Recently, Hofstra University implemented two special programs to help first-year students acclimate academically and socially: the First-Year Connections and Living/Learning Communities.

First-Year Connections is an integrated academic and social experience that connects students with other first-year students in small learning communities. Living/Learning Communities are located in parts of the Netherlands Complex, designated to specific living/learning communities.

Your student’s first year of college is a time of both exciting changes and dramatic transitions. Through Hofstra’s First-Year Connections program, students receive the perfect introduction to the liberal arts, learn how to hone their skills in critical and creative thinking, discussion and writing, while becoming thoughtful agents of their own education. They learn how courses connect with one another, the Hofstra campus, and the outside world. At the heart of the program are small classes and an innovative, interdisciplinary curriculum, taught by distinguished faculty who are specifically interested in working with first-year students.

Currently, there are four living/learning communities: The Arts, Health Sciences, and Civic Engagement, as well as Hofstra Honors College, which is an invitation-only program. Each house in the Netherlands First-Year Complex accommodates 55 students. Students enjoy the benefits of a trained resident assistant staff (RAs), dedicated faculty and innovative programming. Many students who participate in living/learning communities feel they are able to make friends easily because of common interests.

Jacquis Walters, Class of 2011 and a double major in public relations and women’s studies, explains: “I think being part of the Civic Engagement LLC has helped the transition from being home to living on campus. The LLC helps students open up more, both socially and academically. Everyone in my building knows each other, and a lot of us have classes together. In that sense, we are really a family. It’s a great feeling to know you are only one door away from a study buddy. My RAs are really great too. They are always ready and willing to help and offer advice. Whether it’s choosing what classes to take, or killing a spider (which I have asked for on occasion), they are here for us.”

In the future, Hofstra University hopes to expand the LLC living option to sophomores, who will be given the opportunity to pick programs in which they have a special interest. Also, there are many opportunities for cocurricular experiences, such as community service projects, field trips to Manhattan, a speaker series, cultural activities, and off-campus projects — all related to the theme of the particular living/learning community.
The Hofstra University Health and Wellness Center provides holistic-oriented health care for Hofstra students. This includes initial diagnosis and treatment of injuries and/or illnesses, and appropriate follow-up procedures for most short-term illnesses. Our staff is experienced in treating common medical problems seen on college campuses, and advocates a proactive approach to health care, which empowers patients to become partners in managing their health needs, through education.

“Treat and educate students, and get them back into their classrooms” is Maureen Houck’s motto, as director of the Health and Wellness Center. Since students eventually become consumers of health care, it is important that the Health and Wellness Center act as a classroom for students. The center teaches students important skills, such as how to make doctor’s appointments, obtain medical records, and practice good self-care.

The Hofstra Health and Wellness Center provides on-site specialty care, including immunization services, an allergy clinic (subject to an Allergy Agreement form), and women’s health services. Gynecological care is available by appointment only. Services include assessment and treatment of infectious illnesses, and annual examinations. Pharmaceutical services are available and include over-the-counter medications, as well as an appropriate range of prescription drugs. Most services are available at no additional cost to eligible students, with the exception of laboratory fees, prescription contraceptives and pregnancy testing. Any Health and Wellness Center fees are given to students at cost, including all medications and exams; Most laboratory testing is referred out, and the cost of such testing is the responsibility of the student. For more information about the Health and Wellness Center services and required immunizations, please visit hofstra.edu/StudentAffairs/StudentServices/welctr/welctr_services.html.

The Hofstra University Health and Wellness Center staff can make appropriate referrals to specialists (e.g., orthopedists, dermatologists, neurologists, etc.), using an extensive well established network of community providers, including local hospitals. Please note that the Health and Wellness Center does not provide emergency room services; all patients requiring immediate care are transported to a nearby hospital. Students should call the Public Safety emergency number at (516) 463-6789 when the Health and Wellness Center is closed and they have a medical emergency.

The Hofstra University Health and Wellness Center is located on the north side of campus at Republic Hall. During the academic year, the Health and Wellness Center is open Monday through Friday, 9 a.m.-6 p.m., and Saturday, 10 a.m.-4 p.m. Physicians, nurse practitioners and registered professional nurses staff the Health and Wellness Center. Appointments may be scheduled by calling the Health and Wellness Center at (516) 463-6745. Some specialty care is also available. A current HofstraCard must be presented at each visit. All medical care is confidential, and information is only released at the written request of the student.
SENIOR CLASS PARENT CHALLENGE

Please join your Hofstra seniors by participating in our Senior Class Parent Challenge. Hofstra’s Class of 2008 has been challenged by President Rabinowitz to raise a minimum of $4,400, and get EVERY senior to donate $20.08 to their alma mater, in honor of their graduation year!

