

Michelle Anne Hololob, M.S., ATR-BC, LCAT, is a registered, board-certified Licensed Creative Arts Therapist. She received an M.S. from Hofstra University, and has been a practicing art therapist for seven years. She has had experience in several settings, including day treatment programs, special education, outpatient programs, and inpatient hospital programs, among others. Ms. Hololob currently works at Jamaica Hospital in Queens, New York, on the Acute Inpatient Psychiatric Unit and in the Psychiatric emergency room. She is the student liaison chair of the New York Art Therapy Association (NYATA).

Matthew Israel, M.A., is a creative arts therapist at MJHS Hospice and Palliative Care. He received an M.A. in art therapy from New York University. As part of the MJHS Hospice Art & Soul™ program, Mr. Israel provides home-based creative arts therapy to children and adolescents facing the loss of a loved one, as well as pediatric hospice patients and their families. He also facilitates children’s bereavement programs in both individual and group settings.

Charla Burton, MT-BC, LCAT, is a creative arts therapist at MJHS Hospice and Palliative Care. She received undergraduate and graduate degrees in music therapy from Temple University, where her training focused on using music as a psychotherapeutic modality. After working two years in inpatient psychiatry, Ms. Burton joined the creative arts therapy team at MJHS Hospice and Palliative Care, and uses music therapy to treat the physical, psychosocial, and spiritual issues of patients and families in need of hospice care.

Jeanne Freed, ATR-BC, LCAT, is a creative arts therapist who graduated from Hofstra University, and has been working at Clubhouse of Suffolk for the past five years. Clubhouse of Suffolk is a psychiatric rehabilitation center for adults with severe and persistent mental illness. At Clubhouse of Suffolk, Ms. Freed has developed and run art therapy groups dealing with anger, anxiety, trauma, OCD, hoarding, substance abuse, etc. She also works one-on-one with individuals who suffer from eating disorders and childhood sexual abuse.

Ed Regensburg, LCAT, is a licensed, board-certified professional art therapist with more than 30 years of experience. In addition, he is trained in hypnotherapy and psycho-spiritual phenomena. His model of care, CREATIVE SANCTUARY®, is the summation of his life’s mission, which is to reach individuals “when words alone are not enough.”™ Unlike traditional programs, this model combines creative arts with functional skill-building techniques to help individuals resolve inner conflicts and heal grow. Mr. Regensburg manintains a private practice and is available for workshops, consultation and treatment.

Lauren Fabrizio, M.A., is currently a full-time art psychotherapist in a large agency, working with individuals with developmental disabilities. Ms. Fabrizio is also pursuing post-graduate training, which involves learning the CREATIVE SANCTUARY® model and helping Mr. Regensburg bring his message to the world.

Creative Arts Therapy Conference “Reaching Out Responding to Community Needs”
REGISTRATION FORM

Registration forms must be received no later than Wednesday, April 27, 2011. Make checks payable to Hofstra University. Mail registration form and fee to: John R. Lewis, Director
Office of Professional Development Services
School of Education, Health and Human Services
116 Hagedorn Hall | 119 Hofstra University, Hempstead, NY 11549-1190
Phone: 516-463-5750

Visa/MasterCard are also accepted. To pay by credit card, please visit hofstra.edu/edworkshopreg.

CONFERENCE FEES :	(includes conference, continental breakfast, luncheon and refreshments)	
	\$100	General admission
	\$50	Student (Attach a copy of valid student ID.)
	\$25	Hofstra creative arts therapy student (Attach a copy of current HofstraCard.)
	\$50	Senior citizen (over 62)

Name_____

Address_____

Phone (day)_____ (eve)_____

Affiliation_____ E-mail_____

Dietary Needs: I require a vegetarian lunch. _____ I require a kosher lunch. _____

Some workshops have limited space; early registration is highly recommended.

Splashes of Hope, a not-for-profit organization, will be sponsoring a booth outside of the Multipurpose Room, Mack Student Center, North Campus, to share information about their mural-making program during the luncheon and additional breaks.

Session I Workshops: 11 a.m.-12:15 p.m.

1 ____ 2 ____ 3 ____ 4 ____

Please mark first (put a “1” in space) and second (put a “2” in space) choices.

Session II Workshops: 2-3:15 p.m.

