



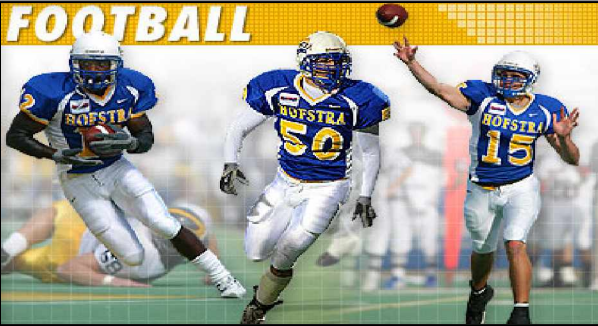
CHEERLEADING TRYOUTS

Sept 6th, 8th, 10th 2006

Cheer for this NCAA Division 1-AA Team at Long Island's largest outdoor sports and entertainment complex! The James M. Shuart Stadium seats 15,000 fans!

Atlantic 10 Football Conference

FOOTBALL



Hofstra Arena – A 93,000 sq. ft. first class facility holding over 5,000 fans! Travel with the Men's B-Ball team to the CAA Tournament in Richmond, VA!

MEN'S BASKETBALL



Hofstra Cheer attends UCA College Camp each summer and the team won 1st place in both the cheer and chant competition in 2005. The Pride also took home the Leadership Award voted by the squads in the Small Co-ed division!

The competition squad competes at the UCA's College National Championship in Orlando, FL, The small co-ed squad has placed in the Top 10 for the past 10 years and won 1st place in 2003 and 2006!!

Hofstra Cheer Highlights:

2006 UCA Small Coed National Champions!

- Scholarships are awarded based on leadership, overall performance and commitment to the program
- University provides all cheer apparel, summer camp, and trip to Florida for competition team
- Entire team performs a Halftime Show at Homecoming!
- Participate in Community events such as the Breast Cancer Walk at Jones Beach
- Host Stunt Clinics and College Prep Clinic!
- Year end banquet with team voted awards
- Opportunity to appear on Morning TV Shows - WB11 and News 12 Long Island



HOFSTRA UNIVERSITY CHEERLEADING

Head Coach: Christine Nowierski
Email: HUCheerCoach@aol.com

TRYOUT INFORMATION / REQUIREMENTS

TRYOUT DATES/TIMES RECREATION CENTER

WED. SEPT. 6 8:30-10:30PM

FRI. SEPT. 8 5:00-7:00PM

SUN. SEPT 10 11:00-12:30PM

Attendance at all 3 sessions is mandatory!

TRYOUT LOCATION

Hofstra University's RECREATION CENTER

Located on the North Side of Campus

Please go to www.hofstra.edu for campus directions

ELIGIBILITY

- You must be registered as a full time student at Hofstra University (min. 12credits)
- You must be able to commit to a full year schedule which includes practices, games, events, etc.
- You must have a GPA of 2.0 or higher

REQUIREMENTS

- Stunting: Flyers, bases and back spotters are all welcomed to tryout
Men and Women need strong stunting skills (Co-ed/All girl tossed stunts preferred)
Co-ed and All girl stunts needed for tryouts will be taught at the first session
- Tumbling: Standing back handspring and Round off back handspring *required*
Standing tuck, handspring tuck, Round off series, tuck, layout and full preferred
- Single toe touch jump, sideline and fight song (taught at tryouts)

WEEKEND ATTIRE

- Females: Sports bra/tank/fitted t-shirt, athletic shorts, cheer sneakers preferred,
hair off the face, game day make-up, NO jewelry
- Males: Fitted T-shirt, athletic shorts, sneakers, well groomed

TRYOUT PREPARATION

- Please contact coach to confirm your attendance at tryouts
- Review team requirements
- Prepare to be in good physical condition to perform your skills and reduce risk of injury
- Attend Practice hosted by Hofstra Cheer (suggested, not mandatory)

TRYOUT PROCESS

1ST Session: Introduction to Hofstra Cheer, All material will be taught

2nd Session: Personal Interview, Material Review, Tryout Demonstration

3rd Session: Participants will tryout in groups of 3

*Judging will be based on demonstration of skills, overall impression, & personal interview