

HOFSTRA UNIVERSITY



Welcomes You AND
THE
Class of 2020



WELCOME TO THE PRIDE

Welcome to the Pride, Class of 2020! The Hofstra Pride is a family ... a worldwide network of students, faculty, families and alumni. Your decision to enroll at Hofstra University is one that will change the course of your entire life. You'll make lifelong friends, meet and work with renowned faculty in small classes, learn new things, cheer on the Hofstra Pride athletic teams, join any of more than 200 clubs, and explore all that New York's metropolitan area has to offer. Along the way, you will explore and learn the true meaning of leadership, service, scholarship, altruism and community engagement.

You'll also live on a campus suited perfectly for learning. You can choose from many residence hall options and dining facilities – featuring Sbarro; Au Bon Pain; a full-service cafeteria with Asian and Tex-Mex fare, grill, sandwiches, salads and soups; Eli's Kosher Kitchen; Mondo Subs; Subway; Nathan's Famous; and an organic grill. The Hofstra campus is a nationally recognized arboretum, a suburban oasis of greenery, statues and ivy-covered buildings. Yet, it's just a short train ride to New York City and only minutes to vast shopping malls and popular restaurants.

Your success is our primary concern. Academic assistance is always available via our Student Success Collaborative, where tutoring, a writing center and other support services are available for students at all academic levels and abilities. It's never too soon to explore careers through our Career Center – plenty of programs are designed exclusively for our first-year students. Campus jobs also abound. From working in an office to assisting with academic initiatives or serving as a member of Public Safety, students can find a safe, professional environment in which to earn extra money. As a member of the Pride, you will have countless choices in what you study, where you live and how you spend your free time.

This guide is designed to get you started on your journey as a member of the Hofstra Pride. Over the next few months, you will register for classes, explore our annual common reading with your classmates and the faculty, make your living arrangements, join us for Welcome Week, and begin the scholarly work toward earning a bachelor's degree. We are here to help you every step of the way.

Sincerely,



Jessica Eads
*Vice President for Enrollment Management and
Dean of Admission and Financial Aid*

FIRST, JOIN THE PRIDE ONLINE:

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JOINING THE PRIDE

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What to expect in the upcoming months: **JOINING THE PRIDE**



May/June

Your Hofstra Pride family wishes you a great high school commencement. Enjoy your success and celebrate your achievements!

Did you do this yet?

- ▶ Find your Hofstra ID to log in to the Hofstra portal ([My.Hofstra.edu](https://my.hofstra.edu)).
- ▶ Sign up for housing, orientation, a dining plan, academic options.



- ▶ Make payment arrangements; if you're interested in one of our payment plans, they begin in May.
- ▶ Make your orientation travel plans once we send you a date confirmation.
- ▶ Take your placement exams.
- ▶ Let us know about your First-Year Connections preferences.
- ▶ Check-up and immunizations – send us your medical forms.
- ▶ Submit your roommate preference and Living-Learning Community preference by May 15, although preferences can be changed after this date.
- ▶ Room assignments will be sent out in mid-June for applications received by June 1. Any applications received from June 1 forward will be assigned on a weekly basis.
- ▶ Join our social media platforms and meet your classmates.
- ▶ Pack for orientation.
- ▶ Weekly New Student and Family Orientations begin Tuesday, June 7.
- ▶ Fall semester bills are issued in mid-June.

July

- ▶ Learn more about the Discovery Program – sign up by mid-July.

August

- ▶ Payment for the fall 2016 semester is due August 1.
- ▶ Final New Student and Family Orientations begin August 2.
- ▶ With your roommate and/or suitemates, reserve your refrigerator/microwave and discuss what you'll be bringing for any shared space you have.
- ▶ Discovery Program move-in begins Sunday, August 28.



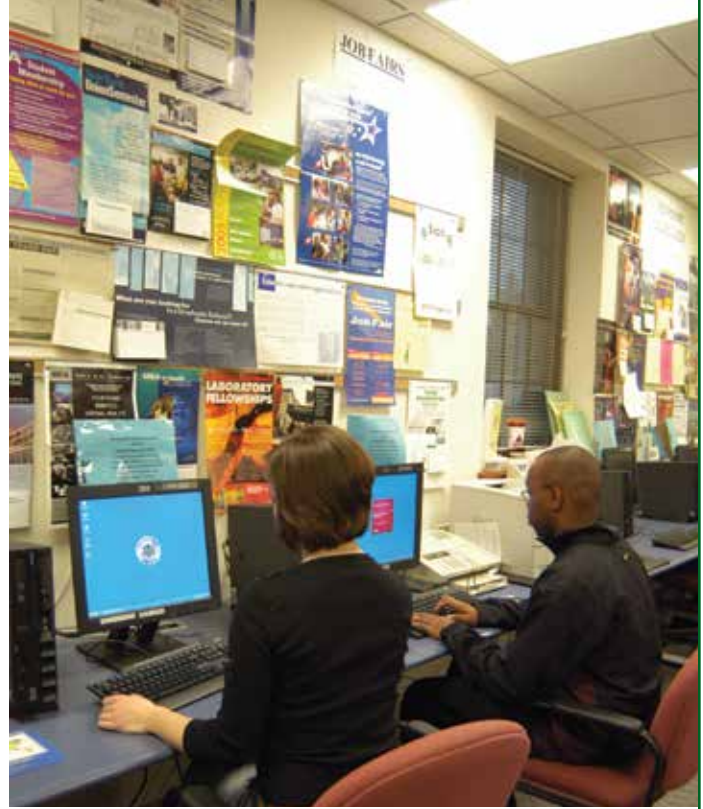
September

- ▶ Move-in day for first-year students is Thursday, September 1. *(Please refer to your room assignment notification, which will be sent to your Hofstra Pride email account, for your assigned move-in time.)*
- ▶ The President's Welcome is Thursday, September 1.
- ▶ Welcome Week programming begins Thursday, September 1, and ends Monday, September 5.
- ▶ Fall semester classes begin Tuesday, September 6.
- ▶ New Student Convocation takes place Wednesday, September 7, during Common Hour, 11:15 a.m.-12:40 p.m.
- ▶ Find clubs to join through Welcome Week or the Club Carnival.
- ▶ Sign up for the Explore Next Door programs (free or nominal charge) and visit some of New York's best attractions with your classmates.
- ▶ Explore on-campus employment opportunities through the Office of Student Employment's Job Fair.
- ▶ Fall Festival (Alumni, Parent and Family Weekend): Friday-Sunday, September 23-25.



October

- ▶ Explore Career Center opportunities and start your journey on the Path of Pride.
- ▶ Learn more about the Student Success Collaborative and the services that can help you succeed.
- ▶ Mid-Semester Break: no classes on Monday and Tuesday, October 17 and 18.
- ▶ Study for midterms.



MAKE THE MOST OF YOUR EXPERIENCE
AT HOFSTRA! YOU ARE A MEMBER OF
OUR FAMILY ... **THE HOFSTRA PRIDE.**





GETTING STARTED: Summer orientation programs



Meet your classmates. Receive comprehensive, personal advisement from faculty. Set up your fall schedule. New Student Orientation gets you ready for your journey at Hofstra!

To assist you in making a smooth transition to Hofstra, we host a **New Student Orientation Program (eight available sessions from June through August).**

New Student Orientation is a required three-day/two-night program in which new students stay on campus and begin preparation for the fall semester.

During the summer program you will learn about resources at Hofstra, meet faculty and advisors, register for fall classes, and get to know fellow students in the Class of 2020.

A one-day Family Orientation program is available during the first day of New Student Orientation.

If you haven't signed up already, please do so as soon as possible – visit the [My.Hofstra.edu](https://my.hofstra.edu) portal for a registration link and more information, and to give us your top three date choices. *Please do not make travel plans until you receive an email confirmation of your assigned dates.* You will receive confirmation within 72 business hours of indicating your preferred dates. Registration appointments on the last day of orientation may end as late as 5 p.m., so please plan your travel or pickup accordingly.

How should I prepare for orientation?

Before orientation

- ▶ Register for New Student Orientation and Family Orientation, and indicate your date preferences.
- ▶ Make your travel plans once you receive confirmation of your dates. Visit hofstra.edu/directions for information on directions, hotels and public transportation.
- ▶ Read the common reading, *Harry Collins' Are We All Scientific Experts Now?*, which will be used as the basis for the model class during New Student Orientation. You will receive more information about the model class in the session confirmation email. The book will be mailed out after May 1.
- ▶ Take your placement exams online. Information is available on the Hofstra portal. We need these results to provide appropriate academic advising and finalize your fall class schedule.
- ▶ Send verification of immunization for measles, mumps and rubella (MMR). (It is extremely important that you provide an updated verification of vaccinations as well as the meningitis response. Students who do not comply with this New York state law are not permitted to attend classes at the University.)

continued on next page

Sample New Student Orientation Schedule

Day 1: Tuesday

- ▶ Check-in (8:45-9:30 a.m.)
- ▶ Family Orientation is available for families. (Say goodbye at drop-off; parents and students will not reconnect until pickup on Thursday.)
- ▶ Learn about academic requirements and expectations.
- ▶ Meet your orientation leaders and connect with fellow members of the Class of 2020!
- ▶ Attend workshops about campus life.
- ▶ Experience life as a Hofstra student at evening activities.

Day 2: Wednesday

- ▶ Attend a model class.
- ▶ Learn about campus resources.
- ▶ Experience *True Life: I'm a Hofstra Student*.

Day 3: Thursday

- ▶ Meet with an advising dean.
- ▶ Register for fall classes.
- ▶ Get your HofstraCard photo taken.
- ▶ Register your vehicle (*if applicable*) with Public Safety.
- ▶ Visit your academic department at an open house.
- ▶ Last check-out is at 5 p.m.

Please note: You will receive a detailed schedule at check-in.





Before orientation *(continued)*

- ▶ **Send official transcripts** for Advanced Placement credit, college credits, or credits from any other special programs to the Office of Undergraduate Admission.
- ▶ **Look through the information about our First-Year Connections program** and think about what clusters or seminars appeal to you.
- ▶ **Become a fan of “Hofstra Orientation” on Facebook** to connect with classmates and have your questions answered. Use **#HofstraOrientation** on Twitter.

You should pack the following items for orientation:

- ▶ Laptop or tablet.
- ▶ Sweatshirt or jacket, as the air-conditioning at Hofstra can be quite powerful!
- ▶ Linens (pillow, sheets, blankets and towels) and toiletries for your residence hall.
- ▶ Umbrella or raingear (just in case) and comfortable shoes; you'll be walking around campus.
- ▶ State-issued photo identification (to get your HofstraCard, or student ID card).
- ▶ Extra spending money (optional). You may choose to shop at the Hofstra University Bookstore or sample some of the University's many on-campus dining facilities for snacks between meals. *Please note: Meals are included as part of your orientation fee.*
- ▶ Credit card (optional) to pre-order your textbooks at the Hofstra University Bookstore after registration on Thursday. You may also purchase books at the beginning of the semester.
- ▶ You can register your vehicle with Public Safety on the Thursday of orientation or during Welcome Week.