5 ____ 6 ____ 7 ____ 8 ____

Please mark first (put a “1” in space) and second (put a “2” in space) choices.

Joseph Jaworek, M.A., ATR-BC, is an art therapist who provides art therapy services to the NJ Foundation for the Blind and the Department of Behavioral Health at Morristown Memorial Hospital. He has lectured extensively in the United States and Canada, and is an adjunct faculty member for the graduate art therapy programs at the School of Visual Arts and New York University. Mr. Jaworek is a registered and board-certified art therapist, and serves on the board of directors of NJ Coalition of Creative Arts Therapists, the New Jersey Art Therapy Association, and the committees for Finance and Governmental Affairs at the American Art Therapy Association.

For information about the Graduate Creative Arts Therapy Program at Hofstra University please contact:

Margaret Carlock-Russo, ATR-BC, LCAT, Program Director

163 Hagedorn Hall | 119 Hofstra University

Hempstead, NY 11549-1190 | Phone: 516-463-7259

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Creative Arts
Therapy Conference
Tuesday, May 3, 2011



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CAT

The Graduate Creative Arts Therapy Program

presents a conference

Reaching Out: Responding
to Community Needs

Tuesday, May 3, 2011 | 8 a.m. - 4 p.m.

Multipurpose Room
Sondra and David S. Mack Student Center, North Campus

CECs toward BC recertification are available.

AGENDA

- 8-9 a.m.

Registration and Continental Breakfast
- 9-9:15 a.m.

Hofstra Welcome
John R. Lewis, Director, Professional Development Services
Margaret Carlock-Russo, Creative Arts Therapy Program Director
- 9:15-10:45 a.m.

Keynote Address: Randy M. Vick, M.S., ATR-BC, LCPC
“Art From the Outside: History, Theory, and Practice”

There is a significant yet underappreciated relationship between the field of art therapy and the type of non-academic artwork commonly referred to as “outsider art.” In both realms, creators have taught themselves to make art in response to emotional upheaval, social isolation, inner compulsions, psychological distress and, ultimately, a need to reach out and be heard. Terminology, history, ethics, and the role of community-based, therapeutic studios will be among the topics presented in this keynote address.

- Objectives:
- a.

Articulate key terms and concepts relating to the “outsider art” genre.
- b.

Identify key artists and historical events relating to the genre.
- c.

Discuss important clinical and ethical issues linking “outsider art” and art therapy.

DESCRIPTION OF CONFERENCE WORKSHOPS

11 a.m.-12:15 p.m. — SESSION I WORKSHOPS

1.

BeingOutside/Being Inside
Randy M. Vick, M.S., ATR-BC, LCPC

Art therapists routinely work with individuals who are marginalized by health, economic, educational, and social circumstances, yet too often feel professionally marginalized as well. Employing a Social Role Valorization model, this workshop examines the subjective and objective dimensions of what it means to be an “outsider” versus an “insider.” Art-making and discussion form the structure of this session, and issues pertaining to empathic clinical and professional practice are explored.

- Objectives:
- A.

Articulate key terms and concepts relating to the Social Role Valorization model.
- B.

Identify outsider/insider aspects in participants’ personal, clinical, or professional lives.
- C.

Discuss the application of these concepts.

2.

Museums and Hospitals: Prescription for an Exhibition
Donnielle Rome, ATR-BC; Hitomi Iwasaki; Diya Vij

This session explores the new collaboration between the Queens Museum of Art’s (QMA) curatorial program and their community based art therapy program, ArtAccess. Continuing to provide children in hospital settings with community outreach, QMA has created specific curatorial exhibitions from the museum’s collection, coupled with community-based art therapy directives, in order to create a unique experience for children during their hospital stay. Exploration of community engagement, interdepartmental collaboration and the benefits of bringing actual artwork from a museum to a hospital will be addressed during this session.

3.

Some of My Best Friends Are Brain Injured:
Branching Out With Art to Create Community Spirit
Susan Paradise Goodman, M.A., ATR-BC, LCAT

This session explores how the art therapy program at the Head Injury Association has allowed its participants to establish their own creative community. Creating art becomes a language for many and attempts to foster the ability to adapt and cope, providing a non-threatening, fun and creative method for discovery of self and others. Art therapy groups promote and improve social interaction and help individuals overcome feelings of isolation and fear of rejection. The strengths one develops through art therapy transfer to group and social settings in communities. A group experiential will allow participants to branch out and connect with others, intertwining individual tree branches, nature, and creativity, into a colorful, unique community sculpture. A slide presentation will demonstrate how art

therapy groups promote community spirit at the Head Injury Association, and how public art therapy exhibits help to raise awareness and establish community connections.