Join the challenge with your seniors and help support their efforts. Sponsors are needed for the recognition events associated with the Senior Class Challenge. The sponsorship levels are: $5,000 (Senior Barbecue), $2,500 (Student Organization Challenge), and $1,000 (Thank-You Gift), or any amount you choose. Your gifts directly benefit innovative academic programs, student scholarships, enhanced campus technology, and much more.

If you want to contribute to the Senior Class Parent Challenge, please call Mary Siemsen at (516) 463-7477, or visit hofstra.edu/seniorchallenge.

HOFSTRA RECYCLES

Hofstra University is continually working to make our campus environmentally friendly. Our efforts range from contracting with our refuse removal vendor to hand separate all paper, cardboard, plastics, metals and other recyclables from our waste stream, to battery and lightbulb recycling, to our continuing effort to install high efficiency lighting wherever possible. Hofstra University has contracted with our refuse removal vendor, Jamaica Ash, to handle the separation of recyclables from our waste stream. Although this effort is not necessarily apparent to our campus community, it does help the University obtain a higher level of compliance, covering a greater number of items in recycling. Hofstra University utilizes a dedicated compactor just for cardboard. The compacted material is then inspected for contaminates, baled and shipped to a paper mill for additional processing. Cardboard and white paper placed in the general waste stream are separated and recycled. Cafeteria and general waste are processed to remove recyclables and contaminated materials such as tires, tree stumps, white goods (metals), mattresses, and much more. Due to fire safety and health standards, recycling bins for newspapers and other recyclables at the residence halls are not permitted.

BECOME HOFSTRA’S REGIONAL PARENT AMBASSADOR

Hofstra would like to provide opportunities for students and their families to be able to connect and network with others in their area. This is especially important for incoming first-year students and their families, who would love to get to know their Hofstra peers and families before coming to campus. Therefore, we are investigating the possibility of organizing “send-off receptions” in one or two regions next summer. We are inviting you to become a regional parent ambassador for one of the following regions:

- greater Boston, MA area
- greater Hartford, CT area
- northern New Jersey
- southern New Jersey
- Baltimore/Washington, D.C. metropolitan area
- greater Philadelphia area

Each regional parent ambassador will host a send-off reception for 50-75 people in their home, during the month of August. If you are interested in becoming a regional parent ambassador, please e-mail parents@hofstra.edu. We would love to get responses as soon as possible, since the application process will take time. Be sure to include your region, and your student’s name, Hofstra ID number and year.
Teresa Greis, both a Hofstra parent and employee, started volunteering as a member of the Women Build Suffolk chapter of Habitat for Humanity two years ago. While Greis has been a member, Women Build Suffolk has built two houses and is currently working on its third. As the energy, environmental health and safety manager at Hofstra University, Greis hopes to have Hofstra, including students, parents and employees, become involved with Habitat for Humanity, and build a Hofstra House.

The Habitat Humanity Family Review Selection Committee must review applications for homes based on a set of criteria, including: need (based on current living conditions), finances (must make between $28,000-47,000), and “sweat equity,” (meaning the future home owners are required to spend 300-500 hours building their home). Women Build Suffolk believes their work is a “hand up, rather than a hand out.” Habitat for Humanity teaches individuals to reach out to the members of their community, working toward a common goal.

The program consists of 15-20 women on site. Greis has witnessed many women come to a building site with much apprehension, afraid of stepping onto a tall roof. Greis often finds herself seeing women with a new sense of self-worth once the day is through, after they have accomplished what they thought was near impossible, and Greis says, “this sense of feeling is immeasurable.”

When Teresa Greis’ son, now a sophomore, decided to go to Hofstra, she felt as if he were coming home, to a place where she too felt comfortable. After 23 years of working at Hofstra in the Physical Plant Department, it was like he was with his second family. Even though Greis’ family lives close enough for her son to commute, her family decided to let him live on campus, in order to offer him the experience of independence.

Teresa Greis (standing next to the sign at right) with her Women Build Suffolk team of Habitat for Humanity, including Hofstra’s Director of Recreation and Intramurals Patricia Montagano (kneeling next to Greis).
A record number of 1,200 parents and family members participated in Hofstra’s Family Weekend on October 19 and 20, 2007.

