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F-1 Post-Completion Optional Practical Training (OPT) Request: Academic Advisor Approval Form

Optional Practical Training is a type of work authorization available for eligible F-1 students. It allows students to gain work experience in an off-campus job related to their field of study after graduation.

Please have your academic advisor complete this form to confirm your eligibility for Optional Practical Training (OPT). Please upload it when you submit your e-form request for OPT to International Enrollment.

Part I (To be completed by the student)

I am requesting full-time (more than 20 hours per week) Post-Completion Optional Practical Training (OPT) work authorization for after graduation or after finishing all coursework.

Name: _____ Hofstra ID: _____
Surname/Family Name Given Name

Part II (To be completed by the student's academic advisor)

Please indicate the student's eligibility for OPT by confirming when the student will meet all graduation requirements. Please sign the form and return the completed form to the student.

As of the term indicated here, the student should have completed all required coursework (for both major and general requirements) and should no longer need to register for any classes in a future term.

Student's Expected Graduation Term: January May August December

Student's Expected Graduation Year: _____

Advisor Name (Print): _____ Advisor Signature: _____

Phone Number: _____ Date Signed: _____