more than two (2) make-up exams for the entire clinical year. Failing a third end-of-rotation exam will result in appearance before the Academic Standing Committee and probable dismissal from the Program.

Submission of Medical Notes

Each student will submit one complete history and physical or SOAP note for each required clerkship. The table below outlines the requirements for each clerkship.

Family Medicine	1 Complete H&P
Long Term Care	1 Complete H&P
Elective	No submission
Surgery	1 SOAP Note
Obstetrics and Gynecology	1 SOAP Note
Psychiatry	1 Complete H&P
Internal Medicine	1 Complete H&P
Pediatrics	1 SOAP Note
Emergency Medicine	1 SOAP Note

- SOAP notes are not the same as progress notes. Progress notes will not meet this requirement.
- SOAP notes are to be a maximum of one (1) page in length.
- H&P notes are to be a maximum of five (5) pages in length.
- Notes cannot be typed and have to be in original handwriting. Photocopies are not acceptable.
- SOAP and H&P notes are not acceptable on hospital forms.
- SOAP and H&P notes cannot duplicate the interesting case patient.
- No identifying information may appear on any notes, as this is violates HIPAA regulations.

Notes submitted with identifying information will earn a grade of zero for that particular note. All notes must be submitted to the clinical coordinator on call back day (see submitting call back day materials). A five (5) point deduction from the note grade will result for each day it is tardy.

If a passing grade is not achieved, the clinical coordinator will either ask the student to fax a clinical note to the PA program office every day of the following clerkship, or the student will be asked for additional notes to be submitted on the succeeding call back day.

Drug Cards

Students are required to research three (3) pharmaceutical agents used for each clerkship and make flash cards indicating the class, mechanism of action, indications, contraindications, side effects and cost of medication. The student is required to present these cards on the day of the site visit, and be prepared to be questioned regarding the drugs selected. Students who do not have a site visit should bring drug cards to each call back day. Student name, date and rotation number must be listed on each drug card. Students are no required to submit drug cards while on their elective rotation. Should a student fail to produce these cards when asked, a grade of zero will be given for this portion of the site visit grade.

Interesting Patient Case Assignments

The interesting patient case assignment is a requirement for the Emergency Medicine, Pediatrics, Ob/Gyn, Internal Medicine, Psychiatry and Long Term Care rotations. For students that do not have a site visit on these clerkships, they will either be notified that they will present or hand-in their interesting patient case on call back day. For the interesting patient case presentations the student leads a discussion in front of their fellow classmates as well as the clinical coordinator. This discussion should include all the elements of a focused H &P, pathophysiology and a literature search of the illness or treatment of the interesting patient. The literature search should only contain references from academic, peer-reviewed medical journals, less than 5 years old. All students are required to submit a summary on the pathophysiology of their topic and one journal article with a completed "Evaluating a Peer Reviewed Scientific Article" document on their interesting patient for this assignment. Students are highly encouraged to provide hand-outs at their presentations. Students who do not have a formal presentation are still required to include the above components in their written assignments.

While notes or an outline may be referred to during the presentation, verbatim reading of the assignment is not appropriate. The interesting case assignment format is in either a focused H & P note or Power Point presentation in the same format as a focused H & P note. The required SOAP or H&P notes cannot duplicate the interesting case patient. Failure to submit this project will result in a grade of zero for this portion of the clerkship grade.

Continuing Medical Education Project

During the Surgery rotation, students will be assigned a CME project. This project may be either web-based or found in a peer-review journal article. Students must submit proof of completion of the CME project either during a site visit or on call back day if a visit has not occurred. A 100% will be awarded to students who complete the project and display a good understanding of the CME topic. If you have a CME project and you are scheduled for a site visit, be prepared to discuss your assignment during your

site visit. Failure to submit this project will result in a grade of zero for this portion of the clerkship grade.

Health Promotion Project

During the Family Medicine rotation, students will be assigned a health promotion project. The objective of this health promotion project is to explore ways to enable patients to increase control over risk factors and improve their health. An important element of Family Medicine is to promote healthy lifestyles, identify risky behavior and prevent complications from chronic illness. This project provides a vehicle for students to counsel, teach and support patients about preventive measures for their disease states and to evaluate the effectiveness of their efforts.

The student will choose a patient with chronic illness or lifestyle risk factors and provide counseling. Afterward, the questionnaire found in the appendix is completed. Question number 4 requires that the student follow-up with the patient. This can be accomplished via a follow-up visit or by telephone conversation. Should a telephone conversation be chosen, permission must be obtained from the patient, and the site preceptor. Question 5 requires that the student read and submit an academic article, no more than five years old that discusses the health promotion issues related to the patient. A one-paged, typed, double-spaced paper summarizing the article and discussing how to implement the recommendations is submitted and/or presented during the site visit or on call back day should a site visit not occur. Failure to submit this project will result in a grade of zero for this portion of the clerkship grade.

Patient Education Project

During the elective clerkship, the <u>student will select a patient education topic</u> to research and present to the class during call back day via Power Point format. In addition to the Power Point presentation, the student will create a unique plan to educate patients on their topic. Examples include a poster board, pamphlet, or lesson plan. The purpose of this assignment to have each student educate their classmates on how to education patients about this topic. Presentations should be no longer than **10 minutes** in length (See appendix). All topics are to be submitted to the clinical coordinator a minimum of two weeks prior to call back day for approval. **Failure to submit this project or project topic will result in a grade of zero for this portion of the clerkship grade.**

PRE and POST Essay

As the elective rotation gives the student a chance to explore a special interest, the "pre and post essay" evaluates how that choice was made and the level of success of the clerkship experience. The "pre" portion of the essay will outline the reasons for choosing the elective, the expectations for skills gained, the types of patients seen and the personal goals and objectives for the clerkship experience (See appendix).

The "post" portion of this essay will discuss what was enjoyed and disliked about the specialty, and if the discipline may become a career choice. It will also discuss the degree to which goals and objectives were met and how adjustments were made to optimize learning. This portion must be completed near the end of the clerkship.

This exercise is not an evaluation of the site. Therefore, all comments must be specific to the specialty, not the clerkship location. The final essay should be from 1.5 - 2 pages in length, typed, and double-spaced. As a professional document, all issues should be presented in a respectful manner. Failure to submit this project will result in a grade of zero for this portion of the clerkship grade.

Project Requirements

Emergency Medicine	Interesting Patient Case Assignment
Family Medicine	Health Promotion Project
Pediatrics	Interesting Patient Case Assignment
Ob/Gyn	Interesting Patient Case Assignment
Surgery	Continuing Medical Education Project
Elective	Patient Education Project & Pre and Post Essay
Psychiatry	Interesting Patient Case Assignment
Internal Medicine	Interesting Patient Case Assignment
Long Term Care	Interesting Patient Case Assignment

Preceptor Evaluation

The preceptor evaluation is an indicator of a student's ability to adapt to the health care team and to the expectations of the individual preceptor. While these attributes are important, it is not necessarily a measure of medical competence. A good preceptor evaluation does not predict good performance on the other types of clerkship evaluation. On the other hand, failure to integrate into the team and to perform within team expectations is a serious problem. Failing the preceptor evaluation is cause for failing the clerkship.

Preceptors evaluate students using an evaluation form (See appendix). This form should be returned directly to the Program office in a sealed envelope with the preceptor's signature and stamp across the seal. A faxed or scanned copy will be accepted only if the preceptor speaks directly to one of the staff beforehand. The program fax number is 516-463-5177.

Only the preceptor of record may complete the Preceptor Evaluation form. If there is reason to have another individual complete the preceptor evaluation, a request must be submitted and approved in writing to the clinical coordinator. All preceptor evaluations must be turned in upon completion of the clerkship. Grades for the clerkship will not be posted until the evaluation form is received.

On-Site Evaluation

Within the last two weeks of the clerkship, some students will be visited by the clinical coordinator for an on-site evaluation. The on-site evaluation assesses student command of clinical knowledge of the medical discipline practiced at the site. Notification for a visit can vary from one week to 24 hours beforehand. In the unlikely event that a student is unable to be present for the site visit, the clinical coordinator must be notified at least 24 hours prior to the visit. All unexcused absences will result in a failure of this component of the clerkship grade. If the student is not prepared for the clinical coordinator at the time of the on-site visit, the student will receive a zero for any missing component of the site visit grade.

Students are responsible for the following on site visits:

- 1) One H&P or SOAP note as designated by the objectives of the rotation.
- 2) Presentation of three (3) pharmaceutical presentations (called "drug cards").
- 3) Depending upon the clerkship objectives, presentation of one of the following:
 - a. Interesting Patient Case Assignment

- b. Continuing Medical Education Project
- c. Health Promotion Project

Should the rotation not include an on-site evaluation, students will present or hand in each of the required components listed above on call back day.

Call Back Day

Students return to campus on the last day of the clerkship for a day of activities. During call back days, students take an end-of-rotation exam and attend lectures. Additionally, during the elective rotation, each student presents a patient education project to the class. Attendance during the call back day is mandatory for all students. Should an absence be unavoidable, the clinical coordinator must be contacted <u>prior</u> to the date to discuss the nature and legitimacy of the absence. <u>Unexcused absences from a call back will result in a grade of "F" for the end-of-rotation exam</u>. A student leaving call back day early without notifying the clinical coordinator will result in a 5-point deduction from the overall rotation grade.

Call back day also provides lecturers on topics of special interest to the clinical year. All lectures are mandatory. Students are required to fill out a Call Back Day Lecturer Evaluation on Typhon within one week of the call back day. Failure to do so will result in a three-point deduction from the overall rotation grade.

Clerkship Grades

Each clinical clerkship must be passed in order to graduate from the program. The minimum passing grade for each clerkship is a "C."

Grades for the required clerkships are based on the following components:

End of Clerkship Examination	35%
On-Site Visit or Interesting Patient Case	25%
Assignment or Rotation Specific Project (as	
designated for specific rotation)	
Preceptor Evaluation	25%
Clinical Documentation (1 H&P or SOAP note	15%
as designated for specific rotation) & 3 Drug	
Cards	

Grades for elective clerkships are based on the following components:

Preceptor Evaluation	25%
Patient Education Project	50%
Elective PRE and POST Essay	25%

Typhon Tracking System

Patient Logging

Typhon Group Physician Assistant Tracking System is an electronic tracking system to log patient encounters and procedures. Students are required to log information regarding each patient seen daily. All submissions are reviewed by the program each Monday at 9am. Weekly logs during the final week of the clerkship must be logged by 9am of the call back day. Students must log their patient experiences prior to this time. Students are contacted if the weekly review shows inadequate patient care experiences. The clinical coordinator will discuss ways to maximize clinical opportunities for the remaining time in the clerkship. More than one failure to log patient encounters on time will result in a three (3) point deduction from the overall rotation grade. Each additional failure will result in a three (3) point deduction as well.

A copy of the signed Typhon log "graphical" must be included in your call back day packet. Each student is to only submit a graphical log specific for that rotation. <u>All patient logs must be signed</u>, <u>dated and stamped by the preceptor</u>. Failure to have your log signed, dated and stamped by your preceptor will result in an incomplete for his/her rotation grade until received.

Rotation Specific Logging Requirements

Students must log specific types of patient encounters and procedures during each clerkship. The <u>minimum</u> requirements for the clinical year are presented in the table below:

Discipline	Requirements
Surgery	10 per week/50 per rotation
Pre-op	10 per rotation
Intra-op	10 per rotation
Post-op	10 per rotation
Complete	10 per rotation
Operating Room Experiences	10 per rotation
Pediatrics	15 per week/75 per rotation
LTC	15 per week/75 per rotation
Family Medicine	15 per week/75 per rotation
Internal Medicine	10 per week/50 per rotation
Psychiatry	10 per week/50 per rotation
Ob/GYN	10 per week/50 per rotation
Prenatal Care	15 per rotation
Gynecologic Care	15 per rotation
Emergency Medicine	15 per week/75 per rotation
Elective	5 per week/25 per rotation

Students must have experiences with patients receiving preventive, rehabilitative, emergent, acute and chronic care. Students must log at least twenty patient encounters in each of these areas. Failure to demonstrate the required number of clinical exposures in each category will affect the ability to graduate.

Procedure Logging

Students are required to perform and log a number of procedures by the end of the clinical year. These procedures are tracked through the Typhon System. Please make sure to perform, rather than observe or assist, as many procedures as possible, as credit is given only for those logged "done". The clinical coordinator reviews procedure logs every three months. As all procedure requirements must be completed by graduation, students receive reports every three months regarding which procedure requirements are missing. It is the student"s responsibility to find opportunities to meet the procedure requirements. Difficulty in meeting these requirements should be brought to the attention of the clinical coordinator. Failure to complete any procedure requirement by the end of the year will affect the ability to graduate

Required Clinical Year Procedures/Examinations

Procedure	Required Number
ABG	4
Abscess I&D	2
Blood Cultures	2
Cardiopulmonary Resuscitation	3
Foley Catheter Placement	4
IM/SC/ID-injections	10
IV Placement	10
NG Tube Placement	2
Splinting	5
Suturing	5
Venipuncture	10
Assist in Operating Room	10
Wound Care/Debridement	10
Breast Examinations	10
Pap Smears	10
Rectal Examinations	10

Clinical Clerkship Failure

A student will fail a clinical clerkship if:

- 1. A failing grade is submitted on the Preceptor Evaluation Form.
- 2. A failing grade, as defined as less than 70% on both the initial examination and the make-up, is earned on the end-of-rotation examination.
- 3. The total clerkship grade is less than 70%.

Should a student fail a clerkship, the rotation will be repeated at the end of the research semester, thereby extending the length of the curriculum. The student will be responsible for any and all associated costs of repeating the failed clerkship. A failed rotation will result in the student appearing before the Academic Standing Committee and placement of the student on academic probation for the duration of study in the Hofstra University Program in Physician Assistant Studies.

