

HOFSTRA UNIVERSITY®

HEMPSTEAD, NEW YORK 11549



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Hofstra University



Summer Camps  
**Parent Handbook**  
for Specialty Camps  
and Sports Academy Camps

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[www.hofstra.edu/camp](http://www.hofstra.edu/camp)

Dear Parents,

We look forward to welcoming your child to Hofstra Summer Camps. We ask that you read through the information contained in this handbook before your child begins camp. It provides you with the information you need to ensure a safe, fun experience for your child this summer.

The camp experience is a rich environment full of exciting new beginnings, new friends and new achievements, combined with new growth and independence. The essence of camp is the presence of supportive relationships, meaningful opportunities, and challenging activities in a physically and emotionally safe environment. It is a place designed for children, where they can explore and discover an important rite of passage for today's children.

Camp gives children opportunities for safe risks, enabling them to take chances and reach new heights. Camp nurtures curiosity and invites creativity, which are precursors to discovery and growth. We intuitively know that in order for children to become healthy, productive citizens, they will need to be able to navigate the world in which they live. We understand, as parents, that if a child is to achieve success, he or she must be able to exercise mind, body and soul.

Giving your child the gift of camp is sure to create many treasured memories for your entire family.

Best regards,  
Terry Ryan, Director  
Fran Bruscano, Associate Director

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## GRATUITIES

### Tipping ... The No. 1 Question

This is a personal decision. It should be based upon your child's accomplishments and your personal feelings.

### Questions you may want to ask yourself:

- ▶ Does my child talk about his/her counselor?
- ▶ Does my child talk about what he/she does during the day?

### Specialty Camp

First, decide how much you want to tip in total. Then you may choose to divide that amount in any way among your child's counselors. Each session, your child's specialty, recreation and swim counselor will place fliers in the child's backpack with their names on it. The recreation and swim counselor remain the same for the duration of camp; therefore, their gratuities can be sent in at the end of each session or at the end of your child's stay at camp, whichever works best for you.

### Sports Academy Camps

Please ask your child to give the envelope to his or her counselor at the end of each session.

We provide the following *suggestions* based upon a two-week session:

Cub Counselor	\$20 per week
Recreation Counselor	\$10 per week
Specialty Counselor	\$10 per week
Swim Counselor	\$10 per week
Sports Camp Counselor	\$10 per week
Bus Counselor (where applicable)	\$5 per week
Bus Driver	\$5 per week (Drivers and routes are subject to change each session.)

**Session 4** – Your camper's staff will change.

### When should I tip?

If your camper is changing his or her **specialty or sports camp** each session, we suggest that you send an envelope at the end of each session. Have your child's name and recreation group on the front of the envelopes so that he or she may give it to the recreation and swim counselors personally, or you may have your child give it to the director, who will distribute it to the counselors accordingly.

## WHAT NOT TO BRING TO CAMP

- Do not send your child with jewelry or any electronics (Walkman, CD player, MP3 player, iPod, Game Boy, etc.).
- Pocket knives and weapons of any kind are strictly prohibited.
- Alcohol, tobacco and drugs are strictly prohibited, except prescription medications in original containers left with our nurses.

**Hofstra is not responsible for lost or stolen items.**

## PICKING UP YOUR CHILD EARLY

You **must** notify the camp office in order to pick up your child early from camp, so we can tell the child's bus line counselor that he or she will not be taking the bus home. You **must** sign out your child.

Please review the following:

- Morning pickup; campers may be picked up only at 11:30 a.m.
- Afternoon pickup; please see below for each camp's specific afternoon pickup time and location.
- Please do not arrive before the designated time to pick up your child.
- Please be patient for early pickups.

**ARRIVAL BEFORE THE DESIGNATED TIME WILL RESULT IN UNNECESSARY DELAY OF DISMISSAL AND MAY PREVENT THE SAFE, SCHEDULED DEPARTURE OF OUR CAMP VEHICLES.**

### **Sessions 1, 2 and 3**

Below you will find specific pickup areas and times for all our Sports Academy Camps and Specialty Camps for Sessions 1, 2 and 3 only.

Specialty Camps	Physical Fitness Center, North Campus	3:45 p.m.
Chris Dotolo Baseball Camp	Physical Fitness Center, North Campus	3:45 p.m.
Tom Pecora Basketball Camp	Hofstra University Mack Sports and Exhibition Complex, North Campus	3:30 p.m.
Krista Kilburn-Steveskey Basketball Camp	Physical Fitness Center	3:45 p.m.
Seth Tierney Lacrosse Camp	Shuart Stadium/ Howdy Myers Pavilion, South Campus	3:30 p.m.

