Caring for Military Families for Over 25 Years

US FAMILY HEALTH PLAN
At Saint Vincent NYC

FOR MORE INFORMATION
CALL:

Kirsten Dyrland
Health Benefits Consultant

646.341.2551
kdyrland@svcmcny.org

USFHP SERVICES

8,500 doctors in the area making specialist referrals easy

DoD sponsored option with all the benefits and coverage of TRICARE Prime

US Family Health Plan's member satisfaction ratings are 25% higher than national commercial health insurance averages

Comprehensive health care coverage including worldwide urgent and emergent care

Low cost, low co-payments (if any when applicable) and no deductibles

24/7 Nurse Advice Line

No charge for preventative pediatric care

Visit www.usfhp.net for more information.
With US Family Health Plan, personalized service sets us apart. We understand that enrolling yourself or family members in a health plan comes with questions. **We’re here with answers.**

Our Health Benefits Consultant is an experienced healthcare professional who is available to speak directly about your TRICARE® needs. We welcome you to contact our consultant or our customer service department to discuss your enrollment options.

**Kirsten Dyrland**  
Health Benefits Consultant  
(646) 341-2551  
kdyrland@svcmcny.org  

**Customer Service:**  
1-800-241-4848, option 3

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<thead>
<tr>
<th>SERVICE</th>
<th>BENEFITS</th>
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<td>US Family Health Plan takes the TRICARE military benefit and delivers additional benefits that matter most to you.</td>
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<td>- You make your own decisions on your healthcare provider. Choose any primary care physician or specialist from our network and change as you need.</td>
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<td>- Referrals are made simple for both our members and your medical providers. We’ve made the process easier so you get to your specialist quicker.</td>
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<td>- US Family Health Plan is solely dedicated to military members, providing only TRICARE Prime benefits.</td>
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<td>- We consistently rank significantly higher in customer satisfaction than the National average among similar health plans.</td>
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<td>- US Family Health Plan is sponsored by the Department of Defense and has provided more than 30 years of care to over 100,000 TRICARE beneficiaries.</td>
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For more Information visit: www.usfhp.net

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1. One hour of therapy, no more than two times per week, when medically necessary.
2. With authorization, up to 30 days per enrollment year for adults (age 19+); up to 45 days per enrollment year for children under age 19; up to 150 days residential treatment for children and adolescents.
3. Maximum of one rehabilitation program per year, three per lifetime. Detoxification and rehabilitation days count toward the limit for mental health benefits.
4. Unless you are admitted to the hospital, in which case only the inpatient co-pay applies.
5. Prescription drug availability is limited those covered as a Plan benefit (TRICARE Uniform Formulary). Over the counter medications and supplies are not covered.

**EXCLUSIONS:** Some of the items and services not covered include: chiropractic care, cosmetic surgery, eyeglasses, contact lenses, hearing aids, dental care, investigational/experimental treatments (except NCI phase I, II and III trials), unauthorized care (except for medical emergencies) and services, such as Worker's Compensation, for which another party is legally responsible. **NOTE:** This chart highlights US Family Health Plan’s benefits and exclusions.