

B.A. in Psychology Advisement Worksheet

(for students beginning at Hofstra in Fall 2013 or later)

Student's Name: _____ Anticipated Graduation Date: _____

Need advisement? Please read the instructions in our “how to” sheet to figure out who to contact for what. Click on “How to Schedule an Advising Appointment” on our advisement blog:

<http://hofstrapsychadvising.wordpress.com>

- ➔ Check our advisement blog for additional announcements & information
- ➔ Follow the Hofstra Psych club on Facebook, Instagram, or Twitter for information about upcoming meetings

Psychology Major Requirement Overview

GETTING STARTED

- **Introduction to Psychology (PSY 1: 3 or 4 credits):** This is the first course most psych majors take. Some will earn credit through AP courses or transfer credits. There are no pre-requisites.

THE RESEARCH SEQUENCE

- **Statistics (PSY 40: 4 credits):** Psychology has its own type of math, and it's a good idea to take this course relatively early so that it doesn't hold you back from completing other requirements. There are two pre-reqs to complete first – PSY 1 and one of these Math courses (Math 8, 40, 45, 50, 61, 61A, 71, or 72, or BAN 001). You must complete this course to be able to register for Research Methods.
- **Research Methods & Design (PSY 141: 4 credits):** Building on what you'll learn in Statistics, this course will introduce you to the methods and tools psychologists use to conduct and interpret our research. The pre-req is PSY 40, and you'll need to complete this course to be able to register for a Research Seminar. For those students taking the course during the semester, the course is Writing Intensive (WI) and requires WSC 002 as an additional prerequisite.
- **Research Seminars (PSY 190/192/194/196/197/198/199: 4 credits):** Think of these courses as advanced research methods in a specific field of psychology. Building on what you've learned in Statistics, Research Methods, and your electives, this course is the final piece of your research methods training and a good preview of graduate school. The pre-reqs you must complete before this course include PSY 141 and the specific electives required for the particular Research Seminar (on reverse). The tricky part is that some of the Research Seminars are only offered once per year, the classes are capped at 18 students, and the longer class times can be difficult to schedule. It's to your benefit to complete the pre-reqs for multiple seminars so that you have options. It is NOT possible to take 141 or another pre-req and a seminar at the same time, so do plan ahead to avoid delaying your graduation.

PSYCHOLOGY ELECTIVES

- **The Essentials (course options listed on reverse: 3 credits each):** You must complete 4 courses from The Essentials, which represent the fundamental areas of psychological science. You can choose any four classes you wish, so long as you take at least one class from each of the 3 categories. Keep in mind that many of these courses are not offered every semester, and very few are offered in the summer. The only pre-req for these courses is PSY 1, but these classes tend to be more rigorous than Specialty/Applied Electives. It is a good idea to spread these courses across a few semesters and avoid trying to take them all at once. Be sure to select Essentials that are pre-reqs for the Research Seminars you'd like to take.
- **Specialty/Applied Electives (course options listed on reverse: 3 credits each):** You also get to choose 2 Specialty/Applied Electives, which represent more narrowly focused or applied fields of psychology compared to the Essentials. Some of these courses fulfill BH requirements. You can substitute additional Essentials (beyond the 4 required) for Specialty/Applied Electives if you prefer. It is also possible to earn these credits by completing an Independent Study, Honors Thesis, Research Experience course, or an Internship (arranged on a case-by-case basis).

(Last updated August 2019)

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