



**SATURDAY, FEBRUARY 25, 2023**

**Registration for Hofstra Siblings Day** ([hofstra.edu/sibs](https://hofstra.edu/sibs)) is required; the events are free. Please note that siblings will not be able to participate without submitting the Acknowledgment and Release Form signed by both the Hofstra student and the sibling's parent/guardian.

*Hofstra students must accompany their siblings to all Siblings Day sessions.*

**Parents/family members do not attend events for students and siblings.**

## **FOR PARENTS/FAMILY MEMBERS:**

### **Noon-12:50 p.m. Spring into Fitness**

**Mack Fitness Center, North Campus**  
Balancing exercise with good nutrition is essential for good health. Dr. Donna Willenbrock, assistant professor of nursing, and Pat Montagano, senior director of campus recreation, lead parents and family members in simple exercises and share tips for healthy eating and exercise to help you reach your fitness goals. Bring your gym clothes and shoes.

### **Noon-1:45 p.m. Parent and Family Reception**

**Mack Fitness Center, North Campus**  
Join Parent and Family Council members at this informal reception to learn how you can network with other parents and families, learn about Hofstra, and be engaged as an active member of the Hofstra Pride.

### **11 a.m.-noon First Generation Brunch**

**Amsterdam House, Netherlands Complex, North Campus**

First Generation Pride invites Hofstra students and their siblings to a brunch ... and Russ Smith, director of residential education and first generation success initiatives, is cooking!

### **Noon-1:45 p.m. Registration and Siblings Day Carnival**

**Mack Fitness Center, North Campus**  
Hofstra students and their siblings receive their Siblings Day T-shirts and tie-dye them; take a photo with Kate and Willie Pride; play games, including beach volleyball; and participate in arts and crafts. Entertainment includes student performances by Makin' Treble; The Hofbeats; and Hofstra's South Asian dance team, Sitare.

### **2-4 p.m. Hofstra University Men's Basketball vs. Northeastern University**

**David S. Mack Sports and Exhibition Complex, North Campus**  
Cheer on the Pride! Siblings are recognized during a time-out.

### **4-5:30 p.m. Siblings Day Movie**

**Student Center Theater,  
Mack Student Center, North Campus**  
Entertainment Unlimited presents *It Takes Two* (1995).

### **5:30-8 p.m. Dinner on Your Own**

Hofstra students treat their siblings at any eatery on campus using their dining points.

### **6-11 p.m. Games!**

**Game Room, Mack Student Center,  
Lower Level, North Campus**

Hofstra students and their siblings visit the Game Room to play online and board games.

### **8-9:30 p.m. Siblings Day Dance**

**Hofstra USA, North Campus**  
Hofstra students and siblings enjoy music and dance sponsored by the Residence Hall Association. Refreshments are served.

**9:30 p.m.  
Pickup of siblings aged 12 and under**

**Saturday into Sunday: Sleepover for  
resident students/siblings aged 13-17.**

Hofstra students need permission from their roommates, if any, prior to their sibling's stay in a residence hall.

**Sunday: Pickup of siblings  
aged 13-17 (at family's convenience)**



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**Siblings Day** is sponsored by the Residence Hall Association, Commuting Student Services and Community Outreach, First Generation Pride, Intercultural Engagement and Inclusion, Campus Recreation, and Parent and Family Programs. All attendees must follow the health and safety guidelines available at [hofstra.edu/eventguidelines](https://hofstra.edu/eventguidelines) > Health & Safety.