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## **Yu-Pin Hsu** – *Occupational Therapy*

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### **Conference Poster Presentations**

1. **Yu-Pin Hsu**, Margaret Walters, AnnMarie O’Hearn, Lighthouse Guild Vision Initiative Balance Enhancement: pilot study of a community based falls prevention program for older adults with low vision., American Occupational Therapy Association Conference, New Orleans, April 5, 2019.

**ABSTRACT:** Older adults with low vision are 70% more likely to fall and 2.6 times more likely to experience multiple falls than those without vision loss. To address this Lighthouse Guild launched an 18-month pilot project to demonstrate the efficacy of a falls prevention program specifically designed for older adults with low vision. The program is adapted from “Matter of Balance” (MOB) an evidence- based program designed to reduce fear of falling and increase the activity levels of community-based older adults. This poster highlights the modifications to the program, its implementation for 125 older adults, and approaches for measuring program effectiveness.