For more information, visit:

hofstra.edu/orientation for FAQs or more in-depth information on travel, schedules and exceptions for New Student Orientation

hofstra.edu/FO for details on Family Orientation

hofstra.edu/FYC for information on First-Year Connections, our highly successful program for distribution and introductory major courses, clusters, seminars and living-learning options for first-year students

Class of 2020 Common Reading: *Are We All Scientific Experts Now?*

Summer orientation gives you a taste of the kind of excitement you will experience this fall in a Hofstra classroom. For that reason, we ask all first-year students to read Harry Collins' book *Are We All Scientific Experts Now?* We'll discuss the book together this summer when you come for orientation. In his book, Collins explores the ways in which scientific claims can be unknowingly misrepresented in media and misunderstood by the public, sometimes with tragic consequences. Collins attempts to restore society's confidence in science by illustrating the need to take into account the varying levels of "expertise" possessed by the individuals or agencies who interpret and communicate data on national and international platforms. Prior to orientation, visit hofstra.edu/commonreading to view video clips of Hofstra faculty and students talking about the book, and to learn about an essay contest that you are invited to participate in. The submission deadline for the essay contest is Monday, August 15, 2016.

Harry Collins will address the Class of 2020 during Welcome Week (September 1-5), just before fall classes begin. You will have the opportunity to engage in a question-and-answer session with Dr. Collins about the book. The winners of the essay contest will be announced by Dr. Collins at the Welcome Week event.



Discovery Program: Sunday, August 28, through Wednesday, August 31



This optional program, which happens immediately prior to Welcome Week, is a dynamic, interactive program designed to help students transition to college through participation in advocacy, adventure, service and reflection, which occurs both on campus and at service learning opportunities throughout the New York metropolitan area. In 2015 the "discovery path" themes were Community Empowerment, Outdoor Exploration, Social Awareness and Leadership. Find more at hofstra.edu/discovery.

Welcome Week: Thursday, September 1–Monday, September 5

Welcome Week is a five-day schedule of events designed to introduce you to the Hofstra campus, the rigor of academic life, our rich culture and traditions, on-campus resources, and the exciting diversity of Hofstra and the community around us. You will have the opportunity to participate in academic, social, athletic and community events as well as partake in trips to New York City and the surrounding Long Island community. Get ready to become a member of the Hofstra family!

Students living on campus will move in on Thursday, September 1. Students living off campus will check in at the Intramural Fields on Thursday, September 1, between 11 a.m. and noon.

For more information, visit: _____

hofstra.edu/commonreading for the history of Hofstra's first-year common reading
hofstra.edu/discovery for details on and an application for the Discovery Program
hofstra.edu/welcomeweek for complete information about Welcome Week activities



LIVING ON CAMPUS

The Hofstra campus is an exciting and welcoming place to put down your scholarly roots, and we offer a number of living choices.

By now, you've probably already applied for on-campus housing, but if you have not done so yet, we invite you to tell us as much as you can about your preferences by using the questions included in the online housing application and the open-ended text box at the end of the application (available on the Hofstra portal at My.Hofstra.edu). The information you provide will assist us in pairing you up with a compatible roommate. In addition, we'll accept your preferences until the date we make your housing assignment. Once you have been assigned to housing, if you have a need to tell us additional information, please email reslife@hofstra.edu.

First-Year-Only Residence Hall Options

The Netherlands and Stuyvesant Hall are both first-year-only residence halls, and each has sections that are home to Living-Learning Communities (LLCs). LLCs are theme-based residence options where students live together, take courses together and engage in related activities.

The Netherlands

The Netherlands offers suite-style rooms (two doubles with a common area and shared bath) in 11 houses in a courtyard complex. Each house has its own kitchen, lounge and resident assistant (RA).

Living-Learning Communities: Within the Netherlands are seven Living-Learning Communities from which to choose. Academic course work is often connected to the Living-Learning Communities.

The 2016-2017 themes are:

Communications House

L.I.V.E. NYC House (Learn, Interact, Visit and Explore NYC)

Math, Science and Engineering (M.S.E.) House

PreP House (Pre-Health Professions)

S.T.A.G.E. House (Students Aspiring to Greatness in Entertainment)

STUDIO House

Zarb House

The Netherlands also features its own full-service cafeteria with a Subway, a Nathan's Famous and other food choices.



Stuyvesant Hall

Stuyvesant Hall is a four-story complex that consists of suites with two double rooms, a shared lounge area and a semiprivate bathroom. In addition, each floor contains a common lounge area and laundry facilities. Kitchen facilities, as well as a recreation and lounge area, are located on the first floor.

Living-Learning Community in Stuyvesant Hall:

L.E.A.D. House (Leadership through Engagement, Advocacy and Dedication)

Additionally, the **Hofstra University Honors College Living-Learning Community** is located in Vander Poel Hall.

Housing Options for All Undergraduates

High-Rise Towers

The six 14-story high-rise towers have double and triple rooms (and singles for upper-level students). Each floor has two common bathrooms, an RA and its own small lounge. On the top floor of each tower are common lounge and study spaces as well as a kitchen. Laundry facilities are on the first floor of each tower.

Colonial Square

Colonial Square offers suite-style rooms (two doubles with a common area and shared bath) in 17 houses in a courtyard complex. Each house has its own kitchen, lounge and RA. Laundry facilities are on the first floor of each house.

Nassau and Suffolk

This six-story twin complex provides modern two- and three-bedroom suites, each with a semiprivate bathroom. Some suites also have a common lounge space. Common lounge areas, kitchen and laundry facilities are found on the first floor of each complex.

Meeting your roommate!

One of the most exciting parts of getting ready for your first year at college is meeting your roommate. You can convey your preferences through the online application form anytime, although it is recommended that you let us know as close to May 15 as possible. Students who wish to be roommates are encouraged to apply for housing on or about the same date and to list each other as preferred roommates on their applications. You may meet a potential roommate at orientation, through our social media platforms, or at an Admitted Student Day. And if you don't have a preference, we will match you with another fabulous Hofstra student.

Room assignments will be sent out in mid-June for applications received by June 1. Any applications received from June 1 forward will be assigned on a weekly basis. Be sure to check your Hofstra email regularly, as your room assignment notification will be sent to your Hofstra Pride email account.

Your room assignment notification will contain information about your residence hall location, your roommate(s) and contact information, your move-in date and time, and website links to other items you will need to take care of prior to your arrival on campus. If you have any questions about your housing assignment or anything related to living on campus, please email reslife@hofstra.edu or call the Office of Residence Life at 516-463-6930.



Living with a roommate

One of the exciting things about living on campus is the opportunity to interact with and get to know your roommate(s) and/or suitemates. Getting along with a roommate is not a difficult process, but it does require open and honest communication. It is very important that you keep an open mind as you get to know your roommate, because it can truly be a life-changing experience to meet and interact with people who may come from different backgrounds or parts of the country (or the world!), and students who have varied interests and goals.



Below are a few things to consider as you get to know your roommate:

1. Talk to each other and communicate expectations regarding the living environment.
2. Consider the fact that your roommate may be as nervous about living with someone as you may be, as very few students have actually had to share a bedroom while living at home.
3. Talk about items you might want to bring into your room such as lounge furniture (if you are in a suite), TVs, etc.
4. Remain positive and respectful of your roommate, and remember that you do not have to be exactly like your roommate in order to have a good living experience.
5. Advocate for your needs in an open and direct fashion. If there are concerns, try to share them with your roommate as soon as they come up so that they do not build into a bigger issue. Considering the following topics will help to ensure a positive living experience:
 - ▶ Study time in the room/suite
 - ▶ Visitation and guest policy
 - ▶ Bathroom use schedule for suite living
 - ▶ Sharing of food and cost of groceries
 - ▶ How to handle problems or conflicts
 - ▶ Use of one another's property, including TV, computer, etc.
 - ▶ Space for clothes, luggage and storage
 - ▶ Cleaning the room, suite and/or bathroom

Student Rooms – What's Included?

Each student's room is furnished with:

- ▶ Desk and chair
- ▶ Bed (extra-long twin)
- ▶ Dresser
- ▶ Wardrobe/closet

All residence hall rooms include:

- ▶ Wi-Fi to meet your technology needs and allow access to Hofstra's computer network
- ▶ Free cable television access – please bring your TV
- ▶ Cellular coverage for mobile phones



For suites:

If your suite has a lounge space, bring furnishings for this space. Many students speak with their roommates and suitemates and plan to bring a couch, chair, coffee tables or bookshelves.

If you are bringing a TV for the shared lounge, please bring a cable splitter – currently, there are no cable outlets in the shared lounge, and a splitter is required to run the cable out of one of the bedrooms.

Common areas:

Each residence hall has common areas. These common areas may be used for study and/or social activities, as well as for cooking in the kitchen facilities. Common areas may include couches, chairs, tables, study carousels, open areas, and game tables. Use of the laundry facilities in each residence hall is free for residents.

What to bring to campus

- ▶ Bed linens, towels, pillows and blankets for a twin extra-long bed
- ▶ Refrigerator (combination refrigerator/microwave can be rented through our campus-approved vendor, Collegiate Storage and Rental); due to electricity demands, stand-alone microwaves are not permitted
- ▶ Plates, cups, utensils, pots, pans and cookie sheets; one-cup coffeemakers are permitted if they are UL-approved, are equipped with automatic shut-off and are used in accordance with manufacturer's guidelines
- ▶ Lamp or bed light to provide additional lighting
- ▶ Storage bins
- ▶ Food or snacks
- ▶ Electronics (computer, laptop, speakers, TV)
- ▶ Room decorations such as pictures, area rugs, and pillows
- ▶ Towel hangers and hooks, laundry basket, and hangers

Note: All furnishings for students' rooms must be fire-retardant, and students are encouraged to go green by bringing energy-efficient lightbulbs and appliances to campus.





In case you forget something, Target, Bed Bath & Beyond, WalMart and a shopping mall are within five minutes of the Hofstra campus. In addition, the Hofstra Bookstore stocks items for residence hall rooms.

For more information, visit:

hofstra.edu/reslife for photos of rooms and campus-approved vendors for appliances and linens

hofstra.edu/livingfactor for residence hall policies and procedures

Residence Life Staff and Policies

To ensure the safety of all students on our campus, each residence hall has a staff available to assist residents. **Resident security representatives** monitor the entranceways of each building 24 hours a day and make sure that only those students who have a University-issued ID card (HofstraCard) enter the residence halls.