### **Session 4**

If your camper is enrolled in any of the Sports Academy Camps or our Specialty Camp during Session 4, the arrival, dismissal and pickup location for your child early is at HOFSTRA USA, North Campus!

## GENERAL INFORMATION

If you wish to contact us during the camp season, please call the camp office at (516) 463-CAMP (2267).

If your child is enrolled in one of our Sports Academy Camps, you may direct any questions to the appropriate coach:

Chris Dotolo for Baseball Camp	(516) 463-5065
John Corso for Tom Pecora Basketball Camp	(516) 463-6204
Krista Kilburn-Steveskey for Basketball Camp	(516) 463-6754
Joe Amplo for Lacrosse Camp	(516) 463-6617

### **PERMISSION TO PARTICIPATE**

When you signed your child's medical form, you gave permission for your child to participate in all camp activities as described in our brochure. If you wish for your child to be restricted from any activity, please notify us in writing prior to your child's camp session.

Please note that is not our policy to force any child to participate in an activity. We will do our best to make the activity enjoyable so that your child will wish to participate.

### **OFFICE HOURS**

The camp office is open year-round, Monday through Friday from 9 a.m. to 5 p.m.

### **CAMP HOURS**

During the months of July and August, our office is open Monday through Friday from 8 a.m. to 6 p.m. We are closed July 4 (national holiday).

### **BUS TAGS**

Please have your child wear the bus tag on the first day of each session. The bus tag will list your child's sports camp or specialty title, recreation group number and bus number. Please inform your child of the bus number so he or she knows to remember it each day. The bus tag is sent the week prior to each session; bus numbers and routes may change each session.

### **ABSENCES**

When the bus arrives, please wave the bus on so the driver knows not to wait for your child. You may leave a message at (516) 463-6514. Campers are not permitted to change or make up days missed from the regularly scheduled camp session. There is no credit or refund for missed days.

## **AMERICAN RED CROSS INSTRUCTIONAL SWIM PROGRAM**

Most of our camp families strongly desire instruction in swimming for their children. We provide American Red Cross instruction every day with some free time swim for campers enrolled in specialty camp. Please send a note if you do not wish for your child to participate in instructional swim. Campers enrolled in our sports academy camps, with the exception of Chris Dotolo Baseball Camp, have the option of free time swim.

## **VISITING**

We do not have special visiting days at Hofstra Summer Camps. You are welcome to observe your child during his or her swim period from the observation deck at the Swim Center. Please call to let us know when you are coming and to find out when your child will be swimming.

## **EARRINGS**

We cannot allow campers to participate in any possible contact sport while wearing earrings. The damage to a child's ear when hit by a ball can be significant if the child is wearing earrings.

## **EYEGASSES**

Campers play sports (baseball, basketball, lacrosse) that could lead to a broken pair of eyeglasses. We suggest that your child wear safety glasses (i.e., Rec Specs). We cannot be responsible for broken eyeglasses.

## **MEDICAL CONCERNS**

All campers are required to have a completed Hofstra Summer Camps medical form on file before camp begins. Please be sure that you complete the medical history and your physician completes the physical examination. Please provide us with as much information as possible concerning your child's health history, allergies, medications, and any special needs. All medical forms must include an up-to-date immunization record and emergency contact information, and must be signed by a parent or legal guardian.

## **MEDICATIONS**

All prescription medications in their original labeled containers must be brought to the camp infirmary on Thursday, June 28 (1-3 p.m.) or Friday, June 29 (10 a.m.-noon) prior to the opening of camp. They will be stored in our infirmary and administered as prescribed by your physician on your child's medical form. Non-prescription medications such as Tylenol or Benadryl may be administered only with the signed approval of your physician. Campers are not permitted to carry medication at any time.

# **WHAT TO BRING TO CAMP**

## **SPECIALTY CAMPS**

Each camper should wear daily: Cotton T-shirt, athletic shorts, sneakers and sweat socks. Bring a bathing suit, towel and water bottle in a waterproof backpack. Younger campers are urged to wear their bathing suits under their shorts to save time changing for swim. Sandals are inappropriate footwear for camp.

