

Alumni Achievement Award Recipient



Jayne Kitsos Ellinger, BS, '93;
PhD; ATC
Associate Professor,
Department of Health
Professions
Athletic Training Education
Program Director
Hofstra University

In elementary school, Jayne Kitsos Ellinger volunteered to assist the school's nurse, Mrs. Rubenstein, with deliveries of medical notes and escorting younger children to and from their classrooms. In return, Mrs. Rubenstein nurtured Dr. Ellinger's interest in caring for persons with injury and illness. As an athletic youth, Dr. Ellinger became all too familiar with the risk of injury that accompanies physical activity, and her interest in health care grew as she observed coaches provide care for injured teammates. These early experiences evolved into lifelong dedication to learning and teaching the knowledge, skills and abilities essential to serving as a health care provider for physically active persons.

Jayne Kitsos Ellinger, PhD, ATC, is an alumna of the Hofstra University academic programs in exercise science and athletic training (Class of 1993). She earned a master's degree in education from St. Peter's College (1996) and a PhD in higher education administration from New York University (2012). She served as the head athletic trainer, senior associate athletic director and adjunct assistant professor at Long Island University in Brooklyn, New York, before returning to Hofstra as faculty in 2004.

Dr. Ellinger is an associate professor of health professions in the School of Health Professions and Human Services at Hofstra. She serves as a primary instructor for the BS in athletic training. Instructional content includes health care administration, emergency care, evaluation of injury and illness, and supervision of senior research assignments. In addition, Dr. Ellinger is the faculty adviser for the University's chapter of Iota Tau Alpha, the National Athletic Training Honor Society. Administrative service has included program director for the BS in athletic training program (2004-Present), coordinator for the Department of Health Professions' health and safety program (2004-Present), and chairperson for the Department of Health Professions (2014-2017).

Dr. Ellinger resides in Babylon, New York, with her husband, Frank, and daughter, Marie. Marie is a graduate of the Diane Linder-Goldberg Child Care Institute at Hofstra (Class of 2017).