

Nassau Community College			Hofstra University		
Liberal Arts and Science - Humanities and Social Science A.A.			B.S. in Exercise Science		
First Semester					
ENG 101	Composition I	3	WSC 001	Composition I	3
Social Science Course	PSY 203 Recommended	3	PSY 001A	Introduction to Psychology	3
MAT 102	Introduction to Statistics	3	MATH 008	Elementary Mathematical Statistics	3
Humanities Course		3	Humanities Elective	Liberal Arts Elective	3
Elective Course	PED 291 Recommended	3	HPFS 062	Personal and Community Health	3
Elective Course	PED 140 Recommended	1	PESP 031	Swimming I	1
Total		16	Total		16
Second Semester					
ENG 102	Composition II	3	WSC 002	Composition II	3
Social Science Course	History Course Recommended	3	HIST Course	HP - History and Philosophy Distribution Course	3
Lab Science Course	Biology Recommended	4	BIO Course	Liberal Arts Elective	4
Humanities Course		3	Humanities Elective	Liberal Arts Elective	3
Elective Course	PED 292 Recommended	3	PESP 061	First Aid for Activity Professionals	3
Total		16	Total		16
Third Semester					
Social Science Course	Sociology Course Recommended	3	SOC Course	BH - Behavioral Social Science Distribution Course	3
BIO 201	Anatomy	4	BIO 103	Human Anatomy and Physiology I	3
CSC 104	Programming Logic and Problem Solving	3	CSC 005	Overview of Computer Science	3
Literature Course		3	Humanities	LT - Literature Distribution Course	3
Culture and Diversity	Pluralism and Diversity Recommended	3	Elective	Liberal Arts Elective	3
Physical Education		1	PESP Course	PESP Elective	1
Total		17	Total		16
Fourth Semester					
Social Science Course	PSY 212, 213, or 213 Recommended	3	PSY Course	PSY 153, 154, or 163	3
Communication Arts	COM 101 Recommended	3	SPCM 001	Oral Communication	3
Humanities Course		3	Humanities Elective	Liberal Arts Elective	3
BIO 202	Physiology	4	BIO 105	Human Anatomy and Physiology I	3
Culture and Diversity	Global Awareness and Non-Western Cultures Recommended	3	Elective	Liberal Arts Elective	3
Physical Education		1	PESP Course	PESP Elective	1
Total		17	Total		16
	Total Credits for A.S. Degree	66		Total Credits Transferrable to Hofstra	64
	Note: A minimum of 15 semester hours in the major field of specialization, including two field experiences must be completed in residence at Hofstra.			Note: A maximum of 64 semester hours taken at a two year institution may be applied to this degree.	