Children enrolled in the following specialties must bring:

Baseball Camp — A baseball glove and hat are required.

Soccer Camp — Shin guards are required. Cleats are optional.

Tennis Camp — A tennis racket is required. Athletic sneakers are acceptable, except those with black bottoms.

**Please label all items with the child's first and last name.**

**Hofstra is not responsible for lost or stolen items.**

## **SPORTS ACADEMY CAMPS**

### Chris Dotolo Boys and Girls Baseball Camp

Each camper should wear daily: Baseball Hat, baseball shoes or sneakers, sweat socks, baseball pants (optional) or shorts and a T-shirt. Bring a water bottle and baseball glove.

### Tom Pecora Boys Basketball Camp

Each camper should wear daily: Cotton T-shirt, athletic shorts, sneakers and sweat socks. Bring a bathing suit, towel and water bottle in a waterproof backpack. Younger campers are urged to wear their bathing suits under their shorts to save time changing for swim.

### Krista Kilburn-Steveskey Girls Basketball Camp

Each camper should wear daily: Cotton T-shirt, athletic shorts, sneakers and sweat socks. Bring a bathing suit, towel and water bottle in a waterproof backpack. Younger campers are urged to wear their bathing suits under their shorts to save time changing for swim.

### Seth Tierney Boys Lacrosse Camp

Each camper should wear daily: Cotton T-shirt, athletic shorts, sneakers and sweat socks. Bring a lacrosse stick, helmet, shoulder pads, arm pads, mouth-piece and athletic supporter. Bring a bag with a bathing suit, towel and water bottle. Storage for your child's equipment will be provided.

**Please label all items with the child's first and last name.**

### **QUEENS COUNTY AND SUFFOLK COUNTY AREA PICKUPS**

There are designated area pickup points on or near the Nassau County border. Visit [www.hofstra.edu/camp](http://www.hofstra.edu/camp). Click on Transportation for more detailed information.

### **DEAD-END STREETS OR CUL-DE-SACS**

Parents must contact the transportation office to make arrangements for pickup or drop-off on a dead-end street or cul-de-sac. Families that live on dead-end streets or cul-de-sacs MUST meet the bus at the corner of the block for pickup and drop-off.

### **DISMISSAL PROCEDURES**

Once all the early pickups are dismissed, staff members will take attendance of each and every bus line and will escort your child to the designated bus.

### **SAFETY RULES FOR VANS AND BUSES**

- Approximate pickup time is between 7:45 and 8:30 a.m. (some bus routes may be earlier).
- All campers transported in vans and buses must be seated and should wear seatbelts.
- No camper should ever put his or her head or arms out of the window.
- All campers must listen to the driver and/or bus counselor.
- Campers should keep their voices down so that the driver may concentrate on the road.
- Please be on time.
- Walk up and down steps of the van or bus carefully.
- Departure time from Hofstra University is approximately 4:15 p.m.
- Each camper must have the same pickup and drop-off address.
- Bus routes and drivers may be changed each session.
- We will not reroute buses in order for campers to be with friends.
- Vans do not have counselors; drivers supervise.

### **MEDICAL NOTIFICATION**

It is our policy to notify you if your child becomes ill during the camp day or suffers an injury other than minor bumps, bruises, or scrapes.

### **SAFETY PROCEDURES**

- Certified athletic trainers monitor air quality.
- Campers are given ready access to water at frequent intervals.
- Whenever possible, we bring outdoor activities into air-conditioned facilities, or to cool, shaded areas.

Our first concern is for your child's safety; therefore, we reserve the right to take the following actions in very hot weather:

- Reduce physical activities.
- Substitute sedentary activities for sports.
- Provide activities unrelated to your child's specialty, e.g., movies.

### **TICKS AND LYME DISEASE**

To avoid tick bites and Lyme disease, the New York State Department of Health recommends that you check your child for ticks daily. Light-colored clothing is also recommended.

### **SUNSCREEN**

The use of sunscreen is highly recommended by our medical staff and the New York State Department of Health. It is best to apply sunscreen on your child before he or she leaves home in the morning. You may wish to send along additional sunscreen to be applied later in the day. We keep an emergency supply at camp.

### **LICENSING**

Hofstra Summer Camps is licensed and inspected by the New York State Department of Health. Inspection records and permit are filed with the New York State Department of Health.