Two failed clerkships will result in reappearance before the Academic Standing Committee. All extenuating circumstances will be considered. Dismissal from the program will be considered at that time.

Student Evaluation of Clinical Clerkships

Student evaluations of clinical rotations are entered into the Typhon System (See appendix). Student feedback and comments are vital to the growth and continued improvement of the program. Students must submit their evaluation of each clerkship on Typhon and a hard copy in call back packets by call back day. Three (3) points will be deducted from the final grade for the course if the student evaluation is submitted late.

The procedure for submitting and printing student evaluation of clinical sites:

- Enter the Typhon ESAI system
- Click on Student Evaluation of Clerkship Site
- Enter the name of the clinical site and the date
- Fill out the evaluation
- Click on "submit evaluation"
- Click on "print my responses" and then click "print".

Mid-Clerkship Evaluation

Mid-clerkship evaluations are completed via the Typhon System by the end of **the third week** of each clerkship (See appendix). This evaluation instrument is designed for students to determine their strengths and weaknesses early, so that the opportunity to correct deficiencies is possible. This tool also provides the program with feedback regarding clerkship quality. Lastly, it allows the clinical coordinator to identify problems with a clinical site or with an individual student and provide early intervention. If the mid-clerkship evaluation is not submitted on time, three (3) points will be deducted from the final grade for the rotation.

Submitting Call Back Day Materials

All materials must be submitted to the clinical coordinator prior to the end-of- rotation examination. **Failure to do this will result in a three (3) point deduction from the final rotation grade.** The following materials must be submitted to the clinical coordinator along with the call back checklist (See appendix) attached to the outside portion of the envelope:

- Clinical Documentation (H&P or SOAP as designated for specific rotation)
- Preceptor End of Rotation Evaluation (in sealed envelope with preceptor name and stamp across the seal)
- Print out of completed Student Evaluation of Program Clinical Site from Typhon EASI
- Signed and stamped Typhon "Graphical" Log specific to your rotation
- CME Project (if applicable)
- Patient Education Project (if applicable)
- Interesting Patient Case Assignment (if applicable)
- Health Promotion Project (if applicable)
- Peer reviewed journal article relating to your interesting patient case assignment. Please make sure to staple the journal article to the assignment and to write your name on the article (if applicable).
- Elective Pre and Post Essay (if applicable)

• Three (3) Pharmaceutical "Drug Cards." (Please write your name on all of the "drug cards").

Final Evaluation

Packrat Examination

The PACKRAT (Physician Assistant Clinical Knowledge Rating and Assessment Tool) examination is a self-assessment tool administered during the research semester. While the results of the PACKRAT examination do not count toward a grade or requirements for graduation, the results provide students with a report of their areas of strength and areas for improvement. This report may be utilized in formulating study plans for success in the PANCE exam, as the correlation between the scores on the PACKRAT and the PANCE exam is high. The exam report also allows the Program to compare student performance with national scores.

Summative Evaluation

Students will have two summative examinations during the curriculum. The first occurs at the end of the three-semester Fundamentals of Medicine course as a final examination, and the second at the end of the program. These examinations will combine multiple choice tests with OSCE or interactive, case-based testing. These tests must be successfully passed in order to continue in the program, and to graduate. If a student fails either the written or interactive components, a make-up will be given. Should a student fail the makeup, the Academic Standing Committee will review the case, and action including possible dismissal will be taken.



PHA 250 FAMILY MEDICINE CLERKSHIP

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3 s.h.

COURSE DESCRIPTION:

Family Medicine Clerkship provides students with a working knowledge of the principles of family medicine and the biopsychosocial model of health care. Working with board-certified family physicians, students will evaluate patients in all age groups with a wide variety of illness in the outpatient setting. Health promotion and preventive medicine are incorporated in this clerkship as well.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Describe the principles of the medical home.
- 2. Perform complete physical assessments on patients throughout the life span.
- 3. Develop differential diagnoses and treatment plan.
- 4. Perform procedures as specified by the clerkship objectives.
- 5. Integrate knowledge of counseling techniques and patient education.
- 6. Participate in all rounds, conferences, lectures, and call as specified by the site.
- 7. Provide coordination of care with members of the health care team, with a system-based approach.

COURSE REQUIREMENTS & EVALUATION CRITERIA:

The grade for this clerkship is based on the following components:

End of Clerkship Examination	35%
On-Site Visit or Health Promotion Project	25%
Preceptor Evaluation	25%
One complete history and physical note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

- Fauci, A., Braunwald, E., et al. <u>Harrison's Principles of Internal Medicine</u>, 18th edition, McGraw-Hill, 2012, ISBN 978-0-07174889-6.
- Fishbach, Frances and Dunning, Marshall B. <u>A Manual of Laboratory and Diagnostic Tests</u>, 8th edition, J.B. Lippincott Company, 2008.

ALTERNATIVE REFERENCE MATERIALS:

- Rakel, David. <u>Textbook of Family Medicine</u>. 8th edition. Elsevier, 2011, ISBN-13: 9781437735673.
- Dubin, D. Rapid Interpretation of EKGs, 6th edition (paperback), 2000. ISBN-13: 9780912912066.
- Fitzpatrick, TB et al., <u>Color Atlas and Synopsis of Clinical Dermatology</u>, 6th edition, McGraw-Hill, 2009, ISBN 978-0-07-159975-7.
- Harvey R. et al. Pharmacology 4th edition. Lippincott's Illustrated Reviews, LWW, 2009
- Ralph Gonzales, Jean Kutner, Current Practice Guidelines in Primary Care, 9th edition, McGraw-Hill Companies, 2008 ISBN-13:9780071601337
- Bickley, Lynn, <u>Bates' Guide to Physical Examination and History Taking</u>, 10th edition, LWW, 2008, ISBN-13:9780781780582
- Frank H. Netter, <u>Atlas of Human Anatomy: With Netteranatomy.com</u> (Netter Basic Science) (Paperback), 5th Edition, LWW, ISBN-13:978-1-4160-5951-6

USEFUL WEBSITES:

- American Academy of Family Physicians: http://www.aafp.org/online/en/home.html
- Center for Disease Control and Prevention: http://www.cdc.gov/
- Medscape: http://www.medscape.com/
- World Health organization: http://www.who.int/en/
- Diabetes: https://diabetesmanagement.joslin.org
- US Preventative Services Task Force. Guide to clinical preventative services: http://www.ahrq.gov/clinic/uspstfix.htm

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra"s policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstra"s procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year. Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Family Medicine clerkship are in three parts: clinical knowledge, procedures and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below.

CLINICAL KNOWLEDGE:

Integrate the pathophysiology, epidemiology and genetic factors with historical and physical exam findings to formulate a differential diagnosis and treatment plan for the following disorders (Prognosis and potential complications must be described as well):

SYSTEMIC DISORDERS

- Generalized lymphadenopathy
- Fever of unknown origin
- Significant weight change
- Tobacco use/dependence
- Nutritional deficiencies
 - Niacin
 - Thiamine
 - Vitamin A
 - Riboflavin
 - Vitamin C
 - Vitamin D
 - Vitamin K

DERMATOLOGICAL DISORDERS

Eczematous Eruptions

- Dermatitis
- Atopic
- Contact
- Diaper
- Nummular eczematous
- Perioral
- Seborrheic
- Stasis
- Dyshidrosis

• Lichen simplex chronicus

Papulosquamous Diseases

- Dermatophyte infections
- Tinea versicolor
- Tinea corporis/pedis
- Drug eruptions
- Lichen planus
- Pityriasis rosea
- Psoriasis
- Vesicular Bullae
- Bullous pemphigoid
- Acneiform Lesions
- Acne vulgaris
- Rosacea
- Folliculitis

Verrucous Lesions

- Seborrheic keratosis
- Actinic keratosis

Insects/Parasites

- Lice
- Scabies

Neoplasms

- Basal cell carcinoma
- Melanoma

• Squamous cell carcinoma

Hair and Nails

- Alopecia areata
- Androgenetic alopecia
- Onycomycosis
- Paronychia

Viral Diseases

- Condyloma acuminatum
- Exanthems
- Pityriasis rosea
- Herpes simplex
- Molluscum contagiosum
- Verrucae
- Varicella-zoster virus

Bacterial Infections

- Cellulitis/vasculitis
- Impetigo

Other Dermatologic Conditions

- Acanthosis nigricans
- Burns
- Decubitus ulcers/leg ulcers
- Hidradenitis suppurativa
- Lipomas/epithelial inclusion cysts
- Melasma
- Urticaria
- Vitiligo
- Drug eruptions
- Bites/stings
- Abscess
- Decubitus ulcers
- Erythema multiforme

OPHTHALMOLOGIC DISORDERS

- Blepharitis
- Cataract
- Chalazion
- Conjunctivitis
- Corneal abrasion
- Dacryoadenitis
- Ectropion
- Entropion
- Glaucoma
- Hordeolum

- Macular degeneration
- Orbital cellulitis
- Pterygium
- Diabetic retinopathy
- Hypertensive retinopathy
- Strabismus
- Amblyopia
- Herpetic keratitis
- Optic neuritis
- Papilledema

HEMATOLOGIC DISORDERS

Anemias

- B12 & Folate deficiency
- Iron Deficiency
- Sickle cell anemia

Coagulation Disorders

Malignancies

- Acute and Chronic lymphocyctic leukemia
- Acute and Chronic myelogenous leukemia
- Lymphoma
- Hodgkin"s disease
- Polycythemia

ENDOCRINOLOGIC DISORDERS

- Adrenal insufficiency
- Cushing"s Disease
- Diabetes Type 1 & 2
- Hypoglycemia
- Hyperthyroidism
- Hypothyroidism
- Graves" disease
- Hashimoto"s thyroiditis
- Thyroid storm
- Neoplastic Disease

GI DISORDERS

Esophagus

- Esophagitis
- Neoplasms

Stomach

- Gastroesophageal reflux disease
- Gastritis
- Neoplasms
- Peptic ulcer disease

Gallbladder

- Acute/chronic cholecystitis
- Cholelithiasis

Liver

- Acute/chronic hepatitis
- Cirrhosis
- Neoplasms

Pancreas

- Acute/chronic pancreatitis
- Neoplasms

Small Intestine/Colon

- Appendicitis
- Diarrhea/Constipation
- Gastroenteritis
- Diverticular disease
- Inflammatory bowel disease
- Irritable bowel disease
- Ischemic bowel disease
- Neoplasm
- Obstruction
- GI Bleed
- Polyps

Rectum

- Anal fissure
- Anorectal abscess/fistula
- Fecal impaction
- Hemorrhoids
- Neoplasms
- Pilonidal disease
- Polyps

Hernia

- Hiatal
- Incisional

- Inguinal
- Umbilical
- Ventral

Infectious Diarrhea

Metabolic Disorders

• Lactose intolerance

ENT DISORDERS

Ear Disorders

- Acute/chronic otitis media
- Cerumen impaction
- Mastoiditis
- Meniere"s disease
- Labyrinthitis
- Otitis externa
- Tympanic membrane perforation
- Vertigo

Nose/Sinus Disorders

- Acute/chronic sinusitis
- Allergic rhinitis
- Nasal polyps

Mouth/Throat Disorders

- Acute pharyngitis
- Acute tonsillitis
- Aphthous ulcers
- Dental abscess
- Laryngitis
- Oral candidiasis
- Oral herpes simplex
- Oral leukoplakia
- Peritonsillar abscess
- Parotitis
- Sialadenitis
- Hearing loss
 - Sensorineural: (presbycusis, noise, drug induced)
 - Conductive: (cerumen, otosclerosis, infection)
- Bacterial / fungal / viral infections
- Lymphadenopathy
- Neck masses

GENITOURINARY DISORDERS

Benign Conditions of the GU Tract

- Benign prostatic hyperplasia
- Erectile dysfunction
- Incontinence
- Nephro/urolithiasis
- Paraphimosis/phimosis

Infectious/Inflammatory Conditions

- Cystitis
- Epididymitis
- Prostatitis
- Pyleonephritis
- Urethritis
- Sexually transmitted diseases

Other GU Problems

- Prostatic cancer
- Testicular cancer

RESPIRATORY DISORDERS

Infectious Disorders

- Acute bronchitis
- Influenza
- Pneumonias
 - o Bacterial
 - o Viral
 - o Fungal
 - o HIV-related
- Tuberculosis/PPD converters

Neoplastic Disease

- Bronchogenic carcinoma
- Carcinoid tumors
- Metastatic tumors
- Pulmonary nodules

Obstructive Pulmonary Disease

- Asthma
- Chronic bronchitis
- Emphysema

Pleural Diseases

• Pleural effusion

Pulmonary Circulation

• Pulmonary embolism

Other Pulmonary Disease

- Foreign body aspiration
- Sleep Apnea
- Respiratory arrest or failure
- Allergic reaction/anaphylaxis

CARDIOVASCULAR DISORDERS

Conduction Disorders

- Atrial fibrillation/flutter
- Atrioventricular block
- Bundle branch block
- Paroxysmal supraventricular tachycardia
- Premature beats
- Ventricular tachycardia
- Ventricular fibrillation/flutter

Cardiomyopathy

- Dilated
- Hypertrophic
- Restrictive

Congestive Heart Failure

Hypertension

- Essential
- Secondary
- Malignant

Hypotension

• Orthostasis/postural

Ischemic Heart Disease

- Acute myocardial infarction
- Non-ST segment elevation
- ST segment
- Angina pectoris
- Stable
- Unstable
- Prinzmetal"s/variant

Vascular Disease

• Acute rheumatic fever

- Aortic aneurysm/dissection
- Arterial embolism/thrombosis
- Chronic/acute arterial occlusion
- Giant cell arteritis
- Peripheral vascular disease
- Phlebitis/thrombophlebitis
- Venous thrombosis
- Varicose veins

