**FOR THE ROOM**

Pack twin sheets, blankets, pillow and pillow case

**PERSONAL CARE**

In terms of toiletries pack: shampoo, conditioner, soap/body wash, razor, toothpaste, toothbrush, hair brush, deodorant, feminine care products, hand soap, etc.

You'll also need towels, shower shoes, glasses/contacts, medications.

**ATHLEISURE WEAR**

We will be doing outdoor physical activity! Athleisure wear includes t-shirts, shorts/leggings, sweatpants, sports bra, sweatshirt and most importantly - SNEAKERS.

**CASUAL WEAR**

Pack three days worth of casual wear. This can be denim or cargo shorts, khakis, t-shirts, etc. Comfortable clothing to lounge in. Pack at least two business casual outfits and comfortable shoes. Don't forget pajamas.

**JUST IN CASE**

Just in case pack a rain jacket, poncho or umbrella.

**MISCELLANEOUS**

Cell phone charger
Snacks
Money for additional food or souvenirs
Sunscreen
Bug spray

All of your belongings for the Discovery Program should be prepacked in a separate bag from your belongings that will be left in your fall housing. **You will not have the opportunity to report back to your fall housing until the completion of the program, please do not forget anything in that room.**