

Please print clearly.

ALUMNI ID #: 7 \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_

Date of Membership: \_\_\_\_\_ Membership Expiration Date: \_\_\_\_\_

Name: \_\_\_\_\_  
Last First

Address: \_\_\_\_\_  
Street City State ZIP

Preferred Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

### Membership Information (select one):

☐ **INDIVIDUAL ACADEMIC YEAR MEMBERSHIP: \$300 per person**

*This membership is valid September 1, 2023, to May 31, 2024.*

☐ **INDIVIDUAL FALL OR SPRING MEMBERSHIP: \$175 per person**

*This membership is valid September 1 to December 31, 2023, or January 1 to May 31, 2024.*

☐ **OPTIONAL ACADEMIC YEAR MEMBERSHIP ("PLUS 1 OPTION"): \$540 (joint membership)**

*This option is available for current spouses/domestic partners of alumni, and is valid September 1, 2023, to May 31, 2024.*

☐ **OPTIONAL FALL OR SPRING MEMBERSHIP ("PLUS 1 OPTION"): \$300 (joint membership)**

*This option is available for current spouses/domestic partners of alumni, and is valid September 1 to December 31, 2023, or January 1 to May 31, 2024.*

#### Plus 1 Option (for spouse or domestic partner only)

Name: \_\_\_\_\_  
Last First

Preferred Phone: \_\_\_\_\_ Email: \_\_\_\_\_

\*The membership period for the 2023-2024 academic year begins September 1, 2023, and ends May 31, 2024.

### HOFSTRA UNIVERSITY FITNESS CENTER ACKNOWLEDGMENT AND WAIVER

I, \_\_\_\_\_, the undersigned, acknowledge and agree that my voluntary use of the David S. Mack Fitness Center ("Facility") involves vigorous physical activity, and that I have consulted my personal physician, who has certified that I am fit to participate. I further acknowledge and agree:

1. I understand, recognize, and acknowledge that the risk of injury from the activities in this Facility is significant, including accident, physical or mental injuries, property damage, permanent paralysis, and death. I further acknowledge that I have been made aware of, understand, and am required to follow all Facility health and safety rules to prevent injury and infectious disease. I understand that while specific rules, equipment and personal responsibility may reduce the risk of serious injury or illness, I knowingly and freely assume all such risks, known and unknown, including injury to person and property, even those arising from the negligence of others, and I assume full responsibility for my participation and use of the Facility.
2. It is my responsibility to ask questions of management about any aspect of the Facility that has not been explained to my satisfaction. I have been informed of and willingly agree to comply with the stated and customary terms and conditions for participation. If I observe any unusual significant hazard during participation, I understand that it is my responsibility to remove myself from participation and bring such to the attention of the nearest official immediately.
3. I am voluntarily using the Facility, including using the equipment and machinery and or attending classes, with knowledge of the dangers involved.
4. I understand that I am solely responsible for any and all expenses related to injuries and/or loss or damage of personal property incurred in connection with my use of the Facility.
5. In consideration of being permitted to participate in activities and utilize the Facility, I, for myself, and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby RELEASE, INDEMNIFY, AND HOLD HARMLESS, HOFSTRA UNIVERSITY, its trustees, directors, officers, employees, servants, representatives, and agents from and against any and all claims, losses, damages, expenses (including attorneys' fees, and all court and litigation costs), and liability (including statutory liability), resulting from injury and/or death of any person or damage to or loss of any property arising out of my participation at and use of the Facility.

☐ I hereby warrant that I am eighteen (18) years of age or older and competent to contract in my own name insofar as the above is concerned.

☐ I have read this release of liability and assumption of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

Alum Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Spouse/Domestic Partner Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# David S. Mack Fitness Center Policies

## PLEASE READ CAREFULLY.

- Alumni must present a valid Hofstra Alumni Card to purchase a membership to the David S. Mack Fitness Center at Hofstra University. Alumni wishing to purchase a Plus 1 membership for a spouse/domestic partner must present valid proof of relationship. A valid membership card must be presented to gain entry to the Center upon each visit. Exceptions will not be made.
- Alumni members and spouses/domestic partners cannot sign in guests.
- Members may utilize the David S. Mack Fitness Center during standard hours of operation unless otherwise noted. Please note that the Fitness Center follows Hofstra's academic year calendar and will have modified hours and/or closures during certain times of the year (such as major holidays, winter intersession, spring break, and summer).
- Members are not permitted to participate in any recreational event or intramural program. Participation in other daily activities is permitted, with the exception of personal training.
- The David S. Mack Fitness Center is primarily a student facility. University and student events will, at all times, take priority, and the entire facility or designated areas are subject to closure without advance notification.
- Transfer of memberships is prohibited, and no refunds will be given.
- Private instruction is prohibited in all areas of the facility.
- Proper gym attire is required in designated areas (weight room and gymnasium).
- Locker usage is available on a daily basis only. Padlocks are strongly recommended to secure valuables. Locks left overnight will be removed. Hofstra University and its staff are not responsible for lost or missing items.
- The following are not permitted within the facility: smoking, filming/photography/audio recording, and solicitation of any material.
- All patrons are expected to exit the facility 10 minutes prior to closing daily.
- Hofstra University reserves the right to revoke membership privileges at its discretion; membership fees will not be refunded.

*Please become familiar with all other rules and regulations posted throughout the facility.*