Hofstra University’s Master of Public Health and The North Shore-LIJ Zucker Hillside Hospital present

**Breaking the Silence:**
Stop the Stigma of Mental Illness

**FIRST ANNUAL EVENT**

Do you know someone who lives with anxiety or depression? How is our society addressing this? Join us for an interactive panel discussion about mental health.

**Tuesday, October 8th 2013**
4:30-6:00 pm

**Student Center Theater**
Mack Student Center, North Campus, Hofstra University

**Panel Speakers**
- Michael Birnbaum, MD, Director, Early Treatment Program, NS-LIJ/Zucker
- Laura Braider, PhD, Behavioral Health College Partnership, NS-LIJ/Zucker
- Hakeem Rahim, EdM, Owner, Live Breathe, LLC
- Andrea Nerlich, PhD, Associate Professor of Counseling and Mental Health Professions, Hofstra University

This event is open to the public. For more information, visit www.hofstra.edu/stigma