

Hofstra in Finland: RISE

ITINERARY: March 12-20, 2027

DAY 0
FRI MAR 12:
DEPART USA

- Overnight flight from JFK-HEL

DAY 1
SAT MAR 13:
ARRIVE
HELSINKI
[-/-/D]

- Meet private coach with guide to hotel (~40 mins)
- Lunch on own expense (guide can offer suggestions)
- Guide will help you familiarize yourself with the hotel surroundings on an orientation walking tour, and will point things out like a local grocery store, bank/ATM, post office, tram stop, etc.
- Welcome dinner at local restaurant
- Overnight at Scandic Grand Marina

DAY 2
SUN MAR 14:
HELSINKI
[B/-/-]

- Breakfast at hotel
- Use public transit to explore the city on a guided tour of Helsinki landmarks.
- Lunch on own expense
- Attend a lecture to gain expert insight into the Finnish education system and Education Policy
- Dinner at own expense
- Overnight at Scandic Grand Marina

DAY 3
MON MAR 15:
HELSINKI
[B/-/-]

- Breakfast at hotel
- Meet local guide and private coach
- Visit a primary school just outside Helsinki
- Then transfer to Helsinki's Oodi Library
- Enjoy lunch there on your own expense, a guided tour, and time to explore
- Guided tour of the Parliament of Finland to learn about the political system and legislative process
- Dinner at own expense
- Overnight at Scandic Grand Marina

DAY 4
TUE MAR 16:
HELSINKI
[B/-/-]

- Breakfast at hotel
- Meet local guide and private coach
- Transfer to your morning visit at a secondary school in the greater Helsinki area.
- After, coach transfer to ferry port area, with time for lunch at your own expense
- Then met your Suomenlinna guide and explore the UNESCO-listed Suomenlinna Fortress located in the archipelago off Helsinki, only about a 15-minute ferry ride from central Helsinki
- Return by ferry to the mainland
- Dinner at own expense
- Overnight at Scandic Grand Marina

DAY 5
WED MAR 17:
HELSINKI - LAHTI
-
HELSINKI
[B/-/-]

- Breakfast at Hotel
- Meet local guide and private coach
- Transfer to Lahti, Finland's winter sports capital
- Learn about Finland's pre-school education practices during a visit to a daycare center in Lahti
- Lunch on own expense
- Observe classroom activities during a visit to an International Upper Secondary School in Lahti
- Dinner on own expense
- Overnight at Scandic Grand Marina

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| <p>DAY 6 THU MAR 18: HELSINKI - TURKU - HELSINKI [B/L/-]</p> | <ul style="list-style-type: none"> ● Breakfast at hotel ● Meet local guide and private coach ● Visit Turku Vocational Institute to learn how Finland manages vocational education, then a tour of the facilities ● Pick up safety gear and visit a construction site where vocational students apply their skills ● Group lunch included today ● Visit Turku Castle, one of Finland’s most iconic historical medieval landmarks ● Dinner on own expense ● Overnight at Scandic Grand Marina |
| <p>DAY 7 FRI MAR 19: HELSINKI [B/-/D]</p> | <ul style="list-style-type: none"> ● Breakfast at hotel ● Meet local guide and private coach ● Attend a lecture on the topic of teacher training at the Vikki Campus of Helsinki University ● Lunch on own expense ● Faculty-led closing discussion ● Remainder of day free to explore on own ● Farewell dinner at a local restaurant ● Overnight at Scandic Grand Marina |
| <p>DAY 8 SAT MAR 20: RETURN USA [B/-/-]</p> | <ul style="list-style-type: none"> ● Breakfast at Hotel, followed by check-out ● Meet coach driver and transfer to Helsinki airport via private coach ● Afternoon flight back home from HEL-JFK |