Lipid Disorders

- Hypercholesterolemia
- Hypertriglyceridemia

Coronary Artery Disease/Atherosclerosis

Valvular Disease

- Aortic stenosis/insufficiency
- Mitral stenosis/insufficiency
- Mitral valve prolapse
- Tricuspid stenosis/insufficiency
- Pulmonary stenosis/insufficiency

INFECTIOUS DISORDERS

Fungal Disease

Candidiasis

Bacterial Disease

- Chlamydia
- Gonococcal Infections

Mycobacterial Disease

- Tuberculosis
- Atypical mycobacterial disease

Parasitic Disease

• Pin worms

Spirochetal Disease

- Lyme Borreliosis
- Lyme disease
- Syphilis
- Viral Diseases
- Epstein-Barr virus infections
- Herpes simplex
- HIV infection
- Human papillomavirus infections

- Influenza
- Varicella-zoster virus
- Infections
- Mononucleosis
- Lyme disease
- Meningitis
- Chronic fatigue syndrome

OB/GYN DISORDERS

- Dysmenorrhea/irregular menses
- Vaginitis (candidal, bacterial, trichomonal)
- Premenstrual syndrome
- Pelvic inflammatory disease
- Breast
 - o Abscess
 - Carcinoma
 - o Fibroadenoma
 - o Fibrocystic disease
 - Mastitis
- Menopause
- Intrauterine pregnancy
- Ectopic pregnancy
- Uncomplicated pregnancy
- Spontaneous abortion
- Contraception methods
- Ovarian cyst

PSYCHIATRIC DISORDERS

- ADD / ADHD
- Anxiety Disorders
 - o Panic
 - Generalized
 - Posttraumatic stress
 - o Phobias
- Eating Disorders
 - o Anorexia nervosa
 - o Bulimia nervosa
 - Obesity
- Insomnia
- Mood Disorders
 - o Adjustment
 - o Depressive

- o Bipolar
- Acute psychosis

Substance Use Disorders

- Alcohol abuse/dependence
- Drug abuse/dependence
- Tobacco use/dependence

Other Behavioral and Emotional Disorders

- Acute reaction to stress
- Child/elder abuse
- Domestic violence
- Uncomplicated bereavement

NEUROLOGICAL DISORDERS

Headache

- Cluster
- Migraine
- Tension

Diseases of Peripheral Nerves

- Bell"s palsy
- Diabetic peripheral neuropathy
- Guillain-Barre syndrome
- Tic douloureux

Movement Disorders

- Essential tremor
- Parkinson's disease
- Over use syndromes
- Plantar fascitis
- Sprains/strains
- Systemic lupus erythematosis
- Scleroderma
- Sjogren's syndrome

Multiple Sclerosis

Seizure Disorders

- Generalized convulsive disorder
- Generalized nonconvulsive disorder
- Status epilepticus

Vascular Diseases

- Stroke
- Transient ischemic attack
- Parkinson's disease

Delirium / Dementia

Alzheimer's disease

MUSCULOSKELETAL DISORDERS

- Neck / low back pain (lumbrosacralstrain, degenerative disc disease)
- Bursitis/tendinitis
- Costochondritis
- Osteoarthritis/Rheumatoid Arthritis
- Osteoporosis
- Fibromyalgia
- Ganglion cyst
- Gout
- Minor orthopedic trauma

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for, risk/benefit ratio and interpretation of results for the following:

- KOH preparation
- Wood's lamp
- Fungal, bacterial and viral cultures
- Serologic titers

- Tissue biopsy
- Tzank smear
- Gram stain
- Slit lamp exam
- Tonometry
- Fluorescein stain
- Office and home spirometry
- Skin testing
- Echocardiogram
- Electrocardiogram (ECG)
- Physical therapy
- Occupational therapy
- Vaccinations
- Medication administration

PATIENT EDUCATION:

The student will describe the elements and indications of patient education, preventative care and family dynamics concerning the following:

- Contraception
- Nutrition
- Heart Disease
- Hypertension
- Pregnancy
- Smoking cessation
- Osteoporosis
- Screening- cholesterol, pap, mammogram, fecal occult blood, etc ...
- Substance and alcohol use
- Immunizations
- Exercise
- Injury prevention
- Sexual risk prevention



PHA 255 INTERNAL MEDICINE CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

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3 s.h.

COURSE DESCRIPTION:

The Internal Medicine Clerkship provides clinical experience in the in-hospital diagnosis and management of medical disorders in adult patients. Working with board-certified internists, students will evaluate and formulate treatment plans for patients with a wide variety of illnesses. Accurate data analysis, synthesis of pertinent clinical information, the presentation of problemoriented patient data, indications for and interpretation of laboratory studies and competence in clinical procedures will be emphasized.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Elicit an accurate, detailed medical history relevant to the diagnosis of the presenting problem or to the comprehensive evaluation of the patient.
- 2. Perform complete physical assessments.
- 3. Develop differential diagnoses and treatment plans.
- 4. State an orderly, succinct case presentation focusing on relevant positive and negative findings elicited in the history, physical and laboratory/diagnostic studies.
- 5. Perform procedures as specified by the clerkship objectives.
- 6. Participate in all rounds, conferences, lectures, and call as specified by the site.
- 7. Identify the relationship between socio-economic problems and disease.
- 8. Identify the members of the "health care team" and the roles that they play in the delivery of health care.
- 9. Demonstrate the ability to provide patient education at an acceptable level of patient comprehension.

COURSE REQUIREMENTS & EVALUATION CRITERIA:

The grade for this clerkship is based on the following components:

End of Clerkship Examination	35%
On-Site Visit or	25%
Interesting Patient Case Assignment	
Preceptor Evaluation	25%
One complete history and physical note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

- Fauci, A., Braunwald, E., et al. <u>Harrison's Principles of Internal Medicine</u>, 18th edition, McGraw-Hill, 2012, ISBN 978-0-07174889-6.
- Fishbach, Frances and Dunning, Marshall B. <u>A Manual of Laboratory and Diagnostic Tests</u>, 8th edition, J.B. Lippincott Company, 2008.

ALTERNATIVE REFERENCE MATERIALS:

- Dubin, D. Rapid Interpretation of EKGs, 6th edition (paperback), 2000. ISBN-13: 9780912912066
- Fitzpatrick, TB et al., <u>Color Atlas and Synopsis of Clinical Dermatology</u>, 6th edition, McGraw-Hill, 2009, ISBN 978-0-07-159975-7.
- Harvey R. et al. Pharmacology 4th edition. Lippincott"s Illustrated Reviews, LWW, 2009
- Dehn, R.W. & Asprey, D.P. <u>Clinical Procedures for the Physician Assistants</u>, Elsevier Health Sciences, 2006, ISBN-13:9781416030010
- Bickley, Lynn, <u>Bates' Guide to Physical Examination and History Taking</u>, 10th edition, LWW, 2008, ISBN-13:9780781780582
- Frank H. Netter, <u>Atlas of Human Anatomy: With Netteranatomy.com</u> (Netter Basic Science) (Paperback), 5th Edition, LWW, ISBN-13:978-1-4160-5951-6
- Novelline, R.A. <u>Squire"s Fundamentals of Radiology</u>, 6th edition, Harvard University Press, 2004, ISBN-13:9780674012790

USEFUL WEBSITES:

- Center for Disease Control: www.cdc.gov
- Pharmacology: www.rxlist.com
- Radiology: http://www.learningradiology.com/medstudents/medstudtoc.htm
- Links to additional resources: http://www.e-meducation.org/links/internal-medicine/
- Arterial Blood Gas Interpretation:

http://www.anaesthesiamcq.com/AcidBaseBook/ab9 6.php#Cases

- Infectious Disease: http://emedicine.medscape.com/infectious diseases
- Case Studies EKG: http://www.hrt.org/ecghome.html

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra's policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstra's procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. **University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year.** Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Internal Medicine clerkship are in three parts: clinical knowledge, procedures and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below.

CLINICAL KNOWLEDGE:

Integrate the pathophysiology, epidemiology and genetic factors with historical and physical exam findings to formulate a differential diagnosis and treatment plan for the following disorders (Prognosis and potential complications must be described as well):

EYE DISORDERS

- Glaucoma
- Macular degeneration
- Orbital cellulitis
- Retinal detachment
- Retinal vascular occlusion
- Diabetic Retinopathy
- Hypertensive Retinopathy
- Strabismus
- Amarosis fugax

EAR DISORDERS

- Mastoiditis
- Meniere"s disease
- Tympanic membrane perforation
- Vertigo

NOSE/SINUS DISORDERS

- Acute/chronic sinusitis
- Allergic rhinitis

MOUTH/THROAT DISORDERS

- Peritonsillar abscess
- Parotitis

PULMONARY DISORDERS

Infectious Disorders

- Acute bronchitis
- Influenza
- Pneumonias
 - o Bacterial
 - o Viral
 - o Fungal
 - o HIV-related
- Tuberculosis

Neoplastic Disease

- Bronchogenic carcinoma
- Carcinoid tumors
- Metastatic tumors
- Pulmonary nodules

Obstructive Pulmonary Disease

- Asthma
- Chronic bronchitis
- Cystic fibrosis
- Emphysema
- Bronchiectasis

Pleural Diseases

- Pleural effusion
- Pneumothorax

Pulmonary Circulation

- Pulmonary embolism
- Pulmonary hypertension
- Cor pulmonale

Restrictive Pulmonary Disease

- Idiopathic pulmonary fibrosis
- Pneumoconiosis
- Sarcoidosis

Other Pulmonary Disease

- Acute respiratory distress syndrome
- Hyaline membrane disease
- Foreign body aspiration

CARDIOVASCULAR DISORDERS

Cardiomyopathy

- Dilated
- Hypertrophic
- Restrictive

Conduction Disorders

- Atrial fibrillation/flutter
- Atrioventricular block
- Bundle branch block
- Paroxysmal supraventricular tachycardia
- Premature beats
- Ventricular tachycardia
- Ventricular fibrillation/flutter

Congestive Heart Failure

Hypertension

- Essential
- Secondary
- Malignant

Hypotension

• Orthostasis/postural

Ischemic Heart Disease

- Acute myocardial infarction
- Angina pectoris
 - o Stable
 - o Unstable
 - o Prinzmetal"s/variant

Vascular Disease

- Acute rheumatic fever
- Aortic aneurysm/dissection
- Arterial embolism/thrombosis

- Chronic/acute arterial occlusion
- Giant cell arteritis
- Peripheral vascular disease
- Phlebitis/thrombophlebitis
- Venous thrombosis
- Varicose veins

Valvular Disease

- Aortic stenosis/insufficiency
- Mitral stenosis/insufficiency
- Mitral valve prolapse
- Tricuspid stenosis/insufficiency
- Pulmonary stenosis/insufficiency

Other Forms of Heart Disease

- Acute and subacute bacterial endocarditis
- Acute pericarditis
- Cardiac tamponade

GI DISORDERS

Esophagus

- Esophagitis
- Motor disorders
- Mallory-Weiss tear
- Neoplasms
- Strictures
- Portal Hypertension/Varices

Stomach

- Gastroesophageal reflux disease
- Gastritis Neoplasms
- Peptic ulcer disease

Gallbladder

- Acute/chronic cholecystitis
- Cholelithiasis

Liver

- Acute/chronic hepatitis
- Cirrhosis

Neoplasms

Pancreas

- Acute/chronic pancreatitis
- Neoplasms

Small Intestine/Colon

- Diverticular disease
- Inflammatory bowel disease
- Irritable bowel disease
- Ischemic bowel disease
- Neoplasms
- Obstruction
- Toxic megacolon

Rectum

- Anal fissure
- Anorectal abscess/fistula
- Neoplasms
- Pilonidal disease
- Polyps

Hernia

Hiatal

Infectious Diarrhea

Nutritional Deficiencies

- Niacin
- Thiamine
- Vitamin A
- Riboflavin
- Vitamin C
- Vitamin D
- Vitamin K

Metabolic Disorders

• Lactose intolerance

MUSCULOSKELETAL DISORDERS

Disorders of the Shoulder

- Fractures/dislocations
- Rotator cuff disorders

- Separations
- Sprain/strain

Disorders of the Forearm/Wrist/Hand

- Fractures/dislocations
- Boxer's
- Colles"
- Gamekeeper"s thumb
- Humeral
- Nursemaid's elbow
- Scaphoid
- Sprains/strains
- Tenosynovitis
- Carpal tunnel syndrome
- de Quervain"s tenosynovitis
- Elbow tendinitis
- Epicondylitis

Disorders of the Back/Spine

- Ankylosing spondylitis
- Back strain/sprain
- Cauda equina
- Herniated nucleus pulposus
- Kyphosis/scoliosis
- Low back pain
- Spinal stenosis

Disorders of the Hip

- Aseptic necrosis
- Fractures/dislocations
- Slipped capital femoral Epiphysis

Disorders of the Knee

- Bursitis
- Fractures/dislocations
- Meniscal injuries
- Sprains/strains

Disorders of the Ankle/Foot

- Fractures/dislocations
- Sprains/strains

Infectious Diseases

• Acute/chronic osteomyelitis

Septic arthritis

Neoplastic Disease

- Bone cysts/tumors
- Ganglion cysts
- Osteosarcoma.