In addition, **resident assistants (RAs)** live on each floor or in each house and have been selected because they exemplify the leadership traits required to work with students. RAs manage daily tasks that include being a resource for new students as they learn to navigate their way through their first year, providing informal student counseling, performing administrative tasks, organizing programming and serving in an on-call capacity to respond to emergency situations. **Resident directors (RDs) are professional, fully trained, live-in staff members** who supervise the RAs and are also available to assist you during your stay in our residence halls. You are encouraged to become acquainted with your RA and RD, who will answer your questions and enhance your living experience.

An RA is on duty from 6 p.m. to 9 p.m. in the RA Office of each residence hall. Between 9 p.m. and 8 a.m., the RA on duty is in his or her room. The name and phone number of the RA on duty is posted on the door of the RA Office. In case of an emergency, when the office is closed, a resident director is always on duty for the campus. To contact the RD on duty, call Public Safety at 516-463-6606.

Prohibited items

Due to strict New York state fire safety codes, certain items are prohibited in the residence halls, including candles, fabric wall hangings, hot pots, coffeemakers (*exception noted on page 13*), rice cookers, and any other electric cooking appliances. For a complete list of prohibited items, please visit the Residence Life website and read the *Residential Living Agreement*. Remember, our foremost concern is your safety and the safety of every residence hall community.

What else is happening on campus?

In addition to serving as home to many of Hofstra's Student Affairs offices, the **Sondra and David S. Mack Student Center** also houses the **Hofstra Bookstore**, which stocks books, school and office supplies, residence hall room furnishings and utilities, toiletries, candy and snacks, magazines, gifts, and Hofstra apparel. Also in the



Mack Student Center is a full-service TD Bank as well as several ATMs, a limited-service post office, a theater, multipurpose room, meeting rooms, a game room and a hair/beauty salon.

Students can also take advantage of the **Mack Fitness Center**, which has a daily class schedule, an indoor run/walk track, and cardio and strength machines.

Hof USA is a great place for students to socialize, dine and have fun. This entertainment venue features a continually changing menu and late-night hours.



Security on Campus

The safety and security of the Hofstra community and its 240-acre campus are our highest priority. Through our partnership with students, faculty and staff, we are able to maintain a campus that is safe and conducive to learning.

The Department of Public Safety enjoys a great working partnership with both the Nassau County and Village of Hempstead Police Departments, which are responsible for law enforcement outside our campus. The Public Safety administrative staff and officers are among the best in their field. Administrators have attained the highest professional certifications within the private and public security field and hold master's or baccalaureate degrees. All Public Safety officers are licensed by the New York State Division of Criminal Justice Services.

They receive training in crime prevention, sensitivity, diversity, community relations, investigations, evidence preservation, report writing, defensive tactics, fire prevention and control, and legal updates. The officers are New York state-certified first responders and are certified in CPR.



Student Employment

The Office of Student Employment provides a variety of employment programs for students throughout their years at Hofstra University. Through part-time, on-campus employment, students have the opportunity to enrich and enhance their academic experiences by applying learned skills and theories in practical settings, while earning income to assist with college expenses.

For more information, visit:

hofstra.edu/fitnesscenter for the Mack Fitness Center equipment, class schedules and intramural schedule

hofstra.edu/studentemployment for on-campus jobs

hofstra.edu/publicsafety for Public Safety services, statistics and information

hofstra.edu/CANN for Hofstra's Campus Alert Notification Network (CANN) system

hofstra.bncollege.com for the Hofstra University Bookstore (a service of Barnes & Noble College)



DINING ON CAMPUS

By now, you've likely selected your dining plan. You can make changes to it through the third week of the semester by visiting the Hofstra portal at [My.Hofstra.edu](https://my.hofstra.edu).

Through our partner, Campus Dining by Compass Group, we offer flexible dining plans that help you stay within your budget. We use a declining balance dining plan; just swipe your HofstraCard at one of our 18 dining locations, and the cost of food is deducted automatically in the form of points (\$1 equals 1 point).

Our dining plans also save you money! All purchases made with the dining plan are sales tax-free.

Students and parents should plan and be aware of their point consumption, especially over the first semester. Since students can purchase coffee and snacks through their declining balance cards, some students will use their points more quickly than others. You can always add to the points in your dining plan account.

The dining plan options available for incoming first-year residents are shown below; Plan 1 is available for commuting students only. After your first year, you may choose from dining plans at lower point allocations (between 1855 and 905). All undergraduate residents must purchase a dining plan.

	Semester cost/points	Estimated daily use	Who is this designed for?
PLAN 7	\$2,380	\$20	Students who eat 2-3 meals per day and snacks; don't go home often
PLAN 6	\$2,240	\$19	Students who eat 2-3 meals per day; don't go home often
PLAN 5	\$2,050	\$18	Students who eat 2 meals per day; go home occasionally
PLAN 1	\$480		For commuting students only

Our dining facilities include:

Au Bon Pain: California Avenue, South Campus

This bakery café with French heritage features sandwiches, salads, soups, baked goods and more.

Axinn Library Café: Joan and Donald E. Axinn Library, Main Level, South Campus

Visit the Axinn Library Café to try one of the many blends of coffee, as well as pastries and snacks.

Breslin Kiosk: Breslin Hall, South Campus

The Breslin Kiosk features Seattle's Best Coffee, snacks, sandwiches, salads and fresh-baked items for students on the go.

Café Bistro at Bits 'n' Bytes: Memorial Hall, South Campus

This newly renovated location has five full-service stations that feature gourmet cuisine, including Red Mango, BYOB (Build Your Own Burger), UPick Chopped Salads, and a Panini Shoppe.

Cyber Café: Hagedorn Hall, South Campus

This café offers an assortment of fresh-brewed coffee, specialty sandwiches and salads, fresh-baked muffins and pastries, snacks and bottled beverages, as well as daily hot breakfast, lunch and soup specials.

Dutch Treats: Hofstra USA, North Campus

Open 24 hours a day, seven days a week, this classic convenience store is your one-stop shop on campus.

Eli's Kosher Kitchen: Sondra and David S. Mack Student Center, North Campus

Hot and cold kosher food is served under the supervision of Rabbi Yehuda Kelemer.

Hof USA: Hofstra USA, North Campus

Socialize with your friends and grab a delicious bite to eat.

Law School Kiosk: Maurice A. Deane School of Law, South Campus

Located on the main level, the Law School Kiosk offers a variety of beverages, salads, bagels, kosher entrees and snacks.

Medical School Café: Hofstra Northwell School of Medicine, North Campus

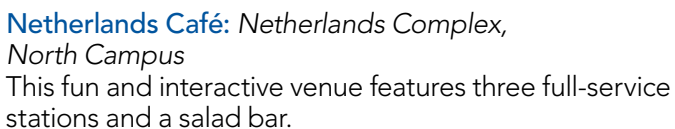
This full-service café offers an array of food, snacks and beverages.

Mondo Subs: Dutch Treats, Hofstra USA, North Campus

Subs are made to order while you watch.

Nathan's Famous: Netherlands Complex, North Campus

Nathan's offers a menu of quality and variety anchored by its world-famous beef hot dogs and crinkle-cut french fries. Nathan's menu offerings also include hamburgers, cheesesteaks, and Nathan's chicken classics.



Sbarro's famous pizza is only the beginning of the Sbarro culinary adventure. This location offers sumptuous entrees, pastas, salads and sandwiches – tastes to fit every palate.

The café serves Starbucks beverages, bottled beverages, and offers assorted grab-and-go items.

Subway: Netherlands Complex, North Campus
Enjoy a full-service Subway here on campus, featuring all your favorite sandwiches, salads and cookies.

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LEARNING: Fulfilling Your Academic Goals at Hofstra University

Student Success Collaborative

We care about your success. The Student Success Collaborative is a collection of offices dedicated to your academic achievement. Our shared vision is to help students become more confident, capable and determined while experiencing Hofstra both inside and outside of the classroom. From your first year through graduation, we are here to challenge and support your academic, career and life goals. Visit our offices early and often.

The Career Center

From the first year to after graduation, The Career Center at Hofstra University helps students develop and pursue career-related goals, as well as obtain and maximize meaningful practical experiences. The Career Center staff provide services that help students explore, prepare, connect and share. Our career counseling services and workshops help students understand the world of work and make decisions about majors, internships and career paths, and our connection events provide opportunities to meet with professionals and Hofstra alumni. We look forward to helping you achieve your goals!

Center for Academic Excellence

The Center for Academic Excellence (CAE) staff is dedicated to helping students achieve success in their academics and overall college experience. The CAE staff work closely with students, faculty, and other departments to proactively identify strategies to bolster students' academic and personal success. CAE services include the University Tutorial Program and Academic Success Program. The CAE is located in Room 202 Roosevelt Hall.

Center for University Advising

The Center for University Advising (located in Room 101 Memorial Hall) provides general academic advising to undergraduate students from admission through graduation and is designed to support students' academic progress. Students are assigned an advising dean who serves as their general academic advisor. After students declare a major, they also work closely with a faculty advisor in their major academic department. University Advising staff also provide pre-professional advising for students contemplating graduate studies in law or health-related professions.

Student Access Services

Student Access Services (located in Suite 107 in the Mack Student Center) assists students with physical, learning and psychological disabilities. The staff arrange for appropriate academic accommodations and help students develop the self-advocacy skills they need to succeed at Hofstra and beyond. To utilize resources at Student Access Services, students must complete a self-disclosure form and provide documentation of their disability.





Course Registration

During New Student Orientation you will be introduced to the campus, Hofstra resources and your peers. We will spend time reviewing how to access the University's online academic resources, such as the Hofstra portal. The Hofstra portal provides students with access to email accounts, a personal F-drive for online storage, as well as Blackboard, library databases and the Hofstra Online Information System, where students register for classes, request transcripts and view academic progress through Degree Works. You can also sign up for tutoring, check out student club information and make an appointment with a career counselor.

How do I prepare to register?

Prior to course registration, you will attend an academic session, "The CUA Experience," where you will learn about the courses required for your major as well as general education requirements (known as distribution requirements) and University requirements for writing, math and foreign languages. You will meet individually with your advising dean to create your fall schedule; however, you can take steps now to prepare. First, take a look at the First-Year Connections (FYC) seminar and cluster offerings (starting on page 21). FYC offerings provide distribution credit, introduce you to faculty and like-minded students, and help you transition in a supportive environment. Second, send documentation of your AP and transfer courses to the Hofstra Office of Admission. Finally, begin to think about your intended major and what academic topics interest you. To review some information in advance, visit the online *Undergraduate Bulletin* at bulletin.hofstra.edu or look over the *Advising Handbook* at hofstra.edu/advisinghandbook.