Left: At Saturday brunch, the student group Sigmacappella delights families with their singing.

Above: Scenes from the Saturday Pregame Barbecue.

Left: Hofstra University President Stuart Rabinowitz welcomes families.

Left: Lainie Kazan, Class of 1960 and a Hollywood great, was the keynote speaker at the Family Weekend Welcome Dinner.

Above: Chris Wulf (see Parent Voice, p. 7) with her husband Rick and son Justin converse with President Stuart Rabinowitz and Vice President Sandra Johnson during Family Weekend Dinner.

Left: Vice President Sandra Johnson introduces President Rabinowitz.

Right: A Hofstra family.

Above: A Hofstra Idol contestant.

Above: A Hofstra family.

Above: Hofstra Idol contestant.

Above: Scenes from the Saturday Pregame Barbecue.
It was a special experience to visit the Hofstra campus this past August 30 on freshman Move-in Day. After getting our daughter, Christine, settled into her room at Nassau Hall, my wife and I attended the President’s Welcome at Adams Playhouse, and the Parent Volunteer meeting at the Axinn Library.

Throughout the day, I freely shared that my daughter was from a long line of Hofstra graduates — not only had I graduated from Hofstra, but so had both my parents, my older sister, and an assortment of aunts and uncles (a Hofstra dynasty in the making, to be sure!). The list includes:

- Francis J. Sorg, Jr., 1939 (my mother’s brother)
- Florence Hogan Sorg, 1941 (Francis’ wife)
- Margaret Ohler Flipse Edmiston, 1944 (my father’s sister-in-law)
- William J. Flipse, 1947 (my father)
- Mignon Sorg Flipse, 1947 (my mother)
- Beverly Sorg King, 1955 (my mother’s sister)
- Adrienne Flipse Hausch, 1972 (my sister)
- William J. Flipse, Jr., 1975 (me)
- Christine E. Flipse, 2011 (my daughter)

Though not a member of the family when she attended Hofstra, we acquired another alumna, my cousin’s wife, Brenda Madigan Sorg, Class of 1972.

My parents were both Class of 1947. My mother was supposed to have been in an earlier class, but took a hiatus in her education during World War II. She shared many memories of her time at Hofstra College with me. Here are a few:

- Hofstra was originally a branch college of New York University. My uncle was in the first graduating class in 1939, and had a choice between a Hofstra diploma and an NYU diploma; he chose Hofstra.
- During its early years, Hofstra maintained a firm dress code. Women were required to wear dresses or skirts; no slacks were permitted. Anyone who has been on the Hofstra campus during the winter knows how cold it gets when the wind whips across the Hempstead Plains. During World War II, the dress code was relaxed to permit women to wear slacks during the winter. However, when a female student took her foot off the floor during class to rest it on the back of the seat in front of her, the ban on women wearing slacks was quickly reinstated.
- Willie Hofstra was a lumberman and had a collection of rare trees on his estate. During World War II, a pilot, on approach to Mitchell Field, crashed into a tree and the U.S. Government ordered the trees cut down. (It was later determined that the crash was due to pilot error, and of course, if he hadn’t hit a tree, he would have hit a building.)

I started at Hofstra in the fall semester of 1970, a member of the last high school class to receive deferments from the military draft to attend college; the Vietnam War was in full swing. The memories of the Kent State shootings and the subsequent student strikes were fresh from the previous semester. There were many Vietnam veterans attending Hofstra on the G.I. Bill, and, just like the rest of the student body, there were many who were supporters of the war and many against it. The campus was awash in Hawks and Doves.

Much of the campus was the same as it is today, just as much of it has changed. The area in the Mack Student Center where the upper level of the Hofstra University Bookstore is today, was an open-air courtyard. The Office of Student Leadership and Activities sponsored a contest in late fall to decorate the windows that surrounded the courtyard in holiday themes (see photo, upper right). The dormitory towers were here, but were very new. There was still a great deal of evidence that the North Campus parking areas had once been runways of Mitchell Army Air Field. (You can still see a few of the hangars at Nassau Community College.)

Speaking of the Hofstra University Bookstore, although the upper level did not exist when I was here, the lower level (which was the entire bookstore) and the post office are right where they were in my days here, except the post office service window was inside the bookstore. This proved to be a security problem because students who did not want to pay for their textbooks would take the books from the shelves, wrap them in brown paper and mail them to themselves — book rate — without ever passing through the checkouts! Obviously, the store caught on and the service window now faces the corridor, outside the Hofstra University Bookstore.