Osteoarthritis

Osteoporosis

Rheumatologic Conditions

- Fibromyalgia
- Gout/pseudogout
- Juvenile rheumatoid arthritis
- Polyarteritis nodosa
- Polymyositis
- Polymyalgia rheumatica
- Reiter's syndrome
- Rheumatoid arthritis
- Systemic lupus erythematosus
- Scleroderma
- Sjogren's syndrome

GENITOURINARY DISORDERS

Benign Conditions of the GU Tract

- Benign prostatic hyperplasia
- Hydrocele/varicocele
- Nephro/urolithiasis
- Erectile Dysfunction

Infectious/Inflammatory Conditions

- Cystitis
- Prostatitis
- Pyelonephritis
- Urethritis

Neoplastic Diseases

- Bladder carcinoma
- Prostate carcinoma
- Renal cell carcinoma
- Testicular carcinoma
- Wilms" tumor

Renal Diseases

- Acute/chronic renal failure
- Glomerulonephritis
- Nephrotic syndrome
- Polycystic kidney disease
- Interstitial nephritis
- Minimal change disease

Electrolyte and Acid/Base Disorders

- Hypo/hypernatremia
- Hypo/hyperkalemia
- Hypo/hypercalcemia
- Hypomagnesemia
- Metabolic alkalosis/acidosis
- Respiratory alkalosis/acidosis
- Volume depletion

ENDOCRINE DISORDERS

Diseases of the Thyroid Gland

- Hyperparathyroidism
- Hypoparathyroidism
- Hyperthyroidism
- Hypothyroidism
- Thyroiditis
- Neoplastic disease

Diseases of the Adrenal Glands

- Cushing"s syndrome
- Corticoadrenal insufficiency
- Addison"s disease

Diseases of the Pituitary Gland

- Acromegaly/gigantism
- Dwarfism
- Diabetes insipidus
- Pheochromocytoma

Diabetes Mellitus

- Type 1
- Type 2
- Hypoglycemia

HEMATOLICAL DISORDERS

Anemias

- Aplastic anemia
- Vitamin B12 deficiency
- Folate deficiency
- Iron deficiency
- G6PD deficiency
- Hemolytic anemia
- Sickle cell anemia
- Thalassemia

Coagulation Disorders

- Factor VIII disorders
- Factor IX disorders
- Factor XI disorders
- Thrombocytopenia
- Idiopathic thrombocytopenic
- purpura
- Thrombotic thrombocytopenic purpura
- Von Willebrand"s disease
- Hemophilia

Malignancies

- Acute/chronic lymphocytic leukemia
- Acute/chronic myelogenous leukemia
- Lymphoma
- Multiple myeloma

NEUROLOGICAL DISORDERS

Alzheimer's Disease

Cerebral Palsy

Diseases of Peripheral Nerves

- Bell"s palsy
- Diabetic peripheral neuropathy
- Guillain-Barre syndrome
- Myasthenia gravis

Headaches

- Cluster headache
- Migraine
- Tension headache

Infectious Disorders

- Encephalitis
- Meningitis

Movement Disorders

- Essential tremor
- Huntington"s disease
- Parkinson's disease

Multiple Sclerosis

Seizure Disorders

- Generalized convulsive disorder
- Generalized nonconvulsive disorder
- Status epilepticus

Vascular Diseases

- Cerebral aneurysm
- Stroke
- Transient ischemic attack

Intracranial tumors

PSYCHIATRIC DISORDERS

- ADD / ADHD
- Anxiety Disorders
 - o Panic
 - o Generalized
 - o Posttraumatic stress
 - Phobias
- Eating Disorders
 - Anorexia nervosa
 - o Bulimia nervosa
 - Obesity
- Insomnia
- Mood Disorders
 - o Adjustment

- o Depressive
- o Bipolar
- Acute psychosis

Substance Use Disorders

- Alcohol abuse/dependence
- Drug abuse/dependence
- Tobacco use/dependence
- Prescription drug abuse

Other Behavioral and Emotional Disorders

- Acute reaction to stress
- Child/elder abuse
- Domestic violence
- Uncomplicated bereavement

INFECTIOUS DISORDERS

Fungal Disease

- Candidiasis
- Cryptococcosis
- Histoplasmosis
- Pneumocystis

Bacterial Disease

- Botulism
- Chlamydia
- Cholera
- Diphtheria
- Gonococcal infections
- Salmonellosis
- Shigellosis
- Tetanus

Mycobacterial Disease

- Tuberculosis
- Atypical mycobacterial Disease

Parasitic Disease

- Amebiasis
- Hookworms
- Malaria
- Toxoplasmosis

Spirochetal Disease

- Lyme borreliosis Lyme disease
- Rocky Mountain spotted fever
- Syphilis

Viral Diseases

- Cytomegalovirus infections
- Epstein-Barr virus infections
- Erythema infectiosum
- Herpes simplex
- Human papillomavirus infections
- Influenza
- Varicella-zoster virus infections
- HIV & AIDS

DERMATOLICAL DISORDERS

Desquamation

Bacterial Infections

- Cellulitis/vasculitis
- Erysipelas

Stevens-Johnson syndrome

- Toxic epidermal necrolysis
- Erythema multiforme

Vesicular Bullae

• Bullous pemphigoid

Neoplasms

- Basal cell carcinoma
- Melanoma
- Squamous cell carcinoma

Other

- Acanthosis nigricans
- Burns
- Decubitus ulcers/leg ulcers
- Hidradenitis supprative

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for, risk/benefit ratio and interpretation of results of the following:

- Intravenous cannulation
- Venipuncture
- Intramuscular injection
- Subcutaneous injection
- Lumbar puncture
- Nasogastric tube insertion
- Urinary bladder catheterization
- 12 lead electrocardiogram
- Cardioversion
- Endotracheal intubation
- Chest tube insertion
- Joint aspiration and/or injection
- Arteriopuncture (ABG's)
- Urinalysis, including microscopic examination
- Bedside spirometry

PATIENT EDUCATION:

The student will be able to describe, formulate and demonstrate patient education concerning the treatment, disease process and preventative aspects of care to the patient and family members to include the following topics:

- Management plan
- Disease process
- Disease prevention
- Lifestyle modifications
- Nutrition
- Exercise
- Smoking cessation
- Substance and alcohol use
- Sexual counseling and risk prevention
- Breaking bad news
- End of life issues
- Loss and debilitation
- Rationale and need for referral



PHA 260 OBSTETRICS/GYNECOLOGY CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

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Tele: 516-463-4233

3 s.h.

DESCRIPTION:

The Obstetrics/Gynecology Clerkship provides students with clinical competency in the approach to the full range of women's health, throughout the reproductive and post-menopausal years. Participation in common gynecological surgical procedures along with assisting in labor and delivery may be included in this clerkship. Students work with board certified obstetricians, gynecologists, or other health care workers. This clerkship may take place in a hospital, clinic or private practice setting.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Perform a complete gynecological or obstetrical assessment.
- 2. Provide the elements of well-woman care.
- 3. Develop differential diagnoses and treatment plans for patients with OB or GYN disorders.
- 4. Perform gynecologic procedures as specified by the clerkship objectives.
- 5. Integrate knowledge of counseling techniques and patient education.
- 6. Participate in all rounds, conferences, lectures, and call as specified by the site.
- 7. Demonstrate the ability to elicit and record a history and perform a physical exam from ante-partum to post-partum.

COURSE REQUIREMENTS:

The grade for this clerkship is based on the following components:

End of Clerkship Examination	35%
On-Site Visit or	25%
Interesting Patient Case Assignment	
Preceptor Evaluation	25%
One SOAP note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

 Beckman CRB, et al. <u>Obstetrics & Gynecology</u>, 6th edition, Lippincott, 2009, ISBN-13:9780781788076

ALTERNATIVE REFERENCE MATERIALS:

• Benson M. Ob/Gyn Mentor: Your Clerkship and Shelf Exam Companion, 4th edition, Davis, 2010, ISBN-13:9780803616936

USEFUL WEBSITES:

- American Congress of Obstetricians and Gynecologists: http://www.acog.org/
- Analyzing Fetal Sonograms: www.fetalsono.com

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra"s policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstras procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. **University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year.** Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Obstetrics and Gynecology clerkship are in three parts: clinical knowledge, procedures and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below.

CLINICAL KNOWLEDGE:

Upon successful completion of this clerkship, the student will be able to:

- 1. Determine the indications of onset or the stage of labor, the station of the fetal head and The position of the fetal head during the time of labor.
- 2. Demonstrate the ability to identify, access and manage patients with complications associated with pregnancy, delivery and post-partum.
- 3. Integrate the pathophysiology, epidemiology and genetic factors with historical and physical exam findings to formulate a differential diagnosis and treatment plan for the

following disorders (Prognosis and potential complications must be described as well):

Uterus

- Dysfunctional uterine bleeding
- Endometrial cancer
- Endometriosis/adenomyosis
- Leiomyoma/Uterine fibroids
- Metritis
- Prolapse
- Uterine rupture

Ovary

- Cysts
- Neoplasms
- Polycystic ovary disease
- Ovarian torsion
- Ruptured ovarian cyst

Cervix

- Carcinoma
- Cervicitis
- Dysplasia
- Incompetent
- Des cervix
- Human papilloma virus
- Evaluation of abnormal pap smear
- Cervical polyps

Vagina/Vulva

- Cystocele
- Neoplasm
- Prolapse
- Rectocele
- Vaginitis
 - Candidal vulvovaginitis
 - o Trichomonas vaganalis
 - o Bacterial vaginosis
 - Atrophic vaginitiS

Menstrual Disorders

- Amenorrhea
 - Primary
 - Secondary
- Dysmenorrhea

- Premenstrual syndrome
- Menorrhagia
- Premenstrual dysthymic disorder

Menopause

Breast

- Abscess
- Carcinoma
- Fibroadenoma
- Fibrocystic disease
- Mastitis
- Evaluation of nipple discharge

Infection

- Salpingitis / tubo-ovarian abscess
- Gonorrhea
- Syphilis
- Chlamydia
- Herpes simplex type II
- Urinary tract infection
- Pelvic Inflammatory Disease

Infertility

Osteoporosis

Uncomplicated Pregnancy

- Prenatal diagnosis/care
- Normal labor/delivery

Complicated Pregnancy

- Abortion
 - Threatened
 - o Inevitable
 - o Missed
 - Habitual
 - o Complete/incomplete
- Abruptio placentae
- Dystocia
- Ectopic pregnancy
- Fetal distress
- Gestational diabetes

- Gestational trophoblastic Disease
- Molar pregnancy
- Multiple gestation
- Pregnancy-induced hypertension
- Premature rupture of membranes
- Rh incompatibility
- Preeclampsia/eclampsia
- Vaginal colonization with Group B streptococcus
- Prolapsed umbilical cord
- Placenta previa
- Postpartum hemorrhage

External Genalita

- Cancer of external genitalia
- Bartholin's or skene's gland cysts
- Condyloma acuminata
- Vulvitis
- Pregnancy-induced hypertension

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for, risk/benefit ratio and interpretation of results for the following:

- Pap smear with pelvic examination
- Perform "routine" deliveries
- Amniocentesis
- Ultrasound (transvaginal and abdominal)
- Fetal monitoring
- Caesarian section
- Hysterectomy (vaginal and abdominal)
- D&C/D&E
- Episiotomy and repair
- Bilateral salpingo-oophorectomy
- Cervical conization
- Cervical biopsy
- Laser surgery
- Colposcopy

PATIENT EDUCATION:

The student will describe the elements and indications of patient education, preventative care and family dynamics concerning the following:

- Management plan
- Disease process
- Disease prevention
- Lifestyle modification
- Nutrition and eating habits
- Exercise and activities
- Family planning and methods of contraception
- Genetic counseling
- Breast feeding
- Instructions on self-breast exam
- Maternal physiologic changes during menstruation and pregnancy
- Normal labor and delivery
- Normal and abnormal pregnancy
- Post-coital contraception
- Rationale and need for referral
- Contraception methods



PHA 265 SURGERY CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

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3 s.h.

COURSE DESCRIPTION:

The Surgery Clerkship will provide opportunities for the student to explore the surgical patient from the aspects of diagnosis, pre-operative, peri-operative and post-operative care. This clerkship takes place on the surgical service of a hospital setting with board-certified surgeons and other health personnel. The student will participate in the daily monitoring of patients, perform diagnostic procedures and assist with surgical management. The student will accompany the preceptor to emergency department consults and participate in surgical clinics as instructed by the preceptor staff. The student will assist in the operating room as required.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Evaluate the surgical patient in the out-patient and emergency settings.
- 2. Perform pre-surgical care.
- 3. Perform care for pre-operative surgical emergencies.
- 4. Participate in operating room care.
- 5. Manage care for post-operative patients.
- 6. Perform procedures as specified by clerkship objectives.
- 7. Integrate knowledge of counseling techniques and patient education.
- 8. Participate in all rounds, conferences, lectures, and call as specified by the site.
- 9. Demonstrate the ability interpret and maintain appropriate surgical records.
- 10. Determine the prognosis and potential complications of surgical diseases.
- 11. Demonstrate the ability to recognize common surgical entities through the use of appropriate physical examination and historical skills and suggest a management plan.

COURSE REQUIREMENTS:

The grade for this clerkship is based on the following components:

End of Clerkship Examination	35%
On-Site Visit or Continuing Medical Education	25%
Assignment	
Preceptor Evaluation	25%
One SOAP note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

• Charles Brunicardi, MD, <u>Schwartz"s Principles of Surgery</u>, 9th edition, McGraw Hill 2010, ISBN – 978-0-07-1547703.

ALTERNATIVE REFERENCE MATERIALS:

• Blackbourne, L.H. <u>Surgical Recall, 6th North American Edition</u>. Philadelphia: Lippincott, Williams & Wilkins. 2011, ISBN-13:9781451176414

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra"s policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstra"s procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. **University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year.** Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Surgical Clerkship are in five parts: clinical knowledge, procedures, preoperative and postoperative assessment, peri-operative and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below.