### **ACCREDITATION**

Hofstra Summer Camps is proud of its accreditation by the American Camp Association (ACA). Only one in four camps nationwide achieve this accreditation. ACA is the only national organization that accredits camps based on compliance with established standards in site and facilities, health, staff, program transportation, operational management and aquatics.



### **EXTENSIONS (adding a session)**

Parents wishing to add a session to their child's stay at camp should contact the camp office. Extensions will be given only when space is available.

### **INAPPROPRIATE BEHAVIOR**

Hofstra Summer Camps reserves the right to dismiss any camper who acts in an inappropriate or detrimental manner. If your child is dismissed from camp for inappropriate or detrimental behavior, a prorated refund will be granted based on the amount of time your child has spent at camp.

### **TAX I.D.**

For those families who declare a child care deduction on their taxes, our tax I.D. number is 111-630-906.

## **LUNCH**

### **LUNCH FOR SPECIALTY CAMPS**

Lunch is served daily at Hofstra University dining facilities.

#### **Lunch Menu**

*Each child has a daily choice of sandwiches, bagels, hot entrees, unlimited salad and fruit bar, vegetables and dessert.*

#### **Hot Entrees** (one every day)

Pizza, chicken nuggets, grilled cheese, macaroni and cheese, spaghetti and meatballs (served separately), fried chicken and fish sticks.

#### **Vegetables** (served every day)

French fries or potato-tots, carrots, corn or green beans.

#### **Sandwiches** (served every day)

Turkey, roast beef, tuna, cheese, peanut butter and jelly, hamburgers, hot dogs, bagels and yogurt.

#### **Fruit Bar** (served every day)

Bananas, pears, sliced oranges, sliced cantaloupe or sliced watermelon.

#### **Salad Bar** (served every day)

Fruit cocktail, fresh raw vegetables (tomatoes, cucumbers, broccoli, carrots, cauliflower), tossed salad, bean salad, macaroni salad, potato salad, black olives, sunflower seeds, cottage cheese, croutons and salad dressings.

#### **Beverages** (served every day)

Skim milk, milk, chocolate milk, punch, iced tea, lemonade, orange and apple juice.

#### **Desserts** (one every day)

Ice cream, Italian ices, brownies and pudding.

### **LUNCH FOR SPORTS ACADEMY CAMPS**

Lunch is served daily in Hofstra University's dining facilities and includes a full variety of hot entrees, sandwiches, hamburgers, hot dogs, french fries, salad, dessert and assorted beverages (available every day).

## **TRANSPORTATION**

**463-6514 or 463 - 6287 (OPEN 7 A.M.-6 P.M.)**

Campers being picked up by vehicles provided by Hofstra Summer Camps will arrive at camp at approximately 9 a.m. Departure of camp vehicles is approximately 4:15 p.m.

If you are providing your own transportation to camp, please plan to arrive between 8:30 and 8:50 a.m., and park your car in the lot across from the Physical Fitness Center. Walk your child into the PFC and go to the far left end of the gym; campers must be signed in by parents. Our staff will escort your child to his/her area. Campers should be picked up from camp at 3:45 p.m. Please see below for designated pickup areas for specialty day camps and sports academy camps.

The bus driver will leave a welcome letter in your mailbox with an approximate pickup time a few days prior to each session. Please have your child ready so we can avoid delays.

### **ARRIVAL PROCEDURES**

Buses will arrive at Hofstra at approximately 9 a.m. Our staff will meet the bus at the Physical Fitness Center. Hofstra Summer Camp staff will escort your child to his or her area. Please inform your child of their bus number so he or she knows to remember it each day; bus numbers and routes may change each session.

### **NASSAU COUNTY PICKUPS**

Door-to-door transportation is provided in most areas of Nassau County. Nassau County residents residing in certain outlying areas (Bayville, Lattingtown, Mill Neck, Manor Haven, Cove Neck, Kings Point, Locust Valley, Oyster Bay Cove, Laurel Hollow, Matinecock and Sands Point) have area pickups. Please contact the transportation office at (516) 463-6514 to determine your camper's area pickup.

### **QUEENS COUNTY**

Door-to-door transportation is provided in designated areas in Queens (Little Neck, Rosedale, Bellerose, Floral Park, Cambria Heights, Douglaston, Queens Village and Bayside). All other locations are served by area pickups. Please contact the transportation office to determine your camper's area pickup.

### **SUFFOLK COUNTY**

Area pickups only. Please contact transportation office.