How do I register for courses?

During your advising session, you will have one-on-one time with your advising dean to ask questions and discuss your curriculum. We will talk about your intended major and academic interests and help you explore course options. Orientation leaders will help you select class times and put your schedule together. You also will have opportunities to meet other students within your discipline and make connections before you start classes in the fall.

What classes do first-year students take?

Students must take at least 12 semester hours (credits) to be considered full time. Generally, we advise students to take between 15 and 17 credits in their first semester to allow for adjustment to the rigor of college courses and familiarity with University life. You will be expected to spend a minimum of two to three hours a week studying outside of class for each credit hour a week spent in class. This means that a three-credit class would require six to nine hours of study time in addition to the three hours spent in the classroom.

Remember: If you haven't yet taken your placement tests for writing composition and foreign language, please visit the Hofstra portal at My.Hofstra.edu, click on the Blackboard link in the waffle icon in the top right corner and follow the instructions.

The number of credits you take will vary by major, and your advising dean will make recommendations for you. In general, a first semester schedule includes writing, math, and foreign language courses, and one or two courses that fulfill major and distribution (general education) requirements.

Sample first-semester schedule for students who choose to major in history:

One writing course (i.e., WSC 001)	3 credits
One math course (i.e., MATH 045)	3 credits
One foreign language course (i.e., ITAL 001)	3 credits
One distribution course (i.e., MUS 003)	3 credits
One major course (i.e., HIST 020)	3 credits
Total (5 courses)	15 credits

FIRST-YEAR CONNECTIONS – connecting students to **faculty, to New York City,** and to **one another**

Get connected! Your first year of college is a time of exciting changes and dramatic transitions. Hofstra's first-year seminars and clusters are designed to get your college experience off to a great start. At the heart of the program are small classes taught by distinguished faculty in areas of interest ranging from art to writing. These courses will introduce you to the intellectual and social life of the University, and — even if you are undecided about a major — nearly all of them will also help you satisfy the general education requirements for all majors. These are regular undergraduate courses, but they are reserved for first-year students only. You may have already indicated your preferences, but if you have not, please log in to the Hofstra portal at My.Hofstra.edu and give us your preferences.

Several of the first-year clusters and one seminar are linked to [Living-Learning Communities](#). Students enrolled in these clusters or this seminar may choose to live together in a house in the Netherlands First-Year Complex or Stuyvesant Hall. Through these vibrant communities, first-year students are exposed to environments that are intellectually stimulating, supportive and conducive to building lasting friendships and promoting academic excellence.

New York City: Our Classroom to the West

We want all our students — especially our first-year students — to be comfortable getting in and out of New York City. With that goal in mind, seminar and cluster faculty accompany their students on related events in and around NYC. Thus, students in music, dance and drama courses attend performances; students in science classes visit museums and laboratories; and students in political science courses attend lectures by expert speakers, visit government offices, etc. In essence, all these courses will help you navigate the city and make it your own.

Living-Learning Community Housing Options:



L.E.A.D.



Zarb



Communications

Math, Science and
Engineering

S.T.A.G.E.



L.I.V.E. NYC



PreP



STUDIO

FALL 2016 FYC SEMINARS

ANTHROPOLOGY

Sushi and Salsa, Coffee and Chocolate: Food and Drink in World Cultures: This course looks closely at particular foods and drinks — such as sugar, coffee, chocolate, broccoli, beer, potatoes, chicken and sushi — as they travel the world, are invented by and absorbed into various societies, change individual lives, and shape and transform social relationships and the world we live in.

Slavery in New York: This course examines the history of New York City before the Civil War, through the struggle to end slavery.

Why Chimps Don't Drive Ferraris: This seminar explores how different cultures, past and present, perceive the world and how this perception influences decisions.

ART HISTORY

Why Art Matters: This seminar explores the ways in which art is essential to human societies, linked with concepts such as identity, gender, history, commerce, propaganda and protest, and the intersection of cultures.

ASTRONOMY

From Explosions to Black Holes: The World of Stars and Galaxies: This seminar investigates the birth and lives of stars, including stars like our Sun.

Our Solar System: From the Ancient Greeks to Interstellar Life: This course examines the evolution of ideas about the nature of our world, and the structure of our cosmos — from visions of an Earth-centered universe to the modern view of Earth as a small, blue dot in the vast Milky Way galaxy.

COMPARATIVE LITERATURE

Sex, Money, Power: Freud, Marx, Nietzsche: This course examines how texts written by Freud, Marx and Nietzsche have contributed to modernist perspectives about the construction of individual identity, the capacity to think and to act rationally, and the relationship between language and truth.

DRAMA

Broadway (and More!): This seminar ventures beyond the classroom to explore stage production on Broadway and off-Broadway.

Eugene O'Neill and the Dysfunctional American Family: This course examines how O'Neill's major plays speak to society, with an emphasis on O'Neill's belief that the problems he saw in his own dysfunctional family might serve as a metaphor for much of what he perceived as wrong in American culture and society.

ECONOMICS

Macro Freakonomics: This course, taught in the spirit of the book *Freakonomics*, examines the underlying trends of the economy in order to understand the current crisis and the future of capitalism.

ENGLISH

Blackness in Science Fiction Literature and Film: This course examines expressions of black culture emerging from literary, film and television venues of the science fiction genre.

Dramatic Conversations: Kyd, Marlowe, Shakespeare and the Elizabethan Theater: This course explores the fascinating and complex relationships between Thomas Kyd and Christopher Marlowe, who revolutionized English drama, and William Shakespeare, who adapted their plays and in so doing became their rival.



A Coney Island of the Mind: Manhattan and the Art of Myth-Making: This course looks at Manhattan culture through a variety of perspectives, with a focus on literature, film and the arts.

This seminar is associated with the L.I.V.E. NYC Living-Learning Community.

Powers of Darkness: British Gothic Fiction and the Modern Horror Film: This seminar examines the origins of the modern horror film through the lens of British gothic fiction – from Mary Shelley's *Frankenstein* to Darren Aronofsky's *Black Swan*.

FINE ARTS

Off the Wall: Experimental Painting: Students learn formal aspects of painting such as color, shape and composition, while being encouraged to experiment with new materials, paints and adhesives.

Design, Business and Innovation: A new approach to business, called Design Thinking or Innovation Design, employs the processes of design as a tool to imagine new approaches to business, nonprofit organizations and the future in general. This course introduces design fundamentals as well as the creative process as employed by companies like Apple and Nike.

GEOGRAPHY

Child Labor in the World Today: This course examines the historical and societal contexts of child labor issues, coupled with a study of governmental policies and nongovernmental organizations' strategies to help alleviate the problems related to child labor.

GEOLOGY

Geology of NYC and Long Island: In this course students examine large-scale issues of public concern in New York City and on Long Island through the lens of a geologist.

HISTORY

Shop Till You Drop: This seminar examines the rise of urban life with its new realm of consumer pleasure.

Bimbos, Guidos and Godfathers: Challenging Italian American Stereotypes: This course examines how Italian American stereotypes have been shaped from a wide variety of sources, ranging from a 1915 *New York Times* editorial claiming Italians could never be assimilated, to the portrayal of Guido culture in current television programming.

Israel and Palestine: This seminar explores the troubled, frequently violent relationship between Israel and Palestine, including their on-again, off-again war over religion, patrimony and territory.

LABOR STUDIES

Micro Freakonomics: In this course, conducted in the spirit of the book *Freakonomics*, students develop a short list of core microeconomic concepts and analyze them in multiple real-world contexts.

LEGAL EDUCATION ACCELERATED PROGRAM

Law, Politics and Society: Required for students admitted to the Legal Education Accelerated Program.

This course explores how the American legal system developed, how it interacts with the rest of our political institutions, and how it reflects the cultural norms, class distinctions and idiosyncrasies of our society.

MUSIC

From iPod to Imax: Making Music on Your Computer: This course examines the compositional techniques of songwriting, mixing and film scoring through creative exercises.

The Transformation of Music in a Century of Electronica: In this course students learn about the invention of and the technology used to compose electronic music and how this technology caused major changes in both the “sound” and “function” of this music in society.

PHILOSOPHY

Philosophy of Health and Wellness: This class examines theories of what it means to be happy and healthy, and informs students about how to assess current research on those topics with a sophisticated eye.

The Meaning of Life: This class pursues questions about the meaning of life through discussions and readings.

PHYSICAL EDUCATION

T'ai Chi: Students learn the basic movements of this ancient form of self-defense, as well as how to calm the emotions and focus the mind.

Ballroom Dancing: Students develop basic ballroom dance steps with an emphasis on proper technique, posture, dance frame, and communication through body movement (lead/follow).

POLITICAL SCIENCE

Juvenile Justice in America: This course explores the historical antecedents of our present-day juvenile justice system, theories of juvenile delinquency, and philosophies for managing juvenile offenders.

PSYCHOLOGY

CSI: Psychology (or, What Psychologists Could Teach Lawyers): This course examines the validity of eyewitness identifications, the effect of racism within the criminal justice system, the efficacy of psychological jury selection, and some cognitive and social dynamics of juror deliberation.

Psychology through Film and Literature: This course examines the ways in which writers and filmmakers portray psychological disorders.

RELIGION

Hoaxes, Fakes and Imposters: In this seminar we explore both the human capacity for deception and, conversely, the willing suspension of disbelief. We take a case study approach, examining the biographies of imposters and forgeries from different historical periods and cultures.

SOCIOLOGY

House and Home: The American Dream in Crisis: This course offers a sociological analysis of the changing notion of “home,” providing a framework with which to consider what housing reflects about our social priorities, values and norms.

WRITING STUDIES AND COMPOSITION

How Writers Break the Rules — and Why: In this class we attempt to answer why so many writers you read don't seem to follow all those rules you worked so hard to learn in English class.

Sample schedule for students who choose to major in history and take a FIRST-YEAR SEMINAR:

One writing course (i.e., WSC 001)	3 credits
One math course (i.e., MATH 045)	3 credits
One foreign language course (i.e., ITAL 001)	3 credits
One FYC seminar (i.e., MUS 14F, From iPod to Imax)	4 credits
One major course (i.e., HIST 020)	3 credits
Total (5 courses)	16 credits



What are first-year clusters, and how might they fit into my schedule?

First-year clusters are two or three courses grouped around a common theme. For example, *The Literature and Theater of NYC* contains literature, theater appreciation and composition courses. Or, the Engineering cluster has an introductory engineering course, plus a lab and a composition course. These clusters also satisfy general education and major requirements. By taking a few courses with the same group of students, you'll make friends more quickly, form study groups, and come to feel at home on the Hofstra campus.



FALL 2016 FYC CLUSTERS

HUMANITIES



The Literature and Theater of NYC (Total = 11 s.h.)