CARDIOVASCULAR

- Aortic aneurysm/dissection
- Carotid ASHD
- Hypovolemic shock
- Cardiogenic shock
- Intracranial aneurysm/AVM
- Mallory-Weiss tear
- Arterial embolism/thrombosis
- Acute/Chronic arterial occlusion
- Peripheral vascular disease
- Portal hypertension
- Pulmonary embolism
- Thrombophlebitis
- Venous insufficiency
- Venous thrombosis
- Varicose veins
- Ischemic bowel disease
- Cardic tamponade
- Arrhythmias

GENITOURINARY

- Nephro/urolithasis
- Testicular torsion
- Cryptochidism
- Neoplastic diseases

PULMONARY

- Neoplastic disease
- Pneumothorax
 - o Primary
 - Secondary
 - o Traumatic
 - Tension
- Pleural effusion

GASTROINTESTINAL

- Neoplastic disease
- Anal fissure
- Anorectal abscess/fistula
- Pilonidal disease
- Esophagus strictures/varices
- Appendicitis
- Acute/Chronic Cholecystitis
- Bowel obstruction (small and large)
- Cholangitis
- Cholelithisasis
- Constipation
- Fecal impaction
- Diverticular disease
- Mallory-Weiss tear
- Esophageal motility disorders
- Hemorrhoids
- Hernias
- o Hiatal
- Incisional
- o Inguinal
- Umbilical
- Ventral
- Inflammatory bowel disease
- Intussusception
- Meckel's diverticulum
- Ischemic bowel disease
- Pancreatitis
- Peptic ulcer disease
- Volvulus
- Toxic megacolon
- Ulcerative colitis
- Crohn's disease

NEOPLASMS

- Colorectal cancer/ polyps
- Breast mass/cancer
- Pancreatic cancer
- Gastric carcinoma

- Bladder carcinoma
- Lung cancer
- Prostate cancer
- Intracranial tumor
- Renal cell carcinoma
- Hepatic carcinoma
- Testicular carcinoma
- Esophageal carcinoma
- Thyroid carcinoma

MUSCULOSKELETAL

- Fractures
- Spinal stenosis
- Aseptic necrosis of the hip
- Meniscal injuries
- Bone cysts/tumors
- Ganglion cysts
- DeQuervain"s tenosynovitis
- Elbow tendonitis
- Rotator cuff injuries
- Carpal tunnel syndrome
- Epicondylitis
- Herniated nucleus pulposus
- Slipped capital femoral epiphysis
- Osteomyelitis
- Osteosarcoma
- Osteoarthritis

MISCELLANEOUS

- Trauma management
- Thermal burn injuries
- Goiter/neck mass

POST OPERATIVE COMPLICATIONS:

The student should be able to recognize (through appropriate use of historical and physical examination skills) and formulate and create the differential diagnosis and management of the following post-operative complications:

- Acid-base disorders
- Adhesions
- Arrhythmias
- Atelectasis
- Constipation

- Deep venous thrombosis
- Electrolyte disorders
- Fever
- Hematoma/seroma
- Ileus
- Pneumonia
- Pulmonary embolism
- Renal failure
- Urinary retention
- Wound dehiscence/evisceration
- Wound infection

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for, risk/benefit ration and interpretation of results for the following:

- Arterial/venous blood collection
- IV canalization
- Performing EKG/basic interpretation of EKG
- Foley catheter insertion
- Nasogastric tube insertion
- Suture techniques
- Maintain aseptic techniques
- Assisting in the operating room
- Wound dressing
- Wound debridement

PATIENT EDUCATION:

The student will be able to describe, formulate and demonstrate patient education concerning the treatment, disease process and preventative aspects of care to the patient and family members to include the following topics:

- Post operative complications
- Wound care
- Management plan
- Disease process
- Disease prevention
- Lifestyle modifications
- Nutrition
- Exercise
- Rationale and need for referral
- Anticoagulation management
- Analgesic/Pain management
- Analgesic complications/side effects



PHA 270: EMERGENCY MEDICINE CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

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3 s.h.

COURSE DESCRIPTION:

The Emergency Medicine Clerkship will provide the student with opportunities to see a variety of patients with emergent medical complaints or concerns under the supervision of the site preceptor. Students will learn how to establish priorities while diagnosing and treating critically ill patients.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Elicit an accurate, detailed medical history relevant to the diagnosis of the presenting problem.
- 2. Perform focused physical assessments.
- 3. Develop differential diagnoses and treatment plans for these patients.
- 4. State an orderly, succinct case presentation focusing on relevant positive and negative findings elicited in the history, physical and laboratory/diagnostic studies.
- 5. Perform procedures as specified by clerkship objectives.
- 6. Participate in all rounds, conferences, lectures, and call as specified by the site.
- 7. Participate in the management of emergent medical conditions.

COURSE REQUIREMENTS & EVALUATION CRITERIA:

The grade for this clerkship is based on the following components:

End of Clerkship Examination	35%
On-Site Visit or	25%
Interesting Patient Case	
Preceptor Evaluation	25%
One complete SOAP note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

• Judith E. Tintinalli, Tintinalli <u>Emergency Medicine: A Comprehensive Study Guide</u>, 7th edition, McGraw Hill 2011, ISBN - 978-0-07-148480-0

ALTERNATIVE REFERENCE MATERIALS:

- Dubin, D. Rapid Interpretation of EKGs, 6th edition (paperback), 2000. ISBN-13: 9780912912066
- Fitzpatrick, TB et al., <u>Color Atlas and Synopsis of Clinical Dermatology</u>, 6th edition, McGraw-Hill, 2009, ISBN 978-0-07-159975-7.
- Harvey R. et al. Pharmacology 4th edition. Lippincott's Illustrated Reviews, LWW, 2009
- Dehn, R.W. & Asprey, D.P. <u>Clinical Procedures for the Physician Assistants</u>, Elsevier Health Sciences, 2006, ISBN-13:9781416030010
- Bickley, Lynn, <u>Bates' Guide to Physical Examination and History Taking</u>, 10th edition, LWW, 2008, ISBN-13:9780781780582
- Frank H. Netter, <u>Atlas of Human Anatomy: With Netteranatomy.com</u> (Netter Basic Science) (Paperback), 5th Edition, LWW, ISBN-13:978-1-4160-5951-6
- Novelline, R.A. <u>Squire</u> S<u>Fundamentals of Radiology</u>, 6th edition, Harvard University Press, 2004, ISBN-13:9780674012790

USEFUL WEBSITES:

- Society of Emergency Medicine Physician Assistants: http://www.sempa.org
- American Academy of Emergency: http://www.aaem.org/

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra"s policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstras procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. **University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year.** Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Emergency Medicine clerkship are in three parts: clinical knowledge, procedures and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below.

CLINICAL KNOWLEDGE:

Integrate the pathophysiology, epidemiology and genetic factors with historical and physical exam findings to formulate a differential diagnosis and treatment plan for the following disorders (Prognosis and potential complications must be described as well):

DERMATOLOGIC DISORDERS

- Lacerations/abrasions
- Puncture/stab wounds
- Cellulitis/skin infections
- Vasculitis
- Wound management
- Rashes
- Allergic reactions
- First, second, third degree burns (heat, chemical, electrical, radiation.)
- Erysipelas
- Steven-Johnson syndrome
- Toxic epidermal necrolysis
- Erythema multiforme
- Human, animal & insect bites

PULMONARY DISORDERS

- Acute respiratory distress
- Asthma
- COPD
- Chest trauma
- Bronchitis
- Foreign body
- Hemoptysis
- Influenza
- Pleural effusion
- Pneumonia
- Hemothorax

Pneumothorax

- Primary
- Secondary
- o Trauamatic
- Tension
- Pulmonary edema
- Pulmonary embolus
- Tuberculosis
- Lung abscess

CARDIOVASCULAR

Ischemic Heart Disease

- Acute myocardial infarction
- Angina pectoris
 - o Stable
 - o Unstable
 - o Prinzmetal"s/variant

Hypertension

Malignant

Hypotension

Conduction Disorders

- Atrial fibrillation/flutter
- Atrioventricular block
- Bundle branch block
- Paroxysmal supraventricular tachycardia
- Premature beats
- Ventricular tachycardia
- Ventricular fibrillation/flutter

Vascular Disease

• Acute rheumatic fever

- Aortic aneurysm/dissection
- Arterial embolism/thrombosis
- Chronic/acute arterial occlusion
- Giant cell arteritis
- Peripheral vascular disease
- Phlebitis/thrombophlebitis
- Venous thrombosis

Shock

- Cardiogenic
- Anaphylactic
- Hypovolemic
- Endotoxic

Other Forms of Heart Disease

- Cardiac tamponade
- Pericarditis
 - o Acute
 - o Subacute
- Endocarditis
- Pericardial effusion
- Aneurysms

Cardiopulmonary arrest Congestive Heart Failure

ENDOCRINE DISORDERS

- Adrenal crisis
- Hypoglycemia
- Diabetic ketoacidosis
- Diabetes type 1
- Diabetes type 2
- Thyroid storm
- Acid base disturbances
- Electrolyte disorders

GI DISORDERS

- Aortic & abdominal aneurysm
- Appendicitis
- Mallory-Weiss tear
- Abdominal trauma
- Gastroenteritis/Gastritis

- Cholangitis
- Acute and Chronic Cholecystitis
- Cholelithiasis
- Diverticular disease
- Gastrointestinal bleeding
- Hernias
- Hepatitis
- Intestinal obstruction
- Swallowed foreign bodies
- Esophageal obstruction
- Infectious diarrhea
- Mesenteric ischemia
- Pancreatitis
- Peptic ulcer disease/perforated ulcer
- GERD
- Intussusceptions
- Ischemic bowel disease
- Toxic Megacolon
- Fecal impaction

GENITOURINARY DISORDERS

- Epididymitis
- Phimosis & paraphimosis
- Priapism
- Prostatitis
- Pyelonephritis
- Testicular torsion
- Urinary retention
- Cystitis
- Pyelonephritis
- Nephrolithiasis
- STDs
- Orchitis
- Urethritis
- Hydrocele/varicocele

OB/GYN

- Spontaneous/threatened abortion
- Abdominal trauma in pregnancy
- Eclampsia
- Pre-Eclampsia
- Ectopic pregnancy
- Hyperemesis gravidarum
- Ovarian cyst
- Ovarian torsion
- Pelvic inflammatory disease

PSYCHIATRIC DISORDERS

- ETOH abuse
- Substance abuse
- Overdose
- Anxiety disorders
- Personality disorders
- Hyperventilation
- Mood disorders
- Suicidal/Homicidal ideation
- Acute psychotic episode
- Domestic violence issues
- Sexual assault
- Acute reaction to stress
- Child/Elder abuse

INFECTIOUS DISORDERS

- Cellulitis
- Endocarditis
- Erysipelas
- Fungal Infections
- HIV and associated infections
- Parasitic disease
- SARS
- Spirochetal diseases
- Sexually transmitted diseases
- Tetanus
- Cholera
- Diphtheria

- Vaginitis/cervicitis
- Salpingitis
- Dysfunctional Uterine Bleeding
- Sexual assault
- Third trimester bleeding
- Toxic shock syndrome
- Abruptio placentae
- Placenta previa
- Pregancy-induced hypertension
- Premature rupture of membrances
- Salmonellosis
- Shigellosis
- Botulism
- Tuberculosis
- Varicella Zoster
- Influenza
- Rabies
- Infectious diarrhea
- Erythema infectiosum

NEUROLOGICAL DISORDERS

- Bell"s Palsey
- Headaches
- Cervical spine injuries
- Coma
- Epidural and subdural hematomas
- Subarachnoid hemorrhage
- Meningitis
- Seizures disorders
- Status epilepticus
- Alcohol withdrawal seizures
- Delirium
- Change in mental status
- Hepatic encephalopathy
- Encephalitis
- Dizziness/vertigo
- Syncope
- Transient ischemic attack
- CVA
- Cerebral aneurysm

MUSCULOSKELETAL

- Muscle strains, sprains
- Muscle spasms
- Rotator cuff disorders
- Shoulder separations
- Tendonitits
- Osteoarthritis
- Gout
- Spinal injury
- Back strain/ pain
- Cauda equina

HEENT

- Head trauma
- Ocular trauma
- Facial trauma
- Oral trauma
- Corneal Abrasions/foreign bodies
- Hyphema
- Upper airway obstruction
- Orbital cellulitis
- Acute glaucoma
- Acute epiglottitis
- Pharyngitis
- Peritonsillar abscess
- Tonsillitis
- Tympanic membrane perforation
- Conjunctivitis
- Ocular chemical burn
- Blowout fracture Retinal detachment
- Retail vascular occlusion
- Barotrauma
- Epistaxis
- Dental abscess/caries
- Otitis media
- Otitis externa
- Retrophatyngeal abscess
- Upper respiratory infections
- Sinusitis

- Herniated nucleus pulposes
- Low back pain
- Bursitis
- Meniscal/tendoninjuries
- Septic joint
- Carpal tunnel syndrome
- Compartment syndrome
- Felon / paronychia
- Fractures/dislocations
- Costochondritis
- Osteomyelitis

OTHER EMERGENCIES

- Ingestion of poisonous/harmful substances
- Near drowning
- Severe dehydration
- Anaphylaxis
- Electrical injuries
- Frostbite/hypothermia
- Heatstroke
- Smoke inhalation
- Carbon monoxide poisoning
- Gunshot wounds
- Multi-trauma patient

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for, risk/benefit ratio and interpretation of results for the following:

- Venipuncture
- Arteriopuncture (ABG)
- Urinalysis, including microscopic examination
- 12 lead EKG
- Fungal, bacterial and viral cultures
- Intradermal injections
- Subcutaneous injections
- Intramuscular injections
- Tube insertions; urinary catheters/chest tubes/intravenous lines
- Venous cutdown
- Paracentesis
- Joint aspiration or injection
- Endotracheal intubation
- Wound cleaning and debridement
- Suturing: skin, fascial layers of superficial lacerations
- I & D of superficial abscess
- Splint and cast application under supervision
- Lumbar puncture under supervision
- Cardiopulmonary resuscitation
- Administration of nebulizer treatment for asthma

PATIENT EDUCATION:

The student will be able to describe, formulate and demonstrate patient education concerning the treatment, disease process and preventative aspects of care to the patient and family members to include the following topics:

- Management plan
- Disease process
- Disease prevention
- Lifestyle modifications
- Nutrition
- Exercise
- Smoking cessation
- Substance and alcohol use
- Sexual counseling and risk prevention
- Breaking bad news
- End of life issues



PHA 275 LONG TERM CARE CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

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3 s.h.

