

# Hofstra University Continuing Education

## News Release

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## **Hofstra Continuing Education hosts "Women in Career Transition" Conference March 7**

**Hofstra University, Hempstead, NY** – Hofstra University Continuing Education will host a full day conference, “Women in Career Transition: Possibilities, Opportunities and Strategies” on Saturday, March 7, 2009 from 9 a.m. to 4 p.m. at the Hofstra University Mack Student Center. The conference fee is \$75 per person and includes continental breakfast and lunch. To register or for more information, visit [ce.hofstra.edu](http://ce.hofstra.edu) or call (516) 463-7200.

Women of all ages are invited to attend this informative and motivational conference. Participants will leave with a well-grounded action plan to get them started on the path to the next phase of their working lives.

The keynote address, “Personal Branding: Standing Out in a Challenging Job Market” will be delivered by News 12’s Judy Martin. A panel discussion, “When One Door Closes: Taking Charge of Change” will be moderated by Barbara Church-Kattan, director of Graduate Business Career Services, Frank G. Zarb School of Business, Hofstra University. Panelists include Kathy Caprino, author of *Breakdown, Breakthrough*, Annemarie Segaric, author of *Step into the Right Career*, and Valentina Janek, founder of the Long Island Breakfast Club.

Afternoon workshop topics include Balancing Family and Career: New Opportunities for Working Women, Changing Careers: Deciding What to Do Next, Mothers Re-entering the Workforce, Giving Back: Transitioning to Nonprofits, It’s Not Your Mother’s Retirement ... New Options for Baby Boomers, Emotional Aspects of Transitions, Financial Planning for Transitions, Take Charge of Your Job Search, Legal Rights of Employment, and Taking the Entrepreneurial Plunge: Is It Right for You?

Members of the conference planning committee included representatives from the following organizations: Health and Welfare Council of Long Island, Hofstra Law School, Hofstra/Zarb Graduate Business Career Services, Long Island Breakfast Club, L.I. Center for Business & Professional Women, Long Island Coaching Alliance, Long Island Fund for Women and Girls, Long Island Hispanic Chamber of Commerce, Long Island Volunteer Center, Long Island Women’s Agenda, National Association of Mothers’ Centers, Soroptimist International of Nassau County, The Transition Network, The Women’s Financial Group, and the Young Indian Culture Group.

For more information or to register, call (516) 463-7200 or visit [ce.hofstra.edu](http://ce.hofstra.edu).

Hofstra University Continuing Education offers a broad range of workshops, seminars, conferences, lectures, events and courses in professional development, personal enrichment and lifelong learning. Hofstra University is a dynamic private institution where students can choose from more than 145 undergraduate and more than 160 graduate programs in liberal arts and sciences; business; engineering; communication; education, health and human services; and honors studies, as well as a School of Law.

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Photo: Judy Martin, News 12, Keynote Speaker