This cluster introduces students to the rich theatrical and literary scene within New York City. Three courses: Introduction to Literature; Theater Appreciation; Composition
This cluster is associated with the L.I.V.E. NYC Living-Learning Community.

COMMUNICATION, SOCIOLOGY, ENVIRONMENTAL SCIENCES



Journalism, Media and Society (Total = 10 s.h.)

This cluster examines the historical trajectory of media development as embedded in major social systems and explores the social and political roles of media from colonial times to the present. Three courses: Contemporary Society; Mass Media: History and Development; Composition
This cluster is associated with the Communications Living-Learning Community.



Communication, Controversy and Science (Total = 9 s.h.)

This cluster examines the role of communication in several of today's controversial topics in science, including GMO foods, recycling, fracking, nuclear energy, and myriad other complex environmental and sustainability issues. Three courses: Sustainability Planning and Policy; Argumentation and Debate; Composition
This cluster is associated with the L.E.A.D. Living-Learning Community.



Our Changing Climate (Total = 10 s.h.)

Through the integrated perspectives of earth science, mathematics and writing studies, this cluster explores the workings of the Earth's climate system, the ways that humans are affecting this system, and the possible changes in climate that we may see in the next century or so. Three courses: Climate Change; Precalculus; Composition
This cluster is associated with the L.E.A.D. Living-Learning Community.

FILM, PHILOSOPHY, POLITICAL SCIENCE



Film and Philosophy (Total = 10 s.h.)

This cluster introduces the basic methodologies of film study and explores the influence of film on society. Three courses: Introduction to Film and Television Study; Introduction to Philosophy; Composition
This cluster is associated with the STUDIO Living-Learning Community.

Democracy, Politics and Policy: What's Fair in the United States? (Total = 13 s.h.)

This cluster examines values, politics and policy making in the United States, with an emphasis on three themes: the foundations of democratic governance, the challenges of policy making in 21st-century American politics, and prospects for alternative U.S. democratic governance structures. Three courses: Law, Philosophy and Public Life; American Politics; Composition

BUSINESS



Law and Economics (Total = 6 or 9 s.h.)

This cluster examines the relationships between law, economics and business. Three courses: Principles of Economics; Introduction to Legal Systems, Environment and Contracts; Composition

This cluster is associated with the Zarb Living-Learning Community.

PERFORMING ARTS



Elements of Music (Total = 8 or 9 s.h.)

This cluster is a survey of the elements of music, the main formal structures and the principal musical genres found in various style periods of Western music. Three courses: Musical Styles and Structures; Elementary Ear Training; Composition

This cluster is associated with the S.T.A.G.E. Living-Learning Community.



This Great Stage (Total = 9 s.h.)

This cluster explores representative plays from a wide variety of traditions as an access point to a larger discussion about the development of Western drama from the ancient Greeks to the present day, with a particular emphasis on Shakespeare. Three courses: Play Analysis; Shakespeare; Composition

This cluster is associated with the S.T.A.G.E. Living-Learning Community.

Modern Dance (Total = 8 s.h.)

Designed for incoming dance majors, this cluster focuses on techniques in contemporary dance forms and musical concepts as they apply to dance. Four courses: Modern Dance; Performance Lab; Rhythmic Training and Accompaniment for Dance; Composition

PRE-HEALTH SCIENCES, ENGINEERING, COMPUTING



Pre-Health Sciences (Total = 13 s.h.)

This cluster explores general chemistry and animal form and function, topics that are required for admission to most graduate programs in the health professions. Four courses: Animal Form and Function; Concepts in Biology; General and Inorganic Chemistry; Composition

This cluster is associated with the PreP Living-Learning Community.



Engineering (Total = 6 s.h.)

With an emphasis on teamwork, this cluster uses lecture discussions and laboratory assignments to expose students to the basic science and mathematics that underlie conceptual engineering design. Three courses: Designing the Human-Made World; Engineering Lab; Composition

This cluster is associated with the Math, Science and Engineering Living-Learning Community.



Computer Science: Thinking Machines – Math, Logic and Programming (Total = 7 s.h.)

In this cluster we will explore the foundations in mathematics and computer science on which all computer programs are built – including those that are capable of artificial intelligence (AI). Along the way, through research and discussions, we will highlight the people, ideas and events that shaped AI and explore its current frontiers. Two courses: Discrete Structures for Computer Science; Fundamentals of Computer Science

This cluster is associated with the Math, Science and Engineering Living-Learning Community.



Introduction to Computing: Cryptography (Total = 7 s.h.)

In this cluster you will learn some interesting ideas in Cryptography, the study of making codes. Beyond that you will learn the foundations of computing, both applied and theoretical, and a new way of thinking: computational thinking. We help you to build your skill set and the mindset for solving problems efficiently and creatively. Two courses: Discrete Structures for Computer Science; Fundamentals of Computer Science

This cluster is associated with the Math, Science and Engineering Living-Learning Community.

Sample schedule for students who choose to major in philosophy and take a FIRST-YEAR CLUSTER:

One math course (i.e., MATH 45)	3 credits
One foreign language course (i.e., ITAL 001)	3 credits
FYC cluster: <i>Film and Philosophy</i>	10 credits
• RTVF 10, Introduction to Film and Television Study, 3 credits • PHI 10, Introduction to Philosophy, 4 credits • WSC 1, Composition, 3 credits	
Total (5 courses)	16 credits

Hofstra University Honor Code

As a member of the Hofstra community, I pledge to demonstrate integrity and ethical behavior in all aspects of my life, both inside and out of the classroom. I understand that I am accountable for everything I say and write. I will not misrepresent my academic work, nor will I give or receive unauthorized assistance for academic work. I agree to respect the rights of all members of the Hofstra community. I will be guided by the values expressed in the P.R.I.D.E. Principles. I accept the responsibility to follow this Honor Code at all times.
(established 2012)

LEARN MORE AT [HOFSTRA.EDU/INTEGRITY](https://hofstra.edu/integrity).

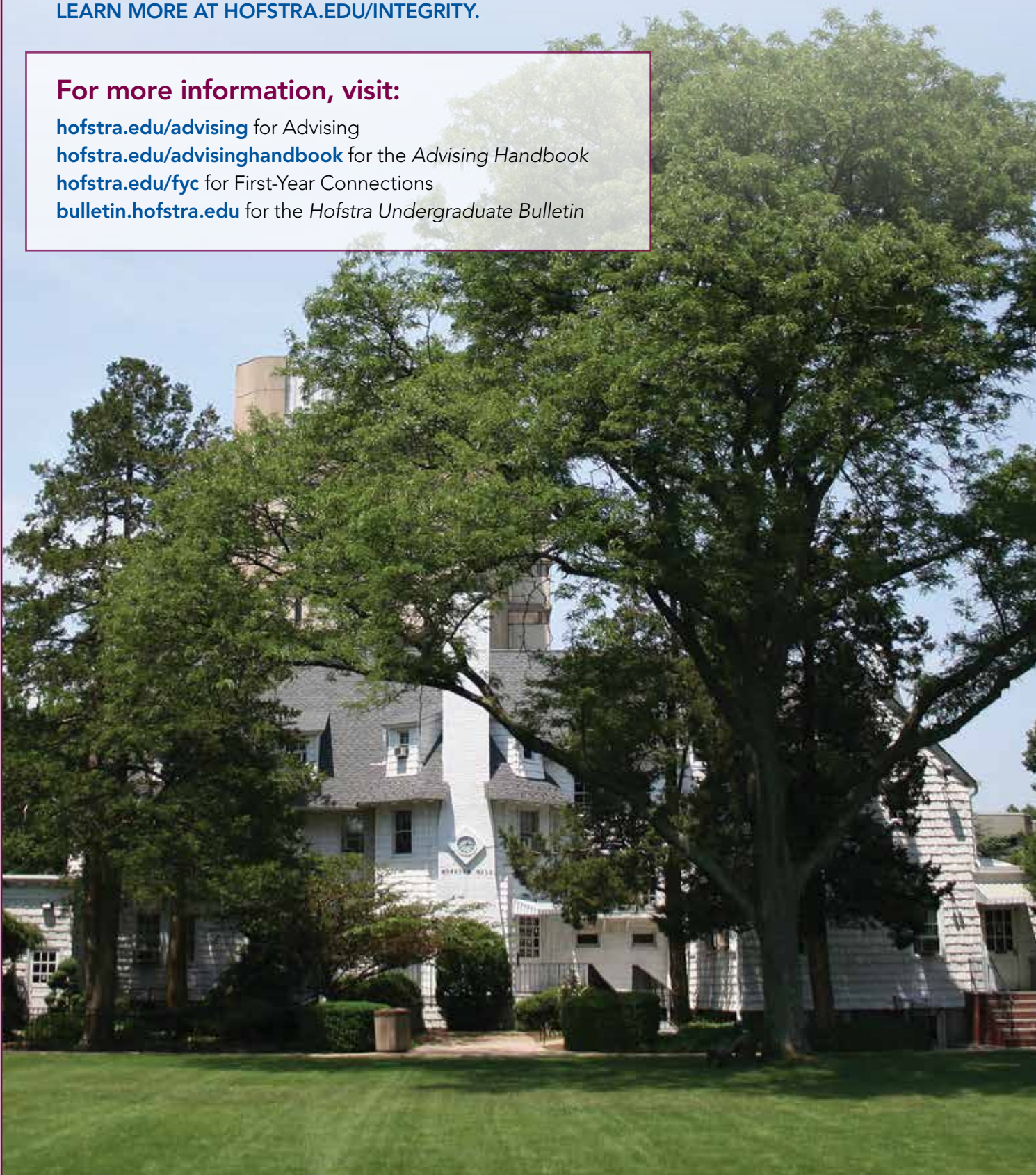
For more information, visit:

hofstra.edu/advising for Advising

hofstra.edu/advisinghandbook for the *Advising Handbook*

hofstra.edu/fyc for First-Year Connections

bulletin.hofstra.edu for the *Hofstra Undergraduate Bulletin*



NAVIGATING HOFSTRA: Paying, Registering, and Other How-Tos

Payment and financing options

Aid and grant options

Your Financial Aid Notification includes any Hofstra merit- or need-based scholarships, federal and state aid, and loan availability. You've probably already filled out your FAFSA (Free Application for Federal Student Aid) and understand which grants and loans you are eligible for. The FAFSA connects you to federal grants (Pell, SEOG, TEACH), New York state's TAP (Tuition Assistance Program) and most loans, including Perkins loans, Stafford loans (subsidized and unsubsidized) and Parent PLUS loans.

If you haven't done these things yet, we encourage you to call our Office of Student Financial Services at 516-463-8000. Our staff will be glad to answer any questions or help connect the dots for you. For more information on these financial assistance programs, visit hofstra.edu/sfs.