COURSE DESCRIPTION:

The Long Term Care Clerkship provides students with a working knowledge of the principles of geriatrics and rehabilitative medicine and the opportunity to participate in the practice and care of patients housed in chronic care facilities. Working with board certified physicians and other healthcare providers, students will evaluate patients with a wide variety of illnesses in a long term care facility. The psychosocial issues arising from end of life and debilitation will be stressed.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Elicit an accurate, detailed medical history relevant to the diagnosis of the presenting problem or to the comprehensive evaluation of the patient.
- 2. Perform complete physical assessments.
- 3. Develop differential diagnoses and treatment plans.
- 4. State an orderly, succinct case presentation focusing on relevant positive and negative findings elicited in the history, physical and laboratory/diagnostic studies.
- 5. Perform procedures as specified by the clinical site.
- 6. Integrate knowledge of counseling techniques and patient education to provide counseling to patients.
- 7. Participate in all rounds, conferences, lectures, and call as specified by the site.
- 8. To better understand the health care needs of the elderly or institutionalized patient, including the medical, surgical, psychological, social, and economic factors unique to this patient population.
- 9. Demonstrate the ability to identify normal physiologic aging of the elderly patient.
- 10. Integrate the importance of health care maintenance into the treatment plan for the elderly patient.
- 11. Demonstrate the ability to identify the ethical concerns of the elderly patient.

COURSE REQUIREMENTS & EVALUATION CRITERIA:

The grade for this clerkship is based on the following components:

End of Clerkship Examination	35%
On-Site Visit or	25%
Interesting Patient Case Assignment	
Preceptor Evaluation	25%
One complete history and physical note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

• Jeffrey B. Halter, et al. Hazzard's Geriatric Medicine and Gerontology, 6th Edition, 2009 McGraw Hill, ISBN - ISBN 978-0-07-148872-3

ALTERNATIVE REFERENCE MATERIALS:

• Fauci, A., Braunwald, E., et al. Harrison's Principles of Internal Medicine, 18th edition, McGraw-Hill, 2012, ISBN 978-0-07174889-6.

USEFUL WEBSITES:

- The American Geriatrics Society: http://www.americangeriatrics.org/
- Medscape: http://www.medscape.com/
- World Health organization: http://www.who.int/en/
- Infectious Disease: http://emedicine.medscape.com/infectious diseases

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra"s policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstra"s procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. **University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year.** Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Long Term Care clerkship are in three parts: clinical knowledge, procedures and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below.

CLINICAL KNOWLEDGE:

Integrate the pathophysiology, epidemiology and genetic factors with historical and physical exam findings to formulate a differential diagnosis and treatment plan for the following disorders (Prognosis and potential complications must be described as well):

NEUROLOGOCAL DISORDERS

Altered mental status

Alzheimer's disease

Dementia

- Dementia /Delirium
- Multi-infarct dementia
- Sun downing syndrome

Movement Disorders

- Essential tremor
- Huntington"s disease
- Parkinson's disease

Syncope/dizziness

PSYCIATRIC DISORDERS

Anxiety & Mood Disorders

- Depression
- Anxiety
- Panic disorder
- Generalized anxiety disorder
- Phobias
- Adjustment
- Dysthymic

Insomnia

Eating Disorders

- Obesity
- Anorexia nervosa

Acute reaction to stress

Uncomplicated bereavement

ORTHOPEDIC/RHEUMATOLOGIC DISORDERS

- Osteoporosis
- Fractures /Dislocations
- Strains and sprains
- Tenosynovitis
- kyphosis
- Rheumatoid arthritis
- Osteoarthritis
- Rheumatoid arthritis
- Paget"s disease
- Polymyalgia rheumatica
- Gout/pseudogout

ENDOCRINE DISEASES

- Thyroid disorders
- Diabetes Type II

VASCULAR DISORDERS

- Stroke/cerebrovascular disease
- Transient ischemic attack
- Giant cell arteritis
- Peripheral vascular disease
- Phlebitis/thrombophebitis
- Various veins
- Venous thrombosis

PULMONARY DISORDES

- Pneumonia
- COPD
- Influenza
- Chronic bronchitis

DERMATOLOGIC DISORDERS

- Neoplasms
 - o Basal cell carcinoma
 - Melanoma
 - o Squamous carcinoma
- Acne rosacea
- Herpes zoster
- Decubitus ulcers
- Dermatits
- Drug eruptions
- Cellulitis
- Seborrheic keratosis
- Actinic keratosis

UROLOGICAL DISORDERS

- Incontinence
- Urinary tract infections
- BPH
- Erectile dysfunction
- Sexually transmitted disease in the elderly

HEMATOLOGIC DISORDERS

Malignancies in the elderly

- Lung
- Breast
- Prostate
- Colorectal

Anemia

- Iron deficiency
- Vitamin b12 deficiency
- Folate deficiency

CARDIAC DISORDERS

Hypertension

- Essential
- Secondary
- Malignant

Hypotension

• Orthostasis/postural

Ischemic Heart Disease

- Acute myocardial infarction
- Angina pectoris
 - o Stable
 - o Unstable
 - o Prinzmetal"s/variant

Congestive Heart Failure

Conduction Disorders

- Atrial fibrillation/flutter
- Atrioventricular block
- Bundle branch block
- Paroxysmal supraventricular
- tachycardia
- Premature beats
- Ventricular tachycardia
- Ventricular fibrillation/flutter

Lipid Disorders

GI DISORDERS

- Gastrointestinal bleeding
- Gastrointestinal neoplasms
- Constipation
- Biliary tract disease
- Abdominal infections
- Fecal impaction
- Elderly Nutrition/Deficiencies

OPHTHALMOLOGIC DISORDERS

- Glaucoma
- Cataracts
- Retinopathy
- Macula degeneration

EAR DISORDERS

- Cerement impaction
- Hearing impairment
- Meniere"s disease
- Vertigo

OTHER LONG-TERM CARE ISSUES:

- Elder abuse
- Mobility and immobility
- Falls in the elderly
- Activities of daily living

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for, risk/benefit ratio and interpretation of result of the following:

- Intravenous catheterization
- Venipuncture
- Intramuscular injection
- Subcutaneous injection
- Lumbar puncture
- Nasogastric tube
- Urinary bladder catheterization
- 12 lead electrocardiogram
- Cardioversion
- Endotracheal intubation
- Chest tube insertion
- Joint aspiration and/or injection
- Arteriopuncture for arterial blood gases
- Stool, urine, and gastric contents for occult blood
- Urinalysis, including microscopic examination
- Bedside spirometry
- Pulmonary function tests

PATIENT EDUCATION:

The student will be able to describe, formulate and demonstrate patient education concerning the treatment, disease process and preventative aspects of care to the patient and family members to include the following topics:

- Rehabilitation care
- Palliative care
- Management plan
- Disease process
- Disease prevention
- Lifestyle modifications
- Nutrition
- Exercise
- Smoking cessation
- Substance and alcohol use
- Sexual counseling and risk prevention
- Breaking bad news
- End of life issues
- Loss and debilitation
- Appropriate referral
- Psychosocial dynamics
- Community resources
- Health maintenance issues
- End of life issues
- Polypharmacy issues
- Drug interactions



PHA 280 PEDIATRIC CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

Email: Shannan.Ricoy@hofstra.edu

Tele: 516-463-4233

3 s.h.

COURSE DESCRIPTION:

The Pediatrics Clerkship trains students in the care of children from birth through adolescence. Students will evaluate patients with a wide variety of pediatric illnesses. Acute illness, developmental delay, genetic abnormalities, psychosocial issues, preventive medicine and the care of the well child is explored.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Elicit an accurate, detailed medical history relevant to the diagnosis of the presenting problem or to the comprehensive evaluation of the patient, including the evaluation of a well baby/child/adolescent.
- 2. Perform complete age appropriate physical assessments.
- 3. Develop differential diagnoses and treatment plans.
- 4. State an orderly, succinct case presentation focusing on relevant positive and negative findings elicited in the history, physical and laboratory/diagnostic studies.
- 5. Perform procedures as specified by the clerkship objectives.
- 6. Integrate knowledge of counseling techniques and patient education.
- 7. Participate in all rounds, conferences, lectures, and call as specified by the site.
- 8. Elicit the ability to evaluate and monitor common pediatric problems.
- 9. Demonstrate the ability to recognize developmental abnormalities.
- 10. Demonstrate the ability to administer and recognize when the pediatric patient is due for routine immunizations.

COURSE REQUIREMENTS & EVALUATION CRITERIA:

The grade for this clerkship is based on the following components:

End of Clerkship Examination	35%
On-Site Visit or Interesting Patient Case	25%
Preceptor Evaluation	25%
One SOAP note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

• William W. Hay, Jr., *CURRENT Diagnosis & Treatment: Pediatrics, 20th Edition,* McGraw Hill 2011, *ISBN* - 978-0-07-166446-2

ALTERNATIVE REFERENCE MATERIALS

- Kliegman, R. et al, <u>Nelson Textbook of Pediatrics</u>, 18th edition, Elsevir Science, 2011, ISBN-13:9781437707557
- Fitzpatrick, TB et al., <u>Color Atlas and Synopsis of Clinical Dermatology</u>, 6th edition, McGraw-Hill, 2009, ISBN 978-0-07-159975-7.

USEFUL WEBSITES:

- American Academy of Pediatrics: www.aap.org
- Links to pediatric resources: http://www.generalpediatrics.com/
- Pediatric cases: http://www.hawaii.edu/medicine/pediatrics/pemxray/pemxray.html
- Merck Manual Pediatrics: http://www.merck.com/mmpe/sec19.html
- Pediatric Cardiology: http://pediatriccardiology.uchicago.edu/MP/pcmedprof.htm
- Pediatric Orthopedics: http://www.posna.org/education/StudyGuide/general.asp

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra"s policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstra"s procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. **University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year.** Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Pediatric clerkship are in three parts: clinical knowledge, procedures and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below

CLINICAL KNOWLEDGE:

Integrate the pathophysiology, epidemiology and genetic factors with historical and physical exam findings to formulate a differential diagnosis and treatment plan for the following disorders (Prognosis and potential complications must be described as well):

DERMATOLOGY DISORDERS

- Tinea capitis/corporis/ pedis/versicolor
- Impetigo/Cellulitis
- Eczema
- Candida
- Dermatitis
- Scabies/Pediculosis
- Verrucae
- Molluscum contagiosum
- Scarlet Fever
- Steven-Johnson syndrome
- Allergic reaction and anaphylaxis
- Café-au-late, port wine
- Herald patch
- Mongolian spots
- Hemangiomas
- Scalded skin syndrome
- Diaper dermatitis
- Acneiform lesions
- Exanthems
- Burns

OPHTHALMOLOGICAL DISORDERS

- Conjunctivitis
- Orbital and periorbital cellulitis
- Corneal abrasion
- Strabismus
- Blepharitis
- Chalazion
- Dacryoadenitis
- Ectropion
- Entropion
- Hordeolum

ENT DISORDERS

- Otitis media
 - o Acute/Chronic
 - Serous
 - Supporative
- Otitis externa
- Mastoiditis
- Epiglottitis
- Acute/Chronic Sinusitis

- Exudative pharyngitis
- Diphtheria
- Acute Tonsillitis
- Aphthous ulcers
- Oral candidiasis
- Allergic Rhinitis
- Epistaxis
- Perforated tympanic membrane
- Presentation of ENT foreign bodies

PULMONARY DISORDERS

- Upper respiratory infections
- Pneumonia
- Acute Bronchitis
- Bronchiolitis
- Asthma
- Influenza
- Respiratory syncytial virus
- Laryngotracheobronchitis (croup)
- Pertussis
- Tuberculosis
- Foreign body aspiration
- Hyaline membrane disease
- Cystic fibrosis
- Sudden infant death syndrome (SIDS)

CARDIOVASCULAR DISORDERS

- Congenital heart disease
 - Atrial septal defect
 - o Coarctation of aorta
 - o Patent ductus arteriosus
 - Tetralogy of Fallot
 - Ventricular septal defect
- Acute Rheumatic fever
- Heart murmurs
- Arrhythmias

GI DISORDERS

- GERD
- Gastritis
- Pyloric stenosis
- Colic/feeding problems
- Intussusception
- Volvulus
- Malabsorption syndromes
- Gastroenteritis and dehydration
- Chronic diarrhea
- Appendicitis
- Inflammatory bowel disease
- Constipation
- Hernias
- Meckel"s diverticulum
- Over/Under feeding
- Cow's milk allergy
- Poisoning"s and overdoses
- Vitamin/nutritional deficiencies

GENITOURINARY DISORDERS

- Urinary tract infection
- Wilms' tumor
- Acute glomerulonephritis
- Hypospadias
- Cryptorochidism
- Testicular torsion
- Poststreptococcal glomerulonephritis
- Orchitis

ORTHOPEDIC DISORDERS

- Osteomyelitis
- Congenital hip dislocation
- Slipped capital femoral epiphysis
- Scoliosis
- Osteogenesis imperfecta
- Juvenile rheumatoid arthritis
- Spina bifida
- Legg-Calves-Perthes disease

- Osgood-Schlatter Disease
- Osteosarcoma/Bone tumors
- Nursemaid's elbow
- Sprains/strains
- Fractures/dislocations
- Genu varum/valgum
- Tibial torsion
- Ganglion cyst

