Hofstra University is located in Hempstead, Long Island, New York, approximately 25 miles east of Manhattan, less than an hour away by train or automobile.

The Long Island Rail Road (LIRR) has frequent trains from Pennsylvania station in New York City to Hempstead station, a mile and a half from the Hofstra campus.

Hofstra is approximately 30 minutes by car from either John F. Kennedy International Airport or LaGuardia Airport.

By car, travel on the Long Island Expressway, Northern State Parkway or Southern State Parkway to Meadowbrook State Parkway to exit M4 (Hempstead Turnpike); then proceed west on Hempstead Turnpike to the Hofstra campus (approximately one mile).

For more info, visit http://www.hofstra.edu/info