4.

Pieces of the Whole: The Use of Mosaic-Making as a
Community-Building Experiential
Gabrielle Grimaldi Bellettieri, ATR-BC, LCAT

Any “whole” is made up structurally of smaller yet equal parts, and in turn cannot exist without the presence and placement of the smaller parts; this is the essence of mosaic. With this in mind, it is not difficult to recognize that the art of mosaic-making may prove to be a perfect metaphor for building, with regard to the community or the individual. This presentation provides an overview of the use of large-scale group mosaic creation as a community-building experiential with three populations: dual-diagnosis adolescents in an educational setting, acute care pediatric patients in a hospital setting, as well as a community-based call for art.

12:20-1 p.m. LUNCHEON

- 1-1:45 p.m.

New York Art Therapy Association (NYATA) presents
Childrens’ Mental Health Day –
Collaborative Art Experience
Facilitated by NYATA Board of Directors members
Samantha Hasher and Michelle AnneHololob

Conference participants join together in recognition of Children’s Mental Health Day to create a collaborative art piece to be donated to a local children’s program.

2-3:15 p.m. — SESSION II WORKSHOPS

5.

Meeting the Client Where They Are: Providing Hospice
Care and Creative Arts Therapy Services in the Home
Setting
Matthew Israel, M.A.; and Charla Burton, MT-BC, LCAT

This presentation provides an overview of creative arts therapy in home-based hospice, bereavement and palliative care settings. Participants explore the use of art and music therapy for families facing advanced illness, while highlighting the benefits and challenges of providing treatment in the home setting. Illustrated case studies are used to look at creative arts therapy goals, interventions and outcomes with this population. Using individual and family-dynamic models of treatment, areas covered range from providing care at the bedside to supporting families in the bereavement period.

6.

The Role of Art Therapy in a
Psychiatric Rehabilitation Setting
Jeanne Freed, ATR-BC, LCAT

The psychotherapeutic application of art therapy serves an integral role in the world of psychiatric rehabilitation. It has tremendous value as a tool for working with individuals with serious mental illness to help them overcome obstacles to reclaim their lives. In this workshop, participants examine the contradictions and integration of these approaches, as facilitated by Ms. Freed during her time working as an art therapist at a progressive psychiatric rehabilitation center. This is followed by an experiential that allows participants to experience the possibility of building self-awareness through art therapy.

7.

Art Therapy and ASD (Autism Spectrum Disorders):
Ethical Treatment of the Growing Spiritual Epidemic
Ed Regensburg, LCAT; and Lauren Fabrizio, M.A.

In this lecture, Mr. Regensburg explains how and why the powerful forces at work during image creation (art) facilitate transformational healing. He also demonstrates why art therapy is particularly effective when working with individuals with ASD, which is often misunderstood as only a developmental disorder. Participants experience and learn the importance of working with the intangible but perceptible flow of creative energy, and its correlation to therapeutic work. Please note: Participants are encouraged to read “Drawn to

the Table,” an article by Ed Regensburg, prior to attending the lecture. To obtain the article, please visit creativesanctuary.com or goodtherapy.org; the article was published in *Human Potential Magazine*.

8.

Communities in Action:
Reaching Out to Blindness Through Art Therapy
Joseph Jaworek, M.A., ATR-BC

The Artist’s Studio at the NJ Foundation for the Blind is a 10-week program designed to identify, recover and enhance creativity in adults living with vision loss. This presentation identifies ways in which art materials and process can be modified to accommodate the loss of mobility and sight. Special attention is placed on enhancing mindfulness, through increased awareness in subtle shifts of client focus, embodied directives, and witnessing the art-making process serve as validation which is restorative to the functioning of the client.

3:20 p.m. — Conference Evaluations and
CEC/Attendance Certificates

Each attendee will be given a certificate that is acceptable by ATCB for 5.5 CECs toward BC recertification, at no additional cost.

