Pharmacy benefits, explained for real life.

These **quick, helpful videos** guide you through the pharmacy benefit basics, so you can better understand your coverage and feel more confident using it.

How it works:

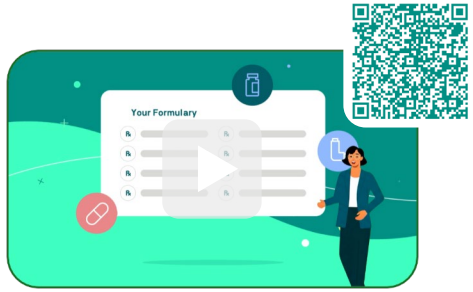
- Pick a topic
- Scan the QR code
- Watch (2-3 mins)

A great place to begin



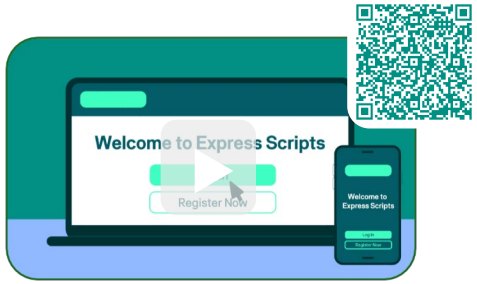
Mastering Your Member Benefits

Everything you need to know in one video



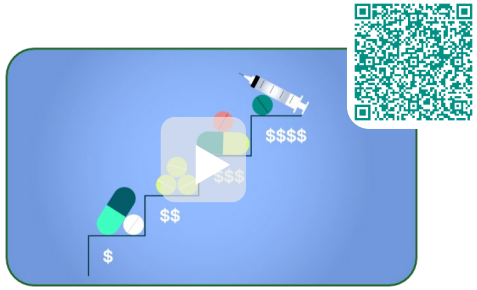
Formularies 101

How covered medications are chosen



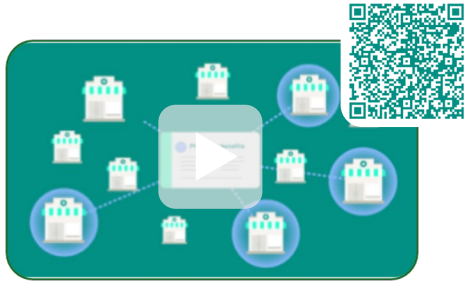
Mobile App & Website

Manage prescriptions, ID cards, and alerts



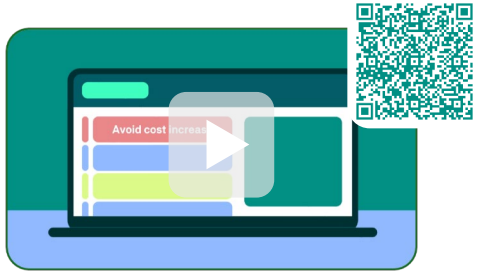
Prior Authorizations & Coverage Reviews

What they are and what happens next



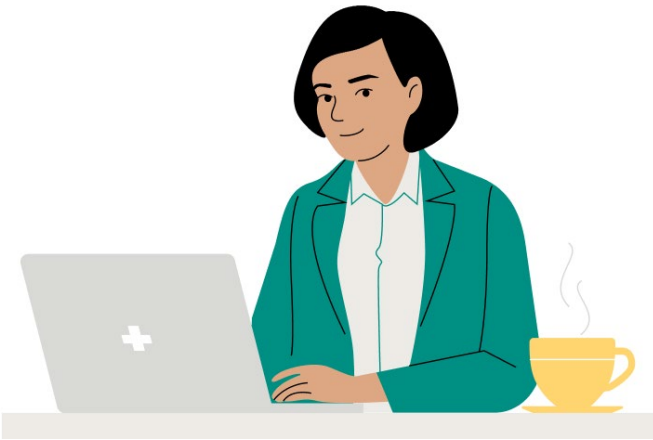
Pharmacy Networks

Where you can fill prescriptions and why it matters



Savings 101

Tools that may help lower your costs



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