

CHEERLEADING TRYOUTS

APRIL 8-9, 2017



**TRYOUT FOR THE
ALL GIRL COMPETITIVE TEAM &
NATIONALLY RANKED SMALL
COED TEAM!!**

Only Standing BHS required to Tryout!



Hofstra Cheer attends UCA College Camp each summer and the team won 1st place in the chant competition the past 13 years. The Pride has also took home the Leadership Award and Most Collegiate Award!

The cheerleading competition squad competes at UCA's College National Championship in Orlando, FL, The small co-ed squad has placed in the Top 10 for the past 14 years and won 1st place in 2003, 2006, 2007, 2009, 2010, 2011, 2012, 2013, 2015, 2016!

Hofstra Cheer Highlights: 10 TIME UCA

Small Coed National Champions!

- Scholarships are awarded based on leadership, overall performance and commitment to the program
- Hosted the Cheer Camp for the MSG Varsity's TV Series "The Cheering Life"
- Participate in Community events such as the Breast Cancer Walk, ALS Walk, Polar Plunge, & St. Jude's Walk
- Host Stunt Clinics / College Prep Clinic!
- Year end banquet with Team voted awards
- Opportunity to appear on local and National TV
- Performed with USHER at the 2008 NFL Kickoff in NYC
- Performed at Harlem Globetrotter Show
- STUNT team traveled to OK and CA for the STUNT National Championship
- Competed in the European Open in Paris, France
- 5x Gold Medal Winners of World University Competition



HOFSTRA UNIVERSITY

CHEERLEADING

Head Coach: Christine Farina

Email: HUCheerCoach@aol.com

TRYOUT INFORMATION / REQUIREMENTS

TRYOUT DATES/TIMES

SAT. APRIL 8th 10:30AM-12:45PM and 2:00-5:00PM (Interviews/Material Review)

SUN. APRIL 9th 10:00AM-1:00PM (Tryout)

Attendance at all 3 sessions is mandatory!

TRYOUT LOCATION

Hofstra Fitness Center

North Side of Campus, by East Gate entrance

Please go to www.hofstra.edu for campus directions

ELIGIBILITY

- Part-time students can cheer at games. Must be full time to compete at UCA Nationals
- Graduate Students are eligible
- You must be able to attend summer camp (Aug. 4-12, 2017)
- You must be willing to fully commit to game, practice and event schedule from Aug. 2017-May 2018

REQUIREMENTS

- All girl team in addition to co-ed team requires only a standing BHS
- Stunting: Flyers, bases and back spotters are all welcomed to tryout
Co-ed and All girl stunts needed for tryouts will be taught at the first session
- Tumbling for Coed Team: Standing bhs and Round off bhs *required*
Standing tuck, handspring tuck, Round off series, tuck, layout and full preferred
- Single toe touch jump, sideline and fight song (video to be sent prior to tryout)

WEEKEND ATTIRE

- Females: Sports bra/tank/fitted t-shirt, athletic shorts, cheer sneakers preferred, hair off the face, game day make-up, NO jewelry
- Males: Fitted T-shirt, athletic shorts, sneakers, well groomed

TRYOUT PREPARATION

- Please contact coach to confirm your attendance at tryouts
- Please notify coach if you will need housing for tryout weekend
- Review team requirements
- Prepare to be in good physical condition to perform your skills and reduce risk of injury
- Attend College Prep Clinic hosted by Hofstra Cheer (suggested, not mandatory)

TRYOUT PROCESS

1ST Session: Introduction to Hofstra Cheer, Tryout Review, Tumbling, Partner Stunting

2ND Session: Partner Stunting, Chant and Fight Song, Tryout Demo, Personal Interview

3RD Session: Material Review, Participants will tryout in groups of 3

*Judging will be based on demonstration of skills, overall impression, & personal interview