



Orientation and  
New Student Programs

# New Student Orientation 2022 PACKING LIST

New Student Orientation is a **three-day, two-night** program where all students stay overnight on campus and get their first glimpse of life at Hofstra.

Please refer to this checklist as you prepare to pack for New Student Orientation. Feel free to contact us at [orientation@hofstra.edu](mailto:orientation@hofstra.edu) or **516-463-4874** with any questions or concerns.

- A laptop and compatible laptop charger (You will use this to look up classes for which to register prior to meeting with your advisor.)
- Pillow, sheets (twin XL), blankets, and towel
- Cellphone and charger
- Your Hofstra ID number (70X-XX-XXXX) and portal password
- Any medications or daily prescriptions
- Personal care products, e.g., body wash, hand soap, shampoo, toothbrush, toothpaste, hand sanitizer
- Comfortable clothing and shoes (We walk a lot!)
- Sweatshirt or jacket (All rooms and facilities are air-conditioned.)
- Sleepwear
- Workout clothes (if you want to participate in an optional trip to the Hofstra Fitness Center)
- Umbrella or rain gear (just in case)
- Spending money (for the bookstore, vending machines, etc.)
- Water bottle and snacks (We provide three meals a day, and there are water bottle refill stations throughout campus, but feel free to bring snacks and beverages for your on-campus stay.)
- Dance majors must bring dance shoes and clothes. (You will meet with representatives from Hofstra's Dance Department during New Student Orientation.)
- A government-issued ID, i.e., driver's license or passport (You will need to present this ID in order to take your HofstraCard photo.)

Please note that all students participating in in-person orientation sessions must adhere to the following COVID-19 requirements:

- Proof of full COVID-19 vaccination (including booster, as eligible), completed at least 14 days prior to the date of orientation, must be uploaded into Medicat on the Hofstra portal ([my.hofstra.edu](https://my.hofstra.edu)). Instructions can be found here: [hofstra.edu/together-again/vaccination.html#upload](https://hofstra.edu/together-again/vaccination.html#upload).
- Bring a face mask; we suggest KN95 or N95.