

Bachelor of Science, Exercise Science and Master of Public Health, Accelerated Program

ADMISSION PROCEDURES

Sophomore/Junior Year:

1. Confer with Undergraduate Program Director to discuss your interest in the accelerated program (including the planned program of study) and to review and sign off on all required admission forms, including the Accelerated Application and Accelerated Program Waiver/Substitution Form. Contact Sr. Assistant Dean Nicolle Tumminelli (Nicolle.T.Tumminelli@hofstra.edu) for appropriate forms.
2. Once completed, submit all materials, including the abovementioned forms and all admission materials required by the graduate program director, to Sr. Assistant Dean Tumminelli. Additional admission requirements are:
 - a. Applicants must be in good academic standing with a minimum GPA of 3.0.
 - b. Interview with the Graduate Program Director and other program faculty member may be required.
 - c. Two letters of recommendation from employers or faculty members.
 - d. Brief essay discussing career goals, interests and experiences.
 - e. Current resume.
3. You will be contacted for an interview by the Graduate Program Director.
4. If accepted, you will then receive a letter confirming your acceptance to the accelerated program from the Graduate Program Director.
5. **Note:** Students seeking full matriculation into Hofstra University's Master of Public Health Accelerated Program will be conditionally accepted with full matriculation granted once satisfactory GRE scores are submitted.

Senior Year:

Once you successfully complete your senior year courses and your undergraduate program of study, you will receive an official acceptance letter from Graduate Admissions.

ACCELERATED DEGREE PROGRAM REQUIREMENTS:

- Students must satisfactorily complete all Hofstra University requirements for the Bachelor of Science, Exercise Science including at least 63 s.h. in liberal arts course and a minimum 3.0 GPA. Please refer to the program's degree requirements as listed in the online University bulletin (bulletin.hofstra.edu).

- Students must satisfactorily complete all Hofstra University requirements for the Master of Public Health with a minimum 3.0 GPA. Please refer to the program's degree requirements as listed in the online University bulletin (bulletin.hofstra.edu).

SAMPLE PLAN OF STUDY IN THE ACCELERATED PROGRAM:

Term: Fall Year One			Term: Spring Year One		
<i>Course Number & Title</i>	Cr.	LA	<i>Course Number & Title</i>	Cr.	LA
WSC 001: Composition	3	3	WSC 002: Composition	3	3
RHET 001: Oral Communication (CP)	3	3	PSY 001: Introduction to Psychology	4	4
HPR 010: First Aid and Safety or HPR 011: Emergency Response for Healthcare Professionals	3		HPR 161: Care and Prevention of Athletic Injury	3	
Humanities Elective (Select with advisement.)	3	3	SOC Elective (Select with advisement.)	3	3
Liberal Arts Elective (Select with advisement.)	3	3	HPR 070: Epidemiology	3	
Term credit total	15	12	Term credit total	16	10

Term: Fall Year Two			Term: Spring Year Two		
<i>Course Number & Title</i>	Cr.	LA	<i>Course Number & Title</i>	Cr.	LA
HSCI 103 Anatomy and Physiology I	4	4	HSCI 105: Anatomy and Physiology II	4	4
HPR 106: Structural and Mechanical Kinesiology	3		HPR 172: Functional Human Anatomy for Injury Assessment	3	
PSY 054: Adolescent Psychology OR PSY 063: Psychology of Aging OR PSY 153: Child Development (Select with advisement.)	3	3	PESP 25: Fitness for Life	2	

Liberal Arts Elective (Select with advisement.)	3	3	HPR 063: Healthcare Systems and Services OR 129: Perspectives on Healthcare Reform (HPR Elective, select with advisement.)	3	
Liberal Arts Elective (Select with advisement.)	3	3	Liberal Arts Elective (Select with advisement.)	3	3
			Liberal Arts Elective (Select with advisement.)	1	1
Term credit total	16	13	Term credit total	16	8

Term: Fall Year Three			Term: Spring Year Three		
<i>Course Number & Title</i>	Cr.	LA	<i>Course Number & Title</i>	Cr.	LA
HSCI 106: Physiology- Exercise	3	3	HPR 194: Assessment of Physical Fitness	3	
Liberal Arts Elective (Select with advisement.)	3	3	HPR 198: Implementing Fitness Programs	3	
Statistics: Recommended Math 008 OR PSY 040 (Select with advisement.)	3-4	3-4	HPR 114: Applied Nutrition, Diet, and Exercise or 191: Sports Nutrition	3	
Natural Science Elective (Select with advisement.)	3-4	3-4	PESP 38B: Weight Training OR HPR 193: Resistance Training Techniques and Progressions	1-2	
Liberal Arts Elective (Select with advisement.)	3	3	HPR 196: Applied Exercise Physiology: Health and Fitness	3	
If needed: Liberal Arts – 2 sh (Select with advisement.)			PSY 089: Health Psychology and Behavioral Medicine	3	3
Term credit total	17	15- 17	Term credit total	16- 17	3

Term: Fall Year Four			Term: Spring Year Four		
<i>Course Number & Title</i>	Cr.	LA	<i>Course Number & Title</i>	Cr.	LA
HPR 197: Applied Exercise Physiology: Evaluation Techniques	3		HPR 149A: Internship in Exercise and Wellness	3	

HPR 199: Practicum: Student Fitness Trainer	3		HPR 149B: Internship in Exercise and Wellness	3	
HPR 181: Fitness Programming for Special Populations	3		MPH 202: Epidemiology I	3	
MPH 200: Introduction to Public Health	3		MPH 205: Public Health Program Planning and Evaluation	3	
MPH 204: Social and Behavioral Determinants of Health	3		MPH 210: Public Health Policies and Systems	3	
HPR 069: Stress Management	1				
Term credit total	16		Term credit total	15	

Term: Summer Session I Year Four			Term: Summer Session II Year Four		
<i>Course Number & Title</i>	Cr.	LA	<i>Course Number & Title</i>	Cr.	LA
MPH Elective (Select with advisement.)	3		MPH 220: Environmental and Occupational Health	3	
Term credit total	3		Term credit total	3	

Term: Fall Year Five			Term: January Year Five		
<i>Course Number & Title</i>	Cr.	LA	<i>Course Number & Title</i>	Cr.	LA
MPH 203: Biostatistics I and MPH 206: Biostatistics and Epidemiology Lab	4		MPH 222: Research Methods for Qualitative Studies	2	
MPH 221: Research Methods for Quantitative Studies	3				
MPH 229: Public Health Professional Development Seminar	0				
MPH 230: Internship and Leadership Seminar	3				