NEUROLOGICAL DISORDERS

- Seizure disorders/Febrile seizure
- Meningitis
- Congenital malformations
- Neurofibromatosis
- Neuromuscular disorders
- Headaches
- Head trauma

ENDOCRINE DISORDERS

- Diabetes Type I & II
- Short/Tall stature
- Thyroid disease

GENETIC DISORDERS

- Down Syndrome
- Turner's Syndrome
- Klinefelter's Syndrome
- Prader-Willi Syndrome
- Phenylketonuria
- Common autosomal dominant conditions
 - o Huntington"s
 - o Marfan"s
 - o Dwarfism
- Common autosomal recessive conditions
 - Cystic Fibrosis
 - X-Linked Recessive
 - Duchenne and Becker

- Muscular Dystrophy
- o G6PD

INFECTIOUS DISORDERS

- Viral exanthems
- Bacterial infections
- Hand-Foot-Mouth Disease
- HIV/AIDS
- Hepatitis
- Mononucleosis
- Reye"s Syndrome
- Sexually transmitted diseases
- Respiratory syncytial virus
- Scarlet fever
- Herpes simplex
- Varicella/herpes zoster
- Fifth disease-Parovirus B19
- Parotitis
- Lyme disease
- Herpangina/Coxsacke infections
- Lymphadenopathy/lymphadenitis
- Candidiasis
- Pinworms

HEMATOLOGICAL DISORDERS

- Anemia
- Leukemia/lymphoma
- Bleeding disorder
- Sickle Cell Disease/Trait
- IdiopathicThrombocytopenic Purpura
- Lead poisoning
- Erythroblastosis fetalis

IMMUNOLOGICAL DISORDERS

- Henoch-Shönlein Purpura
- Kawasaki"s Disease

PSYCHIATRIC/BEHAVIOR DISORDERS

- Pica
- Enuresis and encopresis
- Attention Deficit-Hyperactivity Disorder
- Munchausen Syndrome by Proxy
- Child abuse
- Substance abuse
- Tobacco abuse
- Autistic behavior
- Anorexia nervosa
- Bulimia nervosa
- Obesity
- Anxiety disorders

GROWTH & DEVELOPMENT

- Primitive reflexes
- Failure to thrive
- Developmental milestones
- Staging and delays in development in the pediatric patient
- Pediatric nutrition

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for, risk/benefit ratio and interpretation of results for the following:

- Intradermal injections
- Subcutaneous injections
- Intramuscular injections
- Venipuncture
- Wood's lamp
- Fungal, bacterial and viral cultures
- Tympanometry
- Slit lamp exam
- Fluorescein stain
- Electrocardiogram (ECG)
- Urinanalysis
- Lumbar puncture
- Throat culture

PATIENT EDUCATION:

The student will describe the elements and indications of patient education, preventative care and family dynamics concerning the following:

- Management plan
- Disease process
- Immunizations
- Lead screening
- Routine lab studies
- Vision, hearing and speech evaluations
- Anticipatory guidance
- Well child visits
- Safety issses
- Infant feeding and nutrition
- Growth and development
- Teething
- Breast feeding
- Toilet training
- Behavior problems
- Sibling rivalry
- Bedwetting
- Proper hygeine
- Pediatric dosing
- Injury and illness prevention
- Rationale and need for referral



PHA 285 PSYCHIATRY CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

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3 s.h.

COURSE DESCRIPTION:

The Psychiatry Clerkship provides students with a working knowledge of psychiatric diseases. Patient care experiences focus on the diagnosis, treatment and management of patients with psychiatric illness.

COURSE GOALS AND OBJECTIVES:

Upon completion of this clerkship students will be able to:

- 1. Elicit an accurate, detailed medical and psychiatric history relevant to the diagnosis of the presenting problem or to the comprehensive evaluation of the patient.
- 2. Perform a complete physical and psychiatric assessment.
- 3. Develop differential diagnoses and treatment plans.
- 4. Present the patient spertinent findings; focusing on relevant positive and negative findings elicited in the history, physical and laboratory/diagnostic studies in both oral and written forms.
- 5. Perform procedures as specified by the clinical site.
- 6. Participate in all rounds, conferences, lectures, and call as specified by the site.

COURSE REQUIREMENTS:

The grade for this clerkship is based on the following components:

	Percentage of Final Grade
End of Clerkship Examination	35%
On-Site Visit or Interesting Patient Case	25%
Preceptor Evaluation	25%
One complete history and physical note	15%
Three drug cards	

CLERKSHIP BIBLIOGRAPHY:

- Black, Andreasen, <u>Introductory Textbook of Psychiatry</u>, 6th <u>Edition</u>, American Psychiatric Publishing Inc, ISBN-13:9781585623822
- Fauman, MA. <u>Study Guide to DSM-IV-TR</u>. American Psychiatric Publishing, 2001, ISBN-13:9781585620463

ALTERNATIVE REFERENCE MATERIALS:

Manley, MJR. Psychiatry: Clerkship Guide 2nd Edition, Philadelphia: Mosby/Elsevier, 2007, ● ISBN-13:9781416031321

USEFUL WEBSITES:

- American Psychiatric Association: http://www.psych.org/
- Psychiatry Cases: http://priory.com/case.htm

ACADEMIC HONESTY:

Plagiarism is a serious ethical and professional infraction. Hofstra"s policy on academic honesty reads: "The academic community assumes that work of any kind [...] is done, entirely, and without assistance, by and only for the individual(s) whose name(s) it bears." Please refer to the "Procedure for Handling Violations of Academic Honesty by Graduate Students at Hofstra University" to be found at http://www.hofstra.edu/PDF/Senate_FPS_11.pdf, for details about what constitutes plagiarism, and Hofstra"s procedures for handling violations.

ATTENDANCE POLICY:

Students are required to follow the schedule set by their preceptor. Students should arrive at the facility before their scheduled shift, and remain on the site until excused by the preceptor. Students are expected to take call as designated by the preceptor. Students are expected to work weekends and holidays with their team. **University holidays do not pertain to the clinical year. Snow days do not pertain to the clinical year.** Students may not take days off during this rotation. Please refer to the Clinical Year Handbook for further discussion.

LEARNING OBJECTIVES:

The learning objectives for the Psychiatry clerkship are in three parts: clinical knowledge, procedures and patient education. The specific competencies students are to demonstrate upon completion of this clerkship are listed below.

CLINICAL KNOWLEDGE:

Integrate the pathophysiology, epidemiology and genetic factors with historical and physical exam findings to formulate a differential diagnosis and treatment plan for the following disorders (Prognosis and potential complications must be described as well):

Anxiety Disorders

- Panic disorder
- Generalized anxiety disorder
- Posttraumatic stress disorder
- Phobias

Attention-Deficit Disorder

Autistic Disorder

Eating Disorders

- Anorexia nervosa
- Bulimia nervosa Obesity

Mood Disorders

- Adjustment
- Depressive
- Dysthymic
- Bipolar

Personality Disorders

- Antisocial
- Avoidant
- Borderline
- Histrionic
- Narcissistic
- Obsessive-compulsive
- Paranoid
- Schizoid
- Schizotypal

Psychoses

- Delusional disorder
- Schizophrenia
- Schizoaffective disorder
- Somatoform Disorder

Somatoform Disorders

Substance Use Disorders

- Alcohol abuse/dependence
- Drug abuse/dependence
- Tobacco use/dependence

Other Psychiatric Disorders

- Behavior/Emotional Disorders
- Acute reaction to stress
- Child/elder abuse
- Domestic violence
- Uncomplicated bereavement

PROCEDURES:

The student will be able to demonstrate competence to the preceptor, and/or to describe the indications for , risk/benefit ratio and interpretation of results of the following:

- Intradermal injections
- Subcutaneous injections
- Intramuscular injections
- Electrocardiogram (ECG)
- Urinanalysis

PATIENT EDUCATION:

The student will be able to describe, formulate and demonstrate patient education concerning the treatment, disease process and preventative aspects of care to the patient and family members to include the following topics:

- Management plan
- Disease process
- Disease prevention
- Lifestyle modifications
- Nutrition
- Exercise
- Smoking cessation
- Substance and alcohol use
- Sexual counseling and risk prevention
- Loss and debilitation
- Rationale and need for referral



PHA 290 ELECTIVE CLERKSHIP

Clinical Coordinator: Shannan Ricoy, M.S., RPA-C

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Cell phone: 516-509-6470

3 s.h.

COURSE DESCRIPTION:

This course provides the opportunity for students to either explore a medical or surgical subspecialty or to gain an intensive experience in one of the core practice areas of medicine. The Physician Assistant Program must approve placements for this clerkship.

COURSE GOALS AND OBJECTIVES:

- 1. Students are responsible for setting their own goals with their preceptor and with PA Program faculty. The integration of the breadth of knowledge needed for medicine, as well as developing life-long learning skills will guide the student in his/her study.
- 2. Develop a reading list as appropriate for the discipline of study.
- 3. Perform procedures as specified by the clinical site.
- 4. Integrate knowledge of counseling techniques, patient education and preventive medicine as appropriate.
- 5. Participate in all rounds, conferences, lectures, and call as specified by the site.

COURSE REQUIREMENTS:

The grade for elective clerkships is based on the following components:

Preceptor Evaluation	25%
Patient Education Project	50%
Elective PRE and POST Essay	25%

CLINICAL YEAR FORMS

HOFSTRA PHYSICIAN ASSISTANT STUDIES PROGRAM PRECEPTOR EVALUATION FORM

Student Name	Rotation Type & Site											
Preceptor Name	receptor Name Rotation Dates											
(1/5 = poor, 2/3 = below average, 3/3 average, 4/5=good, 5/5 = excellent, Total possible points = 100) Comments												
Medical Interview			N/A	1	2	3	4	5				
Physical Examination			N/A	1	2	3	4	5				
Oral Case Presentation			N/A	1	2	3	4	5				
Patient Record			N/A	1	2	3	4	5				
Utilization of Diagnostic Tests			N/A	1	2	3	4	5				
Interpretation of Diagnostic Tests			N/A	1	2	3	4	5				
Technical Skills/Clinical Procedures			N/A	1	2	3	4	5				
Problem Solving / Clinical Thinking			N/A	1	2	3	4	5				
Fund of Knowledge & Concepts			N/A	1	2	3	4	5				
Application of Knowledge			N/A	1	2	3	4	5				
Assessment / Differential Diagnosis			N/A	1	2	3	4	5				
Ability to Formulate a Follow-up and Manag	gement Pla	an	N/A	1	2	3	4	5				
Ability to Implement a Follow-up and Mana	gement Pla	an	N/A	1	2	3	4	5				
Ability to Work Collaboratively in Interprofessional Teams			N/A	1	2	3	4	5				
Relating to Patients and Colleagues			N/A	1	2	3	4	5				
Understanding of PA Role			N/A	1	2	3	4	5				
Reliability and Dependability			N/A	1	2	3	4	5				
Self-Confidence			N/A	1	2	3	4	5				
Attitude Toward Learning			N/A	1	2	3	4	5				
Professionalism			N/A	1	2	3	4	5				
**For components that r	eceived a	n N/A,	pleas	se add	5 poi	nts w	hen (calcul	ating the to	tal points*	*	
Total Points = GRADE AND <u>CIRCLE</u>	USE	LEGI	END	BELO	W T(O CA	LCU	[LAT]	E OVERAI	L LETTE	R	
GRADE AND <u>CINCLE</u>	Letter Grade	Α		A-		B+		В	B-	C+	С	F
Overall Letter Grade=	Raw Score	100 -	91	90 - 87	86	6 - 83	82	2 - 77	76 - 73	72 - 69	68 - 60	59 or below
			•		,		,					
Overall Competency:												
Preceptor's Signature:	Preceptor's Signature: Date:											
Student's Signature: Date:												



On-Site/Interesting Case Presentation Evaluation Form

Student	Site Visitor									
Rotation Type S	ite					Visit Dates				
Rotation Dates			P	rec	ept	or Name				
	.\\\\\	.\\\\	/////	(////	\\\\\					
SCORING: 0 = Not done, 1/5 = Poor, 5/5 = Excelle	ent									
TOPIC:						<u>COMMENTS</u>				
HISTORY:										
Descriptors included in HPI Clear & concise HPI HPI includes PQRST and chief complaint HPI includes pertinent positive and negatives in HPI	0	1	2	3	4	5				
Clear & concise HPI	0	1	2	3	4	5				
HPI includes PQRST and chief complaint	0	1	2	3	4	5				
HPI includes pertinent positive and negatives in HP	Ι 0	1	2	3	4	5				
PHYSICAL EXAM:										
Focused physical exam-including all components	0	1	2	3	4	5				
Includes pertinent positive & negative PE findings	0	1	2	3	4	5				
LABS/DIAGNOSTIC PROCEDURES:										
Presents pertinent findings	0	1	2	3	4	5				
Understands reason for ordering each test	0	1	2	3	4	5				
Draws appropriate conclusions from findings	0	1	2	3	4	5 5 5				
DIAGNOSIS:										
Addresses both acute, chronic disease & HCM	0	1	2	3	4	5				
Ability to formulate & eliminate differential dx	0	1	2	3	4	5				
Describes pathophysiology of disease state	0	1	2	3	4	5 5 5				
MANAGEMENT:										
Understands pharmacologic therapy	0	1	2	3	4	5				
Discusses appropriate non-pharmacologic therapy	0	1	2	3	4	5				
Addresses disease prevention	0	1	2	3	4	5				
Addresses medications given & possible side effect	s 0	1	2	3	4	5				
Addresses disease prevention Addresses medications given & possible side effect Explains tests & procedures to patient Provides noticet with follow up instructions	0	1	2	3	4	5				
Provides patient with follow-up instructions	0	1	2	3	4	5				
JOURNAL:										
Discusses or writes a summary of article										
Submits supporting journal article (< 5yrs old)	0	1	2	3	4	5				
PROFESSIONALISM:	0	1	2	3	4	5				
TOTAL POINTS										
Faculty Signature:						Date:				



PHYSICIAN ASSISTANT PROGRAM

Mid-Clerkship Evaluation

Please complete this evaluation by the end of the second week of the clerkship. The mid-clerkship evaluation is designed to have students reflect on their strengths and weaknesses at the mid-point of their clerkship. This provides the opportunity for students to obtain the best possible clinical experience and correct deficiencies before the clerkship ends. This tool also provides the program with feedback regarding clerkship quality. This allows for identification of deficiency areas at clerkship sites and early intervention should it be necessary.