Continued on next page
Our Family Weekend
By Chris Wulf; Parent of Justin, Class of 2011

My husband Rick, my son Justin and I found that the balance of activities and events made for a very interesting, fun and informative two days of the Family Weekend, Friday and Saturday, October 19 and 20, 2007. It's my (humble) opinion that the purpose of Family Weekend is to acquaint families with the University, beyond what they may have learned on a campus tour or other brief encounter. The in-depth, well organized programs Hofstra offered not only covered everything from academics, services, extracurricular activities, etc., but did so in an experiential way that helped us to really feel part of the Hofstra community.

During the Welcome Dinner on Friday, we felt very honored and delighted to have had the opportunity to spend time with President Stuart Rabinowitz, Vice President Sandra Johnson and Lainie Kazan, among others! The conversations we had were not only delightful, but reinforced our positive feelings about Justin's college choice.

With respect to academics, we attended a couple of the “classes,” including one on pop culture, and another describing the business program. The pop culture session was standing room only and deserved to be so. We'd give it an “A!” While I was volunteering, Rick attended sessions on advising and career planning, and found both to be valuable. The concrete value showed up when Justin actually registered for a spring semester class on personal finance, which Rick learned about and then discussed with him.

We enjoyed the “Hofstra Idol” night, the football game, and the various performances by different clubs and organizations. The latter form of entertainment was a particularly impressive way to educate families on the depth and breadth of Hofstra’s offerings. In addition to learning about Hofstra’s history and visiting the Emily Lowe Gallery, we also experienced the campus via the arboretum tour, given by Fred Soviero. He is a wonderful experienced the campus via the arboretum

visiting the Emily Lowe Gallery, we also added to learning about Hofstra’s history and lessons in experiential education, and pride in real achievements. When even the arboretum director sees his work as educating students as they walk to their classes and instilling pride in a beautiful and unique campus, it assures parents that Hofstra is about educating the whole person. What more could we ask for?

During the weekend, I overheard some parents commenting that they weren’t seeing much of their son or daughter. I heard the same displeasure from some of my friends here whose children are at other universities. One friend stated, “I don’t know why we went, he didn’t even want to be with us!” For some parents, the idea of “Family Weekend” conjures up Norman Rockwell-type images of the perfect family reuniting for a wonderful bonding experience. Such expectations may be realistic for some, but can lead to disappointment for others. I propose that such feelings can be diminished if Family Weekend is framed differently. I think of family weekends as a wonderful opportunity to get to know and experience my child's college environment. By participating in the wealth of activities offered, I gain insight into his world, whether or not he joins me in the activities. I become acquainted with his current life, which keeps me a part of it at the same time that I am working on letting go.

Note: Because of space issues, we needed to edit Bill Flipse's article and omit some of his great photographs. For the complete article and slide show, please visit the Parent and Family Programs Web site at hofstra.edu/parfam/, and click on the “Parent Voice” tab.
SAVE THE DATES!

Parent Orientation - Summer 2008
Incoming first-year parents and guardians are invited to attend a one-day Parent Orientation on a Tuesday (the first day) of the New Student Orientation (choose one date): June 10, 17, 24; July 8, 15, 22, 29; or August 5. Current parents are welcome to volunteer as event greeters at any and all sessions.

Family Weekend 2008:
Friday and Saturday, October 24 and 25
If you register by August 7, 2008, you will receive a 15 percent discount. Volunteer to be an event greeter and receive an additional discount!

LIBERAL ARTS AND SCIENCES MAJOR DAYS

Is your student facing a “major” decision? Remind him or her to attend Major Day events this spring:

- Wednesday, February 6: Mathematics
- Wednesday, February 13: Economics, Geography
- Wednesday, February 20: Biology, Geology
- Wednesday, February 27: History, Philosophy, Political Science
- Wednesday, March 5: Anthropology, Psychology, Sociology
- Wednesday, March 12: Comparative Literature and Languages

Each Major Day focuses on a specific liberal arts and sciences department, and consists of informational sessions about departmental offerings and career possibilities. Departmental faculty advisers and deans from the Center for University Advisement are available to help students with questions about degree requirements, while an alumni panel shares their success stories.

Please visit hofstra.edu/career for details regarding times and locations of these events.