In addition, some families opt for alternative loans to assist students in meeting educational expenses. Terms and conditions of these loans vary by lender. For more information, visit finaid.org/loans/privatestudentloans.phtml.



For more information, visit:

studentaid.gov for federal aid

studentloans.gov for federally regulated loans

hesc.ny.gov for TAP

finaid.org/loans/privatestudentloans.phtml for alternative loans

hofstra.edu/sfs for Hofstra's Office of Student Financial Services

2016-2017 Tuition Costs and Billing

The Office of the Bursar (Student Accounts) sends fall semester bills to all new students in mid-June. After final registration and room assignment, an updated electronic fall bill is sent via the Hofstra portal. Payment is required by August 1, 2016.

Billing statements are only available online! Make sure your bill goes to the right place!

Visit hofstra.edu/EbillAddUser for e-bill instructions.

You will receive two bills per year.

The estimated costs for a first-year undergraduate student are as follows:

Tuition and Fees:	$\$21,000 \times 2 = \$42,000$
Student Activity Fee:	$\$80 \times 2 = \160
Housing (Suite-Style) and Dining Plan:	$\$8,140 \times 2 = \$16,280^*$

Note: This is not a complete list of fees. For the full tuition and fee schedule, visit hofstra.edu/tuition. All tuition and fees are subject to change at any time.

**Based on suite-style housing with a lounge and minimum dining plan for first-year students.*

continued on next page

Other Expenses

Books and supplies:	\$1,000
Personal/transportation:	\$3,236

Locked-In Rate

Hofstra offers a four-year locked-in rate for tuition and fees. The estimated annual fixed rate for tuition and fees (not including the Student Activity Fee) for first-year students will be \$43,550. Learn more at hofstra.edu/lockedintuitionrate.

Tuition Refund Plan

Hofstra offers an optional tuition insurance program, the Tuition Refund Plan (TRP), available through A.W.G. Dewar Inc. This plan may help minimize your potential investment loss if you need to withdraw from classes and leave school during the semester due to an accident or illness. Subscribers are eligible for a refund throughout the semester, even when Hofstra's tuition refund policy has expired.

Payment Options

All payments must be made in U.S. dollars. For a full list of payment forms, which include cash, check, money orders, bank transfer, and PINless debit cards, visit hofstra.edu/paymentoptions. We do not accept credit cards for tuition, fees, room and board.

Online Payment

Payment may be made by electronic check or PINless debit card through the Hofstra portal at your convenience. Log in at [My.Hofstra.edu](https://my.hofstra.edu), go to the hamburger Menu icon in the upper left corner and click [Student Services](#). From the Student Services page, select [Student Payment Center](#) under the General header. Students may authorize parents or others to access e-bill statements and make payments by following the easy instructions available at hofstra.edu/EbillAddUser.

Monthly Payment Plan

For your convenience, you can spread the payment of your semester charges over several months through an installment plan. Enrollment fees apply. Visit hofstra.edu/paymentoptions for more information.

In-Person Payment

You may make a payment in person at our Student Financial Services Suite, Room 206 Memorial Hall, South Campus.

Mailing Payment

Electronic payment is preferred, but you may mail payment to Hofstra University, Office of the Bursar/Student Accounts, Room 205 Memorial Hall, 126 Hofstra University, Hempstead, NY 11549-1260.

For more information, visit:

hofstra.edu/paymentoptions for payment options information

hofstra.edu/sfshowto for step-by-step transaction instructions via the Hofstra portal

hofstra.edu/lockedintuitionrate for the locked-in tuition application

hofstra.edu/tuitioninsurance for insurance enrollment information

What Is FERPA? And Why Should I Care?

What Parents and Students Need to Know

The Family Educational Rights and Privacy Act (FERPA) of 1974 is a federal law that requires colleges and universities to protect the confidentiality of student education records. The law states that, except in specified circumstances, no one outside the institution shall have access to a student's education records, nor will the institution disclose any information from those records without the written consent of the student.

What Are Education Records?

"Education records" are records that:

- ▶ Contain information that is directly related to a student.
- ▶ Are maintained by an education agency or institution or by a party acting for the agency or institution.

What Does Not Qualify as an Education Record?

- ▶ Records that are kept in the sole possession of the maker for use only as a memory aid and not shared with others.
- ▶ Records created by Public Safety for a law enforcement purpose and maintained by Public Safety.
- ▶ Certain employment records that relate exclusively to an individual's employment capacity. However, Student Employment records are considered education records under FERPA.
- ▶ Medical and psychological records made, maintained, or used only in connection with the treatment of the student.
- ▶ Post-attendance records (alumni records).

Note: In most circumstances, students do not have the right to review their parents' financial records or confidential recommendations to which they have waived access.

What Are a Student's Rights Under FERPA?

- ▶ Right to inspect and review education records.
- ▶ Right to request amendment of education records.
- ▶ Right to have some control over the disclosure of information from education records.
- ▶ Right to file with the U.S. Department of Education a complaint concerning alleged failures by the education agency or institution to comply with the requirements of the act.



What About Parental Access to a Student's Education Records? (Important!)

At the postsecondary level, parents have no inherent rights to inspect a student's education records. The right to inspect is limited solely to the student.

Parents may gain access to non-directory information (grades, GPA, etc.) if they obtain consent from the student.

The preferred method for students to allow access to parents is by completing the FERPA. The FERPA Authorization Form is available on the Hofstra portal. Through this form students can, at their discretion, grant their parents access to their records. A paper version of the FERPA Authorization Form is available at the Student Financial Services and Registrar Suite, Room 206 Memorial Hall, or it may be downloaded from the Hofstra portal ([My.Hofstra.edu](#) ▶ hamburger Menu icon ▶ Student Services ▶ Student Records ▶ FERPA Authorization Form).

Once authorization is granted, parents may obtain information from the Student Financial Services and Registrar Suite by calling 516-463-8000, visiting Room 206 Memorial Hall, or emailing registrar@hofstra.edu.

What Is Considered "Directory Information"?

Hofstra University may release appropriately designated "directory information" without the student's written consent, unless the student has advised the University to the contrary in accordance with University procedures.

Hofstra University has designated the following as directory information: the student's name, address, telephone number, email address, photograph, date and place of birth, major field of study, dates of attendance, grade level, enrollment status (e.g., undergraduate or graduate; full time or part time), participation in officially recognized activities and sports, weight and height of members of athletic teams, degrees, honors and awards received, and the most recent education agency or institution attended.

If students do not want Hofstra University to disclose directory information from their education records without their prior written consent, they must notify the Office of Academic Records/Registrar in writing. A form requesting nondisclosure may be obtained at the Student Financial Services and Registrar Suite, Room 206 Memorial Hall. Status of nondisclosure is binding until such time that Hofstra is notified in writing by the student to permit release of directory information.

Hofstra University reserves the right to withhold directory information at its discretion.

Can Hofstra University Disclose Information Without a Student's Consent?

Pursuant to FERPA, the University may disclose a student's education records without a student's written consent under certain conditions. These include, but are not limited to:

- ▶ Disclosure to a school official who has a legitimate educational interest.
- ▶ Disclosure to an education auditing or enforcing agency of a federal or state-supported program.
- ▶ Disclosure associated with eligibility for financial aid.
- ▶ Disclosure pursuant to a court order or subpoena.
- ▶ Disclosure that is necessary to protect the safety of the student or other persons.

What Is Annual Notification?

In compliance with FERPA, Hofstra University annually notifies students of the rights afforded to them under FERPA by publishing the University's FERPA policy on the University's website and in the University's *Undergraduate Bulletin*, *Graduate Studies Bulletin* and *Guide to Pride*.

Where Can I Find Additional FERPA Information?

Visit the U.S. Department of Education, Family Policy Compliance Office at www.ed.gov/policy/gen/guid/fpc/index.html.

Website links are provided throughout this publication as a general information resource. The links provided are maintained by their respective organizations, and they are solely responsible for their content. Hofstra does not favor one link over another, nor does Hofstra endorse or profit, in whole or in part, from any products or services offered or promoted by any of the websites whose links appear.

Offices on Campus

Hofstra’s professional staff is here to serve you, our students and families. If you cannot find the office through navigation of the Hofstra website, use the search bar. Links to each of these offices, their functions, staff listings and calendar, should come up as your first available option. Phone numbers are listed below; please feel free to call with any questions.

