



Master of Health Administration

Preparation for the next generation of health care leaders



HOFSTRA
UNIVERSITY®

SCHOOL OF HEALTH PROFESSIONS
AND HUMAN SERVICES

MASTER OF
HEALTH ADMINISTRATION

About Hofstra University

Hofstra University is a dynamic private institution of higher education where students choose from undergraduate and graduate offerings in liberal arts and sciences, business, communication, education, engineering and applied science, health professions and human services, honors studies, law, and medicine. With small class sizes and low student-teacher ratios, the University features excellent facilities with state-of-the-art technology, extensive library resources, and valuable internship programs that match students' interests and abilities with appropriate companies and organizations. The Hofstra community is driven, dynamic, and energetic, helping students find and focus their strengths to prepare them for successful futures. Located on 240 acres in Nassau County, New York, the University is less than an hour from midtown Manhattan.

About the Master of Health Administration Program

The Master of Health Administration (MHA) program at Hofstra University offers an innovative applied-based curriculum in health services administration and management for future health and health care leaders. The program draws on the expertise and resources of academic-based faculty and, uniquely, executives from some of New York's leading health care institutions to enrich students' academic experiences and provide them with a theoretical and applied foundation in health services administration. The MHA program offers students a wide array of field-based internships and practical capstone experiences, as well as opportunities to collaborate with other health professionals at Hofstra University and in the greater New York City and Long Island communities.

The mission of the MHA program is to educate future health care leaders to apply evidence-based practices and critical thinking skills toward the delivery, organization and management of health and health care services within culturally diverse environments. The applied nature of the program provides future and early careerists, as well as individuals employed within the health services industry, a comprehensive understanding of the core competencies and best practices required of today's health and health care leaders. The program curriculum also helps develop the communication and critical thinking skills needed to address, manage, and overcome challenges.

The 48 semester-hour program is designed for aspiring and committed professionals who are interested in health services management and administration. Emphasis is placed on business management and organizational theories and practices, policy strategies, leadership principles, and financial and other business considerations as they relate to health and health care services and the development of effective communication and critical thinking skills. Opportunities to apply the knowledge attained in the classroom to practical settings and interactions with established health professionals are incorporated throughout the program.



Program Highlights

- The MHA program is a generalist degree where students learn the knowledge, critical thinking skills, and applications required to successfully contribute to the health services field. The program also offers two optional academic tracks: Operations Management and Long-Term Care Administration.
- Program faculty include senior-level executives from New York's leading health services organizations who apply their instructional material in a practical setting daily, allowing them to inject practical examples and challenges into their course material.
- Students complete a 300-hour internship and practical project with guidance from an internship supervisor. The wealth of health services organizations within the New York City metropolitan area allows students to pursue internship opportunities across the health services spectrum, including hospitals, physicians' offices, long-term care facilities, health insurance companies, pharmaceutical companies, group purchasing organizations, behavioral health organizations, and urgent care.
- Students are involved in the Hofstra University and greater communities through participation in the MHA student-led organization Future Healthcare Leaders (FHL), as well collaborations with students in other University programs, student groups, and local and national health care executive associations, including Healthcare Leaders of New York and the American College of Health Care Executives.
- Students are individually advised and guided by program faculty mentors, which allows them to identify their interests in specific health services fields and select classes and internships that align with those interests.
- Small class sizes provide the supportive environment necessary for students to become innovative, efficient, and knowledgeable leaders who are effective communicators.
- The program's strong alumni network allows students to interact with health and health care leaders and potential employers and colleagues.

MHA Program Core Components

The MHA program's innovative learning modules provide students with a foundation in the core components required of health and health care administrators. These components include:

- **Population health** and the role of institutions, culture, and economics in health determination, health access, and health care utilization.
- The macro- and micro-level organizations that comprise **health and health care systems** and how these organizations produce and deliver health and health care services.
- Formation, implementation, and evaluation of **health and health care policy**.
- **Organizational and behavioral management and economic principles** and theories as applied to health and health care systems to improve organizational performance, minimize costs, and maximize efficiency.
- **Human resources** and staff organization, planning, credentialing, and management in health and health care systems.
- **Industrial organization of health care firms** (e.g., generating, implementing, and evaluating firm-level strategies to compete in health and health care markets).

- **Leadership and management principles** (e.g., development of the critical thinking process required to overcome challenges, innovate, and effectively and efficiently administer resources).
- **Health and health care law, ethics, and professionalism.**
- **Health information systems** and the use of technology in program and firm management, analysis, and innovation.
- **Finance and accounting** principles in strategic planning, organizational evaluation, management, and administration for health and health care professionals.
- **Data analytics, economic analysis and statistical approaches** to design, implement, and evaluate firm investment and market strategies, physical and labor resource allocations, policy-based benchmarking and goals, and other business and health planning initiatives.
- **Inter- and intra-personal navigation**, including the development of the communication, critical thinking, problem-solving, and analytical skills needed to contribute to health and health care organizations from an individual, team-member, and leadership position, and then use these skills to successfully navigate an organization internally and externally.

Admission Requirements

Applications may be completed online through Hofstra University's Graduate Application (hofstra.edu/gradapply) or the Healthcare Administration, Management, and Policy Centralized Application Service (HAMPCAS.org).

- Baccalaureate degree from an accredited college or university, with a minimum GPA of 3.0.
- Two letters of recommendation from employers or faculty members.
- Brief essay discussing career goals, interests and experiences.
- Current resume.
- For international students, TOEFL scores.
- Interview with the program director and other program faculty member may be required.

Provisional Acceptance

Students with less than a 3.0 GPA may be admitted provisionally pending review of additional requested academic performance evidence or acceptable standardized test scores, such as the GRE or GMAT. Provisionally admitted students must earn a minimum grade of "B" in each of the first 12 semester hours of course work.



Health Administration as a Profession

Health services administrators engage in a number of possible tasks, including finance and budgeting, forecasting, scheduling, capital improvements, human resources, operations management, quality control and improvement, health technology, policy, information technology, and strategic planning. Moreover, health and health care administrators are in many cases central to the implementation and management of new policies and procedures meant to address trends in the dynamic health services landscape.

As a result of the transformation taking place in health services, career options for administrators are becoming more diverse. Graduates of the MHA program at Hofstra University have entered a number of health services fields (e.g., hospitals, managed care organizations, medical group practices, ambulatory care, long-term care, home health care facilities, insurance and pharmaceutical firms, consulting firms, government agencies, and nonprofit organizations).

Career Opportunities and Outlook

According to the U.S. Bureau of Labor Statistics (BLS), job prospects for medical and health service managers are likely favorable. The BLS estimates a 17 percent increase in employment for medical and health service managers from 2014-2024 relative to a 7 percent increase across all occupations and a 6 percent increase for management occupations.¹ Notably, the BLS states that “candidates with a master’s degree in health administration or a related field, as well as knowledge of IT systems, will likely have the best prospects.”²

Growth in the demand for medical and health services managers is not limited to hospitals as the BLS notes. For instance, as baby boomers age, demand for nursing home administrators should increase and as medical group practices grow, demand for managers of these practices should increase as well.

For more information about the program, please contact:

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¹ Bureau of Labor Statistics, U.S. Department of Labor, *Occupational Outlook Handbook, 2016-17 Edition*, Medical and Health Services Managers, on the Internet at <http://www.bls.gov/ooh/management/medical-and-health-services-managers.htm> (visited January 04, 2016).

² Ibid.

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 - Health Leaders of New York (HLNY)
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