ABOUT THE KEYNOTE SPEAKER:

Randy M. Vick, M.S., ATR-BC, LCPC, is associate professor of art therapy at the School of the Art Institute of Chicago, and a consultant at Project Onward, a studio for artists with disabilities. He is a researcher, writer, and teacher, and has presented on a variety of art therapy and related topics, including the genre commonly referred to as “outsider art.” As part of his research, he has visited historic and contemporary collections and therapeutic studios across Europe and the United States. Mr. Vick has served on the board of directors for the Illinois and American Art Therapy Associations as well as the editorial board of *Art Therapy: Journal of the American Art Therapy Association* and *Arts & Health: An International Journal of Research, Policy and Practice*.

ABOUT THE WORKSHOP PRESENTERS:

Donnielle Rome, ATR-BC, is manager of the ArtAccess program at the Queens Museum of Art. She is active in the field of special education and art therapy, and has presented at many professional conferences in the field. The ArtAccess program annually serves more than 5,500 individuals of varying cognitive, emotional and developmental levels, through single day and multi-year experiences. Ms. Rome is a contributor to the NYC Department of Education’s Blueprint for Teaching and Learning in the Arts. As a steering committee member for the New York State Arts in Correctional Education Network as well as the VSA Arts NYC Festival Committee, Ms. Rome works diligently to expand art experiences to all special populations. Ms. Rome steered the ArtAccess program to an honorarium from New York City Mayor Michael Bloomberg and Matthew Sapolin, New York City Commissioner for People with Disabilities, for outstanding programming under the Americans with Disabilities Act. In April 2009, the ArtAccess program was honored by VSA Arts with the Outstanding Community Partner Award. VSA Arts recognized Ms. Rome with the Excellence in Leadership Award for 2009. She is a nationally registered board-certified art therapist who holds a master’s degree in creative arts therapy from Hofstra University and a bachelor’s degree in fine arts from Adelphi University.

Hitomi Iwasaki, is director of exhibitions/curator at QMA, and has been a member of the QMA curatorial staff since 1996. She has organized numerous group exhibitions of emerging artists, including two of the past Queens International biennial exhibits, and site-specific projects with emerging and mid-career artists. Ms. Iwasaki received a B.A. in visual communication theory and art history from Kyoto Seika University, and an M.A. in liberal studies and museum studies from New York University. In addition, she also completed graduate course work in art history at The City College of New York. She is a recent recipient of the Curator’s Award from the International Art Critics Association for her exhibition of Duke Riley, 2009-2010.

Diya Vij, is the development assistant at the Queens Museum of Art as well as a curatorial fellow. She graduated from Bard College in 2008 with a degree in photography and global economics.

Susan Paradise Goodman, M.A., ATR-BC, LCAT, is a board-certified, New York state-Licensed Creative Arts Therapist who provides creative therapeutic services to adults and children, both individually and in group settings. She received a master’s degree in creative arts therapy from Hofstra University and is a Certified Gestalt Psychotherapist with more than 20 years of clinical experience working in hospitals, day treatment programs, nursing homes, family service agencies, and preschools. Ms. Goodman is the art therapist at the Head Injury Association in Commack, New York, where she created the art therapy program in January 2006; the program provides services to traumatic brain injury survivors and adults with developmental disabilities. She also maintains a private practice in Jericho, New York, and is active in facilitating a variety of community support groups.

Gabrielle Grimaldi Bellettieri, ATR-BC, LCAT, is a registered, board-certified clinical art therapist, Licensed Creative Art Therapist and Certified Group Psychotherapist. Ms. Bellettieri studied the techniques of ancient mosaic-making at the Scuola di Mosaico in Ravenna, Italy, and has implemented large-scale group mosaic creation as a community-building experiential with many populations. She also implemented the art therapy program at Maria Fareri Children's Hospital at Westchester Medical Center in 2006, and continues to develop the hospital’s multifaceted art program and curate the Contemporary Art Collection housed within the Children's Hospital.

Samantha Hasher, M.A., ATR-BC, LCAT, is a registered, board-certified Licensed Creative Arts Therapist, who graduated with a master’s degree in creative arts therapy from Hofstra University in 2006. She is currently working at United Cerebral Palsy Association of Nassau County in a continuing day treatment program called Life Options. She provides individual and group art therapy to adults with developmental disabilities. Ms. Hasher is president-elect of the New York Art Therapy Association (NYATA).

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