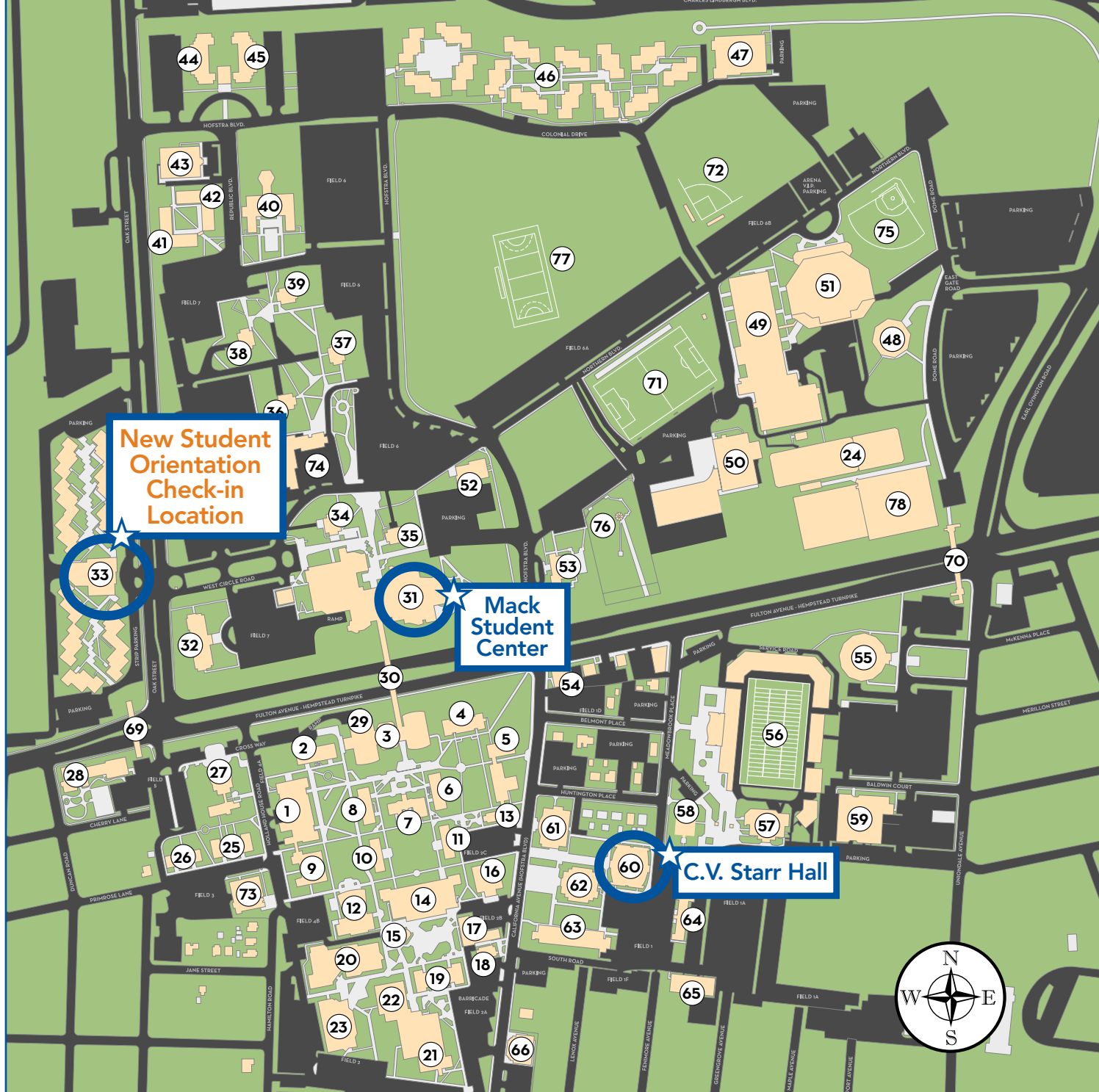
The Career Center	516-463-6060
Center for University Advising (Memorial Hall)	516-463-6770
Dean of Students Office	516-463-6913
Health and Wellness Center	516-463-6745
Intercultural Engagement and Inclusion	516-463-6914
Interfaith Center	516-463-6920
Mack Fitness Center	516-463-6958
Off-Campus Living and Commuting Student Services	516-463-3469
Office of Community Standards	516-463-6913
Office of HofstraCard Services.....	516-463-6942
Office of Parent and Family Programs.....	516-463-4698
Office of Residence Life	516-463-6930
Office of Student Leadership and Engagement (main).....	516-463-6914
Office of Student Leadership and Engagement (orientation)	516-463-4874
Public Safety	516-463-6606
Student Access Services	516-463-7075
Student Computing Services	516-463-7777
Student Counseling Services.....	516-463-6791
Student Financial Services	516-463-8000
Undergraduate Admission.....	516-463-6700

For more information, visit:

- bulletin.hofstra.edu for all academic guidelines, information about process, procedure, governance and all consumer reporting
- events.hofstra.edu for the University’s event calendar
- news.hofstra.edu for top news stories as well as features on Hofstra students, faculty and alumni



CAMPUS MAP



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Nondiscrimination Policy: Hofstra University is committed to extending equal opportunity to all qualified individuals without regard to race, color, religion, sex, sexual orientation, gender identity or expression, age, national or ethnic origin, physical or mental disability, marital or veteran status in employment and in the conduct and operation of Hofstra University's educational programs and activities, including admissions, scholarship and loan programs, and athletic and other school-administered programs. This statement of nondiscrimination is in compliance with Title VI and Title VII of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act Amendments Act, the Age Discrimination Act and other applicable federal, state and local laws and regulations relating to nondiscrimination ("Equal Opportunity Laws"). The Equal Rights and Opportunity Officer is the University's official responsible for coordinating its overall adherence to Equal Opportunity Laws. Questions or concerns regarding any of these laws or other aspects of Hofstra's Equal Opportunity Statement should be directed to the Equal Rights and Opportunity Officer at EROO@hofstra.edu, 516-463-7310, C/O Office of Legal Affairs and General Counsel, 101 Hofstra University, Hempstead, NY 11549. For additional contacts and related resources, see hofstra.edu/EOE.

Campus Crime Reporting and Fire Safety Statistics: In compliance with the federal Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act and other federal law, detailed information on campus security and fire safety, including statistics, is available by accessing the Hofstra website at hofstra.edu/campusafetyreport or by contacting the Advisory Committee on Campus Safety. Crime statistics are also available at the U.S. Department of Education website at ope.ed.gov/security. The Advisory Committee on Campus Safety will provide upon request all campus crime and fire safety statistics as reported to the U.S. Department of Education. For additional information or a paper copy of the report, please call the Department of Public Safety at 516-463-6606.

Hofstra University Harassment Policy: Hofstra's prohibition against discrimination is also addressed in Hofstra's Harassment Policy. The Harassment Policy prohibits harassment—including sexual harassment and sexual violence--based on race, color, religion, sex, sexual orientation, gender identity or expression, age, national or ethnic origin, physical or mental disability, marital or veteran status. Hofstra University is committed to professional and interpersonal respect ensuring that no individuals are subjected to harassment or discriminated against in any way on the basis of any of these protected characteristics. Harassment based on any of these protected characteristics is a form of discrimination prohibited by law and by Hofstra University's Harassment Policy. The Harassment Policy, which is available online at the link referenced below, contains complaint procedures for resolving complaints of harassment in violation of Hofstra's Harassment Policy. Harassment policy link: hofstra.edu/harassment



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516-463-6700
hofstra.edu



Self-Disclosure Form for Students with Disabilities

Welcome to Hofstra University! Students who have been admitted to Hofstra University and who wish to receive information about services and accommodations for students with disabilities should complete this form. You must complete this form even if you have already disclosed this information to another office at Hofstra. While you may disclose a disability at any time during your academic career, it is to your benefit to return this form by June 1 or within two weeks of receiving this form so that we have ample time to prepare your accommodations before you arrive for your first semester.

Upon receipt of this self-disclosure form, we will mail/email you an application for services as well as guidelines for your disability documentation. If you anticipate requesting services relative to your disability, we must have these forms and full documentation on file.

Student Access Services can take no action on your behalf without your specific request.

Name _____
(First) (Middle) (Last)

Address _____

Email _____ Phone number _____

Entry term _____ Hofstra ID number _____

My disability can be categorized as (check all that apply):

- | | | |
|--|---|--|
| ☐ ADD/ADHD | ☐ Hearing Impairment | ☐ Learning Disability |
| ☐ Mobility Impairment | ☐ Psychological | ☐ Visual Impairment |
| ☐ Other _____ | | |

Signature _____ Date _____

Please return form to: Student Access Services
Division of Student Affairs
Room 107 Sondra and David S. Mack Student Center
200 Hofstra University
Hempstead, NY 11549-2000
Phone: 516-463-7075
Fax: 516-463-7070

Meningitis

Know Your Risk Learn About Vaccination Options

Dear Student:

As director of the Hofstra University Health and Wellness Center, I am writing to inform you about meningococcal disease – a potentially fatal bacterial infection commonly referred to as meningitis – and a New York state law that became effective August 15, 2003.

Hofstra University is required to maintain a record of the following for each student:

- A response to receipt of meningococcal disease and vaccination information signed by the student or student's parent or guardian. This must include information on the availability and cost of meningococcal meningitis vaccine (Menactra); AND EITHER
- A record of meningococcal meningitis immunization within the past 10 years; OR
- An acknowledgment of meningococcal disease risks and refusal of meningococcal meningitis immunization signed by the student or student's parent or guardian.

Meningitis is rare. However, when it strikes, its flu-like symptoms make diagnosis difficult. If not treated early, meningitis can lead to swelling of the fluid surrounding the brain and spinal column as well as severe and permanent disabilities, such as hearing loss, brain damage, seizures, and limb amputation, and even death.

Cases of meningitis among teens and young adults 15 to 24 years of age (the age of most college students) have more than doubled since 1991. The disease strikes about 3,000 Americans each year and claims about 300 lives. Between 100 and 125 meningitis cases occur on college campuses and as many as 15 students will die from the disease each year.

A vaccine is available that protects against four types of the bacteria that cause meningitis in the United States – types A, C, Y and W-135. These types of bacteria account for nearly two-thirds of meningitis cases among college students. You may obtain the Menactra vaccine through your primary care provider.

I encourage you to review the enclosed materials carefully. **Upon receipt of this letter, please complete the enclosed Medical Record Form**, and return it to Hofstra University Health and Wellness Center, 250 Hofstra University Hempstead, NY 11549-2500. We are notifying you of this state law and are asking for your cooperation in complying with these state regulations. This law requires the University to exclude all noncompliant students from attending the University. This would include exclusion from classes, residence halls and other curricular and co-curricular activities. The Hofstra University Health and Wellness Center is able to assist you in becoming compliant with Public Health Law 2167.

To learn more about meningitis and the vaccine, please feel free to contact the Hofstra Health and Wellness Center and/or consult your primary health care provider. You can also find information about the disease at the New York State Department of Health website (www.health.state.ny.us), the website of the Centers for Disease Control and Prevention (CDC) (www.cdc.gov/meningitis/index.html), or the American College Health Association's website (www.acha.org).

Sincerely,



Maureen B. Houck, DNP, APRN-BC
Director
Hofstra University Health and Wellness Center

Meningococcal Vaccine

What You Need to Know

What is meningococcal disease?

Meningococcal disease is a severe bacterial infection of the bloodstream or meninges (a thin lining covering the brain and the spinal cord).

Who gets meningococcal disease?

Anyone can get meningococcal disease, but it is more common in infants and children. For some college students, such as first-year students living in residence halls, there is an increased risk of meningitis disease. Between 100 and 125 cases of meningococcal disease occur on college campuses every year in the United States; between five and 15 college students die each year as a result of infection. Currently no data is available regarding whether children at overnight camps or residential schools are at the same increased risk for the disease. However, these children can be in settings similar to first-year students living in residence halls. Other persons at increased risk include household contacts of a person known to have had this disease, and people traveling to parts of the world where meningitis is prevalent.

How is the germ meningococcus spread?

The meningococcus germ is spread by direct close contact with nose or throat discharges of an infected person. Many people carry this particular germ in their nose and throat without any signs of illness, while others may develop serious symptoms.

What are the symptoms?

High fever, headache, vomiting, stiff neck and a rash are symptoms of meningococcal disease. Among people who develop meningococcal disease, 10 to 15 percent die, in spite of treatment with antibiotics. Of those who live, permanent brain damage, hearing loss, kidney failure, loss of arms or legs, or chronic nervous system problems can occur.

How soon do the symptoms appear?

Symptoms may appear two to 10 days after exposure, but usually within five days.

What is the treatment for meningococcal disease?

Antibiotics, such as penicillin G or ceftriaxone, can be used to treat people with meningococcal disease.

Is there a vaccine to prevent meningococcal meningitis?