ROTATION:						
1- FM 2- Med 3- Ob/Gyn 4- Surg 5- LTC 6- EM 7- Psych 8- Peds 9- Elective:						
ROTATION NUMBER: 1 2 3 4 5 6 7 8 9 ROTATION SITE:						
Please rate the following learning experiences as appropriate to your rotation						
5= superior 4= very good 3= good 2= fair 1= poor N/A = Not Applicable						
Student Self Assessment: How would you rate the following items:						
 Your ability to acclimate and acculturate to the clinical team? Your professional behavior and attendance? 						
3) Your ability to perform histories and administer physical examinations?						
4) Your ability to formulate a differential diagnosis?						
5) Your ability to formulate and implement a management plan?						
6) Your oral presentations?						
7) Your ability to perform clinical procedures?						
Clerkship Site Analysis: How would you rate the following items:						
1) Appropriateness of supervision (ie. is the supervisor adequately supervising patient encounters)?						
2) Opportunity to perform history and physical examinations?						
3) Opportunity to formulate differential diagnosis and management plans?						
4) Opportunity to perform oral presentations?						
5) Opportunity to perform clinical procedures?						
6) Ability for this clerkship to meet the stated learning objectives?						
COMMENTS:						



PHYSICIAN ASSISTANT PROGRAM

Student Evaluation of Program Rotations

The Physician Assistant Program is always interested in improving. Therefore, your input is very important. Please complete this **anonymous** evaluation of your rotation and recommendations on how to improve it.

(Your comments will not, in any manner, affect your final clerkship grade.)
ROTATION:
1- FM 2- Med 3- Ob/Gyn 4- Surg 5- LTC 6- EM 7- Psych 8- Peds 9- Elective:
ROTATION NUMBER: 1 2 3 4 5 6 7 8 9 ROTATION SITE:
Please rate the following learning experiences as appropriate to your rotation as
5= superior 4 = very good 3 = good 2 = fair 1 = poor N/A = Not Applicable
1. Opportunity to interview and examine patients
Opportunity to fine view and examine patients Opportunity to formulate assessments and create management plan
· · · · · · · · · · · · · · · · · · ·
4. Preceptor review of student clinical documentation
5. Quality of performance feedback from preceptor
6. Adequate supervision of students
7. Opportunity to perform clinical procedures
8. Integration of student into part of medical team
9. Quality of teaching
10. Quality of the department conferences
11. Ability of the clerkship to permit student achievement of stated objectives
Please utilize this section for professionally written, constructive comments.
COMMENTS:



STUDENT/PRECEPTOR REVIEW OF CLINICAL OBJECTIVES FORM

Student	of Hofstra University Physician
(NAME)	
Assistant Program has provided me the learning ob	pjectives for this rotation. We discussed in
detail the expectations involved in successfully com-	npleting this rotation.
Preceptor	_
Student	_
Date	



BLOOD BORNE PATHOGEN EXPOSURE FORM

Name:	Date of Report:	
Date of Exposure:	Time of Exposure:	am/ pm
Clerkship Location of Exposure:		_
Brief Description of Exposure: (OMI	IT ANY PATIENT SPECIFIC INFORMATION)	
(Signature a	t end of statement is mandatory)	
Completed institution"s exposure form	Yes No	
Submitted institution s exposure forms		
	SSISTANT PROGRAM STAFF ONLY:	
Reviewed by :	Date:	



PHYSICIAN ASSISTANT STUDIES PROGRAM 2012-2013 CLINICAL YEAR HANDBOOK AGREEMENT FORM

September 2012 Edition

The 2011 Physician Assistant Studies Program Student Clinical Handbook outlines school-wide and program-specific policies and regulations for Physician Assistant Program students in the clinical phase of the program. If the student is in doubt about the intent or content of any of the material in this handbook, it is his or her responsibility to initiate a discussion with their faculty advisor or the clinical coordinator.

I have read and understand the policies, rules and regulations as outlined within the Hofstra University Physician Assistant Program Clinical Year Handbook and agree, without reluctance, to abide by them.

NAME (<i>Signature</i>):		
NAME (Print):		
DATE:		



CALL BACK DAY ENVELOPE CHECKLIST

Please attach this to the front of the CBD manila envelope.

Name:	
Rotation Type:	
□ Yes □ N/A	Clinical Documentation (H&P or SOAP as designated for specific rotation)
□ Yes □ N/A	3 Pharmaceutical "Drug Cards." Please make sure to write your name on all "drug cards."
□ Yes □ N/A	Preceptor End of Rotation Evaluation (in sealed envelope with preceptor name and stamp across the seal)
□ Yes □ N/A	Completed Student Evaluation of Clinical Site
□ Yes □ N/A	Signed Typhon Patient and Procedure Log
□ Yes □ N/A	Copy of Patient Education Project (if applicable)
□ Yes □ N/A	Elective Pre and Post Essay (if applicable)
□ Yes □ N/A	CME Project (if applicable)
□ Yes □ N/A	Health Promotion Project (if applicable)
□ Yes □ N/A	Interesting Patient Case Presentation with Journal article stapled to it (if applicable)
□ Yes □ N/A	All other pending documents (if applicable)



CLERKSHIP SCHEDULE FORM

Complete the following schedule form and fax it to the Program by the Friday of the first week of the clerkship. Program fax number: 516-463-5177.

Student Name: Date: Preceptor Name: Preceptor Telephone:

Clerkship Specialty:					Clerkship Number:				
		you are assig	gned to work on	the following	table. Also	document			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday			
All changes	must be appr								
•			nd make-up date	e)					
ignature					Date				
Signature	:				Date	e			
	the date are that you are Sunday ges to this seall changes nated precess beences (precession)	the date and hours that that you are making up. Sunday Monday ges to this schedule must all changes must be approached preceptor. Absences (please list date	the date and hours that you are assigned that you are making up. Sunday Monday Tuesday ges to this schedule must be submitted all changes must be approved by the conated preceptor. Absences (please list date of absence and absence and all changes must be approved by the conated preceptor.	the date and hours that you are assigned to work on that you are making up. Sunday Monday Tuesday Wednesday ges to this schedule must be submitted to the program All changes must be approved by the clinical coordina nated preceptor. Absences (please list date of absence and make-up date ignature	the date and hours that you are assigned to work on the following that you are making up. Sunday Monday Tuesday Wednesday Thursday es to this schedule must be submitted to the program immediately a fall changes must be approved by the clinical coordinator and this for nated preceptor. Absences (please list date of absence and make-up date) ignature ignature	the date and hours that you are assigned to work on the following table. Also that you are making up. Sunday Monday Tuesday Wednesday Thursday Friday ges to this schedule must be submitted to the program immediately and prior to All changes must be approved by the clinical coordinator and this form needs to nated preceptor. Absences (please list date of absence and make-up date) ignature			



PATIENT EDUCATION PROJECT GRADING FORM

Student Name	Date:	
Rotation: Elective Clerkship	Rotation Number	
Content		
Addresses topic assigned to student		
Demonstrates good research base	1 :	
• Educates classmates on how to teach patients	_	_
Demonstrates effective method for communication of the state of t		
Addresses how to identify those patients thatIs able to answer questions regarding topic	require specific patient e	ducation
is able to answer questions regarding topic		(40)
Written and Other Material		(10)
 Materials potentially able to be used as patien May include but is not limited to poster, pam discussion. Is properly footnoted and referenced if neede Material is presented in a creative fashion Materials are meticulously completed and sul 	phlet, creating a lesson p	lan or small group
D. 14. GL411	_	(30)
Podium Skills		
Interactive, cohesive deliveryGlances at written material but DOESN"T RI	EAD from written meteri	o1
 Rate, tone and pitch of speech 	ZAD HOIII WILLEII IIIaleii	aı
 Organized with good transition 		
 Good movement, use of available space 		
cood movement, and or a value of		(30)
	Final Score:	(100%)
Faculty:		



ELECTIVE CLERKSHIP PRE AND POST ESSAY GRADE FORM

Student Name	Date:	
Rotation Number		
<u>Content</u>		
 Pre Essay Student defines a clear set of goals and of Describes the single most important iter have clarified Discusses expectations on types of patients Reason for choice 	n they would like to experience, ga	
Post Essay (Comment only on the d Describes the most important issue/entity Student is able to critique their own learn post learning Essay is unique and creative States what enjoyed/disliked about the c Discusses "tips" and information gained How goals and objectives were met Discusses student "s initiatives to maxim Comments on discipline not particular of Exercises proper composition skills	y learned at clerkship site ning and is able to compare pre & discipline d from the experience	erkship site)(45%)
Professionalism • Submitted materials on time in a profess	sional manner	(10%)
	Final Score:	(100%)
Faculty:		



FAMILY MEDICINE CLERKSHIP: HEALTH PROMOTION PROJECT

Name:	Date:
improve their own health. As health lifestyles, along with identifying hig chronic illnesses or lifestyle risk fac	ion project is to enable patients to increase control over and neare providers, it is our responsibility to promote healthy the risk patients who can develop complications from their various tors. The objectives of this project are to inform patients about the est and evaluate the effectiveness of their efforts.
	tions and record and reassess the results. Please attach a discusses health promotion issues that relates to one of your
1. Identify and list this patient"s	chronic illnesses and any lifestyle risk factors.
What specific recommendation disease prevention and health	ons or actions did you take to enable patient self-management, promotion?
3. Has your patient been receiving and what was done?	ng continuous health screening from visited facility? If so, when

4.	Reassess the patient and note if any changes were attempted or made after your initial discussions.	

5. Please read your article (<5 years) that discusses one health promotion issue that relates to your patient"s illness(es). Please attach a one-page, typed, double spaced paper summarizing the article and discussing opinions regarding the article.



HEALTH PROMOTION PROJECT GRADE FORM

Student Name D	ate
Rotation Number	
Content	
• Identified and listed patient"s chronic illnesses	and lifestyle risk factors.
 Describes specific recommendations or actions disease prevention and health promotion. 	
 Discusses whether or not patient is receiving co If so, elaborates. 	ontinuous health screening from visited facility.
• Patient is reassessed. Discusses changes made	or attempted
• States, expands and supports main points.	(170.0)
 Exercises proper composition skills. 	(45%)
Research Article	
• Research article current (<5 years)	
 Research article is appropriate for topic 	
 Paper summarizes article 	
Opinions regarding the article are discussed	(450/)
 Exercises proper composition skills 	(45%)
Professionalism	
 Submitted materials on time in a professional n 	(10%)
Final Sco	re:(100%)
Faculty:	



END OF ROTATION GRADE FORM

Name:Site:		
Rotation: 1 2 3 4 5 6 7 8 9 Rotation Type: FM MED OB/GYN SURG LTC EM	PSYCH P	EDS ELEC
The components of the clinical clerkship grade for all clerkships except calculated by the following:	the elective cl	erkship are
	Percentage	Total Points
Preceptor Grade	X 25%	
Clerkship Project/Site Visit/Interesting Patient Case Grade	X 25%	
End- of- Rotation Examination Grade	X 35%	
Clinical Documentation & 3 Pharm Cards Grade	X 15%	
Final Grade	X 100%	
The components of the elective clerkship are calculated by the following:		1
	Percentage	Total Points
Preceptor Grade	X 25%	
Patient Education Project Grade	X 50%	
Pre & Post Essay Grade	X 25%	
Final Grade	X 100%	
USE LEGEND BELOW TO CALCULATE OVERALL LETTER	R GRADE	

В

86 - 83

B-

82 - 80

С

76 - 70

F

DATE:____

C+

79 - 77

Letter

Grade Raw Score A-

92 - 90

Α

100 - 93

B+

89 - 87

OVERALL GRADE: _____FACULTY SIGNATURE: _____

Hofstra University Physician Assistant Program Clinical Year – Clinical Documentation Grading Form 2012-2013

Stude	nt's Name:	Date:	
Facult	ty Evaluator:		Final Grade:
SOAF	P/H&P:		
	Item	Student Value	Maximum Point Value
1.	Introduction		(3)
2.	History Components		(20)
3.	PE		(15)
4.	Assessment		(20)
	(Includes acute, chronic, H	ICM)	
5.	Plan	<u></u>	(20)
	(Patient Education, Follow	Up, Preventive Care)	
6.	Signature		(2)
7.	Overall Evaluation of Note	e	(20)
	(Organization, legibility, c	ompleteness, clarity, spelli	ng, etc)
		Total Points:	X 10% =
Pharr	naceutical Cards:		
	<u>Item</u>	Student Value	Maximum Point Value
1.	Class of medication		(10)
2.	Mechanism of Action		(20)
3.	Indications		(20)
4.	Contraindications		(20)
5.	Side Effects		(20)
6.	Cost of medication		(10)
		Total Points:	X 5%=
Total	Clinical Documentation Gra	de: + Pharm. Points	/15 =
		SUAP/HAP Points Pharm. Points	Final Grade
Facult	ty Signature:		Date:



EVALUATING A PEER-REVIEWED SCIENTIFIC ARTICLE

In which journal was this article published?
What hypothesis is being tested?
Which groups are being compared (ie. describe control group and experimental group)?
What is the primary outcome being measured? How is it measured?
What is the major finding of this study? Is this finding significant?
What is the clinical relevance of this study stindings?
Describe any flaws in the study design.