

New Student Orientation 2021

PACKING LIST

New Student Orientation is a **three-day, two-night** program where all students stay overnight on campus and get their first glimpse of life at Hofstra.

Please refer to this checklist as you prepare to pack for New Student Orientation. Feel free to contact us at orientation@hofstra.edu or **516-463-4874** with any questions or concerns.

- A laptop and compatible laptop charger (You will use this to look up classes for which to register prior to meeting with your advisor.)
- Pillow, sheets (twin XL), blankets, and towel
- Cellphone and charger
- Your Hofstra ID number (70X-XX-XXXX) and portal password
- Any medications or daily prescriptions
- Hygienic needs, i.e., body wash, hand soap, shampoo, toothbrush, toothpaste, personal care products
- Comfortable clothing and shoes (We walk a lot!)
- Sweatshirt or jacket (All rooms and facilities are air-conditioned.)
- Sleepwear
- Workout clothes (if you want to participate in an optional trip to the Hofstra Fitness Center)
- Umbrella or rain gear (just in case)
- Spending money (for the bookstore, vending machines, etc.)
- Water bottle and snacks (We provide three meals a day, and there are water bottle refill stations throughout campus, but feel free to bring snacks and beverages for your on-campus stay.)
- Dance majors must bring dance shoes and clothes (You will meet with representatives from Hofstra's Dance Department during New Student Orientation.)
- A government-issued ID, i.e., driver license or passport (You will need to present this ID in order to take your HofstraCard photo.)

Please note that there are COVID-19 requirements for each in-person orientation session. In alignment with these guidelines, all students must do one of the following to check in for New Student Orientation:

- Provide proof of COVID-19 full vaccination, completed at least 14 days prior to the date of orientation.
- Provide proof of a prior positive test result or completed order of isolation within the last 90 days.
- Take a rapid COVID-19 test at Student Health Services when you arrive for orientation.

If you decide to be tested upon arrival, no action is required at this time. If you plan to provide proof of vaccination, a prior positive test result, or completed order of isolation, please enter the information and upload documents into Medicat on the Hofstra portal (my.hofstra.edu). Instructions can be found at hofstra.edu/vaccination.

Note: If you are flying to New York for orientation, we strongly encourage you to have a COVID-19 test taken before you leave your home state. If a student tests positive upon arrival, they will have to return home to quarantine. If this is not possible, we will provide isolation housing on campus. Isolation will be 10 to 14 days, and students will not be permitted to leave their isolation space.