Yes, a safe and effective vaccine is available. The vaccine is 85 to 100 percent effective in preventing four kinds of bacteria (serogroups A, C, Y, W-135) that cause about 70 percent of the diseases in the United States. The vaccine is safe, with mild and infrequent side effects, such as redness and pain at the injection site lasting up to two days. After vaccination, immunity develops within seven to 10 days and remains effective for approximately three to five years. As with any vaccine, vaccination against meningitis may not protect 100 percent of all susceptible individuals.

How do I get more information about meningococcal disease and vaccination?

Contact your health care provider or the Hofstra University Health and Wellness Center at 516-463-6745. Additional information is also available on the websites for the New York State Department of Health, www.health.state.ny.us, and the American College Health Association, www.acha.org.

Name of Student _____ Date of Birth _____ Hofstra ID # _____

IMMUNIZATION RECORD

To be completed and signed by health care provider.

New York state law mandates that this immunization record be on file prior to registration.

All information must be provided in English.

	MO/DAY/YR	MO/DAY/YR	MO/DAY/YR
*MMR (Measles, Mumps, Rubella) (Two doses with live vaccine required of all persons born after 12/31/56.) History of having measles or documentation of positive measles, mumps, rubella antibody titers			
OR *MEASLES (RUBEOLA) History of having measles, or TWO immunizations with live measles vaccine after first birthday, or documentation of measles antibody titer			
*MUMPS History of having mumps, or immunization with live mumps vaccine after first birthday, or documentation of mumps antibody titer			
*RUBELLA (German Measles) History of having had rubella disease is NOT acceptable! Immunization with rubella vaccine, or documentation of rubella antibody titer			
HEPATITIS B			
DPT			
DT (WITHIN 10 YEARS)			
POLIO (T.O.P.V.)			
MENINGOCOCCAL (one dose)			
VARICELLA			
PPD TUBERCULIN SKIN TEST (REQUIRED REGARDLESS OF PRIOR BCG INOCULATION) Date (within six months): _____ _____ Negative _____ Positive _____ Size of Induration If skin test was positive, the following information is required: Chest X-ray: Date _____ Result _____ Treatment given: Date(s) _____ Medication(s) _____			

*required by New York State Department of Health (OTHERS STRONGLY RECOMMENDED).

I certify that the above-named student has received the immunizations listed above on the dates indicated.

Health Care Provider _____ Phone No. _____
(PLEASE PRINT.)

Health Care Provider Signature _____ Date _____

Health Care Provider Stamp/Office Stamp for Address and Telephone Number _____

TO THE STUDENT: THIS INFORMATION WILL BECOME PART OF YOUR CONFIDENTIAL HEALTH RECORD.

1.

Print Name _____
Last First Middle

2.

Address _____
Street/Apt. # City State ZIP Code

3.

Date of Birth _____ Country of Birth _____ Hofstra ID # _____

4.

Person to notify in case of emergency _____
☐ Parent ☐ Guardian ☐ Spouse
☐ Other _____
Address _____
Street/Apt. # City State ZIP Code Phone (_____) _____

5.

Home Phone (_____) _____ Cell Phone (_____) _____

6.

Name of Health Insurance Carrier _____ I.D. No. _____
Address of Insurance Company _____ Group No. _____
Subscriber/Cardholder Name _____ ☐ Parent ☐ Guardian ☐ Self ☐ Spouse

7.

Indicate Student Status: ☐ Undergraduate ☐ Graduate ☐ Law ☐ Medical
 ☐ Full time ☐ Part time

8.

Are you a member of an athletic team? ☐ Yes ☐ No If yes, indicate sport. _____

9.

Consent for Treatment:

REQUIRED OF ALL STUDENTS OR PARENT/GUARDIAN FOR STUDENTS UNDER THE AGE OF 18:

I, _____, hereby consent to the following:

Hofstra’s Health and Wellness Center may hospitalize me (my child) or may perform any medical or surgical procedures or tests deemed necessary in my (my child’s) care and treatment. Hofstra’s Health and Wellness Center may present information concerning my (my child’s) medical condition to other responsible University officials when deemed necessary. Hofstra’s Health and Wellness Center may forward any and all of my (my child’s) medical records to physicians and/or hospitals when deemed necessary for my (my child’s) proper care and treatment.

Signature of Student or Parent/Guardian

Date

10. REQUIRED BY NEW YORK STATE LAW:
TO BE COMPLETED AND SIGNED BY STUDENT OR PARENT/GUARDIAN FOR STUDENT UNDER THE AGE OF 18.
CHECK ONE ONLY.

I (my child) had the meningococcal meningitis immunization within the past 10 years. Month _____ / Year _____

I have read, or have had explained to me, the information regarding meningococcal meningitis disease. I (my child) will obtain immunization against meningitis within 30 days of the beginning of the semester.

I have read, or have had explained to me, the information regarding meningococcal meningitis disease. I (my child) understand the risks of not receiving the vaccine. I have decided that I (my child) will **NOT** obtain immunization against meningococcal disease.

Signature of Student or Parent/Guardian

Date

11. SIGNATURE OF HEALTH CARE PROVIDER IS REQUIRED ON PAGES 3 AND 4.

12. Mail completed form in envelope provided to: HOFSTRA UNIVERSITY HEALTH AND WELLNESS CENTER,
250 HOFSTRA UNIVERSITY, HEMPSTEAD, NY 11549-2500.

FOR OFFICE USE ONLY

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MEDICAL HISTORY TO BE COMPLETED BY STUDENT

Confidential

Name of Student _____ Date of Birth _____ Hofstra ID # _____

FAMILY MEDICAL HISTORY							
Check each item:	Yes	No	Relationship	Check each item:	Yes	No	Relationship
Tuberculosis (If yes, give details on additional sheet)				Nervous or mental disorder			
Diabetes				Thyroid disease			
High blood pressure				Cancer			
Heart disease				Mother living?			
				Father living?			

STUDENT’S MEDICAL HISTORY

<table><tr><th>Yes</th><th>No</th></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></table> Anemia (including sickle cell anemia) Anorexia or bulimia Asthma, wheezing Bleeding disorder Blindness (complete or partial) Cancer (incl. leukemia, Hodgkin’s disease) Chickenpox Cystic fibrosis Diabetes Epilepsy or other seizure disorder	Yes	No																							<table><tr><th>Yes</th><th>No</th></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></table> Glaucoma Hearing loss (complete or partial) Heart enlargement Heart murmur Heart valve problem Hepatitis or jaundice High blood pressure Immunodeficiency disorder Infectious mononucleosis Inflammatory bowel disease or Crohn’s disease	Yes	No																							<table><tr><th>Yes</th><th>No</th></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr><tr><td></td><td></td></tr></table> Kidney or bladder infection or stone Migraine headache Polyps of colon Rheumatic fever Thyroid disorder Tuberculosis Stomach ulcer Urinary tract infection Other _____ Surgery _____	Yes	No																						
Yes	No																																																																									
Yes	No																																																																									
Yes	No																																																																									

Yes No **MEDICATIONS:** Check box to indicate whether you take any medications (including birth control pills, acne drugs, etc.).
☐ ☐ List medications, doses, and reason for taking them. (Attach additional sheet if necessary.)

Drug	Dose	Reason
------	------	--------

Yes No **ALLERGIES:** Check box to indicate whether you have allergies. If so, specify type.
☐ ☐ Medication (e.g., penicillin, sulfa drugs) _____
Environment (specify) _____ Food (specify) _____

Yes No **INJURIES:** Check box to indicate whether you have had any serious accidents or injuries. If so, specify type (include details and dates).
☐ ☐ Broken bone(s), fracture(s) _____
Concussion or other head injury _____
Back, hip, knee, or ankle injury _____
Other _____

Yes No **MENTAL HEALTH:** Check boxes to indicate whether
☐ ☐ Your academic and/or work activities have ever been interrupted because of mental or emotional problems.
☐ ☐ You have ever been under the care of a psychiatrist or mental health professional.
☐ ☐ You have ever been treated with any medication for psychiatric reasons. If so, provide details (medication, reason for taking it, dates, duration of treatment).

☐ ☐ You have ever been hospitalized for mental or emotional problems. If so, provide details (date, place, diagnosis, length of stay).

☐ ☐ You have ever had drug or alcohol dependency or addiction.

Yes No **WOMEN’S HEALTH:** Check boxes to indicate whether you have (or have had) any of these conditions. Provide details at right.
☐ ☐ Removal of breast lump or cyst/breast cancer Details: _____
☐ ☐ Evaluation for hormone problem _____
☐ ☐ Missed periods more than four months _____
☐ ☐ Excessive or extra periods _____
☐ ☐ Pregnancy _____
☐ ☐ Most recent Pap smear: Date _____ If abnormal, please provide details. _____

Yes No **MEN’S HEALTH:** Check boxes to indicate whether you have (or have had) any of these conditions. Provide details at right.
☐ ☐ Lump or mass in testicle Details: _____
☐ ☐ Prostate infection _____

Confidential

Print Name _____ Hofstra ID # _____
Last First Middle

PHYSICIAN’S EXAMINATION

To the examining health care provider: Please correlate the student’s medical history with your findings, and record below. All entries must be completed.

1. Sex _____ Height _____ Blood Pressure _____
Age _____ Weight _____ Pulse _____
Right 20/ _____ Right 20/ _____ Right _____ /15
2. Vision: With Correction: Hearing: _____
Left 20/ _____ Left 20/ _____ Left _____ /15

Check each item in proper column. Enter “N.E.” if not evaluated. Normal Abnormal Note: Give details of each abnormality. Enter corresponding item number before each comment.

3.	Head, Neck, Face, and Scalp			
4.	Nose and Sinuses			
5.	Mouth, Teeth, Gingiva, and Throat			
6.	Ears — General (Canals, Drums, etc.)			
7.	Eyes — General (Lids, Pupils, Motions, etc.)			
8.	Lungs, Chest, and Breasts			
9.	Heart (include estimate of cardiac function)			
10.	Vascular System (include varicosities)			
11.	Abdomen and Viscera (include hernia)			
12.	Anorectal and Pilonidal			
13.	Endocrine System			
14.	Genito-Urinary System			
15.	Upper Extremities			
16.	Lower Extremities (include feet)			
17.	Spine, other Musculoskeletal			
18.	Skin and Lymphatic (include acne)			
19.	Neurological System			
20.	Psychiatric			
21.	If female, give menstrual history — specify if on medication.			
22.	Urinalysis: Albumin	Sugar	Special tests used in clinical evaluation (blood, EKG, X-ray, etc.):	
23.	Does examinee need dental or eye care?			
24.	Any medication allergies?			
25.	Is this individual capable of normal physical activity (athletics, military training, physical education)?			
	If not, give reasons and limitations.			

Comments: _____

Signature of health care provider is also required on Immunization Record on back page. Signature
Please print, stamp or type name. Phone
Address
City State ZIP Code