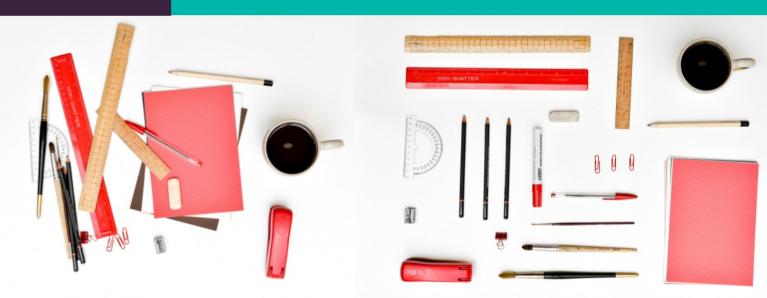


TIPS FOR A

SUCCESSFUL SEMESTER

Brought to you by the Center for Academic Excellence

Be Organized From the Start!



Organizing your assignments, responsibilities and weekly schedule will ensure a semester of smooth sailing. Use whatever tracking method suits you (planner/phone/wall calendar) to know when your assignments are due and to keep on top of your responsibilities.

No need to worry about forgetting a paper that was assigned in September and due in December...IF you took the time to organize yourself! Good organization habits will help you be successful as you transition to each new semester.

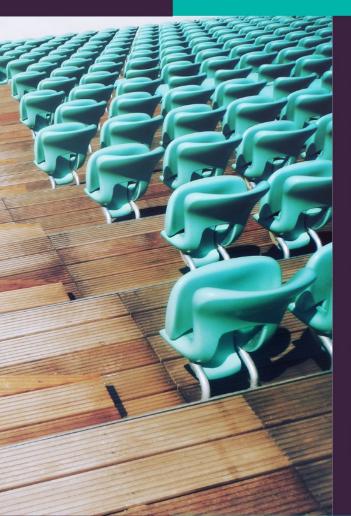




It may be your room, but often times your bedroom or residence halls are bustling and filled with distractions. Try an academic building or a cozy spot somewhere in the library.

Find a place that is as distraction-free as possible and that makes you feel inspired to get your work done.

Go to class!



While this may seem obvious, having the freedom to sleep in and skip a class will be tempting at times. Avoid the temptation and be sure to attend all of your classes.

In addition to learning the material discussed that day, you will also receive vital information from your instructors about what to expect on tests and possible changes in due dates on your syllabus. Take full advantage of your investment in your higher education.

Seek a healthy balance.



Don't forget about the importance of nutrition and sleep. It's not just your academic and social life that needs your attention. You need to eat and sleep well, too, or your social, academic and personal well-being will all be in jeopardy.



Shameless plug: The Center for Academic Excellence can be helpful for so many of your academic needs! But did you know there are lots of other resources on campus who can help, too?

The Math Tutoring Center, The Writing Center, selforganized study groups, and faculty office hours are just a few of the resources that will help you be successful.



There will be A LOT of fun clubs and organizations to join here at Hofstra. We want you to be involved on campus, but be sure to keep in mind the primary reason that you are here - your academics.

To start, pick only 1 or 2 clubs that you're very passionate about during each new semester. If you find you have extra time to spare, you can always try out and add new interests.

Plan ahead and be proactive!



Stay in touch with family.



For most students, moving into their residence hall on campus is their first time living away from home. It's okay to feel homesick sometimes - give your family and friends a call when you need them.

If you are commuting, remember to keep your parents and family in the loop. Even if you are adjusting nicely without their support, they may feel better to hear from you and learn about your college experience. Whether it's for your sake or theirs, check in with loved ones from time to time!

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